



Aging & Independence Services (AIS) Advisory Council Meeting Agenda

July 13, 2026 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Meeting Participation Options:

To Call in: 1 (619) 343-2539 | To Join Meeting Virtually: [Join Teams Meeting](#)
Microsoft Teams Meeting ID: 224 849 240 117 | Meeting Password: eq7c5wR2

Meeting Agenda

1. **Call to Order:** Susan Mallett, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 14)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or Non-members
 - b. Approval of June 8, 2026, Meeting Minutes (Action)*
4. **AIS Director's Items**
 - a. AIS Director's Update
 - b. Board Letters
 - i. Authorize an Exception to A-87 for Competitive Procurement and Approve a Single Source Contract with Jewish Family Service of San Diego (Action)*
5. **Guest Speakers**
 - a. Adult Protective Services Overview
Kimberly Pearce, Protective Services Program Manager
Trudy McClure, Protective Services Program Manager
 - b. Discharge Resources for Older Adults Experiencing Alcohol or Substance Abuse
Brett Boeh Bergmann, Ph.D., Licensed Clinical Psychologist, Sharp Mesa Vista Hospital
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Susan Mallett, Chair
 - i. Ancillary Subcommittee Appointments
 - a) Long-Term Care Ombudsman and Facilities Subcommittee – Appoint Mina Kerr as a member (Action)



- b) Long-Term Care Ombudsman and Facilities Subcommittee – Appoint Dan McNamara as a member (Action)
- c) Convene Legislative Ad Hoc Subcommittee (Action)
 - ROLE: Advise on the County of San Diego 2027 Legislative Program.
 - TERM: July 13, 2026, through the end of the 2027 Legislative process.
 - MEMBERS: Shelia Coulbourn, Rhys Jones, Elaine Lewis, Mikie Lochner, David Milroy, Wanda Smith, and Linda Strohl.
- b. Membership Report: Jacqueline Simon, Secretary
- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Aguirre [Kurup/Vacant] 2/12/2026
 - ii. District #2: Anderson [Phillips/Nocon] 2/26/2025
 - iii. District #3: Lawson-Remer [Vacant/Colburn-Hargis] 1/28/2026
 - iv. District #4: Montgomery Steppe [Larkins/Milroy] 10/11/2024
 - v. District #5: Desmond [Vacant/Vacant]

7. Election of Council Year 2026-27 Officers: Stephen Huber, Subcommittee Chair

- a. Presentation of Nominees for Council Year 2026-27 Officers
 - o Chair, Wanda Smith (1st Term)
 - o 1st Vice Chair, Elaine Lewis (2nd Term)
 - o 2nd Vice Chair, Dan McNamara (1st Term)
 - o Secretary, Faye Detsky-Weil (1st Term)
- b. Nominations from the floor
- c. Election of Council Year 2026-27 Officers (Action)
- d. Officer transition briefing: July 28, 2026, Executive & Membership Subcommittee Meeting
- e. Swearing in of Council Year 2026-27 Officers: September 14, 2026, Advisory Council Meeting

8. Council Strategic Planning

- a. Subcommittee/Council Goals Status Report*
- b. Issues for Consideration/General Discussion
- c. Subcommittee Goals Council Year 2026-27

9. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 07/13/26): Elaine Lewis, Chair
- b. Healthy Aging (met 05/11/26): Wanda Smith, Chair
- c. Affordability in Aging (met 07/13/26): David Milroy, Chair
- d. Nutrition (met 07/08/26): Bradlyn Mulvey, Interim Chair

10. Other Announcements

11. Adjournment & Next Meetings:

- a. Next Council Meeting: September 14, 2026, at 12:00 p.m. noon



- i. 5560 Overland Ave., Ste. 310, San Diego, 92123
- ii. Virtual meeting details are included on agendas at:
<http://www.sandiegocounty.gov/AISAdvisoryCouncil>
- b. Future Subcommittee Meetings:
 - i. Healthy Aging: 07/13/26 2:15 p.m.
 - ii. Executive & Membership: 07/28/26 9:45 a.m.
 - iii. Nutrition: 09/09/26 1:00 p.m.
 - iv. Affordability in Aging: 09/14/26 10:30 a.m.
 - v. LTC Ombudsman/Facilities: 09/14/26 10:45 a.m.

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.



Aging & Independence Services (AIS) Advisory Council Meeting Minutes

June 8, 2026, 12:00 p.m. – 2:00 p.m.

Jewish Family Service, 8804 Balboa Ave, San Diego, CA 92123

Virtual Meeting Participation Options:

To Call in: 1 (619) 343-2539 | To Join Meeting Virtually: [Join Teams Meeting](#)

Microsoft Teams Meeting ID: 224 849 240 117 | Meeting Password: eq7c5wR2

Meeting Attendance

Members Present In Person

1. Antoinette Alioto
2. Brett Bergmann
3. Paige Colburn-Hargis
4. Faye Detsky-Weil
5. Junne Esguerra
6. Stephen Huber
7. Rhys Jones
8. Ted Kagan
9. Mina Kerr
10. Deepti Kurup (virtual)
11. Dennis Leggett
12. Elaine Lewis
13. Mikie Lochner
14. Susan Mallett
15. Silvia Martinez
16. Dan McNamara
17. David Milroy
18. Molly Nocon
19. Bradlyn Mulvey
20. Maureen Phillips
21. Jacqueline Simon
22. Wanda Smith

Members not Present

- Shelia Coulbourn

Guests Present

- Josephine Atisha
- Megan Dowell
- Shanikka Jackson (virtual)
- Charissa Japlit
- Cesar B & Purita Javier
- Thomas Johnson
- Brittany Jungman
- Maryneeza Moraleja
- William Peetom
- Radchadaporn Schlecht
- Shantella Slaten
- Linda Strohl
- Andrea Villa

AIS Staff Present

- Allison Boyer
- Kendall Bremner
- Wendy Garcia
- Natalie Gonzalez
- Marlene Harper
- Samantha Hasler
- Cynthia Mayfield
- Roberto Ramirez
- Jennifer Sovay
- Hiyab Tesfu

Meeting Minutes

- 1. Call to Order: Susan Mallett, Chair**
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum
 - i. Quorum met with 22 members present during roll call.

- 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.**
 - a. None stated or requested for this meeting.

- 3. Standard Business**
 - a. Public Comment/Announcements: Members or Non-members
 - b. Approval of May 11, 2026, Meeting Minutes (Action)*
[M/S – T. Kagan / E. Lewis (Passed with 21 votes, 1 abstention.)]

- 4. AIS Director's Items (Action)**
 - a. AIS Director's Update
 - b. Board Letter
 - i. IHSS Public Authority Fiscal Year 2026-2027 Recommended Budget (Informational Item Only)*
 - c. Legislative Update

- 5. Guest Speaker**
 - a. HHS Budget Presentation
Charissa Japlit, Executive Finance Director
Maryneza Moraleja, Group Finance Director
Highlights included:
 - i. Agenda
 - ii. Unemployment
 - iii. Inflation
 - iv. Statewide Sales Tax
 - v. State Budget Highlights
 - vi. Planning Environment
 - vii. HHS Budget Strategy
 - viii. HHS FY 2026-27 Recommended Budget by Department
 - ix. HHS Staffing Breakdown
 - x. FY 2026-27 CAO Recommended Budget
 - xi. HHS Key Increases & Continued Investments
 - xii. Upcoming Budget Events: Key Dates
 - b. Jewish Family Service of San Diego HHS Budget Presentation
Megan Dowell, Senior Director of Nutrition and Aging Services
Highlights included:
 - i. Overview of Jewish Family Service of San Diego

- 6. Executive & Membership Subcommittee Report/Other Business (Action)**
- a. Chair's Report: Susan Mallett, Chair
 - b. Membership Report: Jacqueline Simon, Secretary
 - i. Recommendation to appoint Linda Strohl to a partial term (Action)
 - Seat #13, effective immediately, to expire 2/13/2027
[M/S – S. Mallett / T. Kagan (Passed with 22 votes.)]
 - ii. Recommendation to appoint Shantella Slaten to a first term (Action)
 - Seat #26, effective immediately, to expire 9/11/2028
[M/S – E. Lewis / B. Mulvey (Passed with 22 votes.)]
 - iii. Waive Declaration of Vacancy Requirement – Mikie Lochner (Action)
[M/S – W. Smith / D. McNamara (Passed with 21 votes, 1 abstention.)]
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Aguirre [Kurup/Vacant] 02/12/26
 - ii. District #2: Anderson [Phillips/Nocon] 02/26/25
 - iii. District #3: Lawson-Remer [Vacant/Colburn-Hargis] 01/28/26
 - iv. District #4: Montgomery Steppe [Vacant/Milroy] 10/11/24
 - v. District #5: Desmond [Vacant/Vacant]
- 7. Council Strategic Planning**
- a. Subcommittee/Council Goals Status Report*
 - b. Issues for Consideration/General Discussion
 - c. Subcommittee Goals Council Fiscal Year 2026-27
- 8. Ad Hoc Subcommittee Oral Reports (Possible Action)**
- a. Nominating Subcommittee: Stephen Huber, Immediate Past Chair
 - i. Presentation of Nominees for Council Fiscal Year 2026-27 Officers
 - o Chair – Wanda Smith
 - o 1st Vice Chair – Elaine Lewis
 - o 2nd Vice Chair – Dan McNamara
 - o Secretary – Faye Detsky-Weil
- 9. Other Announcements**
- 10. Adjournment & Next Meetings:**
- a. Meeting adjourned at 1:58 p.m.
 - b. Next Council Meeting: July 13, 2026, at 12:00 p.m. noon
 - i. 5560 Overland Ave., Ste. 310, San Diego, 92123
 - ii. Virtual meeting details are included on agendas at:
www.sandiegocounty.gov/AISAdvisoryCouncil
 - c. Future Subcommittee Meetings:
 - i. Executive & Membership: 06/30/26 9:30 a.m.
 - ii. Nutrition: 07/08/26 1:00 p.m.
 - iii. Affordability in Aging: 07/13/26 10:30 a.m.
 - iv. LTC Ombudsman/Facilities: 07/13/26 11:00 a.m.
 - v. Healthy Aging: 07/13/26 2:15 p.m.

Abbreviations and Symbols:

* Denotes an Attachment

M/S/A: Motion/Seconded/Approved

Minutes respectfully submitted by Kendall Bremner.



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

PALOMA AGUIRRE
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

MONICA MONTGOMERY STEPPE
Fourth District

JIM DESMOND
Fifth District

DATE: August 18, 2026

XX

TO: Board of Supervisors

SUBJECT

AUTHORIZE AN EXCEPTION TO A-87 FOR COMPETITIVE PROCUREMENT AND APPROVE A SINGLE SOURCE CONTRACT WITH JEWISH FAMILY SERVICE OF SAN DIEGO (DISTRICTS: ALL)

OVERVIEW

On June 8, 2021 (3), the San Diego County Board of Supervisors (Board) approved the framework of American Rescue Plan Act funding. Several projects were approved under the Senior and Youth Services component of this framework including the No-Cost Transportation for Older Adults program. The No-Cost Transportation for Older Adults program was created by the County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS) to provide an equity-centered approach to transportation services for vulnerable low-income older adults residing in priority communities. On October 4, 2022, a contract was awarded to Jewish Family Service of San Diego (JFS) through a competitive procurement to deliver safe, accessible, and no-cost transportation for low-income older adults with limited access to public transportation. Through the program, eligible participants were provided with up to 100 miles of transportation each month, to and from medical appointments, social engagements, and necessary errands, helping to reduce social isolation and allowing participants to retain their independence and access to community resources. Without this program, many of the older adult residents who utilize the services may likely experience barriers to obtaining safe, affordable, and reliable transportation.

On June 25, 2024 (9), the Board adopted the Fiscal Year (FY) 2024-25 County budget including a Change Letter addendum that allocated an additional \$250,000 to the No-Cost Transportation for Older Adults program. On September 24, 2024 (4), the Board authorized a contract amendment with JFS to leverage this funding and extend services for the No-Cost Transportation for Older Adults program through March 31, 2026. From October 2022 through March 2026, JFS enrolled 569 older adults into the program and provided 66,895 one-way trips totaling over 367,000 miles of rides. Upon conclusion of the contract, participant and community feedback indicated an ongoing need for these services.

On September 9, 2025 (23), the Board amended the San Diego County Administrative Code relating to General Fund Balances and Reserves, freeing up fund balance for one-time use (Unlocked Reserves). On January 28, 2026 (21), the Board directed the Chief Administrative

SUBJECT: AUTHORIZE AN EXCEPTION TO A-87 FOR COMPETITIVE PROCUREMENT AND APPROVE A SINGLE SOURCE CONTRACT WITH JEWISH FAMILY SERVICE OF SAN DIEGO (DISTRICTS: ALL)

Officer to develop proposals, in coordination with and with the guidance of the Ad Hoc Subcommittee on Sustainable Fiscal Planning (Subcommittee), for the use of FY 2025-26 Unlocked Reserves for the Board's consideration. Subsequent to January 28, 2026, staff received guidance from the Subcommittee for proposed uses of Unlocked Reserves, which included the recommendation to operate the No-Cost Transportation for Older Adults program for an additional year.

Today's action requests the Board authorize the Director, Department of Purchasing and Contracting to authorize an exception to Board Policy A-87 for competitive procurement and initiate a single source contract with JFS for up to one year and an additional six months if needed to operate the No-Cost Transportation for Older Adults program.

This item supports the County vision of a just, sustainable, and resilient future for all, specifically those communities and populations in San Diego County that have been historically left behind, as well as our ongoing commitment to the regional *Live Well San Diego* vision of healthy, safe, and thriving communities. This will be accomplished by providing older adults with safe and reliable transportation to reduce social isolation and increase self-sufficiency.

RECOMMENDATION(S)

CHIEF ADMINISTRATIVE OFFICE

In accordance with Board Policy A-87, Competitive Procurement, approve and authorize the Director of the Department of Purchasing and Contracting to enter into negotiations with Jewish Family Service of San Diego and subject to successful negotiations and a determination of a fair and reasonable price, award a contract for the No-Cost Transportation for Older Adults program for up to one year and an additional six months if needed, and to amend the contract as needed to reflect changes to requirements and funding.

EQUITY IMPACT STATEMENT

Reliable transportation is essential for maintaining independence and ensuring access to community spaces and services as individuals age. Finding safe and affordable transportation remains a significant challenge for many older adults in San Diego County. Older adults with disabilities or those living in areas without adequate transportation infrastructure face even greater barriers. The No-Cost Transportation for Older Adults program seeks to address this critical need by providing safe, accessible, and free transportation for low-income adults aged 60 and older. This program enables participants to stay socially connected, engage in community life, and access essential destinations regardless of income or functional limitations. By ensuring timely access to essential transportation services, older adults can age with dignity in their homes and communities. Today's action ensures that older adults throughout the county have equitable access to transportation and the important places it connects them to.

SUBJECT: AUTHORIZE AN EXCEPTION TO A-87 FOR COMPETITIVE PROCUREMENT AND APPROVE A SINGLE SOURCE CONTRACT WITH JEWISH FAMILY SERVICE OF SAN DIEGO (DISTRICTS: ALL)

SUSTAINABILITY IMPACT STATEMENT

This item supports the County of San Diego (County) Sustainability Goal #1 to engage the community in meaningful ways; Sustainability Goal #2 to provide just and equitable access to County services; and Sustainability Goal #4 to protect the health and well-being of everyone in the region. Specifically, the No-Cost Transportation for Older Adults program provides older adults living on low-income with independence, access to social connections, and safe and reliable transportation thus reducing social isolation.

FISCAL IMPACT

Funds for this request are included in the Fiscal Year (FY) 2026-27 CAO Recommended Operational Plan in the Health and Human Services Agency. If approved, this request will result in costs of \$1,020,000 in FY 2026-27. The funding source is existing General Purpose Revenue. There will be no change in net General Fund costs and no additional staff years.

BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

The Aging & Independence Services Advisory Council reviewed this item at their regular meeting on July 13, 2026, and xxxxxx.

BACKGROUND

According to population estimates from San Diego Association of Governments, of the nearly 3.3 million people currently residing in San Diego County, approximately 710,000 are adults aged 60 years and older. By 2029, the number of adults aged 60 years and older who reside in San Diego County is expected to increase to more than 824,500. As the older adult population continues to grow, creating communities where people of all ages and abilities can thrive while accessing critical resources and services is essential.

On June 8, 2021 (3), the San Diego County Board of Supervisors (Board) took critical action to advance support for county residents by approving the framework for the use of American Rescue Plan Act (ARPA) funding. The No-Cost Transportation for Older Adults program was one of several projects approved under the Senior and Youth Services component of the ARPA framework.

On October 4, 2022, a contract was awarded to Jewish Family Service of San Diego (JFS) through a competitive procurement to provide safe, accessible, and no-cost transportation for low-income older adults with limited access to public transportation. Created by the County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS), the No-Cost Transportation for Older Adults program offers eligible older adults, ages 60 or older, up to 100 miles of transportation per month to a variety of destinations including medical appointments, grocery stores, and social engagements to reduce social isolation, allowing them to retain their independence and access community resources.

SUBJECT: AUTHORIZE AN EXCEPTION TO A-87 FOR COMPETITIVE PROCUREMENT AND APPROVE A SINGLE SOURCE CONTRACT WITH JEWISH FAMILY SERVICE OF SAN DIEGO (DISTRICTS: ALL)

On June 25, 2024 (9), the Board adopted the Fiscal Year (FY) 2024-25 County budget including a Change Letter addendum that allocated an additional \$250,000 to the No-Cost Transportation for Older Adults program. On September 24, 2024 (4), the Board authorized a contract amendment with JFS to leverage this funding and extend services for the No-Cost Transportation for Older Adults program through March 31, 2026, which allowed the County to continue to provide support for program participants who benefitted from these services, including curb-to-curb, door-to-door, and wheelchair accessible transportation. From October 2022 through March 2026, JFS enrolled 569 older adults into the program and provided 66,895 one-way trips totaling over 367,000 miles of rides.

Upon conclusion of the contract, participant and community feedback indicated an ongoing need for these services. Reliable transportation is essential for maintaining independence and ensuring access to community spaces such as doctors' offices, grocery stores, pharmacies, and social activities that are critical for health and well-being. Finding safe and affordable transportation remains a significant challenge for many older adults in San Diego County. The No-Cost Transportation for Older Adults program reduces isolation, supports families and caregivers, removes financial barriers for those on fixed incomes, and enables older adults to remain active, engaged, and safe in their communities.

On September 9, 2025 (23), the Board amended the San Diego County Administrative Code relating to General Fund Balances and Reserves, freeing up fund balance for one-time use (Unlocked Reserves). On January 28, 2026 (21), the Board directed the Chief Administrative Officer to develop proposals, in coordination with and with the guidance of the Ad Hoc Subcommittee on Sustainable Fiscal Planning (Subcommittee), for the use of FY 2025-26 Unlocked Reserves for the Board's consideration. Subsequent to January 28, 2026, staff received guidance from the Subcommittee for proposed uses of Unlocked Reserves, which included the recommendation to operate the No-Cost Transportation for Older Adults program for an additional year.

This request is made in accordance with Board policy A-87, 3A(3) Continuity – the procurement is for services where continuity of providers will allow the County an opportunity to leverage previously initiated work, benefit from efficiency, and benefit from critical knowledge that would require substantial re-work to perform. JFS administered the No-Cost Transportation for Older Adults program from its inception in October 2022 through March 2026. During the time JFS administered the program, they established themselves as a safe, reliable transportation provider, and gained valuable knowledge about the needs of the older adults in the community utilizing the program and services, which informed their programmatic approach. Through this contract, JFS developed a robust program model that provided flexible ride scheduling, varying levels of functional assistance, and targeted marketing and outreach to established partners, while also leveraging their established call center to enhance coverage and service accessibility. The program demands a provider with existing infrastructure to begin providing rides quickly, established regional partnerships, and proven cultural competencies. Due to the short duration of this contract, only an organization capable of immediately delivering services and providing rides across all levels of functional assistance can effectively operate the program as intended to achieve the program's goals.

SUBJECT: AUTHORIZE AN EXCEPTION TO A-87 FOR COMPETITIVE PROCUREMENT AND APPROVE A SINGLE SOURCE CONTRACT WITH JEWISH FAMILY SERVICE OF SAN DIEGO (DISTRICTS: ALL)

Today's action requests the Board authorize the Director, Department of Purchasing and Contracting to initiate a single source contract with JFS for up to one year and a six-month option period if needed, to implement the No-Cost Transportation for Older Adults program.

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

Today's proposed action supports the County of San Diego 2026-2031 Strategic Plan Initiatives of Sustainability (Resiliency), Equity (Health), and Community (Quality of Life), and the regional *Live Well San Diego* vision by continuing services that assist vulnerable older adults, disabled residents, and their caregivers.

Respectfully submitted,

USE "INSERT PICTURE"
FUNCTION TO INSERT
SIGNATURE

EBONY N. SHELTON
Chief Administrative Officer

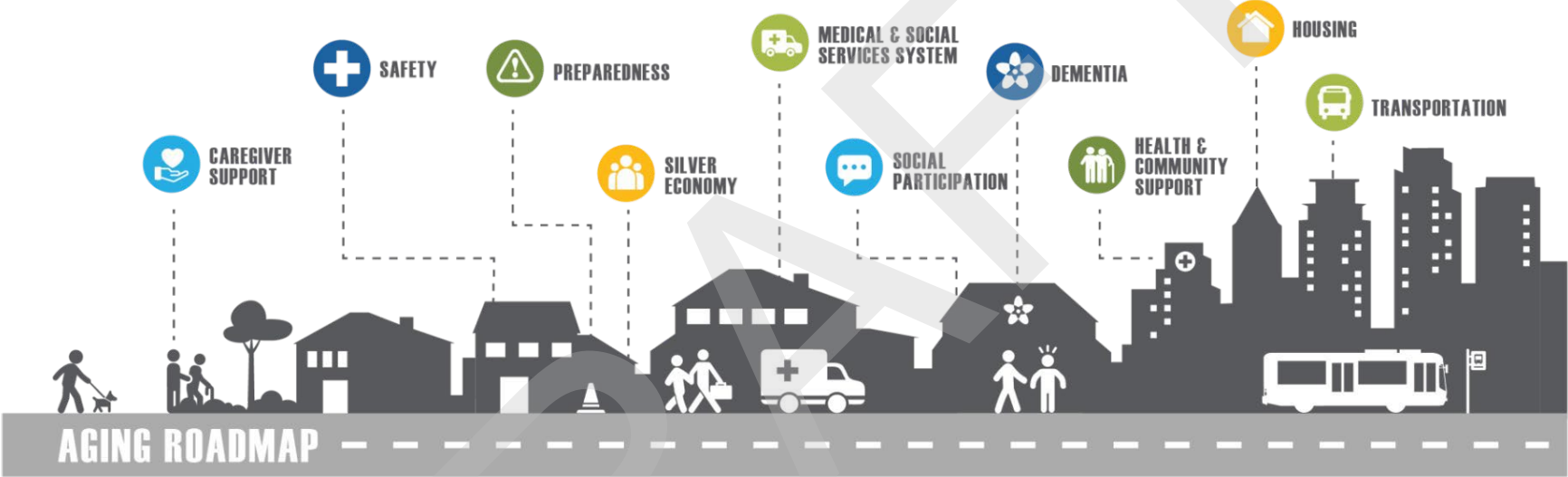
ATTACHMENT(S)

N/A


AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

COUNCIL FOCUS: Use or gain expertise to identify, project, and anticipate needs and trends, and advise on AIS operational actions to address the needs of older adults and persons with disabilities.







AGING ROADMAP: County of San Diego’s [regional plan](#) that is implemented and organized by 10 focus areas that collectively represent the County’s comprehensive system of care, including both person-centered and community-wide efforts. Roadmap focus areas are as follows and identified throughout the Council’s Goals:








GOALS 2026 – 2029

#	Goal	Timeline	Lead	Measure	Outcome	Status
1	Advise on Area Plan updates for FY 2026-2027. 	Feb – May 2026	Ad Hoc Area Plan Subcommittee	<ul style="list-style-type: none"> Meeting date(s) Discussion Vote and authorization of Council Chair to sign letter of transmittal 	<ul style="list-style-type: none"> Ad Hoc Area Plan Subcommittee met on 3/25/26. Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 4/13/26. Discussion included: Area Plan 2026-2027 updates and process and content of the Area Plan. The Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from the Advisory Council. Authorization passed with 20 votes on 4/13/26. 	Completed







AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

<p>1a Advise on Area Plan updates for FY 2027-2028.</p> 	<p>Feb – May 2027</p>	<p>Ad Hoc Area Plan Subcommittee</p>	<ul style="list-style-type: none"> • Meeting date(s) • Discussion • Vote and authorization of Council Chair to sign letter of transmittal 	<ul style="list-style-type: none"> • Discussion included: 	<p>Not yet started</p>
<p>2 Monitor and plan for services for older adults to meet the needs of the growing population.</p> 	<p>Ongoing</p>	<p>Ad Hoc Area Plan Subcommittee and Advisory Council</p>	<ul style="list-style-type: none"> • Discussion 	<ul style="list-style-type: none"> • Discussion included: 	<p>In progress</p>
<p>3 Find engaging speakers for the AIS Advisory Council general meetings.</p> 	<p>Ongoing</p>	<p>Advisory Council</p>	<ul style="list-style-type: none"> • Speakers 	<ul style="list-style-type: none"> • Speakers' topics included: 	<p>In progress</p>
<p>4 Expand participation in appropriate Auxiliary Subcommittees.</p> 	<p>Ongoing</p>	<p>Advisory Council</p>	<ul style="list-style-type: none"> • Meeting date(s) • Discussion 	<ul style="list-style-type: none"> • Auxiliary Subcommittee met on: • Discussion included: • Authorization passed: 	<p>In progress</p>
<p>5 Participate in appropriate Ancillary Subcommittees.</p> 	<p>Ongoing</p>	<p>Advisory Council</p>	<ul style="list-style-type: none"> • Meeting date(s) • Discussion 	<ul style="list-style-type: none"> • Ancillary Subcommittee met on: • Discussion included: • Authorization passed: 	<p>In progress</p>
<p>6 Research and make recommendations for priority areas to support affordability of housing for older adults.</p> 	<p>Ongoing</p>	<p>Affordability in Aging Subcommittee</p>	<ul style="list-style-type: none"> • Finding(s) • Discussion 	<ul style="list-style-type: none"> • Topics may include, but are not limited to, affordable and stable housing for older adults and assistance to maintain homeownership. 	<p>In progress</p>




AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

7	Research and make recommendations for priority areas to support affordability of transportation for older adults. 	Ongoing	Affordability in Aging Subcommittee	<ul style="list-style-type: none"> • Finding(s) • Discussion 	<ul style="list-style-type: none"> • Topics may include, but are not limited to, affordable bus system for older adults and community transportation services. 	In progress
8	Research and make recommendations for priority areas to support affordability of healthcare for older adults. 	Ongoing	Affordability in Aging Subcommittee	<ul style="list-style-type: none"> • Finding(s) • Discussion 	<ul style="list-style-type: none"> • Topics may include, but are not limited to, affordable insurance for older adults, Medicare assistance, and outreach to older adults. 	In progress
9	Research and make recommendations for priority areas of healthcare and hospital community systems for older adults. 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> • Finding(s) 	<ul style="list-style-type: none"> • Topics may include, but are not limited to, neurodegenerative diseases of AD, PD, FTD, Dementia, polypharma, and life planning to increase awareness and education within the health care providers' community. 	In progress
10	Increase awareness about good oral health and dental treatment options through public insurance benefits. 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> • Finding(s) • Discussion 	<ul style="list-style-type: none"> • Topics may include, but not limited to, the barriers to the utilization of Medi-Cal Dental insurance benefits, the outreach efforts by California Smile, and an annual update with Dr. Whyte, County Chief Dental Officer. 	In progress
11	Identify disease risk and injury reduction strategies to advocate for educational opportunities. 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> • Finding(s) 	<ul style="list-style-type: none"> • Topics may include, but are not limited to, cardiac health, diabetes, oral health, hearing and vision loss, care and nutrition, dementia, and neurodegenerative diseases. 	In progress

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

12	<p>Monitor and advise on AIS programs through presentations and site visits.</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> Topics may include, but not limited to, the outreach activities to the outlying and rural communities where nutrition resources are limited to distant retail businesses. 	In progress
12a	<p>Congregate Meals (Title III C1) and Transportation to Dining Sites (Title III B). Review nutrition education and in-service requirements for congregate sites.</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended No site visits but received regular reports from Nutrition Program Manager. 	<ul style="list-style-type: none"> Topics may include, but not limited to, site visits for the purpose of reviewing the social engagement and nutrition education supports and CalFresh outreach. Placemat pilot with Fall Prevention education distributed to 8 dining sites-subcommittee reviewed participant survey results and considered future efforts. 	In progress
12b	<p>Home-Delivered Meals (Title III C2)</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> Discussion included: 	In progress
12c	<p>SNAP (Cal Fresh)</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> Topics may include, but not limited to, tracking the proposed California legislation to maintain level of CalFresh benefits if the federal investment is decreased. Continue reviewing efforts to assist CalFresh applicants enroll. Invite CalFresh navigator to subcommittee meeting. 	In progress
12d	<p>Older Adult Health Promotion (Feeling Fit, Fall Prevention, etc.) and Healthy Aging in life-long learning.</p> 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> Meeting(s) and date(s) attended 	<ul style="list-style-type: none"> Awareness and promotion of local AIS programs and San Diego’s lifelong learning programs to support Healthy Aging. 	In progress
13	<p>Monitor pending legislation in all goal areas and participate with respective committees and AIS staff in analysis of legislation.</p> 	Ongoing	Advisory Council and Ad Hoc Legislative Subcommittee	<ul style="list-style-type: none"> Legislation monitored 	<ul style="list-style-type: none"> Discussion included: Recommendations: 	In progress

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<p>14 Attend at least one <i>Live Well San Diego</i> meeting in each of designated county areas, and monitor AIS programs in support of the <i>Live Well San Diego</i> vision.</p> 	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> • Date(s) of regional meeting(s) attended 	<ul style="list-style-type: none"> • Recommendations for improvement, including assessment of effectiveness or additional resources needed. • Discussion included: 	In progress
<p>15 Collaborate with other AIS subcommittees and advise AIS on legislative proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly.</p> 	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> • Legislation monitored 	<ul style="list-style-type: none"> • Raise and maintain awareness for the AIS Advisory Council surrounding legislation related to skilled nursing facilities and residential care facilities for the elderly. • Discussion included: 	In progress
<p>16 Monitor quarterly OLTCO data and advise AIS on the Ombudsman program standard of operations, goals, performance, and increasing the number of volunteers as well as advise on areas of concern related to long-term care.</p> 	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> • Meeting(s) and date(s) & Ombudsman attended to include facility Family Council meetings. 	<ul style="list-style-type: none"> • Recommendations for improvement, including assessment of effectiveness or additional resources needed. • Discussion included: 	In progress