



Aging & Independence Services (AIS) Advisory Council Meeting Agenda

Healthy Aging Subcommittee

October 12, 2026, 2:00 PM

County Operations Center, 5560 Overland Ave, 3rd Floor
John Gaffaney Conference Room, San Diego, CA 92123

Virtual Meeting Participation Options:

To Join Virtually: [Join Zoom Meeting](#)

Meeting ID: 837 6653 8423 | Meeting Passcode: 864575

AGENDA

*Attachment

- 1. Call to Order:** Maureen Phillips, Chair
 - a. Welcome & Guest/Member Introductions
 - b. Confirmation of quorum (quorum = 4)
- 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
- 3. Standard Business:**
 - a. Public Comment/Announcements: Members or Non-members
 - b. Approval of September 14, 2026, Meeting Minutes (Action)*
- 4. General Discussion:**
 - a. "Saving Claire" preview and discussion by Maureen Phillips and Bradlyn Mulvey
 - b. Fall Prevention Week Events Review
 - c. Path Forward Discussion
- 5. Next Meeting:** November 9, 2026 – 2:00 PM
- 6. Adjournment**

This meeting is public, and the location is ADA accessible.

If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.



Aging & Independence Services (AIS) Advisory Council Meeting Minutes

Healthy Aging Subcommittee

September 14, 2026, 2:15 PM

County Operations Center, 5560 Overland Ave, 3rd Floor

John Gaffaney Conference Room, San Diego, CA 92123

Virtual Meeting Participation Options:

To Join Virtually: [Join Zoom Meeting](#)

Meeting ID: 837 6653 8423 | Meeting Passcode: 864575

Meeting Attendance

Members Present In Person:

1. *Maureen Phillips, Chair*
2. *David Milroy*
3. *Paige Colburn-Hargis*
4. *Jackie Simon*

Members Absent:

1. *Bradlyn Mulvey*
2. *Wanda Smith*

Guests Present: None

AIS Staff Present: None

Meeting Minutes - Draft

1. **Call to Order:** Maureen Phillips, Chair
 - a. Welcome & Guest/Member Introductions
 - b. Maureen Phillips called the meeting to order at 2:18 PM
 - c. Confirmation of quorum (quorum = 4): A quorum was achieved.
2. **Statement (Just Cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.**
(Possible Action)
3. **Standard Business:**
 - a. Public Comment/Announcements: Members or non-members: None
 - b. Approval of July 13, 2026, Meeting Minutes (Action)*
[M/S – D. Milroy / P. Colburn-Hargis: Unanimous]



4. General Discussion:

- The screening of Saving Claire was postponed until the October meeting as Bradlyn Mulvey and Wanda Smith had prior commitments and could not attend.
- Fall Prevention Week events were briefly discussed. No action taken.
- Path Forward Discussion: The focus of the discussion revolved around refining and establishing goals and objectives for the Healthy Aging Subcommittee for 2025-2028. The committee reviewed and voted to approve the following amendment (s) to the existing goals. **[M/S - Paige Colburn-Hargis, David Milroy: Unanimous]**
 - #10 Goal: Advocate for annual older adult screenings and chronic care conditions. Action: Measures: Determine substance abuse screening practices in Emergency Departments”
Action: Outcome: “Topics may include, but are not limited to neurodegenerative diseases of AD, PD, FTD, Dementia, polypharmacy, and substance abuse.
 - #11 Goal: Identify disease risk and injury reduction strategies to engage in and advocate for older adults.
Action: Outcome: “Topics may include, but are not limited to, cardiac health, diabetes, oral health, hearing and vision loss, care and nutrition, dementia, neurodegenerative diseases, and mental health and suicide.

5. **Next Meeting:** October 12, 2026, at 2:00 PM, John Gaffaney Conference Room

6. Adjournment

Respectfully submitted by Bradlyn Mulvey