



SCHEDULE OF CLASSES

Class Site	Monday	Tuesday	Wednesday	Thursday	Friday
NORTH COASTAL					
Oceanside Presbyterian Church** 2001 South El Camino Real Oceanside, CA 92054 (760) 757-3560 Instructor: Gretchen Vurbeff	9:00–10:00AM		9:00–10:00AM		9:00-10:00AM

****Hybrid Format: Virtual and in-person**

Interested in joining virtually? Please call (858) 495-5500 or email the Health Promotion team at healthierliving.HHSA@sdcounty.ca.gov.



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Updated 8/4/2022



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NORTH INLAND					
Escondido Senior Center @ Park Avenue Community Center 210 East Park Avenue Escondido, CA 92025 (760) 839-4688 Instructor: Helena Isbell	9:00–10:00AM 10:00–11:00AM		9:00–10:00AM 10:00–11:00AM		
Grace Lutheran Church 643 West 13 th Avenue Escondido, CA 92025 (760) 745-0831 Instructor: Helena Isbell	11:30–12:30PM		11:30–12:30PM		
Mickey Cafagna Community Center 13094 Civic Center Drive Poway, CA 92064 (858) 668-4671 Instructors: Carolyn Triebel, Patty Frisby	10:00–11:00AM (Carolyn)			10:00–11:00AM (Patty)	

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Class Site	Monday	Tuesday	Wednesday	Thursday	Friday
CENTRAL					
The Center** 3909 Centre Street San Diego, CA 92103 (619) 692-2077 Instructor: Panos Papaconstantinou Mask and Proof of Vaccination Required	1:30–2:30PM		1:30-2:30PM		1:30-2:30PM
George L. Stevens Senior Center 570 South 65 th Street San Diego, CA 92114 (619) 266-2066 Instructor: Herb Argrow	12:30–1:30PM		10:30–11:30AM		10:30–11:30AM

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Class Site	Monday	Tuesday	Wednesday	Thursday	Friday
EAST					
Spring Valley Community Center 8735 Jamacha Boulevard Spring Valley, CA 91977 (619) 479-1832 Instructor: Sandra McDonald	12:15–1:15PM		12:15–1:15PM		
City of Santee City Hall** <i>Building 8P or 7</i> 10601 Magnolia Avenue Santee, CA 92071 (619) 258-4100 x222 Instructor: Daphne Miller		10:30–11:30AM		10:30–11:30AM	
El Cajon Salvation Army 1025 E. Main Street El Cajon, CA 92021 (619) 440-4683 Instructor: Daphne Miller	10:00-11:00AM		10:00–11:00AM		

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Class Site	Monday	Tuesday	Wednesday	Thursday	Friday
EAST (Cont.)					
Rancho San Diego Branch Library** 11555 Rancho San Diego El Cajon, CA 92019 (619) 660-5370 Instructor: Daphne Miller	8:30–9:30AM		8:30–9:30AM		

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Class Site	Monday	Tuesday	Wednesday	Thursday	Friday
SOUTH					
Summercrest 2615 Plaza Boulevard National City, CA 91950 (619) 475-2080 Instructor: Daphne Miller		8:30-9:30AM		8:30-9:30AM	
El Toyon Recreation Center** 2005 East 4 th Street National City, CA 91950 (619) 336-6760 Instructor: Russell Rowe		12:30-1:30PM		12:30-1:30PM	

****Hybrid Format: Virtual and in-person**

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SCHEDULE OF VIRTUAL CLASSES

Class Site	Monday	Tuesday	Wednesday	Thursday	Friday
VIRTUAL (On Zoom)					
Instructor: Melissa Wogahn		8:40-9:40AM		8:40-9:40AM	
Instructor: Danyll Monroe	10:00-11:00AM				
Instructor: Karen Barry		11:00–12:00PM		11:00–12:00PM	
Instructor: Daphne Miller	1:00–2:00PM		1:00-2:00PM		
Instructor: Sue Grant	8:30-9:30AM		8:30–9:30AM		

As sites reopen, virtual classes may transition back to in-person.

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SCHEDULE OF VIRTUAL CLASSES

San Diego College of Continuing Education: Summer 2022

Class Site	Monday	Tuesday	Wednesday	Thursday	Friday
VIRTUAL (On Zoom)					
CRN: 91884 Instructor: Charlene Schade "Char"				8:30-10:00AM	
CRN: 91834 Instructor: Linda Cohen	8:30-10:00AM		8:30-10:00AM		

The Emeritus/55+ Summer 2022 session begins July 11, 2022 and runs through the week of August 27, 2022.

How to Enroll in Summer 2022 Feeling Fit classes:

1. First, go to <https://sdcce.edu/services/online-student-assistance-and-services> and select from the Frequently Asked Questions section, "How do I apply if I am a new CE student?".
2. Follow the steps listed under the question "How do I apply if I am a new CE student?" to create a student account and enroll in the class.*
3. Please contact Student Services at **(619)-388-4850** or go to <https://mysdccd.atlassian.net/servicedesk/customer/portal/4/group/34> for assistance enrolling or registering for the Summer Feeling Fit classes. The class numbers can be found above in the schedule highlighted yellow.
4. You can also find more information, and tutorials on how to register, by visiting:
<https://sites.google.com/sdceonline.com/emericusclasses/summer-schedule-2022?authuser=0>

***NOTE: Enrollment for these two Feeling Fit classes will CLOSE on July 19th, 2022**



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