



Advisory Council for Aging & Independence Services

September 8, 2025 | 12:00 p.m.

5560 Overland Ave, 3rd Floor, Joaquin Anguera Training Room

Virtual Participation

Call in: 1 (619) 343-2539

Meeting ID (access code): 224 849 240 117

Passcode: eq7c5wR2

Click here to [Join Teams Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** Susan Mallett, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 13)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of July 14, 2025, Meeting Minutes (Action)*
4. **Swearing in of 2025-2026 Officers:** Jennifer Bransford-Koons, Director, Aging & Independence Services, Public Administrator/Public Guardian
5. **AIS Director's Items** (Possible action)
 - a. Board Letter
 - i. Aging Roadmap Annual Update (Action)*
 - b. AIS Director's Update
 - c. Legislative Update
6. **Guest Speaker**
 - a. Housing and Community Development Services
Nick Martinez, Assistant Director
7. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Susan Mallett, Chair
 - i. Adopt Annual Calendar, Annual Subcommittees, and Annual Report (Action)*
 - ii. Council Goals: Review Draft*
 - b. Membership Report: Jacqueline Simon, Secretary
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Aguirre [Vacant/Vacant]
 - ii. District #2: Anderson [Phillips/Nocon]

2/26/2025



- | | | | |
|------|--------------------------------|-----------------------|------------|
| iii. | District #3: Lawson-Remer | [King/Colburn-Hargis] | 1/31/2025 |
| iv. | District #4: Montgomery Steppe | [Bishop/Milroy] | 10/11/2024 |
| v. | District #5: Desmond | [Vacant/Vacant] | |

8. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 9/8/25): Elaine Lewis, Chair
- b. Healthy Aging (met 7/14/25): Wanda Smith, Chair
- c. Affordability in Aging (met 9/8/25): David Milroy, Chair
- d. Nutrition (met 9/3/25): Shirley King, Chair

9. **Other Announcements**

10. **Adjournment & Next Meetings:**

Meetings are held at 5560 Overland Ave, 3rd Floor, Joaquin Anguera Room, San Diego, 92123
Virtual meeting details are included on agendas at www.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: October 13, 2025

Future Subcommittee Meetings:

- | | | |
|-----------------------------|----------|------------|
| ➤ Healthy Aging: | 9/8/25 | 2:15 p.m. |
| ➤ Executive & Membership: | 9/30/25 | 9:00 a.m. |
| ➤ Nutrition: | 10/8/25 | 1:00 p.m. |
| ➤ LTC Ombudsman/Facilities: | 10/13/25 | 10:30 a.m. |
| ➤ Affordability in Aging: | 10/13/25 | 10:30 a.m. |

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, July 14, 2025 | 12:00 p.m. – 2:00 p.m.
5560 Overland Avenue, 3rd Floor, Joaquin Anguera Room, San Diego, CA 92123

Call in: 1 (619) 343-2539
Meeting ID (access code): 224 849 240 117 | Passcode: eq7c5Wr2

MINUTES - DRAFT

Members		Absent Members	Guests
Attendance:	Shelia Coulbourn Faye Detsky-Weil Stephen Huber Rhys Jones Mina Kerr Shirley King Elaine Lewis Mikie Lochner Susan Mallett Silvia Martinez	Dan McNamara David Milroy Bradlyn Mulvey Maureen Phillips Taryn Patterson Jacqueline Simon Smith Sirisakorn Wanda Smith Cristin Whittaker	Sabrina Bishop Kimberly Brown Paige Colburn- Hargis Ted Kagan Dennis Leggett Molly Nocon
	Staff		
	Ian Baxter Wendy Garcia Jennifer Sovay	Samantha Hasler Michelle Hollie-Luterick Kimberly Pearce	Antoinette Alioto (<i>virtual</i>) Neha Bharti Nadine Branch (<i>virtual</i>) Ciana Catudan (<i>virtual</i>) Connie German- Marquez (<i>virtual</i>) Mr. & Mrs. Cesar B. Javier Thomas Johnson (<i>virtual</i>) Rebecca Reisman (<i>virtual</i>) Trudy McClure
Outcome			
1. Call to Order	Susan Mallett, Chair, 12:04 PM a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <i>19 present at this time.</i>		
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.			
3. Standard Business	a. Public Comment/Announcements: Members or non-members b. Approval of June 9, 2025, Meeting Minutes (Action)* [M/S – J. Simon/ M. Lochner (<i>Passed with 19 votes.</i>)]		

4. AIS Director's Items	<p>Highlights included:</p> <ul style="list-style-type: none"> • The special election for the Board of Supervisors District One took place earlier this month. <ul style="list-style-type: none"> ○ The unofficial election results from the Registrar of Voters show Paloma Aguirre as the winner with close to 54% of the votes. ○ We anticipate that she will be sworn in by late July, and she will fill the remainder of the seat's term, which runs to January 2029. We look forward to learning about her priorities. • County Budget Adopted on June 24th <ul style="list-style-type: none"> ○ County focus - ensuring core, mandated services remain strong, while prioritizing meaningful investments in behavioral health, public safety, and strategies to increase efficiency during challenging fiscal conditions. • It's the end of the fiscal year and programs are finalizing data related to our Operational Plan objectives and accomplishments. We'll report some FY 2024-25 highlights at the September meeting. • This is the last meeting of the Council Year - Thank you to the Council for their contributions and commitment over the last year; we're looking forward to the work ahead next Council year. • Council Year highlights: <ul style="list-style-type: none"> ○ Heard from over 15 different AIS, County, and community speakers. ○ Held over 40 Subcommittee and Ad Hoc Subcommittee meetings. ○ Reviewed 4 Board items. ○ Joined by 7 new Council members.
5. Guest Speakers	<p>a. Adult Protective Services/Specialized Case Management Programs <i>Kimberly Pitts, Program Specialist</i> <i>Trudy McClure, Adult Protective Services Program Manager</i></p> <p>Highlights included:</p> <ul style="list-style-type: none"> ○ Who Are We? ○ APS Staffing ○ Brief APS Data from FY 24/25 ○ How Does APS Receive Reports ○ APS Assignment Team ○ APS Teams /Zip Code Regions ○ Investigations ○ APS Innovation ○ Alzheimer's Response Team (ART) ○ Financial Abuse Team and Elder Justice Task Force (EJTF) ○ Home Safe ○ APS & Public Guardian Collaboration
6. Election of Council Year 2025-26 Officers Stephen Huber, Chair	<p>a. Presentation of Nominees for Council Year 25/26 Officers</p> <ul style="list-style-type: none"> ○ Chair, Susan Mallett (2nd Term) ○ 1st Vice Chair, TBD ○ 2nd Vice Chair, Wanda Smith (2nd Term) ○ Secretary, Jacqueline Simon (2nd Term) <p>b. Nominations from the floor</p> <p>c. Election of Council Year 25/26 Officers (Action) [M/S – B. Mulvey/ F. Detsky-Weil (Passed with 19 votes.)]</p> <p>d. Officer transition briefing: July 22, 2025, Executive & Membership Subcommittee Meeting</p> <p>e. Swearing in of Council Year 25/26 Officers: September 8, 2025, Advisory Council Meeting</p>
7. Executive & Membership Subcommittee Report/Other Business	<p>a. Chair's Report: Susan Mallett, Chair</p> <ul style="list-style-type: none"> i. Ancillary Subcommittee Appointments <ul style="list-style-type: none"> a) LTC Ombudsman/Facilities Subcommittee - Appoint Rhys Jones (Action) [M/S – F. Detsky-Weil / D. McNamara (Passed with 19 votes.)] b) Affordability in Aging Subcommittee - Appoint Mikie Lochner (Action)

	<p>[M/S – D. Milroy/ S. Huber (Passed with 19 votes.)]</p> <p>b. Membership Report: Jacqueline Simon, Secretary</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <ul style="list-style-type: none"> i. District #1: Vacant [Vacant/Vacant] ii. District #2: Anderson [Phillips/Nocon] 2/26/2025 iii. District #3: Lawson-Remer [King/Colburn-Hargis] 1/31/2025 iv. District #4: Montgomery Steppe [Bishop/Milroy] 10/11/2024 v. District #5: Desmond [Vacant/Vacant]
8. Ancillary Subcommittee Oral Reports	<p>a. LTC Ombudsman/Facilities (met 7/14/25): Elaine Lewis, Chair</p> <p>b. Healthy Aging (met 6/9/25): Wanda Smith, Chair</p> <p>c. Affordability in Aging (met 6/9/25): David Milroy, Chair</p> <p>d. Nutrition (met 7/9/25): Shirley King, Chair</p>
9. Council Strategic Planning	<p>a. Subcommittee/Council Goals Status*</p> <p>b. Issues for Consideration/General Discussion</p> <p>c. Subcommittee Goals Council Fiscal Year 2025-26</p>
10. Other Announcements	
11. Adjournment & Next Meeting	<p>Meeting adjourned: 1:46PM</p> <p>Next Council Meeting: September 8, 2025, 12:00 p.m.</p> <p>Future Subcommittee Meetings:</p> <ul style="list-style-type: none"> ➤ Healthy Aging: 7/14/2025 2:15 p.m. ➤ Affordability in Aging: 7/14/2025 10:30 a.m. ➤ Executive & Membership: 7/22/2025 9:00 a.m. ➤ Nutrition: 9/3/2025 1:00 p.m. ➤ LTC Ombudsman/Facilities: 9/8/2025 10:30 a.m.

Minutes respectfully submitted by Michelle Hollie-Luterick.



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

PALOMA AGUIRRE
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

MONICA MONTGOMERY STEPPE
Fourth District

JIM DESMOND
Fifth District

DATE: September 30, 2025

XX

TO: Board of Supervisors

SUBJECT

RECEIVE UPDATE ON THE AGING ROADMAP SAN DIEGO COUNTY REGIONAL PLAN 2024-25 ANNUAL REPORT (DISTRICTS: ALL)

OVERVIEW

According to population estimates from San Diego Association of Governments, of the nearly 3.3 million people currently residing in San Diego County, approximately 710,000 are adults aged 60 years and older. By 2029, the number of adults aged 60 years and older who reside in the county is expected to increase to more than 824,500. Therefore, it is essential that the County of San Diego (County) has a plan to support the unique needs of older adults and empower them to live healthy, safe, and thriving lives. Initiated at the direction of the San Diego County Board of Supervisors (Board) on September 24, 2019 (4), the Aging Roadmap is the County plan to ensure that the region has programs and communities that equitably support the needs of older adults.

The Aging Roadmap is organized by ten priority areas that collectively represent the County's comprehensive system of care, including person-centered and community-wide efforts: Health & Community Support; Housing; Social Participation; Transportation; Dementia; Caregiver Support; Safety; Preparedness; Silver Economy; and Medical & Social Services System. The Aging Roadmap annual report highlights significant accomplishments across each of the ten priority areas as well as age-friendly efforts across the county.

The region must continue to work collaboratively and proactively to strengthen the comprehensive system of care to better support older adults, their families, and people of all ages. Today's action requests the Board receive the Aging Roadmap San Diego County Regional Plan 2024-25 Annual Report.

This item supports the County vision of a just, sustainable, and resilient future for all, specifically those communities and populations in San Diego County that have been historically left behind, as well as our ongoing commitment to the regional *Live Well San Diego* vision of healthy, safe, and thriving communities. This will be accomplished by continuing to support older adults and persons with disabilities through various programs and initiatives and ensuring a community that is livable for people of all ages.

SUBJECT: RECEIVE UPDATE ON THE AGING ROADMAP SAN DIEGO COUNTY
REGIONAL PLAN 2024-25 ANNUAL REPORT (DISTRICTS: ALL)

RECOMMENDATION(S)

CHIEF ADMINISTRATIVE OFFICER

Receive update on the Aging Roadmap.

EQUITY IMPACT STATEMENT

Recognizing the increasing diversity of San Diego County's population, the Aging Roadmap represents a commitment to ensuring that all residents can age well while accessing needed services, regardless of their race, ethnicity, national origin, religion, gender identity, and/or sexual orientation. Principles of equity and diverse community engagement have guided the development of Aging Roadmap priorities since its inception. Implementation of programs and initiatives within each of the priority areas are informed by the needs expressed by community members and stakeholders. Through regular convening of diverse community coalitions and collaboration with community-based organizations, the County of San Diego (County) has worked to ensure that programs are implemented with continuous input from those they intend to serve.

Throughout this past fiscal year, community partnerships and cross-departmental collaboration have facilitated innovative approaches to increased program accessibility. Community partnerships have been instrumental in the success of programs for at-risk populations such as non-English speaking residents, homebound older adults, and rural communities. For example, transit trainings were held with diverse community members participating in the CalFresh Healthy Living program to teach them about the use of public transportation to access community resources. Partnerships with community-based organizations serving rural parts of the county were strengthened through frequent communication and resident-led planning. For example, the use of livestream technology has helped to facilitate the implementation of new programming in Campo, a community with limited access to services due to its rural location. Additionally, the Dementia-Friends initiative continues to educate various sectors of the community on how to be inclusive of those living with dementia and cultivate a sense of belonging for them and their families.

The County continues to engage partners and community members in discussions to inform future initiatives and program planning. Likewise, providing input opportunities for diverse and often under-represented groups remains a priority.

SUSTAINABILITY IMPACT STATEMENT

Receiving today's update supports the County of San Diego's (County) Sustainability Goal #1 to engage the community in meaningful ways; Sustainability Goal #2 to provide just and equitable access to County services, and Sustainability Goal #4 to promote health and well-being. The Aging Roadmap represents the County's comprehensive system of care for older adults and has been informed by diverse input from impacted stakeholders. The Aging Roadmap prioritizes equitable access to both person-centered and community-wide programs and services that aim to improve the quality of life and overall well-being of older adults. Furthermore, the Aging Roadmap advances the County's sustainability goals by raising awareness on transportation programs and resources that enable older adults to access community resources; implementing programs that improve physical and social health; highlighting education efforts to help older adults avoid scams; and increasing opportunities for older adults to live in safe and affordable housing. The Aging

**SUBJECT: RECEIVE UPDATE ON THE AGING ROADMAP SAN DIEGO COUNTY
REGIONAL PLAN 2024-25 ANNUAL REPORT (DISTRICTS: ALL)**

Roadmap continues to underscore the needs of older adults in the region’s sustainability planning and leverages impactful partnerships to improve and expand services that enable older adults to live healthy, safe, and thriving lives.

FISCAL IMPACT

There is no fiscal impact associated with today’s recommendation. There will be no change in net general fund costs and no additional staff years.

BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

The Aging & Independence Services Advisory Council reviewed this item at their regular meeting on _____, and recommended approval.

BACKGROUND

According to population estimates from San Diego Association of Governments, of the nearly 3.3 million people currently residing in San Diego County, approximately 710,000 are adults aged 60 years and older. By 2029, the number of adults aged 60 years and older who reside in the county is expected to increase to more than 824,500. As the older adult population continues to grow, creating communities where people of all ages and abilities can thrive is more important than ever.

The Aging Roadmap is the County of San Diego’s (County) plan to ensure that the region has policies, programs, and initiatives that equitably support the needs and leverage the contributions of the growing population of older adults in our region. The Aging Roadmap is informed by ongoing community input and collaboration that began in 2016 when the County joined the AARP Network of Age-Friendly Communities. Building upon initial age-friendly efforts, the Aging Roadmap was approved by the San Diego County Board of Supervisors (Board) on September 24, 2019 (4) and serves as the local “Master Plan for Aging” for our region. Within the Aging Roadmap are ten priority areas that collectively represent our County’s comprehensive system of care for older adults, including community-wide and person-centered efforts. These ten priority areas are:

- Health & Community Support
- Housing
- Social Participation
- Transportation
- Dementia
- Caregiver Support
- Safety
- Preparedness
- Silver Economy
- Medical & Social Services System

While led by the County Health and Human Services Agency, Aging & Independence Services (AIS), the Aging Roadmap incorporates County-wide programs and initiatives, as well as collaborations with local partners. Several community coalitions throughout the county, consisting of stakeholders and County staff, regularly convene to address Aging Roadmap priority areas. These cross-departmental collaborative efforts have amplified the voices of older adults as other County departments have developed their programs and services.

**SUBJECT: RECEIVE UPDATE ON THE AGING ROADMAP SAN DIEGO COUNTY
REGIONAL PLAN 2024-25 ANNUAL REPORT (DISTRICTS: ALL)**

The Aging Roadmap is designed to be flexible, adaptable, and continuously informed by ongoing community input. In Fiscal Year 2023-24, AIS hosted an extensive round of stakeholder input including 17 community feedback sessions across the county for older adults, caregivers, persons with disabilities, and service providers. Additionally, a randomized sample of adult households participated in the Community Assessment Survey for Older Adults sponsored by the California Department of Aging. The information collected from this community input process was described in the “Aging Roadmap Annual Update: 2024,” provided to the Board on September 24, 2024 (14), and used to inform Aging Roadmap priorities outlined in this year’s annual report.

The County was the first jurisdiction in the region to become an Age-Friendly Community in 2016. Since then, there are now 10 cities across the county recognized as members of AARP’s Network of Age-Friendly Communities that have committed to implementing their own Age-Friendly plans. Additionally, San Diego State University is the first academic institution in the region to become an Age-Friendly University. To foster collaboration and provide technical support to the growing network of Age-Friendly Communities in the county, AIS coordinates the Age-Friendly Regional Roundtable which convenes all Age-Friendly communities on a quarterly basis to learn from each other and share best practices.

In addition, the year 2025 marks 11 years since the Board approved The Alzheimer’s Project on May 6, 2014 (5). This unprecedented regional initiative was launched to address the toll of Alzheimer’s disease on families, communities, and our health care systems. Accomplishments of the Alzheimer’s Project are highlighted in the Dementia section of the Aging Roadmap San Diego County Regional Plan 2024-25 Annual Report (Attachment A) including aging services providers and professionals facilitating Dementia Friends sessions for more than 280 participants, teaching about dementia, what it’s like to live with it, and how to create environments that are welcoming to those living with dementia, and their care partners.

Next Steps

As the number of older adults in the county grows, the Aging Roadmap provides a blueprint for the work ahead. The County and community partners will continue to work towards the vision for each Aging Roadmap priority area. By strengthening cross-departmental relationships, encouraging age-friendly policies and practices, and fostering community collaboration, the Aging Roadmap will continue to be a model for aging service delivery across the country. As the older adult population grows, there are many opportunities to work together to ensure all residents can age well with dignity, support, and as valued members of the community.

Today’s action requests the Board receive the Aging Roadmap San Diego County Regional Plan 2024-25 Annual Report.

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REGIONAL PLAN 2024-25 ANNUAL REPORT (DISTRICTS: ALL)

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

Today's proposed action supports the County of San Diego 2025-30 Strategic Plan Initiatives of Sustainability (Resiliency), Equity (Health), and Community (Quality of Life), and the regional *Live Well San Diego* vision by strengthening the system of care for older adults and ensuring a community that is livable for residents of all ages.

Respectfully submitted,

USE "INSERT PICTURE"
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SIGNATURE

EBONY N. SHELTON
Chief Administrative Officer

ATTACHMENT(S)

Attachment A – Aging Roadmap San Diego County Regional Plan 2024-2025 Annual Report

AIS Advisory Council

ANNUAL CALENDAR - COUNCIL FY 2025-26

MONTH	GUESTS/ACTIVITIES	AIS TOPICS	COUNCIL BUSINESS	
			Date Sensitive	Authority*
SEPTEMBER (9/8/25) Fall Prevention World Alzheimer's ANNUAL MEETING BL 6(E)(4)	HOUSING AND COMMUNITY DEVELOPMENT SERVICES		❖ SWEAR-IN OFFICERS	IIIa 82.5(b) BL 4(A)(3)
			=> ADOPT ANNUAL CALENDAR	BL 5(C)(1)(a)(v)
			=> ADOPT ANNUAL REPORT	IIIa 82.16
			=> ADOPT ANNUAL SUBCOMMITTEES	BL 5(C)(2)(a)
			=> COUNCIL GOALS: REVIEW DRAFT	A-74(E)(4)
			=> SUBCOMMITTEE CHAIR ANNUAL TRAINING	BL 5(C)(2)(a)
OCTOBER (10/13/25)		AGING ROADMAP ANNUAL REPORT	=> ADOPT COUNCIL GOALS	A-74(E)(4)
NOVEMBER (11/10/25) National Family Caregiver		OMBUDSMAN ANNUAL REPORT	• CSL CAUCUS REPORT: SACRAMENTO	WIC 9302 CDA PM 13-04, III (C)
DECEMBER (no mtg.)				
JANUARY (1/12/26)		PUBLIC HEALTH NURSE TEAM		
FEBRUARY (2/9/26)		IN-HOME SUPPORTIVE SERVICES	➤ APPOINT AREA PLAN SUCOMM.	BL 5(C)(3)
MARCH (3/9/26)		CALAIM	✓ APPOINT BUDGET SUBCOMM.	
APRIL (4/13/26)		HEALTH & COMMUNITY ENGAGEMENT TEAM	➤ AREA PLAN PUBLIC HEARING (26-27 Annual Update)	IIIa 82.1(a) A-74(C)(8) BL 5(C)(3)
MAY (5/11/26) Older Americans	HHSa BUDGET PRESENTATION per A-74(c)(8)	MULTIPURPOSE SENIOR SERVICES PROGRAM	⊕ APPOINT LEGISLATIVE SUBCOMM. APPOINT NOMINATING SUBCOMM.	A-74(C)(12) BL 5(C)(3)
			• CSL VACANCY ELECTION CSL Full Term Election	WIC 9302
JUNE (6/8/26) World Elder Abuse Awareness Alzheimer's & Brain Awareness June 30 - County FY ends		ADVISORY COUNCIL STRATEGIC PLANNING	❖ DECLARE OFFICER NOMINATIONS	BL 4(A)(2)(b)
			=> COUNCIL GOALS: REPORT STATUS	A-74(E)(4)
			=> COUNCIL STRATEGIC PLANNING	N/A
			=> SUBCOMMITTEE GOALS 26-27 Discuss/develop in subcommittee mtgs	
				IIIa 82.12 BL 3(C)(2)
JULY (7/13/26) July 1 - County FY begins		ADULT PROTECTIVE SERVICES TEAM	⊕ COUNCIL: Leg. Policy Guidelines—conclude review, forward proposals	BL 5(C)(3)
			❖ ELECT OFFICERS	IIIa 82.5(a) BL 4(A)(3)
			=> EXEC/MEMBERSHIP SUBCOMM.	BL 5(C)(1)(a)
			Officer Transition & Brown Act	N/A
			Draft Annual Calendar	BL 5(C)(1)(a)(v)
			Draft Annual Report	IIIa 82.16 BL 1(B)(6)
			Draft Annual Goals	A-74(E)(4)
			Propose Subcommittees	BL 5(C)(2)(a)
AUGUST (no mtg.)				

County of San Diego

HEALTH AND HUMAN SERVICES AGENCY

AGING & INDEPENDENCE SERVICES

Advisory Council 2025 Annual Report

Susan Mallett, Council Chair

September 8, 2025

AGE WELL. LIVE WELL.



**LIVE WELL
SAN DIEGO**

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DRAFT



County of San Diego Board of Supervisors



Paloma Aguirre
District 1
Chair Pro Tem



Joel Anderson
District 2



Terra Lawson-Remer
District 3
Chair



Monica Montgomery
Steppe
District 4
Vice Chair



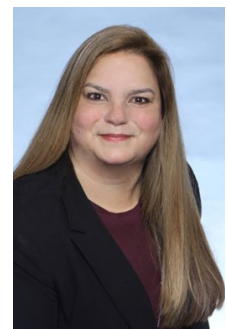
Jim Desmond
District 5



Ebony Shelton
Chief Administrative Officer
County of San Diego



Kimberly Giardina
Deputy Chief Administrative Officer
Health and Human Services Agency



Jennifer Bransford-Koons
Director
Aging & Independence Services
Public Administrator/Public Guardian

The Aging & Independence Services Advisory Council

The Council's Role

The Advisory Council (Council) for the County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS) operates in accordance with the duties and responsibilities defined in the provisions of Title III of the Older Americans Act of 1965, the Mello-Granlund Older Californians Act Section 9402, and the San Diego County Code of Administrative Ordinances Article IIIa. The Council's primary responsibility is to:

"...advise continuously the area agency on aging on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan;"

The Council's Operational Activities

The Council holds regular public meetings on the second Monday of each month at 12:00 p.m. at the County Operations Center. The Council has 30 seats, ten of which are appointed by members of the San Diego County Board of Supervisors. As of the regular Council meeting on July 14, 2025, 25 seats were filled. Council members and AIS staff have continued outreach efforts to fill vacancies.

In Council Year 2024-25, members reviewed and evaluated needs to ensure a strong and vital aging system. Monthly Council meetings featured several AIS program staff members who provided operational updates and in-depth overviews of AIS programs. The Council also heard from representatives from several other County departments and guests including Homeless Solutions and Equitable Communities, Office of Emergency Services, Agency Budget Office, and the *Live Well San Diego* support team, all of whom provided relevant updates and information pertaining to AIS operations and support of older adults in San Diego County. The Council and subcommittees continued to be engaged with local organizations and heard from several speakers including Southern Caregiver Resource Center, Sarsis, Jewish Family Service of San Diego, and San Diego Workforce Partnership who provided insight into issues impacting the region and programs and services available to older adults. These speakers helped Council members remain informed of current needs, resources, and trends as they provided guidance on items related to the local aging system prior to these items going before the San Diego County Board of Supervisors.

Council Year 2024-25 Accomplishments

In Council Year 2024-25, efforts continued toward strengthening the aging network in our region. The Council conducts a considerable amount of work through subcommittees, and the subcommittees were engaged and impactful in supporting the work of the Council.

Standing Subcommittee

Executive & Membership

The Executive & Membership Subcommittee is made up of the Council Chair, 1st Vice Chair, 2nd Vice Chair, Secretary, and Immediate Past Chair. The Executive and Membership Subcommittee continued to perform internal organizational functions including recruiting and recommending new members and reviewing and maintaining Council records. The subcommittee also set Council meeting agendas, strengthened the focus on strategic planning and goals, encouraged subcommittee development of focus areas, and secured speakers for Council meetings to support Council goals.

Ancillary Subcommittees

Healthy Aging

The Healthy Aging Subcommittee is committed to expanding current programs, developing new evidence-based community-wide initiatives, and promoting preventative strategies to reduce or eliminate the impact of disease and chronic disability among older adults. The subcommittee documented essential tasks and activities that older adults should consider when planning for their later years and presented it to AIS staff. The committee also emphasized strategies for reducing the risk of diseases commonly affecting older adults and highlighted the importance of lifelong learning opportunities to support healthy and active aging.

Affordability in Aging

The Affordability in Aging Subcommittee continued to research and monitor issues and trends related to the affordability, adaptability, and accessibility aspects of transportation, medical care, financial assistance, employment, and aging in place within age-friendly communities. These topics included permanent supportive and affordable housing for older adults and novel strategies for economical and safe options for older adults facing housing, financial, and food insecurity. The subcommittee met with community housing agencies and learned about current housing, transportation, medical, and food program issues, also inviting community partners to present on their unique contributions to the broader effort.

Long-Term Care Ombudsman & Facilities

The Long-Term Care Ombudsman & Facilities Subcommittee worked with the Long-Term Care Ombudsman program to review the application and screening processes for onboarding new volunteers, and conducted research to identify best practices. As a result of the subcommittee's work, a set of recommendations were presented to department leadership aimed at potentially streamlining the process of onboarding new Long-Term Care Ombudsman program volunteers and retaining current volunteers. These recommendations are intended to inform decision-making and will be considered at the discretion of leadership. Subcommittee members began attending *Live Well San Diego* Community Leadership Team meetings to monitor and make recommendations on efforts.

Nutrition

The Nutrition Subcommittee ensured that the Council was informed about the delivery of AIS nutrition services contracts, site responsiveness to AIS performance standards, and community participation. The AIS Public Health Nutrition Manager is a regular participant in the Nutrition Subcommittee, adding important nutrition information and operational updates to subcommittee discussions. The subcommittee frequently meets at nutrition program sites and reports observations at Council meetings. Presentations from community agencies and County staff provided the subcommittee with greater insight into the importance of accessibility to nutritional food and nutrition information for older adults. The committee continued to examine the ease of access and availability of nutrition services, including CalFresh benefits for older adults.

Ad Hoc Subcommittees

Area Plan

The ad hoc Area Plan Subcommittee advised on the development and annual update of the 2024-28 Area Plan, a California Department of Aging requirement which provides a four-year plan of services and execution of the critical responsibilities addressing present and future aging and long-term care issues within San Diego County.

Budget

The ad hoc Budget Subcommittee reviewed the Fiscal Year 2025-26 proposed budget and made recommendations to staff regarding content and format, and provided input into the presentation of the proposed budget to the Council.

Legislative

The ad hoc Legislative Subcommittee advised on the County of San Diego's 2026 Legislative Program and gave feedback on priorities and policy guidelines related to older adults and persons with disabilities.

Nominating

The ad hoc Nominating Subcommittee recommended a slate of officers for the Council Year 2025-26 officer elections.

DRAFT

The Year Ahead:

Council Year 2025-26 Council Priorities

At its annual strategic planning meeting, the Council discussed progress on existing goals and streamlined priorities to establish goals with measurable outcomes for the upcoming Council Year that align with the Aging Roadmap's priority areas. The Council's priorities include:

- Alzheimer's Disease and Related Dementias
- Food Security
- Healthcare
- Health Promotion
- Housing
- Legislation
- Long-Term Care
- Nutrition
- Social Engagement
- Technology
- Transportation

The complete list of goals is included in the Appendix – AIS Advisory Council Goals 2025-28.

Moving forward, the Council will continue its work in advancing services and support for older adults in the region. The Council will provide input on the Area Plan Update for FY 2026-27, and advise on programs and initiatives that will further advance Aging Roadmap efforts in the year ahead.

For questions about the Aging & Independence Services Advisory Council, please contact Jana Jordan at jana.jordan@sdcountry.ca.gov or call 858-495-5858.

All meetings are open to the public, and interested parties are encouraged to attend and participate in the public comment period. Past meeting materials and other information may be found at <https://www.sandiegocounty.gov/AISAdvisoryCouncil>.

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2025 – 2028

COUNCIL FOCUS: Use or gain expertise to identify, project, and anticipate needs and trends, and advise on AIS operational actions to address the needs of older adults and persons with disabilities.







AGING ROADMAP: County of San Diego’s [regional plan](#) that is implemented and organized by 10 focus areas that collectively represent the County’s comprehensive system of care, including both person-centered and community-wide efforts. Roadmap focus areas are as follows and identified throughout the Council’s Goals:








GOALS 2025 – 2028

#	Goal	Timeline	Lead	Measure	Outcome	Status
1	<p>Advise on Area Plan updates for FY 2025-2026.</p>	Feb – May 2025	Ad Hoc Area Plan Subcommittee	<ul style="list-style-type: none"> Meeting date(s) Discussion Vote and authorization of Council Chair to sign letter of transmittal 	<ul style="list-style-type: none"> Ad Hoc Area Plan Subcommittee met on 3/27/25. Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 4/14/25. Discussion included: Area Plan 2025-2026 updates and process and content of the Area Plan. The Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from the Advisory Council. Authorization passed with 20 votes on 4/14/25. 	Completed







AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2025 – 2028

1a	Advise on Area Plan updates for FY 2026-2027. 	Feb – May 2026	Ad Hoc Area Plan Subcommittee	<ul style="list-style-type: none"> • Meeting date(s) • Discussion • Vote and authorization of Council Chair to sign letter of transmittal 	<ul style="list-style-type: none"> • Discussion included: 	Not yet started
2	Monitor and plan for services for older adults to meet the needs of the growing population. 	Ongoing	Ad Hoc Area Plan Subcommittee and Advisory Council	<ul style="list-style-type: none"> • Discussion 	<ul style="list-style-type: none"> • Discussion included: 	In progress
3	Find engaging speakers for the AIS Advisory Council general meetings. 	Ongoing	Advisory Council	<ul style="list-style-type: none"> • Speakers 	<ul style="list-style-type: none"> • Speakers' topics included: 	In progress
4	Expand participation in appropriate Auxiliary Subcommittees. 	Ongoing	Advisory Council	<ul style="list-style-type: none"> • Meeting date(s) • Discussion 	<ul style="list-style-type: none"> • Auxiliary Subcommittee met on: • Discussion included: • Authorization passed: 	In progress
5	Participate in appropriate Ancillary Subcommittees. 	Ongoing	Advisory Council	<ul style="list-style-type: none"> • Meeting date(s) • Discussion 	<ul style="list-style-type: none"> • Ancillary Subcommittee met on: • Discussion included: • Authorization passed: 	In progress
6	Research and make recommendations for priority areas to support economic security amongst older adults in San Diego County. 	Ongoing	Affordability in Aging Subcommittee	<ul style="list-style-type: none"> • Finding(s) • Discussion 	<ul style="list-style-type: none"> • Topics may include, but are not limited to, affordable housing for older adults, transportation for older adults, healthcare programs for older adults, and financial supplemental programs for older adults. 	In progress




AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2025 – 2028

7	Research and make recommendations for priority areas of healthcare and hospital community systems for older adults. 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics may include, but are not limited to, neurodegenerative diseases of AD, PD, FTD, Dementia, polypharmacy, and life planning to increase awareness and education within the health care providers' community. 	In progress
8	Review how older adults who have the greatest economic or social need are made aware of and utilize nutrition services including CalFresh benefits. 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics may include, but not limited to, review of nutrition resources and education through the AIS website, California Association of Food Banks, California Department of Food and Agriculture, and printed materials. Examine the barriers to CalFresh benefit enrollment with online and phone applications, and how enrollment assistance is promoted through navigation support. 	In progress
9	Review the research and implementation efforts of local and national 'food as medicine' initiatives that focus on the integration of food for disease prevention and management. 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics may include, but not limited to, enhancing nutritional quality through increased fruit and vegetable consumption and the importance of good nutrition for older adults living with chronic health conditions, and how local health care providers are integrating the 'Food as Medicine' program models for the purpose of reducing food and nutrition insecurity. 	In progress
10	Increase awareness about good oral health and dental treatment options through public insurance benefits. 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics may include, but not limited to, the barriers to the utilization of Medi-Cal Dental insurance benefits, the outreach efforts by California Smile, and an annual update with Dr. Whyte, County Chief Dental Officer. 	In progress
11	Identify disease risk and injury reduction strategies to advocate for educational opportunities for older adults. 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> Finding(s) 	<ul style="list-style-type: none"> Topics may include, but are not limited to, cardiac health, diabetes, oral health, hearing and vision loss, care and nutrition, dementia, and neurodegenerative diseases. 	In progress

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12	Monitor and advise on AIS programs through presentations and site visits. 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended Topics may include, but not limited to, the outreach activities to the outlying and rural communities where nutrition resources are limited to distant retail businesses. 	In progress
12a	Congregate Meals (Title III C1) and Transportation to Dining Sites (Title III B). Review nutrition education and in-service requirements for congregate sites. 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended Topics may include, but not limited to, site visits for the purpose of reviewing the social engagement and nutrition education supports and CalFresh outreach. 	In progress
12b	Home-Delivered Meals (Title III C2) 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended Discussion included: 	In progress
12c	SNAP (Cal Fresh) 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended Topics may include, but not limited to, tracking the proposed California legislation to maintain level of CalFresh benefits if the federal investment is decreased. 	In progress
12d	Older Adult Health Promotion (Feeling Fit, Fall Prevention, etc.) and Healthy Aging in life-long learning. 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended Awareness and Promotion of local programs in lifelong learning to support Healthy Aging. 	In progress
13	Monitor pending legislation in all goal areas and participate with respective committees and AIS staff in analysis of legislation. 	Ongoing	Advisory Council and Ad Hoc Legislative Subcommittee	<ul style="list-style-type: none"> Legislation monitored Discussion included: Recommendations: 	In progress

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14	Attend <i>Live Well San Diego</i> meetings once a quarter, and monitor AIS programs in support of the <i>Live Well San Diego</i> vision. 	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> • Date(s) of regional meeting(s) attended 	<ul style="list-style-type: none"> • Recommendations for improvement, including assessment of effectiveness or additional resources needed. • Discussion included: 	In progress
15	Advise AIS on legislative proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly. 	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> • Legislation monitored 	<ul style="list-style-type: none"> • Raise and maintain awareness for the AIS Advisory Council surrounding legislation related to skilled nursing facilities and residential care facilities for the elderly. • Discussion included: 	In progress
16	Monitor and advise AIS on the Ombudsman program standard of operations, goals, performance, and increasing the number of volunteers as well as advise on areas of concern related to long-term care. 	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> • Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> • Recommendations for improvement, including assessment of effectiveness or additional resources needed. • Discussion included: 	In progress