



Advisory Council for Aging & Independence Services

June 9, 2025 | 12:00 p.m.

5530 Overland Ave, Room 241/242

Virtual Participation

Call in: 1 (619) 343-2539

Meeting ID (access code): 224 849 240 117

Passcode: eq7c5wR2

Click here to [Join Teams Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** Susan Mallett, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 13)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or Non-members
 - b. Approval of May 12, 2025, Meeting Minutes (Action)*
4. **AIS Director's Items** (Possible action)
 - a. AIS Director's Update
5. **Guest Speaker**
 - a. San Diego Workforce Partnership
Kimberly Pitts, Program Specialist
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Susan Mallett, Chair
 - b. Membership Report: Jacqueline Simon, Secretary
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):

i. District #1: Vacant	[Vacant/Vacant]	
ii. District #2: Anderson	[Phillips/Nocon]	2/26/2025
iii. District #3: Lawson-Remer	[King/Colburn-Hargis]	1/31/2025
iv. District #4: Montgomery Steppe	[Bishop/Milroy]	10/11/2024
v. District #5: Desmond	[Vacant/Vacant]	
7. **Ancillary Subcommittee Oral Reports** (Possible action)
 - a. LTC Ombudsman/Facilities (met 6/9/25): Elaine Lewis, Chair



- b. Healthy Aging (met 5/12/25): Wanda Smith, Chair
- c. Affordability in Aging (met 6/9/25): David Milroy, Chair
- d. Nutrition (met 6/4/25): Shirley King, Chair

8. Council Strategic Planning

- a. Subcommittee/Council Goals Status Report*
- b. Issues for Consideration/General Discussion
- c. Subcommittee Goals Council Fiscal Year 2025-26

9. Ad Hoc Subcommittee Oral Reports (Possible Action)

- a. Nominating Subcommittee: Stephen Huber, Chair
 - i. Presentation of Nominees for Council Fiscal Year 2025-26 Officers
 - o Chair
 - o 1st Vice Chair
 - o 2nd Vice Chair
 - o Secretary

10. Other Announcements

11. Adjournment & Next Meetings:

Meetings are held at 5530 Overland Ave, Room 241/242, San Diego, 92123

Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: 5530 Overland Ave, Room 241/242, July 14, 2025, 12 noon

Future Subcommittee Meetings:

- | | | |
|-----------------------------|-----------|------------|
| ➤ Healthy Aging: | 6/9/2025 | 2:15 p.m. |
| ➤ Executive & Membership: | 6/16/2025 | 9:00 a.m. |
| ➤ Nutrition: | 7/9/2025 | 1:00 p.m. |
| ➤ LTC Ombudsman/Facilities: | 7/14/2025 | 10:30 a.m. |
| ➤ Affordability in Aging: | 7/14/2025 | 10:30 a.m. |

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, May 12, 2025 | 12:00 p.m. – 2:00 p.m.
5560 Overland Avenue, 3rd Floor, Joaquin Anguera Room, San Diego, CA 92123

Call in: 1 (619) 343-2539
Meeting ID (access code): 224 849 240 117 | Passcode: eq7c5Wr2

MINUTES - DRAFT

Members			Absent Members	Guests
Attendance:	Paige Colburn-Hargis	Dan McNamara (joined at 12:21)	Sabrina Bishop	Antoinette Alioto (virtual)
	Faye Detsky-Weil	David Milroy	Kimberly Brown	Audrianna (virtual)
	Stephen Huber	Bradlyn Mulvey		Shelia Coulbourn
	Ted Kagan	Molly Nocon		Connie German-
	Mina Kerr	Maureen Phillips		Marquez (virtual)
	Shirley King	Taryn Patterson		Hannah (virtual)
	Dennis Leggett	Jacqueline Simon		Karla (virtual)
	Elaine Lewis	(joined at 12:14)		Charissa Japlit (virtual)
	Mikie Lochner	Smith Sirisakorn		Thomas Johnson
	Susan Mallett	Wanda Smith		Brittany Jungman
	Silvia Martinez	Cristin Whittaker		Rachel Liu (virtual)
				Maryneeza Moraleja (virtual)
				Tanya Reyes-Cazarez (virtual)
				Amy Thompson
				Jorge Valerdi
				Andrea Villa
				Mr. & Mrs. Cesar B.
				Javier
	Staff			
	Allison Boyer	Heidi Klein		
	Kendall Bremner	Veronica Lacuesta		
	Wendy Garcia	Skyler Moore (virtual)		
	Samantha Hasler	Jennifer Sovay		
	Michelle Hollie-Luterick	Brynn Viale Long		
	Jana Jordan			
	Outcome			
1. Call to Order	Susan Mallett, Chair, 12:04 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <i>19 present at this time.</i>			
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.				

3. Standard Business	<p>a. Public Comment/Announcements: Members or non-members</p> <p>b. Approval of April 14, 2025, Meeting Minutes (Action)* [M/S – S. King / B. Mulvey (Passed with 18 votes, 1 abstained.)]</p>
4. AIS Director's Items	<p>Highlights included:</p> <ul style="list-style-type: none"> • May is Older Americans Month as well as Older Californians Month. The theme for 2025 is Flip the Script on Aging. • American Society on Aging's On Aging 2025: <ul style="list-style-type: none"> • Last month, some of our AIS team attended the American Society on Aging's On Aging 2025 Conference in Orlando. AIS was chosen to present on several topics including: Leveraging Electronic Health Records to Improve Dementia Detection and Care, Expanding Options for Veterans Through Veterans Directed Care, 100 Miles: Outcomes from a No-Cost Transportation program for Older Adults, Wisdom of the Ages: Lessons from 20 Years of Intergenerational Programming, and Tech2Connect: Tackling Social Isolation and Creating Connections. • The County's recommended budget for the next fiscal year was released on May 1, 2025. Acknowledging that our communities are facing uncertain times with increasing needs throughout our region, the budget demonstrates the County's strong commitment to serving its residents. • Board Letter: IHSS Public Authority Fiscal Year 2025-2026 Recommended Budget (Informational Item Only)* <ul style="list-style-type: none"> • The June 24, 2025 Board Letter to formally adopt the Fiscal Year 2025-2026 Administrative Budget for the In-Home Supportive Services Public Authority is included in your agenda packet as an informational item. This item was also presented to the In-Home Supportive Services/Public Authority Advisory Committee for their review on May 9, 2025.
5. Guest Speakers	<p>a. Fiscal Year 2025-2026 CAO Recommended Budget: Agency Budget Office <i>Amy Thompson, Executive Finance Director</i> Highlights included:</p> <ul style="list-style-type: none"> • Agenda • Unemployment • Inflation • Statewide Sales Tax • Upcoming Budget: State Budget • Upcoming Budget: Federal Uncertainty • Upcoming Budget: County • HHSA: Budget Strategy • HHSA FY 2025-26 Recommended Budget by Department: \$3.5 billion • FY 2025-26 CAO Recommended Budget • HHSA FY 2025-26 FTE Change • A Look Back: 5 Year Trend • HHSA Key Increases & Continued Investments • Upcoming Budget Events: Key Dates • Closing Remarks And Q&A <p>b. Aging & Independence Services, Multipurpose Senior Services Program (MSSP) Update <i>Heidi Klein, Aging Program Specialist III</i> <i>Veronica Lacuesta, Aging Program Specialist III</i> Highlights included:</p> <ul style="list-style-type: none"> • Overall Goal of MSSP • Eligibility • Program Statistics • Core Components: Care Management and Service Arrangements • MSSP Team • Service Agreement

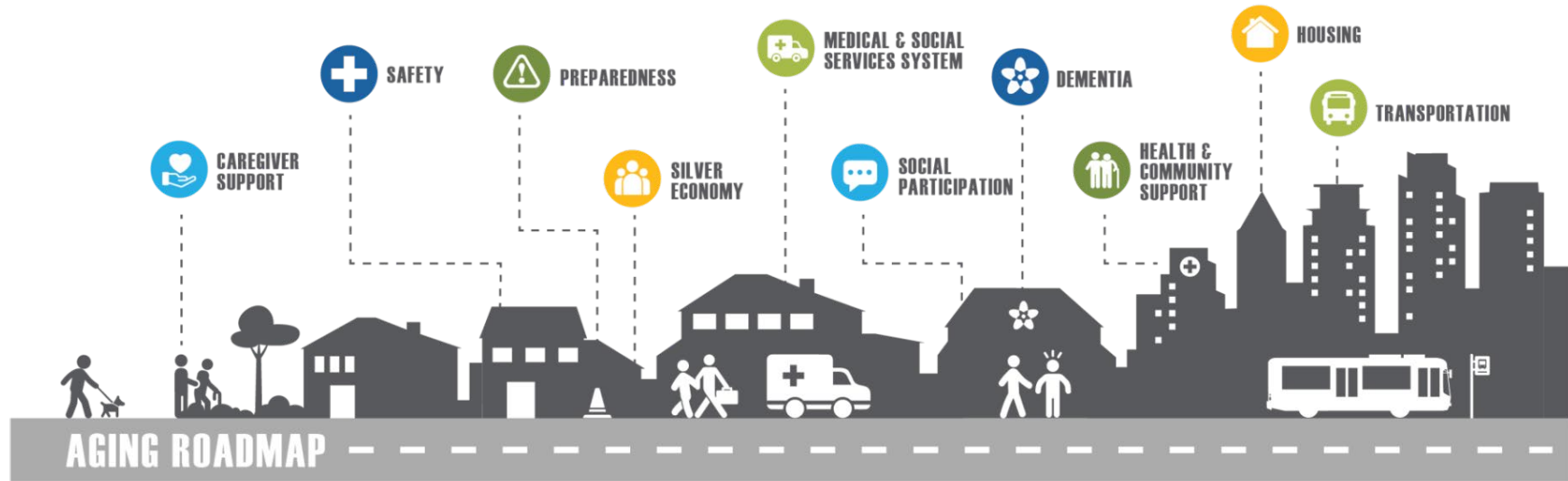
	<ul style="list-style-type: none">• Maria’s Hobby• Robert’s Story• Questions																				
6. Executive & Membership Subcommittee Report/Other Business	<p>a. Chair’s Report: Susan Mallett, Chair</p> <p>i. Subcommittee Appointments and Updates</p> <p>a) Convene Ad Hoc Nominating Subcommittee (Action)</p> <ul style="list-style-type: none">- ROLE: Prepare a slate of officer recommendations by June 2025 for the officer elections in July 2025 and officer swearing in September 2025.- TERM: May 12, 2025, through June 9, 2025.- MEMBERS: Stephen Huber, Elaine Lewis, and Bradlyn Mulvey. <p>[M/S – S. King / W. Smith (Passed with 21 votes.)]</p> <p>b) Convene Legislative Ad Hoc Subcommittee (Action)</p> <ul style="list-style-type: none">- ROLE: Advise on the County of San Diego 2026 Legislative Program.- TERM: May 12, 2025, through end of August 2025.- MEMBERS: Faye Detsky-Weil, Ted Kagan, Mina Kerr, Elaine Lewis, Silvia Martinez, and Wanda Smith. <p>[M/S – T. Kagan / B. Mulvey (Passed with 21 votes.)]</p> <p>c) Healthy Aging Subcommittee – Appoint Paige Colburn-Hargis (Action)</p> <p>[M/S – W. Smith / J. Simon (Passed with 21 votes.)]</p> <p>b. Membership Report: Jacqueline Simon, Secretary</p> <p>i. Appoint Shelia Coulbourn to full term (Action)</p> <ul style="list-style-type: none">- Seat #28, effective immediately, to expire 9/28/2028 <p>[M/S – S. Mallett / B. Mulvey (Passed with 21 votes.)]</p> <p>ii. Appoint Rhys Jones to partial term (Action)</p> <ul style="list-style-type: none">- Seat #19, effective immediately, to expire 10/13/2026 <p>[M/S – S. Mallett / S. King (Passed with 21 votes.)]</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table><tr><td>i.</td><td>District #1: Vacant</td><td>[Vacant/Vacant]</td><td></td></tr><tr><td>ii.</td><td>District #2: Anderson</td><td>[Phillips/Nocon]</td><td>2/26/2025</td></tr><tr><td>iii.</td><td>District #3: Lawson-Remer</td><td>[King/Colburn-Hargis]</td><td>1/31/2025</td></tr><tr><td>iv.</td><td>District #4: Montgomery Steppe</td><td>[Bishop/Milroy]</td><td>10/11/2024</td></tr><tr><td>v.</td><td>District #5: Desmond</td><td>[Vacant/Vacant]</td><td></td></tr></table>	i.	District #1: Vacant	[Vacant/Vacant]		ii.	District #2: Anderson	[Phillips/Nocon]	2/26/2025	iii.	District #3: Lawson-Remer	[King/Colburn-Hargis]	1/31/2025	iv.	District #4: Montgomery Steppe	[Bishop/Milroy]	10/11/2024	v.	District #5: Desmond	[Vacant/Vacant]	
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7. Ancillary Subcommittee Oral Reports	<p>a. LTC Ombudsman/Facilities (met 5/12/25): Elaine Lewis, Chair</p> <p>b. Healthy Aging (met 4/14/25): Wanda Smith, Chair</p> <p>c. Affordability in Aging (met 5/12/25): David Milroy, Chair</p> <p>d. Nutrition (met 5/7/25): Shirley King, Chair</p>																				
8. Other Announcements																					
9. Adjournment & Next Meeting	<p>Meeting adjourned: 2:00 p.m.</p> <p>Next Council Meeting: June 9, 2025, 12:00 p.m.</p> <p>5530 Overland Ave. Room 141/142</p> <p>Future Subcommittee Meetings:</p> <table><tr><td>➤ Healthy Aging:</td><td>5/12/2025</td><td>2:15 p.m.</td></tr><tr><td>➤ Executive & Membership:</td><td>5/21/2025</td><td>9:00 a.m.</td></tr><tr><td>➤ Nutrition:</td><td>6/4/2025</td><td>1:00 p.m.</td></tr><tr><td>➤ LTC Ombudsman/Facilities:</td><td>6/9/2025</td><td>10:30 a.m.</td></tr><tr><td>➤ Affordability in Aging:</td><td>6/9/2025</td><td>10:30 a.m.</td></tr></table>	➤ Healthy Aging:	5/12/2025	2:15 p.m.	➤ Executive & Membership:	5/21/2025	9:00 a.m.	➤ Nutrition:	6/4/2025	1:00 p.m.	➤ LTC Ombudsman/Facilities:	6/9/2025	10:30 a.m.	➤ Affordability in Aging:	6/9/2025	10:30 a.m.					
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Minutes respectfully submitted by Michelle Hollie-Luterick.

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2024 – 2027

COUNCIL FOCUS: Use or gain expertise to identify, project, and anticipate needs and trends, and advise on AIS operational actions to address the needs of older adults and persons with disabilities.







AGING ROADMAP: County of San Diego’s [regional plan](#) that is implemented and organized by 10 focus areas that collectively represent the County’s comprehensive system of care, including both person-centered and community-wide efforts. Roadmap focus areas are as follows and identified throughout the Council’s Goals:








GOALS 2024 – 2027

#	Goal	Timeline	Lead	Measure	Outcome	Status
1	<p>Advise on the 4-year Area Plan for FY 2024-2028.</p>	Feb – May 2024	Ad Hoc Area Plan Subcommittee	<ul style="list-style-type: none"> Meeting date(s) Discussion Vote and authorization of Council Chair to sign letter of transmittal 	<ul style="list-style-type: none"> Ad Hoc Area Plan Subcommittee met on 2/12/24 and 3/8/24. Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 3/11/24. Discussion included: Area Plan 2024-2028 updates and process and content of the Area Plan. The Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from Advisory Council. Authorization passed with 18 votes on 3/11/24. 	Completed























AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2024 – 2027

1a	Advise on Area Plan updates for FY 2024-2025. 	Feb – May 2025	Ad Hoc Area Plan Subcommittee	<ul style="list-style-type: none"> Meeting date(s) Discussion Vote and authorization of Council Chair to sign letter of transmittal 	<ul style="list-style-type: none"> Discussion included: 	Not yet started
2	Monitor and plan for the expansion of services for older adults to meet the needs of the growing population. 	Ongoing	Ad Hoc Area Plan Subcommittee and Advisory Council	<ul style="list-style-type: none"> Discussion 	<ul style="list-style-type: none"> Discussion included: 	In progress
3	Find engaging speakers for the AIS Advisory Council general meetings. 	Ongoing	Advisory Council	<ul style="list-style-type: none"> Speakers 	<ul style="list-style-type: none"> Speakers' topics included: 	In progress
4	Expand participation in appropriate Auxiliary Subcommittees. 	Ongoing	Advisory Council	<ul style="list-style-type: none"> Meeting date(s) Discussion 	<ul style="list-style-type: none"> Auxiliary Subcommittee met on: Discussion included: Authorization passed: 	In progress
5	Participate in appropriate Ancillary Subcommittees. 	Ongoing	Advisory Council	<ul style="list-style-type: none"> Meeting date(s) Discussion 	<ul style="list-style-type: none"> Ancillary Subcommittee met on: Discussion included: Authorization passed: 	In progress
6	Research and make recommendations for priority areas to support economic security amongst older adults in San Diego. 	2024-25 Council Year	Affordability in Aging Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics included: Recommendations: 	Not yet started





AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2024 – 2027

7	Research and make recommendations for priority areas of healthcare programs and groups for older adults. 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics may include, but are not limited to, where the older adult population meets, nutrition, socialization, geography/communities, disabilities, mental health, neurodegenerative diseases of AD, PD, FTD, Dementia, ways to increase awareness and education in hospitals re: geriatric issues. 	In progress
7a	Research the impacts of isolation and explore the “Seniors Who Live Alone” topic. 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Discussion included: 	In progress
8	Review how older adults who have the greatest economic or social need are made aware of and utilize nutrition services including CalFresh benefits. 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics may include review of nutrition resources and education through the AIS website, printed materials. Examine the barriers to CalFresh benefit enrollment and how enrollment assistance is promoted. 	In progress
9	Review the research and implementation efforts of local and national ‘food as medicine’ initiatives that focus on the integration of food for disease prevention and management. 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics may include, but not limited to enhancing nutritional quality through increased fruit and vegetable consumption and the importance of good nutrition for older adults living with chronic health conditions. 	In progress
10	Increase awareness about good oral health and dental treatment options through public insurance benefits. 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Discussion included: 	In progress
11	Identify disease risk reduction strategies and educational opportunities	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics may include cardiac health, diabetes, oral health care and nutrition, dementia and neuro-degenerative disorders and Parkinson’s disease. 	In progress

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2024 – 2027

	for diseases and disorders affecting older adults. 					
12	Monitor and advise on AIS programs through presentations and site visits.  	Ongoing	Nutrition Subcommittee Healthy Aging Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> Discussion included: 	In progress
12a	Congregate Meals (Title III C1) and Transportation to Dining Sites (Title III B). Review nutrition education and in-service requirements for congregate sites.   	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> Discussion included: 	In progress
12b	Home-Delivered Meals (Title III C2)  	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> Discussion included: 	In progress
12c	SNAP-Ed (Cal Fresh)  	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> Discussion included: 	In progress
12d	Older Adult Health Promotion (Feeling Fit, Fall Prevention, etc.) and Healthy Aging in life-long learning.  	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> Awareness and Promotion of local programs in lifelong learning to support Healthy Aging. 	In progress
13	Monitor pending legislation in all goal areas and participate with respective committees and AIS staff in analysis of legislation.          	Ongoing	Advisory Council and Ad Hoc Legislative Subcommittee	<ul style="list-style-type: none"> Legislation monitored 	<ul style="list-style-type: none"> Discussion included: Recommendations: 	In progress
14	Monitor and make	Ongoing	Long Term Care	<ul style="list-style-type: none"> Date(s) of Choose Well 	<ul style="list-style-type: none"> Recommendations for improvement, including assessment 	In progress

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2024 – 2027

	recommendations for enhancements to Choose Well. 		& Ombudsman Facilities	meeting(s) attended • Quarterly meetings.	of effectiveness or additional resources needed. • Discussion included:	
15	Advise AIS on legislation proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly. 	Ongoing	Long Term Care & Ombudsman Facilities	• Legislation Monitored	• Raise and maintain awareness for the AIS Advisory council surrounding legislation related to skilled nursing facilities and residential care facilities for the elderly. • Discussion included:	In progress
16	Monitor and advise AIS on the Ombudsman program standard of operations, goals, performance, and increasing the number of volunteers as well as advise on areas of concern related to long term care. 	Ongoing	Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• Recommendations for improvement, including assessment of effectiveness or additional resources needed. • Discussion included:	In progress
17	Monitor and advise on success of existing technology programs and promote access to and utilization of technology. 	Ongoing	Advisory Council and All Subcommittees	• Finding(s) • Number and topic of media campaign	• Recommendations may include a media campaign to promote existing programs or identify opportunities for new programs.	Not yet started