BLS	ALS
• Ensure patent airway • O_2 saturation PRN • O_2 and/or ventilate PRN • Remove excess/wet clothing • Obtain temperature **Heat exhaustion** • Cool gradually • Fan and sponge with tepid water • Avoid shivering • If conscious, give small amounts of fluids **Heat stroke** • Rapid cooling • Spray with cool water and fan • Avoid shivering • Apply ice packs to carotid, inguinal, and axillary regions **Cold exposure** • Gentle warming • Apply blankets, warm packs, and dry dressings • Avoid unnecessary movement or rubbing • If alert, give warm liquids. If altered LOC, NPO • Prolonged CPR may be indicated **Drowning** • CPR, if cardiac arrest. Emphasize ventilations. • High-flow O2 if spontaneous respirations • Remove wet clothing • Spinal motion restriction PRN	• Monitor/ECG • IV/IO Ⓐ • Capnography **Cardiac arrest with hypothermia** • CPR • Persistent VF/VT, defibrillate per CPR / Arrhythmias Protocol (S-127)* • Epinephrine 1:10,000 1 mg IV/IO x1† • Rewarm **Heat exhaustion/heat stroke** • 500 mL fluid bolus IV/IO, if no rales MR x1 Ⓐ **Drowning with respiratory distress** • CPAP at 5-10 cmH_2O for respiratory distress

*Defibrillation attempts may be unsuccessful during rewarming until temperature ≥86 °F / ≥30 °C

†Limit epinephrine to 1 dose and withhold antiarrhythmic medications until temperature ≥86 °F / ≥30 °C

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