



Aging & Independence Services (AIS) Advisory Council Meeting Agenda

October 12, 2026 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Meeting Participation Options:

To Call in: 1 (619) 343-2539 | To Join Meeting Virtually: [Join Teams Meeting](#)
Microsoft Teams Meeting ID: 224 849 240 117 | Meeting Password: eq7c5wR2

Meeting Agenda

1. **Call to Order:** Wanda Smith, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 13)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or Non-members
 - b. Approval of September 14, 2026, Meeting Minutes (Action)*
4. **AIS Director's Items**
 - a. AIS Director's Update
 - b. Legislative Update
5. **Guest Speakers**
 - a. Flood Preparedness
Ashley Gain, Group Program Manager, Community Engagement & Preparedness, Office of Emergency Services
 - b. Aging Roadmap Annual Report
Melissa Hernandez, Community Health Program Specialist, AIS
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Wanda Smith, Chair
 - i. Adopt Council Goals (Action)*
 - ii. Ancillary Subcommittee Appointments
 - a) Nutrition Subcommittee – Appoint Ethel Larkins as a member (Action)
 - b. Membership Report: Faye Detsky-Weil, Secretary



- i. Recommendation to appoint Josephine Attisha to a partial term (Action)
 - Seat #12, effective immediately, to expire 10/8/2028
- ii. Recommendation to appoint Rhys Jones to first full term (Action)
 - Seat #19, effective immediately, to expire 10/13/2030
- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Aguirre [Vacant/York] 2/12/2026
 - ii. District #2: Anderson [Phillips/Nocon] 2/26/2025
 - iii. District #3: Lawson-Remer [Vacant/Colburn-Hargis] 1/28/2026
 - iv. District #4: Montgomery Steppe [Larkins/Milroy] 10/11/2024
 - v. District #5: Desmond [Vacant/Vacant]

7. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 10/12/26): Elaine Lewis, Chair
- b. Healthy Aging (met 09/14/26): Maureen Phillips, Chair
- c. Affordability in Aging (met 10/12/26): David Milroy, Chair
- d. Nutrition (met 10/07/26): Susan Mallett, Chair

8. Other Announcements

9. Adjournment & Next Meetings:

- a. Next Council Meeting: November 9, 2026, at 12:00 p.m. noon
 - i. 5560 Overland Ave., Ste. 310, San Diego, 92123
 - ii. Virtual meeting details are included on agendas at:
<http://www.sandiegocounty.gov/AISAdvisoryCouncil>
- b. Future Subcommittee Meetings:
 - i. Healthy Aging: 10/12/26 2:00 p.m.
 - ii. Executive & Membership: 10/19/26 1:30 p.m.
 - iii. Nutrition: 11/04/26 1:00 p.m.
 - iv. Affordability in Aging: 11/09/26 10:30 a.m.
 - v. LTC Ombudsman/Facilities: 11/09/26 10:45 a.m.

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.



Aging & Independence Services (AIS) Advisory Council Meeting Minutes

September 14, 2026, 12:00 p.m. – 2:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Meeting Participation Options:

To Call in: 1 (619) 343-2539 | To Join Meeting Virtually: [Join Teams Meeting](#)

Microsoft Teams Meeting ID: 224 849 240 117 | Meeting Password: eq7c5wR2

Meeting Attendance

Members Present In Person

1. Brett Bergmann
2. Paige Colburn-Hargis
3. Faye Detsky-Weil
4. Stephen Huber
5. Rhys Jones
6. Mina Kerr
7. Ethel Larkins
8. Dennis Leggett
9. Elaine Lewis
10. Mikie Lochner
11. Susan Mallett (virtual)
12. Silvia Martinez (left at 1:25 p.m.)

13. Dan McNamara
14. David Milroy
15. Molly Nocon
16. Bradlyn Mulvey
17. Maureen Phillips
18. Jacqueline Simon
19. Shantella Slaten
20. Wanda Smith
21. Linda Strohl
22. York, Bill (left at 1:00 p.m.)

Members not Present

- Antoinette Alioto
- Shelia Coulburn

- Junne Esguerra

Guests Present

- Denise Bernal (virtual)
- Virginia Casey (virtual)
- Jamie DeTrinidad (virtual)
- Meredith McCarthy (virtual)
- Svetlana Shut (virtual)

- Tatiana Vera (virtual)
- Mariah Williams (virtual)
- Adrianna Yemhatpe (virtual)

AIS Staff Present

- Ian Baxter
- Allison Boyer
- Wendy Garcia
- Samantha Hasler

- Michelle Hollie-Luterick
- Jana Jordan

Meeting Minutes - Draft

- 1. Call to Order: Wanda Smith, Chair**
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum
 - i. Quorum met with 22 members present during roll call.
- 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.**
 - a. S. Mallett joined virtually under just cause.
- 3. Standard Business**
 - a. Public Comment/Announcements: Members or Non-members
 - b. Approval of July 13, 2026, Meeting Minutes (Action)*
[M/S – M. Lochner / J. Simon (Passed with 20 votes, 2 abstentions.)]
- 4. Swearing in of 2026-2027 Officers: Allison Boyer, Interim Director, Aging & Independence Services, Public Administrator/Public Guardian**
- 5. AIS Director's Items (Action)**
 - a. AIS Director's Update
 - b. Board Letter
 - i. Aging Roadmap Annual Update (Informational Item Only)*
- 6. Guest Speaker**
 - a. Discharge Resources for Older Adults with Problematic Substance Use
Brett Boeh Bergmann, Ph.D., Licensed Clinical Psychologist,
Sharp Mesa Vista Hospital
- 7. Area Plan 2028-32 Planning**
- 8. Executive & Membership Subcommittee Report/Other Business (Action)**
 - a. Chair's Report: Wanda Smith, Chair
 - i. Ancillary Subcommittee Appointments
 - a) Nutrition Subcommittee – Appoint Susan Mallett as Chair (Action)
[M/S – F. Detsky-Weil / E. Larkins (Passed with 21 votes.)]
 - b) Nutrition Subcommittee – Appoint Linda Strohl as a member (Action)
[M/S – E. Larkins / M. Lochner (Passed with 21 votes.)]
 - c) Healthy Aging Subcommittee – Appoint Maureen Phillips as Chair (Action)
[M/S – M. Nocon / J. Simon (Passed with 21 votes.)]
 - ii. Adopt Annual Calendar, Annual Subcommittees, and Annual Report (Action)*
[M/S – E. Larkins / B. Mulvey (Passed with 20 votes.)]
 - iii. Council Goals: Review Draft*

- b. Membership Report: Faye Detsky-Weil, Secretary
- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Aguirre [Vacant/York] 02/12/26
 - ii. District #2: Anderson [Phillips/Nocon] 02/26/25
 - iii. District #3: Lawson-Remer [Vacant/Colburn-Hargis] 01/28/26
 - iv. District #4: Montgomery Steppe [Larkins/Milroy] 10/11/24
 - v. District #5: Desmond [Vacant/Vacant]

9. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 09/14/26): Elaine Lewis, Chair
- b. Healthy Aging (met 07/13/26): Maureen Phillips, Chair
- c. Affordability in Aging (met 09/14/26): David Milroy, Chair
- d. Nutrition (met 07/08/26): Susan Mallett, Chair

10. Ad Hoc Subcommittee Oral Reports (Possible Action)

11. Other Announcements

12. Adjournment & Next Meetings:

- a. Meeting adjourned at 1:36 p.m.
- b. Next Council Meeting: October 12, 2026, at 12:00 p.m. noon
 - i. 5560 Overland Ave., Ste. 310, San Diego, 92123
 - ii. Virtual meeting details are included on agendas at:
www.sandiegocounty.gov/AISAdvisoryCouncil
- c. Future Subcommittee Meetings:
 - i. Healthy Aging: 09/14/26 2:15 p.m.
 - ii. Executive & Membership: 09/29/26 9:45 a.m.
 - iii. Affordability in Aging: 10/12/26 10:30 a.m.
 - iv. LTC Ombudsman/Facilities: 10/12/26 10:45 a.m.
 - v. Nutrition: 10/07/26 1:00 p.m.

Abbreviations and Symbols:

* Denotes an Attachment

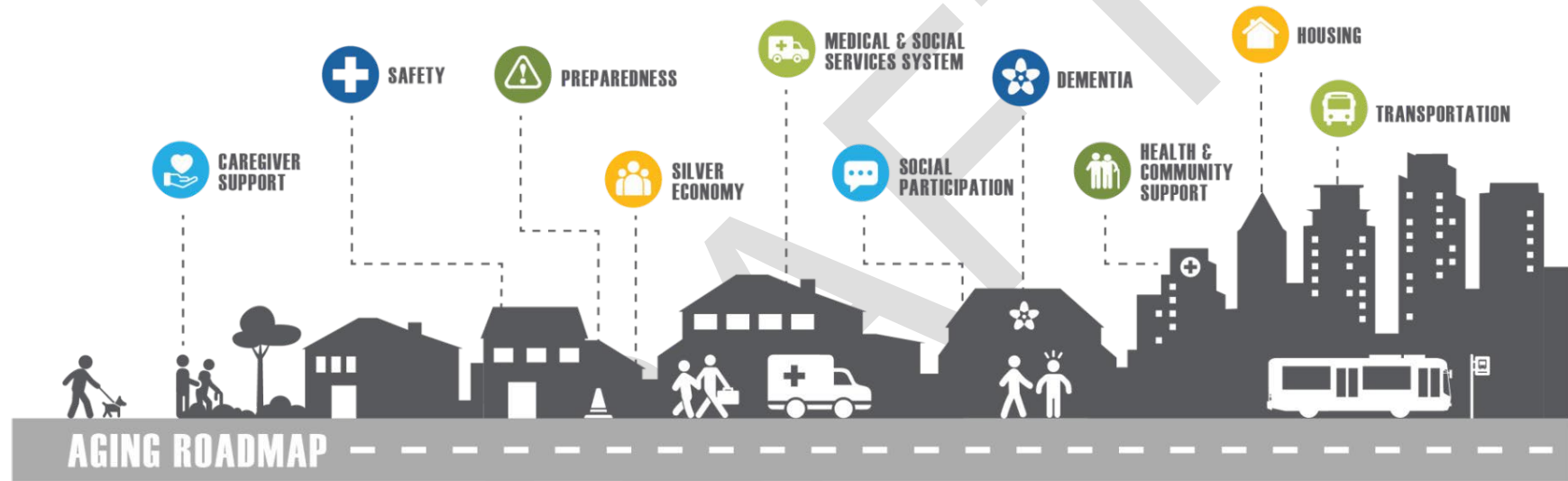
M/S/A: Motion/Seconded/Approved

Minutes respectfully submitted by Michelle Hollie-Luterick.

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

COUNCIL FOCUS: Use or gain expertise to identify, project, and anticipate needs and trends, and advise on AIS operational actions to address the needs of older adults and persons with disabilities.

AGING ROADMAP: County of San Diego's [regional plan](#) that is implemented and organized by 10 focus areas that collectively represent the County's comprehensive system of care, including both person-centered and community-wide efforts. Roadmap focus areas are as follows and identified throughout the Council's Goals:



GOALS 2026 – 2029

#	Goal	Timeline	Lead	Measure	Outcome	Status
1	Advise on Area Plan updates for FY 2026-2027.	Feb – May 2026	Ad Hoc Area Plan Subcommittee	- Meeting date(s) - Discussion - Vote and authorization of Council Chair to sign letter of transmittal	- Ad Hoc Area Plan Subcommittee met on 3/25/26. - Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 4/13/26. - Discussion included: Area Plan 2026-2027 updates and process and content of the Area Plan. The Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from the Advisory Council. - Authorization passed with 19 votes on 4/13/26.	Completed

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

1a	Advise on Area Plan updates for FY 2027-2028. 	Feb – May 2027	Ad Hoc Area Plan Subcommittee	• Meeting date(s) • Discussion • Vote and authorization of Council Chair to sign letter of transmittal	• Discussion included:	Not yet started
1b	Provide input on the four-year FY 2028-2032 needs assessment. 	Nov 2026 – May 2027	Advisory Council	• Discussion • Input on needs assessment survey and focus group questions	• Discussion included:	Not yet started
2	Monitor and plan for services for older adults to meet the needs of the growing population. 	Ongoing	Ad Hoc Area Plan Subcommittee and Advisory Council	• Discussion	• Discussion included:	In progress
3	Review the AIS Advisory Council Bylaws and recommend updates, as needed. 	Ongoing	Ad Hoc Bylaws Subcommittee and Advisory Council	• Meeting date(s) • Discussion	• Ad Hoc Subcommittee met on: • Discussion included:	In progress
4	Find engaging speakers for the AIS Advisory Council general meetings. 	Ongoing	Advisory Council	• Speakers	• Speakers' topics included:	In progress
5	Expand participation in appropriate Auxiliary Subcommittees. 	Ongoing	Advisory Council	• Meeting date(s) • Discussion	• Auxiliary Subcommittee met on: • Discussion included: • Authorization passed:	In progress

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

6	Participate in appropriate Ancillary Subcommittees. 	Ongoing	Advisory Council	• Meeting date(s) • Discussion	• Ancillary Subcommittee met on: • Discussion included: • Authorization passed:	In progress
7	Research and make recommendations for priority areas to support affordability and availability of transportation for older adults. 	Ongoing	Affordability in Aging Subcommittee	• Finding(s) • Discussion	• Topics may include, but are not limited to, affordable bus system for older adults and community transportation services.	In progress
8	Research and make recommendations for priority areas to support affordability of healthcare for older adults. 	Ongoing	Affordability in Aging Subcommittee	• Finding(s) • Discussion	• Topics may include, but are not limited to, affordable insurance for older adults, Medicare assistance, outreach to older adults.	In progress
9	Advocate for annual older adult screenings and chronic care conditions. 	Ongoing	Healthy Aging Subcommittee	• Finding(s)	• Visit or attend health promotion activities. Encourage older adults to have annual screening examination from chronic conditions. Topics may include, but are not limited to, neurodegenerative diseases of AD, PD, FTD, dementia, polypharmacy, and substance abuse. • Review substance abuse screening practices in emergency departments.	In progress
10	Identify disease risk and injury reduction strategies to engage in and advocate for older adults. 	Ongoing	Healthy Aging Subcommittee	• Finding(s)	• Topics may include, but are not limited to, cardiac health, diabetes, oral health, hearing and vision loss, care and nutrition, dementia, neurodegenerative diseases, and mental health and suicide.	In progress

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

11	Advocate for and promote older adult education programs and activities such as Feeling Fit, Fall Prevention and Healthy Aging through life-long learning. 	Ongoing	Healthy Aging Subcommittee	• Meeting(s) and date(s) attended	• Awareness and promotion of local programs through lifelong learning to support senior adults aging well. Encourage knowledge of programs within educational institutions and community-based organizations (CBOs).	In progress
12	Monitor and advise on AIS programs through staff presentations and site visits. 	Ongoing	Nutrition Subcommittee	• Meeting(s) and date(s) attended	• Topics may include, but not limited to, the outreach activities to the outlying and rural communities where nutrition resources are limited to distant retail businesses.	In progress
13	Increase awareness about good oral health and dental treatment options through public insurance benefits. 	Ongoing	Nutrition Subcommittee	• Finding(s)	• Topics may include, but not limited to, the barriers to the utilization of Medi-Cal Dental insurance benefits, the outreach efforts by California Smile, an annual update with Dr. Whyte, County Chief Dental Officer, and the importance of good oral health in nutrition program education.	In progress
14	Congregate Meals (Title III C1) and Transportation to Dining Sites (Title III B)- review nutrition education and in-service requirements for congregate sites. 	Ongoing	Nutrition Subcommittee	• Meeting(s) and date(s) attended	• Topics may include, but not limited to, site visits for the purpose of reviewing the social engagement and nutrition education supports and CalFresh outreach.	In progress
15	Review requirements and monitor Home-Delivered Meals (Title III C2). 	Ongoing	Nutrition Subcommittee	• Meeting(s) and date(s) attended	• Discussion included:	In progress
16	Review requirements and monitor SNAP (CalFresh). 	Ongoing	Nutrition Subcommittee	• Meeting(s) and date(s) attended	• Topics may include, but not limited to, tracking the proposed California legislation to maintain level of CalFresh benefits if the federal investment is decreased. Continue reviewing efforts to assist CalFresh applicants enroll. Invite CalFresh navigator to subcommittee meeting.	In progress

AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2026 – 2029

17	Attend at least one Live Well San Diego meeting in each designated county area and monitor AIS programs in support of the Live Well San Diego vision. 	Ongoing	Long-Term Care Ombudsman & Facilities Subcommittee	• Meeting(s) and date(s) attended • Recommendations for improvement, including assessment of effectiveness or additional resources needed.	In progress
18	Collaborate with other AIS subcommittees and advise AIS on legislative proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly. 	Ongoing	Long-Term Care Ombudsman & Facilities Subcommittee	• Legislation measured • Meeting(s) and date(s) attended • Raise and maintain awareness for the AIS Advisory Council surrounding legislation related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly	In progress
19	Monitor quarterly Long-Term Care Ombudsman (LTCO) data and advise AIS on the Ombudsman program's operations, goals, performance, volunteer development, and areas of concern related to long-term care. 	Ongoing	Long-Term Care Ombudsman & Facilities Subcommittee	• Quarterly LTCO data reviewed • Meeting(s) and date(s) attended • Topics may include, but are not limited to, Ombudsman program performance, volunteer recruitment and development, facility Family Council meetings, and recommendations for improvement or additional resources needed.	In progress
20	Support advocacy and access for residents in long-term care facilities, including access to Ombudsman services and the development of resident and family councils. 	Ongoing	Long-Term Care Ombudsman & Facilities Subcommittee	• Meeting(s) and date(s) attended • Finding(s) and recommendations • Topics may include, but are not limited to, ensuring LTCO representatives have regular access to facilities and supporting resident rights, health, safety, and welfare. Promote the development of resident and Family Councils.	In progress