

Aging & Independence Services Advisory Council
Monday, January 13, 2020 | 12:00pm – 2:00pm
5560 Overland Ave, Joaquin Anguera Room (3rd Floor)
San Diego, CA 92123

MINUTES

| Members | | Absent Members | | Guests |
|--|---|--|--|--|
| Attendance | Ellen Arcadi Rosemarie Bahmani Judi Bonilla Morgan Cadmus Faye Detsky-Weil La Rue Fields Joe Garbanzos Stephen Huber Ted Kagan William Kelly Chris Maeoka Jack Miller | Paul Monarrez Luis Monge John Osborne Linda Prager Christina Selder Jaqueline Simon Wanda Smith Lorelei Taylor Kim Tran Susan Valoff Darlene Weber | Patricia DeLeo Monica Flynn Bijou Lulla Enrique Melgar Diana Milburn | Elsa Barnett Sharon Beckas Janice Chen Burton Disner Paula Saracen |
| Distinguished Merit Recipients | | Staff | | |
| None | | Blanca Castillo Kimberly Gallo | Katherine Hart Renee Sherrill | |
| Item | Outcome | | | |
| 1. Call to Order | <p>Lorelei Taylor, Chair, 12:04 PM</p> <p>a. Welcome & Pledge of Allegiance</p> <p>b. Guest/Member Introductions</p> <p>c. Confirmation of Quorum: 20 present at this time</p> | | | |
| 2. Standard Business | <p>a. Refreshments provided by Executive & Membership – Thank You!</p> <p>b. Public Comments/Announcements: Members or non-members</p> <ul style="list-style-type: none"> • K. Tran announced the Alzheimer’s San Diego on Educational Calendar and workshops. • J. Garbanzos provided handouts for the City of San Diego’s Age Friendly San Diego listening sessions. • L. Fields reported that a rainbow crosswalk has been painted in Hillcrest. • S. Valoff provided a flyer for the San Diego Planning Partnership (SDPP) workshop. The next meeting will be held on January 30, from 9 a.m.- 4 p.m. at Silverado in Encinitas. <p>c. Approval of December 9, 2019 meeting minutes with the following corrections:</p> <ul style="list-style-type: none"> • Name correction to the guest list “Eliza Barnett” to “Elisa Barnett” <p style="text-align: right;">[M/S – W. Smith/ F. Detsky-Weil: Unanimous]</p> | | | |
| 3. Guest Speakers | <p>a. Annual Brown Act Training, Katherine Hart, Senior Deputy County Council.</p> <p>Highlights included:</p> <ul style="list-style-type: none"> • The Brown Act’s Purpose • How the Brown Act Accomplishes its Purpose • Legislative Body • Legislative Body Types • Meetings – Defined • Meetings – Accessibility • Meeting – Notice • Brown Act – Writings • Meetings – Conduct • Meetings – Non-Regular • Permitted Activities Outside Noticed Public Meetings • No Serial Meetings • Brown Act Sanctions <p>L. Taylor discussed a tip sheet that was included in the agenda packets.</p> | | | |
| 4. AIS Director’s Items (possible action) | <p>a. Board Letter: None (Action)</p> <ul style="list-style-type: none"> • There were no letters to review <p>b. AIS Director’s Update</p> <ul style="list-style-type: none"> • Kimberly Gallo thanked the Council members for attending the Area Plan Listening sessions. | | | |

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| | <ul style="list-style-type: none"> • K. Gallo reported that on December 9th, Chairwoman Jacob kicked off the San Diego Senior Emergency Care Initiative, a one-of-a-kind public-private collaboration between the County, the West Health Institute, and various regional health care systems. • K. Gallo talked about The Master Plan for Aging Progress Report Fall 2019. She highlighted the various committee work: <ul style="list-style-type: none"> ○ The Stakeholder Advisory Committee is learning about successful efforts throughout the state. We were the first region to present, and in November we spoke before the Committee about the Aging Roadmap. In January, LA City and County will highlight their Purposeful Aging Initiative. ○ The Research Subcommittee is reviewing data on various topics including health, healthcare, and health profession shortages. ○ The California Master Plan for Aging Team will begin to hold an informative and interactive series of webinars addressing a variety of aging-related topics that will inform the development of the Master Plan for Aging. These webinars will be held every Wed. from 9:30 – 11 a.m. beginning this Wed., Jan. 15th. A handout was provided at the meeting with information regarding these webinars. <p>c. Legislative Update: Caroline Smith</p> <ul style="list-style-type: none"> • K. Gallo reported that there are no updates this month as the Legislature is just back in session. Caroline Smith will provide an update at next month's meeting. |
| <p>5. Executive & Membership Subcommittee (met 12/16/19) Report/Other Business (possible action)</p> | <p>a. Chair's Report: Lorelei Taylor, Chair</p> <ul style="list-style-type: none"> i. Move Annual Strategic Planning from July to June (Action) <ul style="list-style-type: none"> • L. Taylor reported that The Executive & Membership Subcommittee is recommending to the Council to move the Annual Strategic Planning session from July to June. This will provide time in July for the subcommittees to refresh goals for adoption at the Council's annual meeting in September. [M/S – E. Acardi/P. Monarrez: Unanimous] ii. LTC Ombudsman and Facilities Subcommittee: Resignation of Christina Selder (Action) [M/S – L. Field/J. Osborne; Opposed: L. Prager, M. Cadmus, J. Miller, R. Bahmani] <p>b. Membership Report: Stephen Huber, Secretary</p> <ul style="list-style-type: none"> • S. Huber reported that Diana Milburn resigned. The Council is still accepting applications. There are currently three vacancies. <p>c. Board of Supervisors Annual Visits (dates posted as confirmed):</p> <ul style="list-style-type: none"> i. District #1 Cox [Garbanzos/Monge] 11/21/19 @ 01:20 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/04/2020 @ 10:00 a.m. iii. District #3 Gaspar [Bahmani/Osborne] TBD iv. District #4 Fletcher [Flynn/Tran] TBD v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. <ul style="list-style-type: none"> • T. Kagan reported that Sup. Jacob's meeting changed to 02/27/2020 at 2:30 p.m. • D. Weber met with Sup. Desmond. This was her second time meeting with him. They discussed AIS programs and services. They also discussed issues that the county is facing, such as homelessness, housing, and options for care. Overall it was a very good meeting. |
| <p>6. Ancillary Subcommittee Oral Reports (possible action)</p> | <p>a. LTC Ombudsman/Facilities (met 12/19/19): Jack Miller, Chair</p> <ul style="list-style-type: none"> • J. Miller reported that they talked about the use of technology. M. Cadmus also added that their goal was to discuss affordable technology. The guest speaker called in from Virginia to talk about using Alexa, a device that you can speak to. <p>b. Adult Services Connection (no Dec. meeting): Christina Selder, Chair</p> <ul style="list-style-type: none"> • C. Selder reported that they did not meet. <p>c. Healthy Aging (no Dec. meeting): Diana Milburn, Chair</p> <ul style="list-style-type: none"> • L. Taylor reported that there was no meeting. <p>d. Housing (met 1/13/20): LaRue Fields, Chair</p> <ul style="list-style-type: none"> • L. Fields reported that L. Taylor was their guest. L. Taylor went over her meeting with Sup. Desmond. The subcommittee would like to work in conjunction with the ASC subcommittee. L. Fields also added that she would like to have the Transportation Subcommittee members join their meeting. <p>e. Nutrition (met 1/13/20): Chris Maeoka, Chair</p> <ul style="list-style-type: none"> • C. Maeoka, did not meet today. They will meet on Thursday, Jan. 21st, to tour the Senior Center in Encinitas. <p>f. Transportation (1/13/20): T. Kagan, Member</p> <ul style="list-style-type: none"> • T. Kagan reported that they are looking for better communication between MTS and North County. MTS is continuing travel training. |
| <p>7. Ad Hoc Subcommittee Oral Reports</p> | <p>a. Area Plan Subcommittee (met 10/29/19) Rosemarie Bahmani, Chair</p> |

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| | <ul style="list-style-type: none"> R. Bahmani thanked all the members who attended the Area Plan listening sessions. She encouraged the Council to attend. The flyer was provided in the agenda packets for the online survey and the scheduled listening sessions. | | | | | | | | | | | | | | | |
| 8. Auxiliary Liaison Written Reports | {See Addendum Chart} Handouts were included. | | | | | | | | | | | | | | | |
| 9. Other Announcements | a. Refreshments for February: Healthy Aging and Nutrition Subcommittee | | | | | | | | | | | | | | | |
| 10. Adjournment & Next Meeting | Meeting Adjourned: 1:45 p.m. Next Meeting: February 10, 2020, at 12:00 p.m. at AIS, 5560 Overland Ave., Suite 310, San Diego, CA 92123 | | | | | | | | | | | | | | | |
| SUBCOMMITTEE MEETINGS DAY OF COUNCIL (at AIS) Meetings are held at 5560 Overland Ave., San Diego, 92123 <table border="0" style="width: 100%;"> <tr> <td style="width: 30%;">➤ Housing:</td> <td style="width: 30%;">10:30 a.m.</td> <td style="width: 40%;">Ste. 310, John Gaffaney Memorial Conf., Rm.</td> </tr> <tr> <td>➤ Nutrition:</td> <td>10:30 a.m.</td> <td>Ste. 310, MSSP Conf., Rm.</td> </tr> <tr> <td>➤ Transportation:</td> <td>10:30 a.m.</td> <td>Ste. 130, PAPGPC Conf., Rm.</td> </tr> <tr> <td>➤ Adult Services Connection:</td> <td>2:15 p.m.</td> <td>Ste. 130, PAPGPC Conf., Rm.</td> </tr> <tr> <td>➤ Healthy Aging:</td> <td>2:15 p.m.</td> <td>Ste. 310, Call Center Conf., Rm.</td> </tr> </table> | | ➤ Housing: | 10:30 a.m. | Ste. 310, John Gaffaney Memorial Conf., Rm. | ➤ Nutrition: | 10:30 a.m. | Ste. 310, MSSP Conf., Rm. | ➤ Transportation: | 10:30 a.m. | Ste. 130, PAPGPC Conf., Rm. | ➤ Adult Services Connection: | 2:15 p.m. | Ste. 130, PAPGPC Conf., Rm. | ➤ Healthy Aging: | 2:15 p.m. | Ste. 310, Call Center Conf., Rm. |
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| FUTURE SUBCOMMITTEE MEETINGS (at AIS unless otherwise stated): Meetings are held at 5560 Overland Ave., Ste. 310, John Gaffaney Memorial Conference Room, San Diego, 92123 <table border="0" style="width: 100%;"> <tr> <td style="width: 30%;">➤ LTC Ombudsman/Facilities:</td> <td style="width: 30%;">1/16/2020</td> <td style="width: 40%;">10:30 a.m. [3rd Thursday each month]</td> </tr> <tr> <td>➤ Executive & Membership:</td> <td>1/27/2020</td> <td>10:30 a.m. [exception, usually 4th Monday each month]</td> </tr> </table> | | ➤ LTC Ombudsman/Facilities: | 1/16/2020 | 10:30 a.m. [3 rd Thursday each month] | ➤ Executive & Membership: | 1/27/2020 | 10:30 a.m. [exception, usually 4 th Monday each month] | | | | | | | | | |
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Minutes respectfully submitted by Blanca E. Castillo