

### TREATMENT PROTOCOL

S-101

## **GLOSSARY OF TERMS**

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BE FAST - Prehospital Stroke Scale in assessment of possible TIA or stroke patients

**B** = **B**alance: Unsteadiness, ataxia

**E** = **E**yes: Blurred/double or loss of vision, asymmetric pupils

F = Face: Unilateral face droop

A = Arms and/or legs: Unilateral weakness exhibited by a drift or drop, numbness/tingling

**S** = **S**peech: Slurred, inability to find words, absent

T = Time: Accurate Last Known Well time

**Brief, Resolved, Unexplained Event (BRUE):** An episode involving an infant younger than 12 months where an observer reports a sudden, brief, yet resolved episode of one or more of the following:

- 1) Absent, decreased, or irregular breathing
- 2) Color change (cyanosis or pallor)
- 3) Marked change in muscle tone (hypertonia or hypotonia)
- 4) Altered level of responsiveness

Definitive Therapy: Immediate or anticipated immediate need for administration of a fluid bolus or medications.

End-Tidal CO<sub>2</sub> (EtCO<sub>2</sub>) (quantitative capnography): Quantitative capnometer to continuously monitor end-tidal CO<sub>2</sub> is mandatory for use in the intubated patient. See Skills List (S-104) for exceptions.

**LEADSD:** Acronym for the steps to be performed in the assessment and documentation of endotracheal intubation attempts:

- 1. Lung Sounds
- 2. End-Tidal CO<sub>2</sub> Detection Device
- 3. Absence of Abdominal Sounds
- 4. **D**epth
- 5. **S**ize
- 6. Documentation

**Nebulizer:** O<sub>2</sub>-powered delivery system for administration of normal saline or medications.

**Opioid:** Any derivative, natural or synthetic, of opium, morphine or any substance that has effects on opioid receptors (e.g., analgesia, somnolence, respiratory depression).

**Opioid-Dependent Pain Management Patient:** An individual who is taking prescribed opioids for chronic pain management, particularly those with opioid infusion devices.

**Opioid Overdose (Symptomatic):** Decreased level of consciousness and/or respiratory depression (e.g., respiratory rate of <12 or EtCO<sub>2</sub>  $\geq$  40 mmHg).

# San Diego County Emergency Medical Services Office Policy / Procedure / Protocol

**Pediatric Patient:** Children known or appearing to be 14 years or younger. A pediatric trauma patient is determined by age, regardless of weight.

**Neonate:** From birth to 30 days. **Infant:** One month to one year.

### Perilaryngeal Airway Adjunct (PAA) Options

- 1. **Esophageal-Tracheal Airway Device (ETAD):** The "Combitube" is the only such airway approved for prehospital use in San Diego County.
- 2. **Laryngeal-Tracheal (LT) airway:** The "King Airway" is the only such airway approved for prehospital use in San Diego County.

#### Unstable

A patient who meets the following criteria:

- 1. ≥15 years (known or apparent age)
  - SBP <90 mmHg and exhibiting any of the following signs/symptoms of inadequate perfusion, e.g.,
    - Altered mental status (decreased LOC, confusion, agitation)
    - Pallor
    - Diaphoresis
    - · Significant chest pain of suspected cardiac origin
    - Severe dyspnea
- 2. <14 years (known or apparent age)

Exhibiting any of the following signs/symptoms of inadequate perfusion, e.g.,

- Altered mental status (decreased LOC, confusion, agitation)
- Pallor, mottling, or cyanosis
- Diaphoresis
- Difference in peripheral vs. central pulses
- · Delayed capillary refill
- · Hypotension by age
  - <1 month: SBP <60 mmHg
  - 1 month 1 year: SBP <70 mmHg
  - 1 year 10 years: SBP <70mm Hg + (2x age in years)
  - ≥10 years: SBP <90 mmHg