



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services

December 9, 2024 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Participation

Call in: 1 (669) 900-9128

Meeting ID (access code): 824 8650 7295

Passcode: 162815

Click here to [Join Zoom Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** Susan Mallett, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 12)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of November 18, 2024, Meeting Minutes (Action)*
4. **AIS Director's Items** (Possible action)
 - a. AIS Director's Update
5. **Guest Speakers**
 - a. *Live Well San Diego* Annual Report/Indicators
Tara Beeston, Health Planning and Program Specialist, Office of Strategy and Innovation, Live Well San Diego Support Team
 - b. Ombudsman Annual Report
Brittney Willis, Long-Term Care Ombudsman Program Supervisor
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Susan Mallett, Chair
 - b. Membership Report: Susan Mallett, Chair
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):

| | | |
|------------------------------------|------------------|------------|
| i. District #1: Vargas | [Vacant/Larkins] | 8/26/2024 |
| ii. District #2: Anderson | [Vacant/Nocon] | TBD |
| iii. District #3: Lawson-Remer | [King/Osborne] | 1/16/2024 |
| iv. District #4: Montgomery Steppe | [Bishop/Milroy] | 10/11/2024 |
| v. District #5: Desmond | [Vacant/Vacant] | |



7. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 11/18/24): Dan McNamara, Chair
- b. Healthy Aging (met 11/18/24): Wanda Smith, Chair
- c. Affordability in Aging (met 11/18/24): Smith Sirisakorn, Chair
- d. Nutrition (met 12/4/24): Shirley King, Chair

8. **Other Announcements**

9. **Adjournment & Next Meetings:**

Meetings are held at 5560 Overland Ave, Joaquin Anguera Room, 3rd Floor, San Diego, 92123 Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: January 13, 2025, 12 noon

Future Subcommittee Meetings:

- | | | |
|-----------------------------|----------|------------|
| ➤ Healthy Aging: | 12/9/24 | 2:00 p.m. |
| ➤ LTC Ombudsman/Facilities: | 12/16/24 | 11:30 a.m. |
| ➤ Executive & Membership: | 12/17/24 | 9:00 a.m. |
| ➤ Nutrition: | 1/8/25 | 1:00 p.m. |
| ➤ Affordability in Aging: | 1/13/25 | 10:30 a.m. |

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, November 18, 2024 | 12:00 p.m. – 2:00 p.m.
5500 Overland Avenue, 1st Floor, Room 120, San Diego, CA 92123

Call in: 1 (669) 900-9128
Meeting ID (access code): 824 8650 7295 | Passcode: 162815

MINUTES - DRAFT

| Members | | | Absent Members | Guests |
|---|--|---------------------|-------------------------------|---|
| Attendance | Sabrina Bishop | David Milroy | Mina Kerr Richard Spiering | Thomas Johnson (virtual) Julie Lawrence (virtual) Dennis Leggett Michael Lochner (virtual - joined at 1:50pm) Rose Rugama (virtual) Roberto Velasquez |
| | Faye Detsky-Weil | Paul Monarrez | | |
| | Stephen Huber | Bradlyn Mulvey | | |
| | Ted Kagan | Molly Nocon | | |
| | Shirley King | Taryn Patterson | | |
| | Ethel Larkins | Jacqueline Simon | | |
| | Elaine Lewis | (joined at 12:26pm) | | |
| | Susan Mallett | Smith Sirisakorn | | |
| | Silvia Martinez | (virtual) | | |
| | (left at 1:38pm) | Wanda Smith | | |
| | Dan McNamara | Kristine Stensberg | | |
| Staff | | | | |
| | Jennifer Bransford-Koons | Jana Jordan | | |
| | Kendall Bremner | Armida Martinez | | |
| | Wendy Garcia | Jennifer Sovay | | |
| | Samantha Hasler | | | |
| Outcome | | | | |
| 1. Call to Order | Susan Mallett, Chair, 12:00 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <u>19 present at this time.</u> | | | |
| 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable. | | | | |
| 3. Standard Business | a. Public Comment/Announcements: Members or non-members b. Approval of October 14, 2024, Meeting Minutes (Action)* <u>[M/S – E. Larkins / T. Kagan (Passed with 18 votes, J. Osborne abstained.)]</u> | | | |

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|--|---|------------------------|------------------|---------|---------------------------|----------------|-----|--------------------------------|----------------|---------|------------------------------------|-----------------|----------|-------------------------|-----------------|--|
| 4. AIS Director's Items | <p>Highlights included:</p> <ul style="list-style-type: none">• The Cool Zone 2024 season ended on October 31st. Program highlights included:<ul style="list-style-type: none">• Over 100 participating sites.• Nearly 700 fans were distributed to eligible recipients at no cost.• Approximately 350 calls about the program were answered.• The County recently released the San Diego County Annual Report for Fiscal Year 2023-2024 (. • The report shows how we're moving forward in areas that affect all of us in some way:<ul style="list-style-type: none">• Affordable housing and Homelessness• Behavioral Health• Public Safety• Environmental Sustainability• Equity• November is recognized as National Family Caregivers Month, as an opportunity to recognize and honor family caregivers across the country. | | | | | | | | | | | | | | | |
| 5. Guest Speakers | <p>a. Southern Caregiver Resource Center <i>Roberto Velasquez, President & CEO</i> Highlights included:</p> <ul style="list-style-type: none">• <i>Background</i>• <i>Caregiver Resource Centers</i>• <i>Who Qualifies</i>• <i>Southern Caregiver Resource Center Programs & Services</i>• <i>RCFEs in San Diego County</i> <p>b. Retired and Senior Volunteer Program (RSVP)/ Senior Volunteers in Action (SVA) <i>Armida Martinez, RSVP/SVA Program Coordinator</i> Highlights included:</p> <ul style="list-style-type: none">• <i>Senior Volunteer Programs</i>• <i>Strengthening Communities</i>• <i>Who Volunteers</i>• <i>Volunteer Opportunities</i>• <i>RSVP/SVA Benefits</i>• <i>Recruitment</i>• <i>Website</i>• <i>Application Process</i> | | | | | | | | | | | | | | | |
| 6. Executive & Membership Subcommittee Report/Other Business | <p>a. Chair's Report: Susan Mallett, Chair</p> <p>b. Membership Report: Smith Sirisakorn, Secretary</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table><tr><td>i. District #1: Vargas</td><td>[Vacant/Larkins]</td><td>8/26/24</td></tr><tr><td>ii. District #2: Anderson</td><td>[Vacant/Nocon]</td><td>TBD</td></tr><tr><td>iii. District #3: Lawson-Remer</td><td>[King/Osborne]</td><td>1/16/24</td></tr><tr><td>iv. District #4: Montgomery Steppe</td><td>[Bishop/Milroy]</td><td>10/11/24</td></tr><tr><td>v. District #5: Desmond</td><td>[Vacant/Vacant]</td><td></td></tr></table> | i. District #1: Vargas | [Vacant/Larkins] | 8/26/24 | ii. District #2: Anderson | [Vacant/Nocon] | TBD | iii. District #3: Lawson-Remer | [King/Osborne] | 1/16/24 | iv. District #4: Montgomery Steppe | [Bishop/Milroy] | 10/11/24 | v. District #5: Desmond | [Vacant/Vacant] | |
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| 7. Ancillary Subcommittee Oral Reports | <p>a. LTC Ombudsman/Facilities (met 11/18/24): Dan McNamara, Chair</p> <p>b. Healthy Aging (met 10/14/24): Wanda Smith, Chair</p> <p>c. Nutrition (met 11/6/24): Shirley King, Chair</p> <p>d. Affordability in Aging (met 11/18/24): Smith Sirisakorn, Chair</p> | | | | | | | | | | | | | | | |
| 8. Other Announcements | <p>a. California Senior Legislature Caucus Report: Susan Mallett, Local Caucus Chair*</p> | | | | | | | | | | | | | | | |

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| 9. Adjournment & Next Meetings | Meeting adjourned: 2:09 p.m. | | |
| | Next Council Meeting: December 9, 2024, 12:00 p.m. | | |
| | 5560 Overland Ave, First Floor, Room 171 | | |
| | Future Subcommittee Meetings: | | |
| | ➤ Healthy Aging: | 11/18/24 | 2:00 p.m. |
| | ➤ Executive & Membership: | 11/25/24 | 9:00 a.m. |
| | ➤ Nutrition: | 12/4/24 | 1:00 p.m. |
| | ➤ Affordability in Aging: | 12/9/24 | 10:30 a.m. |
| | ➤ LTC Ombudsman/Facilities: | 12/16/24 | 11:30 a.m. |

Minutes respectfully submitted by Kendall Bremner.