



Advisory Council for Aging & Independence Services

November 10, 2025 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Participation

Call in: 1 (619) 343-2539

Meeting ID (access code): 224 849 240 117

Passcode: eq7c5wR2

Click here to [Join Teams Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** Elaine Lewis, 1st Vice Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 13)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or Non-members
 - b. Approval of October 13, 2025, Meeting Minutes (Action)*
4. **AIS Director's Items** (Possible action)
 - a. AIS Director's Update
 - b. Legislative Update
5. **Guest Speakers**
 - a. Elder Law & Advocacy
Aurora Valdez de la Torre, Community Engagement Coordinator
 - b. Ombudsman Annual Report
Sunita Upchurch, Long-Term Care Ombudsman Program Supervisor
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Wanda Smith, 2nd Vice Chair
 - b. Membership Report: Jacqueline Simon, Secretary
 - i. Appoint Antoinette Alioto to full term (Action) – Seat #29, effective immediately, to expire 2/9/2029
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Aguirre [Vacant/Vacant]
 - ii. District #2: Anderson [Phillips/Nocon] 2/26/2025
 - iii. District #3: Lawson-Remer [King/Colburn-Hargis] 1/31/2025



- iv. District #4: Montgomery Steppe [Bishop/Milroy] 10/11/2024
v. District #5: Desmond [Vacant/Vacant]

7. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 11/10/25): Elaine Lewis, Chair
- b. Healthy Aging (met 10/13/25): Wanda Smith, Chair
- c. Affordability in Aging (met 11/10/25): David Milroy, Chair
- d. Nutrition (met 11/5/25): Shirley King, Chair

8. **Ad Hoc Subcommittee Oral Reports**

9. **Other Announcements**

- a. California Senior Legislature Caucus Report: Wanda Smith*

10. **Adjournment & Next Meetings:**

Meetings are held at 5560 Overland Ave., Ste. 310, San Diego, 92123

Virtual meeting details are included on agendas at www.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: January 12, 2026, 12 noon

Future Subcommittee Meetings:

- | | | |
|-----------------------------|----------|------------|
| ➤ Healthy Aging: | 11/10/25 | 2:15 p.m. |
| ➤ Executive & Membership: | 12/2/25 | 9:00 a.m. |
| ➤ Nutrition: | 1/7/26 | 1:00 p.m. |
| ➤ LTC Ombudsman/Facilities: | 1/12/26 | 10:30 a.m. |
| ➤ Affordability in Aging: | 1/12/26 | 10:30 a.m. |

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, October 13, 2025 | 12:00 p.m. – 2:00 p.m.
5560 Overland Avenue, 3rd Floor, Joaquin Anguera Room, San Diego, CA 92123

Call in: 1 (619) 343-2539
Meeting ID (access code): 224 849 240 117 | Passcode: eq7c5Wr2

MINUTES - DRAFT

Members		Absent Members	Guests
Attendance:	Paige Colburn-Hargis Shelia Coulbourn Faye Detsky-Weil Stephen Huber Rhys Jones Ted Kagan Mina Kerr Shirley King Dennis Leggett Elaine Lewis Susan Mallett	Silvia Martinez Dan McNamara (joined 12:26 p.m.) David Milroy Bradlyn Mulvey Molly Nocon Taryn Patterson Maureen Phillips Jacqueline Simon (virtual) Wanda Smith Cristin Whittaker	Sabrina Bishop Mikie Lochner Smith Sirisakorn
	Staff		
	Allison Boyer Jennifer Bransford-Koons Wendy Garcia Michelle Hollie-Luterick	Jana Jordan Roberto Ramirez Kristen Smith Jennifer Sovay	Brett Bergmann (virtual) Junne Esguerra (virtual) Brandon Harding Thomas Johnson (virtual) Deepti Kurup Linda Strohl (virtual)
Outcome			
1. Call to Order	Susan Mallett, Chair, 12:04 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <i>21 present at this time.</i>		
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.			
3. Standard Business	a. Public Comment/Announcements: Members or non-members b. Approval of September 8, 2025, Meeting Minutes (Action)* [M/S – T. Kagan/ S. King (Passed with 18 votes.)]		
4. AIS Director's Items	Highlights included: a. Board Letter i. Health and Human Services Agency Administrative Codes and Board Policy Sunset Review 2025: AIS Advisory Council Ordinance IIIa (Action)* [M/S – W. Smith / B. Mulvey (Passed with 20 votes.)] b. AIS Director's Update c. Legislative Update		

<p>5. Guest Speakers</p>	<p>a. San Diego Oasis <i>Brandon Harding, Program Director</i> Highlights included:</p> <ul style="list-style-type: none"> ○ What is San Diego Oasis ○ What San Diego Oasis Offers ○ Demographics ○ Covid-19 – The Digital Divide ○ San Diego Oasis: Always Growing ○ Healthy Living <ul style="list-style-type: none"> ○ Grossmont Wellness Center ○ Rancho Bernardo Wellness Center ○ Lifelong Learning <ul style="list-style-type: none"> ○ Arts and Crafts, Live Performances/Events, Lectures and Classes, Cooking Classes: Shamily's Kitchen ○ Oasis & Cox Communications, Cox Tech Tank ○ San Diego Oasis: Party Time ○ Intergenerational Tutoring <ul style="list-style-type: none"> ○ Linking Generations, Changing Lives ○ Tutoring Results ○ Volunteer Today: Tutoring and Beyond <p>b. Aging Roadmap Annual Report <i>Roberto Ramirez, Health Promotion Manager</i> Highlights included:</p> <ul style="list-style-type: none"> ○ Update On The Aging Roadmap ○ San Diego County's Aging Population 60+ ○ Aging Roadmap ○ Informed By Community Input & Driven By Stakeholder Collaboration ○ Health & Community Support ○ Social Participation ○ Transportation ○ Housing ○ Dementia ○ Caregiver Support ○ Safety ○ Preparedness ○ Silver Economy ○ Medical & Social Services ○ Looking Ahead
<p>6. Executive & Membership Subcommittee Report/Other Business</p>	<p>a. Chair's Report: Susan Mallett, Chair</p> <ul style="list-style-type: none"> i. Action on behalf of the Council presented for Council ratification per By-laws Article Sec. C. (1)(a)(iii) <ul style="list-style-type: none"> a) Approve Out-of-Country Travel for County of San Diego Representatives to participate in the Japan Center for International Exchange US-Japan Program on Healthy and Resilient Aging (Action)* [M/S – F. Detsky-Weil / D. Milroy (Passed with 20 votes.)] ii. Adopt Council Goals (Action)* [M/S – W. Smith / B. Mulvey (Passed with 21 votes.)] <p>b. Membership Report: Jacqueline Simon, Secretary</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <ul style="list-style-type: none"> i. District #1: Aguirre [Vacant/Vacant] ii. District #2: Anderson [Phillips/Nocon] 2/26/2025 iii. District #3: Lawson-Remer [King/Colburn-Hargis] 1/31/2025 iv. District #4: Montgomery Steppe [Bishop/Milroy] 10/11/2024 v. District #5: Desmond [Vacant/Vacant]

7. Ancillary Subcommittee Oral Reports (Possible action)	a. LTC Ombudsman/Facilities (met 10/13/25): Elaine Lewis, Chair b. Healthy Aging (met 9/8/25): Wanda Smith, Chair c. Affordability in Aging (met 10/13/25): David Milroy, Chair d. Nutrition (met 10/8/25): Shirley King, Chair
8. Other Announcements	
9. Adjournment & Next Meeting	Meeting adjourned: 2:00 p.m. Next Council Meeting: November 10, 2025, 12:00 p.m. Future Subcommittee Meetings: <ul style="list-style-type: none"> ➤ Healthy Aging: 10/13/25 2:15 p.m. ➤ Executive & Membership: 10/20/25 9:30 a.m. ➤ Nutrition: 11/5/25 1:00 p.m. ➤ LTC Ombudsman/Facilities: 11/10/25 10:30 a.m. ➤ Affordability in Aging: 11/10/25 10:30 a.m.

Minutes respectfully submitted by Michelle Hollie-Luterick.



**STATE OF CALIFORNIA
CALIFORNIA SENIOR LEGISLATURE**

1020 N Street, Room 527, Sacramento, CA 95814

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**FOR IMMEDIATE RELEASE
October 24, 2025**

The California Senior Legislature Announces Top Legislative Priorities for 2026

(**Sacramento, CA**) The California Senior Legislature (CSL) adjourned its 45th Annual Legislative Session and announced the Top State Legislative Proposals this week. Members will advocate diligently during the 2026 legislative session to have state lawmakers support these priorities. Each priority has the Governor's Master Plan for Aging (MPA) goal referenced.

The following were listed as the top ten State Legislative proposals:

SP-1: Medi-Cal Personal Needs

(Senior Senator Helen Lopez, El Centro, CA) MPA Goal # 2

This measure would increase the personal needs allowance from \$35 to \$50 per month and require that the amount be increased annually up to the amount of any cost-of-living adjustment implemented by the United States Social Security Administration.

AP-1: Caregiving Grandparents: Handbook

(Senior Assembly Member Mark Cox, El Centro, CA) MPA Goal # 5

This measure requests that the California Department of Aging and State Department of Social Services provide a bilingual handbook, modeled after the county of San Diego Handbook for grandparents raising grandchildren and other relative caregivers, that provides relative information and resources on the caregiving of dependent children for Child Welfare Agencies, County Area Agencies on Aging and caregiving grandparents.

SP-2: Older Adult Education: Local Public Health Departments

(Senior Senator Steve Lipson, El Cerrito, CA) MPA Goal #3

This measure authorizes local Public Health Departments to establish older adult education programs that include, among other things, communal meals and instruction in digital literacy and access to technology, fall prevention and physical activity.

AP-8: Seniors: Fall Prevention: Lighting

(Senior Assembly Member Richard White, Vacaville, CA) MPA Goal # 2

This measure (1) requires the adoption, design, development, and implementation of a comprehensive program to support and fund the installation of improved lighting in the

homes of eligible older adults, and requires the inclusion of funding for specific lighting products that will improve visibility.

AP-2: Personal Income Tax: Senior Child Care Tax Credit

(Senior Assembly Member Mark Cox, Yucaipa, CA) MPA Goal # 5

This measure establishes an income tax credit for qualifying seniors of \$2,500 for each claimed dependent under 18 years of age.

AP-9: Area Agencies on Aging: Electronic Device Tracking

(Senior Assembly Member Richard White, Vacaville, CA) MPA Goal #3

This measure requires the Department of General Services and the Department of Technology to revise the State Administrative Manual to designate electronic devices purchased by certain local agencies as non-sensitive and non-high risk and to exempt Area Agencies on Aging from annual inventory tracking requirements.

AP-5: Senior Welfare

(Senior Assembly Member Rob Holt, Chico, CA) MPA Goal #5

This measure would create a Senior EBT Card exempting eligible seniors from state and local sales and use taxes on all purchases.

AP-3: Master Plan for Aging: Caregiving: Grandparents

(Senior Assembly Member Mark Cox, Yucaipa, CA) MPA Goal #4

This measure would require the California Department of Aging, California Health and Human Services Agency, Department of Justice, and State Department of Social Services to add an initiative to the Master Plan for Aging to address the issues and expenses associated with being a caregiving grandparent.

AP-4: Automatic External Defibrillators

(Senior Assembly Member Milissa Meyer, Indian Wells, CA) MPA Goal #2

This measure requires a senior center or community center providing activities to 50 or more people who are 55 years of age or older, to obtain and maintain an Automatic External Defibrillator.

AP-7: Food Labeling Country of Origin

(Senior Assembly Member Helen McBrady, El Cajon, CA) MPA Goal #2

This measure mandates the clear and conspicuous disclosure of the country of origin on the principal display panel of all imported or domestically packaged food products to promote transparency, traceability and consumer safety.

-END-

CONTACT:

For additional information contact Janice Bailey, Executive Director, at (916) 767-4382 or jbailey@seniorleg.ca.gov.