



Aging & Independence Services (AIS) Advisory Council Meeting Agenda

September 14, 2026 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Meeting Participation Options:

To Call in: 1 (619) 343-2539 | To Join Meeting Virtually: [Join Teams Meeting](#)
Microsoft Teams Meeting ID: 224 849 240 117 | Meeting Password: eq7c5wR2

Meeting Agenda

1. **Call to Order:** Wanda Smith, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 13)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or Non-members
 - b. Approval of July 13, 2026, Meeting Minutes (Action)*
4. **Swearing in of 2026-2027 Officers:** Allison Boyer, Interim Director, Aging & Independence Services, Public Administrator/Public Guardian
5. **AIS Director's Items**
 - a. AIS Director's Update
 - b. Board Letters
 - i. Aging Roadmap Annual Update (Informational Item Only)*
6. **Guest Speaker**
 - a. Discharge Resources for Older Adults with Problematic Substance Use
*Brett Boeh Bergmann, Ph.D., Licensed Clinical Psychologist,
Sharp Mesa Vista Hospital*
7. **Area Plan 2028-32 Planning**
8. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Wanda Smith, Chair
 - i. Ancillary Subcommittee Appointments



- a) Nutrition Subcommittee – Appoint Susan Mallett as Chair (Action)
- b) Nutrition Subcommittee – Appoint Linda Strohl as a member (Action)
- c) Healthy Aging Subcommittee – Appoint Maureen Phillips as Chair (Action)
- ii. Adopt Annual Calendar, Annual Subcommittees, and Annual Report (Action)*
- iii. Council Goals: Review Draft*
- b. Membership Report: Faye Detsky-Weil, Secretary
- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Aguirre [Vacant/York] 2/12/2026
 - ii. District #2: Anderson [Phillips/Nocon] 2/26/2025
 - iii. District #3: Lawson-Remer [Vacant/Colburn-Hargis] 1/28/2026
 - iv. District #4: Montgomery Steppe [Larkins/Milroy] 10/11/2024
 - v. District #5: Desmond [Vacant/Vacant]

9. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 09/14/26): Elaine Lewis, Chair
- b. Healthy Aging (met 07/13/26): Maureen Phillips, Chair
- c. Affordability in Aging (met 09/14/26): David Milroy, Chair
- d. Nutrition (met 07/08/26): Susan Mallett, Chair

10. Ad Hoc Subcommittee Oral Reports (Possible Action)

11. Other Announcements

12. Adjournment & Next Meetings:

- a. Next Council Meeting: October 12, 2026, at 12:00 p.m. noon
 - i. 5560 Overland Ave., Ste. 310, San Diego, 92123
 - ii. Virtual meeting details are included on agendas at:
<http://www.sandiegocounty.gov/AISAdvisoryCouncil>
- b. Future Subcommittee Meetings:
 - i. Healthy Aging: 09/14/26 2:15 p.m.
 - ii. Executive & Membership: 09/29/26 9:45 a.m.
 - iii. Nutrition: 10/07/26 1:00 p.m.
 - iv. Affordability in Aging: 10/12/26 10:30 a.m.
 - v. LTC Ombudsman/Facilities: 10/12/26 10:45 a.m.

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.



Aging & Independence Services (AIS) Advisory Council Meeting Minutes

July 13, 2026, 12:00 p.m. – 2:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Meeting Participation Options:

To Call in: 1 (619) 343-2539 | To Join Meeting Virtually: [Join Teams Meeting](#)

Microsoft Teams Meeting ID: 224 849 240 117 | Meeting Password: eq7c5wR2

Meeting Attendance

Members Present In Person

1. Brett Bergmann
2. Paige Colburn-Hargis (virtual)
3. Shelia Coulburn
4. Faye Detsky-Weil
5. Stephen Huber
6. Rhys Jones
7. Ted Kagan
8. Mina Kerr
9. Deepti Kurup
10. Dennis Leggett
11. Elaine Lewis
12. Mikie Lochner

13. Susan Mallett
14. Silvia Martinez
15. Dan McNamara
16. David Milroy
17. Molly Nocon
18. Bradlyn Mulvey
19. Maureen Phillips
20. Jacqueline Simon
21. Wanda Smith
22. Linda Strohl

Members not Present

- Antoinette Alioto
- Junne Esguerra
- Ethel Larkins

- Silvia Martinez

Guests Present

- Brooke Arnold
- Josephine Atisha
- Cesar B & Purita Javier
- Thomas Johnson (virtual)

- Carlos Luna (virtual)
- William Peetom
- Christina Purdy (virtual)

AIS Staff Present

- Ian Baxter
- Allison Boyer
- Kendall Bremner
- Wendy Garcia

- Samantha Hasler
- Trudy McClure
- Kimberly Pearce

Meeting Minutes - Draft

- 1. Call to Order: Susan Mallett, Chair**
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum
 - i. Quorum met with 22 members present during roll call.
- 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.**
 - a. None stated or requested for this meeting.
- 3. Standard Business**
 - a. Public Comment/Announcements: Members or Non-members
 - b. Approval of June 8, 2026, Meeting Minutes (Action)*
[M/S – J. Simon / B. Mulvey (Passed with 21 votes, 1 abstention.)]
- 4. AIS Director's Items (Action)**
 - a. AIS Director's Update
 - b. Board Letter
 - i. Authorize an Exception to A-87 for Competitive Procurement and Approve a Single Source Contract with Jewish Family Service of San Diego (Action)*
[M/S – L. Strohl / S. Huber (Passed with 22 votes.)]
- 5. Guest Speaker**
 - a. Adult Protective Services Overview
Kimberly Pearce, Protective Services Program Manager
Trudy McClure, Protective Services Program Manager
Highlights included:
 - i. APS Staffing
 - ii. Brief APS Data from FY 25/26
 - iii. How Does APS Receive Reports
 - iv. APS Assignment Team
 - v. APS Teams/Zip Code Regions
 - vi. APS Abuse Allegations by Others
 - vii. APS Self-neglect Abuse Allegations
 - viii. Aging and Substance Abuse
 - ix. APS and Substance Abuse
 - x. Investigations
 - xi. APS Innovation
 - xii. Financial Abuse Team and Elder Justice Task Force (EJTF)
- 6. Executive & Membership Subcommittee Report/Other Business (Action)**
 - a. Chair's Report: Susan Mallett, Chair
 - i. Ancillary Subcommittee Appointments

- a) Long-Term Care Ombudsman and Facilities Subcommittee –
Appoint Mina Kerr as a member (Action)

[M/S – F. Detsky-Weil / B. Mulvey (Passed with 21 votes.)]

- b) Long-Term Care Ombudsman and Facilities Subcommittee –
Appoint Dan McNamara as a member (Action)

[M/S – S. Mallett / J. Simon (Passed with 21 votes.)]

- c) Convene Legislative Ad Hoc Subcommittee (Action)

[M/S – D. McNamara / T. Kagan (Passed with 21 votes.)]

- b. Membership Report: Jacqueline Simon, Secretary

- c. Board of Supervisors Annual Visits (Dates posted as confirmed):

i.	District #1: Aguirre	[Kurup/Vacant]	02/12/26
ii.	District #2: Anderson	[Phillips/Nocon]	02/26/25
iii.	District #3: Lawson-Remer	[Vacant/Colburn-Hargis]	01/28/26
iv.	District #4: Montgomery Steppe	[Larkins/Milroy]	10/11/24
v.	District #5: Desmond	[Vacant/Vacant]	

7. Election of Council Year 2026-27 Officers: Stephen Huber, Subcommittee Chair

- a. Presentation of Nominees for Council Year 2026-27 Officers

- o Chair, Wanda Smith (1st Term)
- o 1st Vice Chair, Elaine Lewis (2nd Term)
- o 2nd Vice Chair, Dan McNamara (1st Term)
- o Secretary, Faye Detsky-Weil (1st Term)

- b. Nominations from the floor

- c. Election of Council Year 2026-27 Officers (Action)

[M/S – S. Coulburn / D. Milroy (Passed with 21 votes.)]

8. Council Strategic Planning

- a. Subcommittee/Council Goals Status Report*
- b. Issues for Consideration/General Discussion
- c. Subcommittee Goals Council Fiscal Year 2026-27

9. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 07/13/26): Elaine Lewis, Chair
- b. Healthy Aging (met 05/11/26): Wanda Smith, Chair
- c. Affordability in Aging (met 07/13/26): David Milroy, Chair
- d. Nutrition (met 07/08/26): Bradlyn Mulvey, Interim Chair

10. Other Announcements

11. Adjournment & Next Meetings:

- a. Meeting adjourned at 2:00 p.m.
- b. Next Council Meeting: September 14, 2026, at 12:00 p.m. noon
 - i. 5560 Overland Ave., Ste. 310, San Diego, 92123
 - ii. Virtual meeting details are included on agendas at:
www.sandiegocounty.gov/ALSAdvisoryCouncil
- c. Future Subcommittee Meetings:
 - i. Healthy Aging: 07/13/26 2:15 p.m.
 - ii. Executive & Membership: 07/25/26 9:30 a.m.
 - iii. Affordability in Aging: 09/14/26 10:30 a.m.
 - iv. LTC Ombudsman/Facilities: 09/14/26 10:45 a.m.
 - v. Nutrition: 10/07/26 1:00 p.m.

Abbreviations and Symbols:

* Denotes an Attachment

M/S/A: Motion/Seconded/Approved

Minutes respectfully submitted by Kendall Bremner.



County Of San Diego

Agenda Item

Board Of Supervisors

Paloma Aguirre
First District

Joel Anderson
Second District

Terra Lawson-Remer
Third District

Monica Montgomery Steppe
Fourth District

Jim Desmond
Fifth District

Date: September 15, 2026

XX

To: Board of Supervisors

Receive Update on the Aging Roadmap San Diego County Regional Plan Fiscal Year 2025-26 Annual Report (Districts: All)

Overview

Initiated at the direction of the San Diego County Board of Supervisors (Board) on September 24, 2019 (4), the Aging Roadmap is the County's plan to ensure the region has programs and communities that equitably support the needs of older adults. According to the 2024 population estimates from San Diego Association of Governments, more than 709,200 (21.4%) of the more than 3.3 million people currently residing in San Diego County are adults aged 60 years and older. By 2029, the number of adults aged 60 years and older who reside in the county is expected to increase to nearly 824,600. To support the projected population growth of older adults in the county over the next three years, it is essential that the County of San Diego (County) has a plan to continue to empower healthy, safe, and thriving lives.

The Aging Roadmap serves as the San Diego County regional vision and strategic framework for promoting healthy aging for all residents. It is organized by ten priority areas that collectively represent the County's comprehensive system of care, including person-centered and community-wide approaches: Health & Community Support; Housing; Social Participation; Transportation; Dementia; Caregiver Support; Safety; Preparedness; Silver Economy; and Medical & Social Services System. The Aging Roadmap annual report highlights significant accomplishments across each of the ten priority areas as well as age-friendly efforts across the county.

The region must continue to work collaboratively and proactively to strengthen the comprehensive system of care to better support older adults, their families, and people of all ages. Today's action requests the Board receive the Aging Roadmap San Diego County Regional Plan 2025-26 Annual Report.

This item supports the County vision of a just, sustainable, and resilient future for all, specifically those communities and populations in San Diego County that have been historically left behind, as well as our ongoing commitment to the regional Live Well San Diego vision of healthy, safe, and thriving communities. This will be accomplished by continuing to facilitate cross-departmental collaboration and regionwide partnerships to continue to support older adults and persons with disabilities through various programs and initiatives, ensuring communities are livable for people of all ages.

Receive Update on the Aging Roadmap San Diego County Regional Plan Fiscal Year 2025-26 Annual Report (Districts: All)

Recommendation by Chief Administrative Officer:
Receive update on the Aging Roadmap

Equity Impact Statement

The County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS) continues to collaborate across departments and with community partners to continue to meet the needs of older adults and persons with disabilities throughout San Diego County. As the older adult population grows and becomes increasingly diverse, it is essential to cultivate communities where everyone can live a healthy, safe, and thriving life. The county is home to a highly diverse population of all backgrounds, ages, and abilities. In recognition of this diversity, the Aging Roadmap affirms the County's commitment to ensuring that all residents can age well with access to the services they need. Equity is embedded into the vision of all ten Aging Roadmap priority areas and remains central to program planning, community engagement, and efforts to improve service accessibility.

During Fiscal Year 2025-2026, community partnerships and strategic collaboration with other jurisdictions facilitated implementation of new programs to meet critical community needs. On May 27, 2026, AIS, the County Office of Emergency Services, and the City of Chula Vista co-sponsored a "Silver Stay Ready" Emergency Preparedness Resource Fair at the Norman Park Senior Center. To help prepare residents who are among the most vulnerable during an emergency or disaster, the County and several community partners provided information and resources designed to help plan for emergencies and reduce disproportionate risks faced by older adults and people with disabilities. Presentations were delivered in English and Spanish to ensure language accessibility and help residents understand important steps to take during and after a disaster.

Opportunities for diverse community input and ongoing engagement remain a foundational element of the Aging Roadmap. AIS coordinates ten community coalitions that meet regularly to gather community perspectives and create avenues for partners to support implementation efforts. Community partners will continue to play a central role in these discussions, and an equity lens will guide program planning across all Aging Roadmap priority areas.

Sustainability Impact Statement

Today's action supports the County of San Diego's (County) Sustainability Goal #1 to engage the community in meaningful ways; Sustainability Goal #2 to provide just and equitable access to County services, and Sustainability Goal #4 to promote the health and well-being of everyone in the region. The Aging Roadmap represents the County's comprehensive system of care for older adults and is informed by ongoing feedback that Aging & Independence Services (AIS) receives in various settings from impacted stakeholders including the AIS Advisory Council, subcommittees, and through customer feedback surveys. Furthermore, the Aging Roadmap advances the County's sustainability goals by increasing opportunities for older adults to live in safe and affordable housing, raising awareness of elder scams and fraud, and implementing programs that improve physical and social health.

Receive Update on the Aging Roadmap San Diego County Regional Plan Fiscal Year 2025-26 Annual Report (Districts: All)

Fiscal Impact

There is no fiscal impact associated with today's recommendation. There will be no change in net general fund costs and no additional staff years.

Business Impact Statement

N/A

Advisory Board Statement

The Aging Roadmap Fiscal Year 2025-26 Annual Report was presented to the Aging & Independence Services Advisory Council Executive & Membership Subcommittee as an informational item on August 25, 2026.

Background

According to the 2024 population estimates from San Diego Association of Governments, more than 709,200 (21.4%) of the more than 3.3 million people currently residing in San Diego County are adults aged 60 years and older. By 2029, the number of adults aged 60 years and older who reside in the county is expected to increase to nearly 824,600. As the older adult population continues to grow, creating communities where people of all ages and abilities can thrive is more important than ever.

The Aging Roadmap is the County of San Diego's (County) plan to ensure that the region has policies, programs, and initiatives that equitably support the needs and leverage the contributions of the growing population of older adults in our region. The Aging Roadmap is informed by ongoing community input and collaboration that began in 2016 when the County joined the AARP Network of Age-Friendly Communities America, in a commitment to create a county where all people can age well. Building upon initial age-friendly efforts, the Aging Roadmap was approved by the San Diego County Board of Supervisors (Board) on September 24, 2019 (4) and serves as the local "Master Plan for Aging" for the region. Within the Aging Roadmap are ten priority areas that collectively represent the County's comprehensive system of care for older adults, including community-wide and person-centered efforts. These ten priority areas are:

- Health & Community Support
- Housing
- Social Participation
- Transportation
- Dementia
- Caregiver Support
- Safety
- Preparedness
- Silver Economy
- Medical & Social Services System

While led by the County Health and Human Services Agency, Aging & Independence Services (AIS), the Aging Roadmap incorporates County-wide programs and initiatives, as well as collaborations with local partners. Critical to informing Aging Roadmap goals is the AIS Advisory Council which serves as the voice of consumers and community experts, with members representing each Board District and the broader community. Additionally, several community coalitions throughout the county, consisting of stakeholders and County staff, regularly convene to address Aging Roadmap priority areas. These cross-departmental and community based collaborative efforts have amplified the voices of older adults as other County departments have

Receive Update on the Aging Roadmap San Diego County Regional Plan Fiscal Year 2025-26 Annual Report (Districts: All)

developed their programs and services. Additionally, many of the goals of the County Aging Roadmap support the goals of the State Master Plan for Aging. This general alignment of the two frameworks is beneficial when seeking funding opportunities.

The County was the first jurisdiction in the region to become an Age-Friendly Community in 2016. Today, 11 cities across the county are recognized members of AARP's Network of Age-Friendly Communities and are implementing their own Age-Friendly plans. San Diego State University is also the region's first academic institution to earn Age-Friendly University designation. To support collaboration and provide technical assistance across this growing network, AIS convenes the Age-Friendly Regional Roundtable quarterly to share best practices and advance collective progress.

Twelve years ago, the Board approved The Alzheimer's Project on May 6, 2014, beginning a significant contribution to the Aging Roadmap. (5). This regional initiative was launched to address the toll of Alzheimer's disease on families, communities, and our health care systems. Through the Alzheimer's Project, the County continues to educate the community about dementia, what it means to live with dementia, and how to create environments that are welcoming to those living with dementia, and their care partners. Additionally, physicians and other frontline workers continue to receive education and training on topics related to the screening, evaluation, and management of Alzheimer's and related dementias. Accomplishments of the Alzheimer's Project are highlighted in the Dementia section of the Aging Roadmap San Diego County Regional Plan Fiscal Year 2025-26 Annual Report (Attachment A).

Today's action requests the Board receive the Aging Roadmap San Diego County Regional Plan Fiscal Year 2025-26 Annual Report.

Linkage To The County Of San Diego Strategic Plan

Today's proposed action supports the County of San Diego 2026-31 Strategic Plan Initiatives of Sustainability (Resiliency), Equity (Health), and Community (Quality of Life), and the regional Live Well San Diego vision by strengthening the system of care for older adults and ensuring a community that is livable for residents of all ages.

Respectfully submitted,

USE "INSERT PICTURE"
FUNCTION TO INSERT
SIGNATURE

Ebony N. Shelton
Chief Administrative Officer

Attachment(s)

Attachment A – Aging Roadmap San Diego County Regional Plan Fiscal Year 2025-2026 Annual Report

AIS Advisory Council Annual Calendar – Council Year 2026-27

Month	AIS Topics	Guests/Activities	Date Sensitive Council Business	Authority	Observances
September 09/14/26		Sharp Mesa Vista Hospital – Discharge Resources for Older Adults with Problematic Substance Use	- Annual Meeting - Swear-in Officers - Adopt Annual Calendar - Adopt Annual Report - Adopt Annual Subcommittees - Council Goals: Review Draft	- IIIa 82.5 (B) - BL 4(A)(3) - BL 5(C)(1)(A)(V) - IIIa 82.16 - BL 5(C)(2)(A) - A-74(E)(4) - BL 5(C)(2)(A)	9/21: World Alzheimer's Day 9/22: Fall Prevention Awareness Day - World Alzheimer's Month
October 10/12/26	Aging Roadmap Annual Report		Adopt Council Goals	A-74(E)(4)	
November 11/09/26	Ombudsman Annual Report		CSL Caucus Report: Sacramento	WIC 9302	- National Family Caregivers Appreciation Month 11/25: National Family Caregiver Day
December	No meeting				
January 01/11/27	Public Health Nurse Team				
February 02/08/27	In-Home Supportive Services		Appoint Area Plan Subcommittee	BL 5(C)(3)	
March 03/08/27	Public Administrator/ Public Guardian				
April 04/12/27			- Appoint Budget Subcommittee - Area Plan Public Hearing - 26-27 Annual Update	- IIIa 82.1(A) - A-74(C)(8) - BL 5(C)(3)	

AIS Advisory Council Annual Calendar – Council Year 2026-27

Month	AIS Topics	Guests/Activities	Date Sensitive Council Business	Authority	Observances
May 05/10/27	Health Promotion Programs		• Appoint Nominating Subcommittee • CSL Vacancy Election - CSL Full Term Election	• A-74(C)(12) • BL 5(C)(3) • WIC 9302	• Older Americans Month
June 06/14/27	Advisory Council Strategic Planning		• Offsite Meeting • Declare Officer Nominations • Council Goals: Report Status • Council Strategic Planning • Subcommittee Goals 27-28 - Discuss/Develop in Subcommittee Meetings	• BL 4(A)(2)(B) • A-74(E)(4) • IIIa 82.12 • BL 3(C)(2)	• Alzheimer's & Brain Awareness Month • 6/15: World Elder Abuse Awareness • 6/30: End of County Fiscal Year
July 07/12/27	Adult Protective Services		• Appoint Legislative Subcommittee • Elect Officers • Exec/Membership Subcommittee ○ Officer Transition & Brown Act ○ Draft Annual Calendar ○ Draft Annual Report ○ Draft Annual Goals ○ Propose Subcommittees	• BL 5(C)(3) • IIIa 82.5(A) • BL 4(A)(3) • BL 5(C)(1)(A) • BL 5(C)(1)(A)(V) • IIIa 82.16 • BL1(B)(6) • A-74(E)(4) • BL 5(C)(2)(A)	• 7/1: County Fiscal Year Begins
August	No meeting				

Abbreviations:

- IIIa = SD County Admin Ordinance
- A-74 = Board Policy
- BL= Council By-laws
- CDA PM = California Department of Aging Program Memo
- CSL = California Senior Legislature
- OAA = Older Americans Act
- WIC = Welfare and Institutions Code

County of San Diego

HEALTH AND HUMAN SERVICES AGENCY

AGING & INDEPENDENCE SERVICES

Advisory Council 2026 Annual Report

Susan Mallett, Council Chair

September 14, 2026

AGE WELL. LIVE WELL.



**LIVE WELL
SAN DIEGO**

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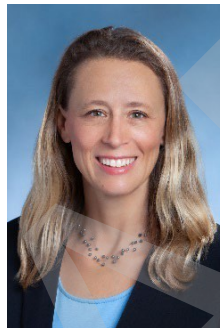
County of San Diego Board of Supervisors



Paloma Aguirre
District 1
Chair Pro Tem



Joel Anderson
District 2



Terra Lawson-Remer
District 3
Chair



Monica Montgomery
Steppe
District 4
Vice Chair



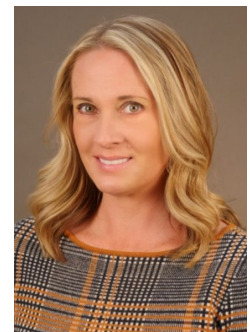
Jim Desmond
District 5



Ebony Shelton
Chief Administrative Officer
County of San Diego



Elizabeth A. Hernandez
Interim Deputy Chief
Administrative Officer
Health and Human Services
Agency



Allison Boyer
Interim Director
Aging & Independence Services
Public Administrator/Public Guardian

The Aging & Independence Services Advisory Council

The Council's Role

The Advisory Council (Council) for the County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS) operates in accordance with the duties and responsibilities defined in the provisions of Title III of the Older Americans Act of 1965, the Mello-Granlund Older Californians Act Section 9402, and the San Diego County Code of Administrative Ordinances Article IIIa. The Council's primary responsibility is to:

"...advise continuously the area agency on aging on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan;"

The Council's Operational Activities

The Council holds regular public meetings on the second Monday of each month at 12:00 p.m. at the County Operations Center. The Council has 30 seats, ten of which are appointed by members of the San Diego County Board of Supervisors. As of the regular Council meeting on July 13, 2026, 26 seats were filled. Council members and AIS staff have continued outreach efforts to fill vacancies.

In Council Year 2025-26, members reviewed and evaluated needs to ensure a strong and vital aging system. Monthly Council meetings featured several AIS program staff members who provided operational updates and in-depth overviews of AIS programs. The Council also heard from representatives from several other County departments and guests including Housing and Community Development Services, Agency Budget Office, and Self-Sufficiency Services, all of whom provided relevant updates and information pertaining to AIS operations and support of older adults in San Diego County. The Council and subcommittees continued to be engaged with local organizations and heard from several speakers, including San Diego Oasis, Elder Law & Advocacy, Scripps Health, and Jewish Family Service of San Diego, who provided insight into issues impacting the region and programs and services available to older adults. These speakers helped Council members remain informed of current needs, resources, and trends, providing guidance on items related to the local aging system prior to these items going before the San Diego County Board of Supervisors.

Council Year 2025-26 Accomplishments

In Council Year 2025-26, efforts continued toward strengthening the aging network in our region. The Council conducts a considerable amount of work through subcommittees, and the subcommittees were engaged and impactful in supporting the work of the Council.

Standing Subcommittee

Executive & Membership

The Executive & Membership Subcommittee is made up of the Council Chair, 1st Vice Chair, 2nd Vice Chair, Secretary, and Immediate Past Chair. The Executive and Membership Subcommittee continued to perform internal organizational functions including recruiting and recommending new members and reviewing and maintaining Council records. The subcommittee also set Council meeting agendas, strengthened the focus on strategic planning and goals, encouraged subcommittee development of focus areas, and secured speakers for Council meetings to support Council goals.

Ancillary Subcommittees

Healthy Aging

The Healthy Aging Subcommittee focused on key issues affecting older adults, including polypharmacy, neurodegenerative diseases, dementia awareness, injury prevention, and healthy aging education. The subcommittee held a joint meeting with the Affordability in Aging Subcommittee to discuss the connection between housing and healthy aging, and explored topics such as medication management, cognitive and mental health, social isolation, mobility, transportation safety, emergency preparedness, and the Village Model. Members also learned about the "Beyond Memory" dementia awareness campaign and received presentations from Scripps Memorial Hospital La Jolla and Sharp HealthCare highlighting healthy aging initiatives, geriatric trauma and fall prevention, community-based programs, and expanded access to specialized neurological care for older adults.

Affordability in Aging

The Affordability in Aging Subcommittee continued to research and monitor issues and trends related to the affordability, adaptability, and accessibility aspects of transportation, medical care, financial assistance, employment, and aging in place within age-friendly communities. These topics included permanent supportive and affordable housing for older adults and novel strategies for economical and safe options for older adults facing housing, financial, and food insecurity. The subcommittee met

with community housing agencies and learned about current housing, transportation, medical, and food program issues, also inviting community partners to present on their unique contributions to the broader effort.

Long-Term Care Ombudsman & Facilities

The Long-Term Care Ombudsman & Facilities Subcommittee worked with the County Long-Term Care Ombudsman program to review the application and screening processes for onboarding new volunteers and conducted research to identify best practices. As a result of the subcommittee's work, a set of recommendations were presented to department leadership aimed at potentially streamlining the onboarding process and recruiting and retaining Long-Term Care Ombudsman volunteers. These recommendations are intended to inform decision-making and will be considered at the discretion of leadership.

The subcommittee is also developing a plan to increase Family Council groups in long-term care facilities and provided recommendations for promoting and increasing the number of community volunteers serving as Long-Term Care Ombudsman. Additionally, subcommittee members began attending Live Well San Diego Community Leadership Team meetings to monitor efforts and provide recommendations.

Nutrition

The Nutrition Subcommittee ensured that the Council was informed about the delivery of AIS nutrition services contracts through reports from the AIS Public Health Nutrition Manager, who is a regular participant in the Nutrition Subcommittee. Presentations from community agencies and County staff provided the subcommittee with greater insight into the importance of accessibility to nutritional food and services including the unique challenges facing older adults in our outlying and rural communities. The subcommittee continued to examine the ease of access to CalFresh benefits for older adults by personally using the online application process and reporting back on the length of time and computer expertise needed to download and submit requested documents. Through the efforts of AIS Health Promotion staff and the AIS Public Health Nutrition Manager, 800 placemats, containing Fall Prevention education, were distributed to eight congregate dining sites. The subcommittee reviewed participant survey results to consider future education efforts and topics.

Ad Hoc Subcommittees

Area Plan

The ad hoc Area Plan Subcommittee advised on the development and annual update of the 2024-28 Area Plan, a California Department of Aging requirement which provides a four-year plan of services and execution of the critical responsibilities addressing present and future aging and long-term care issues within San Diego County.

Budget

The ad hoc Budget Subcommittee reviewed the Fiscal Year 2026-27 proposed budget, and provided input into the presentation of the proposed budget to the Council.

Legislative

The ad hoc Legislative Subcommittee advised on the County of San Diego's 2027 Legislative Program and gave feedback on priorities and policy guidelines related to older adults and persons with disabilities.

Nominating

The ad hoc Nominating Subcommittee recommended a slate of officers for Council Year 2026-27 officer elections.

The Year Ahead:

Council Year 2026-27 Council Priorities

At its annual strategic planning meeting, the Council discussed progress on existing goals and streamlined priorities to establish goals with measurable outcomes for the upcoming Council Year that align with the Aging Roadmap's priority areas. The Council's priorities include:

- Alzheimer's Disease and Related Dementias
- Food Security
- Healthcare
- Health Promotion
- Housing
- Legislation
- Long-Term Care
- Nutrition
- Social Engagement
- Technology
- Transportation

The complete list of goals is included in the Appendix – AIS Advisory Council Goals 2026-29.

Moving forward, the Council will continue its work in advancing services and support for older adults in the region. The Council will provide input on the Area Plan Update for Fiscal Year 2027-28 and advise on programs and initiatives that will further advance Aging Roadmap efforts in the year ahead.

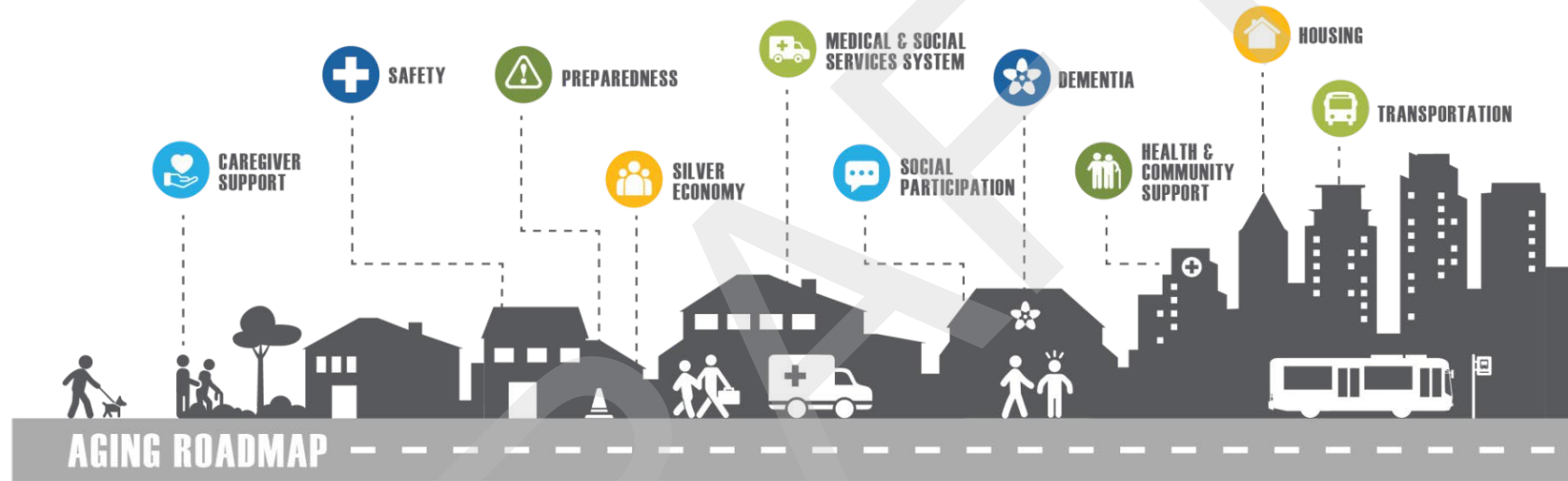
For questions about the Aging & Independence Services Advisory Council, please contact Jana Jordan at jana.jordan@sdcounty.ca.gov or call 858-495-5858.

All meetings are open to the public, and interested parties are encouraged to attend and participate in the public comment period. Past meeting materials and other information may be found at <https://www.sandiegocounty.gov/AISAdvisoryCouncil>.

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

COUNCIL FOCUS: Use or gain expertise to identify, project, and anticipate needs and trends, and advise on AIS operational actions to address the needs of older adults and persons with disabilities.

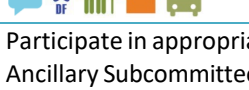
AGING ROADMAP: County of San Diego’s [regional plan](#) that is implemented and organized by 10 focus areas that collectively represent the County’s comprehensive system of care, including both person-centered and community-wide efforts. Roadmap focus areas are as follows and identified throughout the Council’s Goals:



GOALS 2026 – 2029

#	Goal	Timeline	Lead	Measure	Outcome	Status
1	Advise on Area Plan updates for FY 2026-2027.	Feb – May 2026	Ad Hoc Area Plan Subcommittee	- Meeting date(s) - Discussion - Vote and authorization of Council Chair to sign letter of transmittal	- Ad Hoc Area Plan Subcommittee met on 3/25/26. - Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 4/13/26. - Discussion included: Area Plan 2026-2027 updates and process and content of the Area Plan. The Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from the Advisory Council. - Authorization passed with 19 votes on 4/13/26.	Completed

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

1a	Advise on Area Plan updates for FY 2027-2028 and provide input on the four- year FY 2028-2032 needs assessment. 	Oct 2026 – May 2027	Ad Hoc Area Plan Subcommittee and Advisory Council	- Meeting date(s) - Discussion - Input on needs assessment survey and focus group questions - Vote and authorization of Council Chair to sign letter of transmittal	Discussion included:	Not yet started
2	Monitor and plan for services for older adults to meet the needs of the growing population. 	Ongoing	Ad Hoc Area Plan Subcommittee and Advisory Council	Discussion	Discussion included:	In progress
3	Review the AIS Advisory Council Bylaws and recommend updates, as needed. 	Ongoing	Ad Hoc Bylaws Subcommittee and Advisory Council	- Meeting date(s) - Discussion	- Ad Hoc Subcommittee met on: - Discussion included:	In progress
4	Find engaging speakers for the AIS Advisory Council general meetings. 	Ongoing	Advisory Council	Speakers	Speakers' topics included:	In progress
5	Expand participation in appropriate Auxiliary Subcommittees. 	Ongoing	Advisory Council	- Meeting date(s) - Discussion	- Auxiliary Subcommittee met on: - Discussion included: - Authorization passed:	In progress
6	Participate in appropriate Ancillary Subcommittees. 	Ongoing	Advisory Council	- Meeting date(s) - Discussion	- Ancillary Subcommittee met on: - Discussion included: - Authorization passed:	In progress

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

7	Research and make recommendations for priority areas to support affordability of housing for older adults. 	Ongoing	Affordability in Aging Subcommittee	- Finding(s) - Discussion	Topics may include, but are not limited to, affordable and stable rent for older adults, and assistance maintains home ownership.	In progress
8	Research and make recommendations for priority areas to support affordability of transportation for older adults. 	Ongoing	Affordability in Aging Subcommittee	- Finding(s) - Discussion	Topics may include, but are not limited to, affordable bus system for older adults and community transportation services.	In progress
9	Research and make recommendations for priority areas to support affordability of healthcare for older adults. 	Ongoing	Affordability in Aging Subcommittee	- Finding(s) - Discussion	Topics may include, but are not limited to, affordable insurance for older adults, Medicare assistance, outreach to older adults.	In progress
10	Advocate for annual older adult screenings and chronic care conditions. 	Ongoing	Healthy Aging Subcommittee	Finding(s)	Visit or attend health promotion activities. Encourage older adults to have annual screening examination from chronic conditions. Topics may include, but are not limited to, neurodegenerative diseases of AD, PD, FTD, Dementia, and polypharma.	In progress
11	Identify disease risk and injury reduction strategies to engage in and advocate for older adults. 	Ongoing	Healthy Aging Subcommittee	Finding(s)	Topics may include, but are not limited to, cardiac health, diabetes, oral health, hearing and vision loss, care and nutrition, dementia, and neurodegenerative diseases.	In progress

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

12	Advocate and Promotion of Older Adult education programs and activities such as Feeling Fit, Fall Prevention and Healthy Aging through life-long learning. 	Ongoing	Healthy Aging Subcommittee	• Meeting(s) and date(s) attended	• Awareness and promotion of local programs through lifelong learning to support senior adults aging well. Encourage knowledge of programs within educational institutions and community-based organizations (CBOs).	In progress
13	Monitor and advise on AIS programs through presentations and site visits. 	Ongoing	Nutrition Subcommittee	• Meeting(s) and date(s) attended	• Topics may include, but not limited to, the outreach activities to the outlying and rural communities where nutrition resources are limited to distant retail businesses.	In progress
14	Increase awareness about good oral health and dental treatment options through public insurance benefits. 	Ongoing	Nutrition Subcommittee	• Finding(s)	• Topics may include, but not limited to, the barriers to the utilization of Medi-Cal Dental insurance benefits, the outreach efforts by California Smile, an annual update with Dr. Whyte, County Chief Dental Officer, and the importance of good oral health in nutrition program education.	In progress
15	Congregate Meals (Title III C1) and Transportation to Dining Sites (Title III B)- review nutrition education and in-service requirements for congregate sites. 	Ongoing	Nutrition Subcommittee	• Meeting(s) and date(s) attended	• Topics may include, but not limited to, site visits for the purpose of reviewing the social engagement and nutrition education supports and CalFresh outreach.	In progress
16	Review requirements and monitor Home-Delivered Meals (Title III C2). 	Ongoing	Nutrition Subcommittee	• Meeting(s) and date(s) attended	• Discussion included:	In progress
17	Review requirements and monitor SNAP (Cal) Fresh. 	Ongoing	Nutrition Subcommittee	• Meeting(s) and date(s) attended	• Topics may include, but not limited to, tracking the proposed California legislation to maintain level of CalFresh benefits if the federal investment is decreased. Continue reviewing efforts to assist CalFresh applicants enroll. Invite CalFresh navigator to subcommittee meeting.	In progress

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

18	Attend at least one Live Well San Diego meeting in each designated County area and monitor AIS programs in support of the Live Well San Diego vision. 	Ongoing	Long-Term Care Ombudsman & Facilities Subcommittee	• Meeting(s) and date(s) attended • Recommendations for improvement, including assessment of effectiveness or additional resources needed.	In progress
19	Collaborate with other AIS subcommittees and advise AIS on legislative proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly. 	Ongoing	Long-Term Care Ombudsman & Facilities Subcommittee	• Legislation measured • Meeting(s) and date(s) attended • Raise and maintain awareness for the AIS Advisory Council surrounding legislation related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly	In progress
20	Monitor quarterly OLTCO data and advise AIS on the Ombudsman program's operations, goals, performance, volunteer development, and areas of concern related to long-term care. 	Ongoing	Long-Term Care Ombudsman & Facilities Subcommittee	• Quarterly OLTCO data reviewed • Meeting(s) and date(s) attended • Topics may include, but are not limited to, Ombudsman program performance, volunteer recruitment and development, facility Family Council meetings, and recommendations for improvement or additional resources needed.	In progress
21	Support advocacy and access for residents in long-term care facilities, including access to Ombudsman services and the development of resident and Family Councils. 	Ongoing	Long-Term Care Ombudsman & Facilities Subcommittee	• Meeting(s) and date(s) attended • Finding(s) and recommendations • Topics may include, but are not limited to, ensuring LTCO representatives have regular access to facilities and supporting resident rights, health, safety, and welfare. Promote the development of resident and Family Councils.	In progress