



EMS MEDICAL DIRECTOR'S ADVISORY COMMITTEE

Evidence-Based Medicine (EBM) Presentation

October 20, 2026

12:00-12:55 pm

Advancements In Prehospital Stroke Care:

An Evidence-Based Update

Thomas Hemmen, MD, PhD

Join by Computer

<https://sdcounty-ca-gov.zoom.us/j/84270743903?pwd=PppyrCjrzeAuzVjasosl1paULLygTs.1>

Join by phone	Meeting ID	Passcode
1-669-444-9171	842 7074 3903	507741

Originally from Germany, Dr. Thomas Hemmen earned his medical degree from the Freie Universität Berlin, completed residency training in New York, and pursued both stroke and Neuro ICU fellowships in the U.S. and Germany. He joined UC San Diego Health in 2000, where he currently serves as Director of the Comprehensive Stroke Centers at the La Jolla and Hillcrest campuses.

Known for fostering collaboration and strengthening clinical programs, he has contributed across nearly all inpatient areas to help establish UC San Diego as a leader in stroke care. His numerous leadership roles include Vice-Chair of the Stroke and Cerebrovascular Section of the American Academy of Neurology and President of the San Diego Board of the American Heart Association.

Dr. Hemmen's commitment to teaching has helped grow UC San Diego's stroke fellowship into one of the nation's premier programs, training nearly 70 stroke neurologists. His academic work focuses on advancing acute stroke treatments and improving quality in healthcare delivery. He lives near campus with his family and enjoys swimming, yoga, and reading.

