

Aging & Independence Services Advisory Council
Monday, October 8, 2018 | 12:00pm – 2:00pm
5560 Overland Ave, Joaquin Anguera Room (3rd Floor)
San Diego, CA 92123

Members		Absent Members	Guests
Attendance	Ellen Arcadi Rosemarie Bahmani Kimberly Cochran Media Fettinger Joe Garbanzos Ted Kagan William Kelly Bijou Lulla Chris Maeoka Martha McCarthy Diana Milburn	Jack Miller Luis Monge John Osborne Linda Prager Bob Prath Christina Selder Lorelei Taylor Susan Valoff Darlene Weber	Judi Bonilla Dolli Cutler La Rue Fields Stephen Huber June Singer
			Morgan Cadmus Philip M. Jolyn Parker Paula Saracen Simona Valanciute
Honorary Members		Staff	
		Jennifer Bransford-Koons Samantha Hasler Chuck Matthews	Renée Sherrill Caroline Smith Dawn Wynne
Item	Outcome		
1. Call to Order	Rosemarie Bahmani, Chair, 12:02 PM a. Welcome & Pledge of Allegiance b. Guest/Member Introductions: <ul style="list-style-type: none"> Guests included Simona Valanciute and Jolyn Parker with San Diego OASIS; Pam Plimpton, AIS Intergenerational Coordinator Reminder to please sign in 		
2. Officer Swear-in FY 18/19	Skipped: 1 st Vice Chair elect, La Rue Fields, is unable to attend; she will be sworn-in at the next meeting she attends.		
3. Standard Business	a. Refreshments provided by the Membership Committee b. Public Comments/Announcements: Members or non-members. <ul style="list-style-type: none"> B. Prath shared the World Health Organization and the International Federation puts out a monthly publication on age friendly cities throughout the world. There were 700 cities listed, and San Diego County was recognized on the world stage for their intergenerational project. L. Taylor clarified the procedures for announcements. Items not on the agenda cannot be items for Council discussion due to the Brown Act. Items can be put on the agenda for the following month. J. Osborne mentioned the 3-hour parking spaces on the first floor of the parking structure. c. Approval of September 10, 2018 Meeting Minutes [M/S – Media Fettinger/Bob Prath: Unanimous]		
4. Guest Speaker Presentations	a. Simona Valanciute, President and CEO, San Diego OASIS: <ul style="list-style-type: none"> Provided copies of their Fall 2018 catalog. Gave an overview of San Diego OASIS. Oasis was established in 1982. It started in St. Louis by Marylen Mann, President Nixon, and Margie Wolcott May (co-founder of May Company stores), and a group of educators and volunteers. It was a time when many programs for older adults were oriented around games and passive activities. Mann's vision and determination was to turn the aging process into a creative process. Oasis has been around for 36 years in San Diego and is the largest chapter in the country. There are two locations in San Diego County, La Mesa and Escondido. All are invited to attend the free Technology Fair on November 12, 2018. RSVP required. <u>Questions from the council:</u> <ul style="list-style-type: none"> B. Prath: With people living in smaller units, there is a huge effort towards accessory dwelling units, and part of the County plan is to educate on how to go about building them, especially for seniors, in their back yards. The Housing Theme Team and interested partners will provide trainings and are looking for a location/home to hold these trainings. Would OASIS be interested in providing a home/space for such trainings? B. Prath/ L. Taylor will have an offline discussion with S. Valanciute. 		

	<ul style="list-style-type: none"> • <u>E. Arcadi</u>: How is (intergenerational) working with the cities? Some libraries, senior centers, colleges are re-branding themselves. • <u>Response</u>: The city and County libraries are major partners. They use the site and work with the librarians because they understand the audience very well. The librarian will look through their existing catalog and select program(s) to be brought to their library. Spoke about OASIS's involvement with senior centers. • <u>J. Garbanzos</u>: Is OASIS working with populations that can be hard to reach due to cultural and/or language barriers in terms of communicating? • <u>Response</u>: Yes. OASIS is a small non-profit organization, and we charge very little. We must raise half the revenue from grants, donations, etc., to keep the fees low. It is an extremely expensive environment in which to operate. As an organization, we're looking for help to grow. What we need is a little bit of capital. <p>b. Pam Plimpton, AIS Intergenerational Coordinator:</p> <ul style="list-style-type: none"> • Shared her background working for AIS and as the Intergenerational Coordinator. • In this role, she facilitates efforts around the County that support, implement, sustain, and promote efforts that bring the generations together. • Provided flyers/information for six upcoming events. • Hosted international expert Dr. Nancy Henkin to come to San Diego on 9/25/18. She is the founder and former Executive Director of the Intergenerational Center at Temple University, a Senior Fellow at Generations United, and a national consultant in intergenerational practice, policy and research. Dr. Henkin gave three workshops: Strengthening IG Bonds in Immigrant & Refugee Communities, Age Well Efforts in Social Participation Across the Ages, and Working in Shared Spaces.
<p>5. Director's Items and Issues (possible action)</p>	<p>a. Board Letters: None</p> <p>C. Matthews thanked the AIS Advisory Council members for their efforts, attendance, and support of the Live Well Advance held on 10/2/18. Over 1,300 people attended.</p> <p>b. California Legislative Staff Education Institute (CLSEI) visit.</p> <p>C. Smith provided an overview of the visit:</p> <ul style="list-style-type: none"> • Hosted a cohort on 9/24/18 and 9/25/18 from CLSEI • The cohorts were formed many years ago. While State legislators term out, their staff typically remain for 20-30 years working for various members. • The Institute is a bi-partisan, bi-cameral group of staff that chooses a topic and community to study each fall. This year they chose aging issues in San Diego • Big thank you to L. Taylor and L. Prager for providing wonderful presentations to the CLSEI group. Their personal stories underscored how critical our volunteers and community partners are in creating and providing services and supports. • Hopefully, in the years to come this education will have impact as legislation is authored and reauthored and as budgets are built at the State. <p><u>Questions from the Council:</u></p> <ul style="list-style-type: none"> • <u>E. Arcadi</u>: With the County going into Age Well and not having an AIS Executive Director, and since Age Well is from birth to death, are they thinking of combining some of the agencies? With not having a director for so long, wondering if they are trying to tell them something. • <u>Response</u>: Correct, we (AIS) don't have an Executive Director yet. There is no hidden agenda. We're an Agency of one. We work together to be seamless. No organizational change or operational changes are anticipated. • <u>B. Prath</u>: Interested to hear about the visit from CLSEI. Now were going to face the same thing with term limits for the County Board of Supervisors. Does the State staff feel they are being listened to, are their experiences being recognized, or are they being told it's a new story? • <u>Response</u>: It was a mixed group of folks at the table with a wide variety of experiences. In fact, one woman who attended works for the speaker's office and handles all social services policies. She has worked for the last seven speakers. She follows the office, not the person. They rely on her heavily to help shape policy. At the end of the day, the legislators will rely on their staff members the heaviest. <p>c. Sunset Review: AIS Advisory Council Ordinance IIIa</p> <p>i. Adopt Sunset Review packet</p> <ul style="list-style-type: none"> ○ Dates still pending are highlighted in yellow. ○ E. Arcadi asked why we are still using the terminology mental health rather than behavioral health. Change the term in the health care and mental health goal. ○ Approve with the understanding the dates will be completed in the future. <p style="text-align: right;">[M/S – L. Monge/R. Bahmani: Unanimous]</p>

	<p>d. Requests to AIS and County Departments</p> <ul style="list-style-type: none"> We know how busy everyone is with the day-to-day, the Advisory Council, and a lot of things that need to be done. So, looking at that operationally, we wanted to talk to you about needing your help. We really want to run requests of staff for reports, data, and those type of things, we really need for you to run your requests through R. Sherrill. It helps us make sure you get the best staff person to meet those information/request needs. Sometimes you might think a person is the right person because they've been doing it for a while, but quite frankly, they may be loaded well beyond what they can get done with the additional request. So, we need to have a team approach to some of these things. This will be the best way for us to manage this operationally. And so, we hope you will be able to help us with that. A short protocol was put in place to help. This will be a big help with meeting the needs of the Advisory Council and for all of us going forward. A handout was prepared which provides clarity on the process to use to request information or assistance from AIS staff or staff from another County department. The Chair asked the Council to please read through the protocol to follow the instructions. It will make things much more streamlined, get faster action, and go through the proper channels. She recommended keeping it with their records to refer to it when needed.
6. Executive Committee (9/24/18) Report/Other Business (possible action)	<p>a. Chair's Report & Comments: Lorelei Taylor, Council Chair</p> <p>i. Committee Appointments/Ratification</p> <ul style="list-style-type: none"> Annually, the Council Chair appoints chairs for each committee; these chairs appoint their own alternates. The committee met at the usual time and spent quite a bit of time on formation for the transition this year, with the committees updating all the new committee chairs and alternates. If you are listed on the wrong committee, please email R. Sherrill /L. Taylor with corrections. If there is another committee you would like to be changed to or are interested in, please let L. Taylor know. We want it to be relevant to your experience and interest. Tabled the vote to ratify until the next meeting.
7. Executive Committee (9/24/18) Report/Other Business (possible action)	<p>a. Board of Supervisors Annual Visits:</p> <ul style="list-style-type: none"> i. District #1 Cox [Monge/Garbanzos] (TBD) ii. District #2 Jacob [Kagan/Arcadi] 11/15/18 at 2:30pm iii. District #3 Gaspar [Osborne/Bahmani] (TBD) iv. District #4 Roberts [Singer/vacant] (TBD) v. District #5 Horn [Weber/vacant] (TBD)
8. Standing Committee Oral Reports/Recommendations (possible action)	<p>a. Budget (met 6/21/18) Judi Bonilla, (Officer, Secretary) - Absent</p> <ul style="list-style-type: none"> R. Bahmani: The committee will meet the end of October; date is not confirmed at this time. <p>b. Legislative (met 10/8/18): Luis Monge, Chair (Officer/2nd Vice Chair)</p> <ul style="list-style-type: none"> Held a brief meeting. On two committees and the times conflict. Changing the Legislative Committee meeting start time to 10:30 a.m. Discussed the responsibilities and protocol to follow to comply with Agency requirements. Reminder to the Advisory Committee, if you want to meet with a legislator, meet with them as an individual and not as a member of the Advisory Committee. <p>c. Membership (met 9/24/18): Judi Bonilla, Chair (Officer, Secretary) Absent</p> <ul style="list-style-type: none"> i. New Member Recommendation for Diana Milburn <ul style="list-style-type: none"> Application (9/11/18) Seat #12, effective immediately, partial term expires 10/8/18 <p>D. Milburn provided a brief overview of expertise</p> <p style="text-align: right;">[M/S – T. Kagan/L. Monge: Unanimous]</p>
9. Ancillary Committee Oral Reports (possible action)	<p>a. LTC Facilities Ombudsman (met 9/20/18): Jack Miller, Chair</p> <ul style="list-style-type: none"> Guest speaker: Ellen Schmeding, COO, St. Paul's Senior Services Next meeting guest is Deputy District Attorney to talk about elder abuse. Still have a few seats available. Meeting is 10/18/18 at 10:30am at AIS, Pam Smith conference room. <p>b. Adult Services Connection (9/10/18) Susan Valoff, Chair</p> <ul style="list-style-type: none"> Did not meet due to a scheduling snafu. Meeting rescheduled 10/8/18. Guest speaker is Kat Casabar who will talk about dementia care. <p>c. Health & Nutrition Committee (met 10/8/18): Rosemarie Bahmani</p> <ul style="list-style-type: none"> Only two members were able to attend the meeting. The committee is in the process of adding the health component to nutrition. The nutritionist will be retiring and leaving the committee. This will be an adjustment. Waiting to hear who her replacement will be. Invited D. Milburn to attend their next meeting on 10/10/18 at 11 a.m.

	d. Housing & Transportation (met 10/8/18): Judi Bonilla/Media Fettinger, Co-Chairs <ul style="list-style-type: none"> M. Fettinger: Had a presentation from representatives from the non-profit organization, Elder Health, to discuss their shared housing program, HomeShare. They spoke of their areas of success, pain points, ideas of expansion, and difficulties with how to expand.
10. Auxiliary Committees Written Reports	{See Addendum Chart} Handouts were included. <ul style="list-style-type: none"> Notice the TBDs. L. Taylor: Let her know If you're interested in being liaison and attending one of the meetings and reporting back, or if you know someone who would like to attend one of the meetings on an informal basis and report back.
11. Other Announcements	<ul style="list-style-type: none"> Refreshments for the October meeting: Area Plan Committee. Reminder to adjust your calendars for the November meeting, which has been rescheduled to 11/5/18 due to Veterans Day. R. Sherrill introduced Samantha Hasler, Management Fellow for AIS. She will be helping AIS with strategic planning, specifically, looking at and aligning the Op Plan and Area Plan goals. C. Matthews gave a heads up that the parking lot is expected to be very busy due to election day on 11/6/18. Advised to use the entrance on Farnham. John Osborne: With the next meeting being rescheduled, reminded everyone of the San Diego Tech Fair on 11/12/18. Also asked how many seats are available on the Council. L. Taylor: Currently have 26, and the goal is to have 30 serve on the board. E. Arcadi: Commended Supervisor Jacob for how well her staff worked with Council members and make it easy for them to schedule meetings with her.
12. Adjournment & Next Meeting	Meeting Adjourned 1:30 p.m.; Next meeting November 5, 2018
COMMITTEE MEETINGS DAY OF COUNCIL (at AIS): <ul style="list-style-type: none"> Health & Nutrition: 11:00 a.m. Housing & Transportation: 11:00 a.m. Legislative: 11:00 a.m. Adult Services Connection: 2:15 p.m. 	
FUTURE COMMITTEE MEETINGS (at AIS unless otherwise stated): <ul style="list-style-type: none"> LTC Facilities/Ombudsman: 10/18/18 10:30 a.m. [3rd Thursday each month] Membership: 10/22/18 10:30 a.m. [4th Monday each month] Executive: 10/22/18 12:00 p.m. [4th Monday each month] Budget: October (date/time TBD) [Quarterly] 	

Minutes respectfully submitted by Dawn Wynne