

Aging & Independence Services Advisory Council
Monday, October 09, 2017
5560 Overland Ave
San Diego, CA 92123

Members			Absent Members	Guests
Attendance:	John Alexander Ellen Acardi Rosemarie Bahmani Judi Bonilla Fred Davis La Rue Fields Joe Garbanzos Georganne Grotey Queen Johnson Ted Kagan Martha McCarthy	Kim McIntrye Jack Miller Luis Monge John Osborne Linda Prager Kathy Randall June Singer Lorelei Taylor Valoff, Susan Darlene Weber	John Batchelder* Doli Cutler* Media Fettinger* Bob Prath*	Mike Cowlshaw Geneva Woehler Julia Cowlshaw Thomas J. Shorman MaryRose Consiglio Ursula Knaye Bob Cox Des Cox Chris Maeoka Pat Mosheller Burton Disner Biton Eulla Margaret Zamora
			* = notified prior to meeting	
Honorary Members			Staff	
Camille Cowlshaw			Chuck Matthews Floyd Willis	Blanca Ramirez
Item	Outcome			
1. Call to Order	Rosemarie Bahmani, Chair, 12:03 PM. a) Welcome & Pledge of Allegiance b) Member Introductions & New Member			
2. Standard Business:	a. Refreshments provided by Membership Committee b. Public Comments/Announcements: Members or non-members c. Minutes: Record of September 11, 2017 meeting (Action) [M/S – F. Davis/ K. Randall: Unanimous]			
3. Guest Speaker Presentation	Wendy Shigenaga RDN, Spectrum Nutrition, Inc.: AIS Nutrition Consultant Program Overview: Presented on Congregate-Dining, Home-Delivered, RD Oversight: Title C1 & C2 Elderly Nutrition Program <ul style="list-style-type: none"> First congregate meal program in San Diego was established as a pilot program in 1972 AIS contracts with 18 different CBO and municipalities to provide Congregate and Home Delivered Meals. Thirty eight (38) congregate meal sites. In Fiscal Year 2016/2017: 1,086,753 meals were served <ul style="list-style-type: none"> 532,493 Congregate meals to 7,735 clients 554,260 Home Delivered meals to 2,344 clients Must comply with federal nutrition standards: Dietary Reference Intakes for Older Adults, 2015 Guidelines Participant voluntary contribution-based revenue for the meals, no price/charge Eligible senior (60 and older) will not be denied a meal if meals are available Seniors receiving the meals shall not be means tested All sites shall be open to the public #1 reason why seniors attend the Dining Center is to visit with friends. #2 reasons why seniors participate in the Home Delivered Meals program are: <ul style="list-style-type: none"> Balanced nutrition Unable to prepare meals at home Wendy also touched on Food Security Questions, Participants' Comments about the Services, and Cumulative totals of the programs within a span of six months. Wendy went over comments from Seniors on the program. She went over the Action Plan: <ul style="list-style-type: none"> Update AIS website to be interactive and user friendly Update and maintain Congregate and HDM provider list for public and provider use. DONE! Spread the word. 			
4. Director's Items and Issues (possible action)	a. Board Letters: <ol style="list-style-type: none"> IHSS PA MOU With UDW [10/10/17], info only AIS for Competitive Solicitation: Nutrition & HCBS [10/10/17], info only – Exec Committee approved (8/28) Alzheimer's Project Mgt – Champions [10/10/17], info only – Exec Committee approved (9/25) – Contract goes through April 2020, Susan Valoff validated stipend is being used for students, SDSU Student(s) b. Age Well San Diego Status [Age-Friendly, Dementia-Friendly] – update: Chuck reported: There are well over 800 surveys completed/11 listening sessions completed/8 focusgroups completed. Age Well action plan is due in March 2018. Final report in June 2018. We are working with AARP and City recruitment to see what cities might be ready to take this on. County working with specific cities. Poway, La Mesa and San Diego City not signed on yet. Chula Vista is signed on and the County. Live well advance coming 11/8/17. c. Other (none)			

5. Executive Committee (9/25/17) Report/Other Business (possible action)	<p>a. Chair's Report & Comments</p> <p>i. Committee Chair Appointments & Alternates: Declared appointment by Rosemarie, Chair</p> <ul style="list-style-type: none"> • Nutrition: Kim McIntyre, Chair: La Rue Fields, alt Chair • LTC: No Change for Chair: Jack Miller, alt Chair • Housing: Media Fettinger, Chair: Judi Bonilla, alt Chair <p>ii. Committee Appointments:</p> <ol style="list-style-type: none"> 1. Committee Roster - The roster has been revised, a handout was distributed to the council 2. Budget Committee – New appointment, John Alexander [M/S –K. Randall/ L. Fields: Unanimous] <p>b. Annual Summary of Activities FY16/17, Letter to the Board</p> <p>i. Review of Content: Rosemarie asked the council to review the letter to the Board which will be attached to the Area Plan report. The purpose of this letter is to highlight the council and the accomplishments that the council has achieved.</p> <p>ii. Authorize for Distribution & Acceptance of motion [M/S –K. Randall/ L. Monge: Unanimous]</p> <p>c. California Senior Legislature (CLS) Appointments: Vacancies: Senate (1), Assembly (3)</p> <ul style="list-style-type: none"> • Estelle Wolf resigned [9/15/17], Ted asked to accept resignation. No need to vote. • Executive Committee (9/25/17) Recommendations, interest of two Council members considered. No non-Council resumes received. <p>i. Reposition Luis Monge from Assembly, Appoint as CSL Senator [M/S –T. Kagan/ F. Davis: Unanimous]</p> <p>ii. Appoint Ellen Arcadi to CSL Assembly: Ted Kagan, to nominate Ellen Arcadi and Patricia E. Mosteller to CSL Assembly, recognize E.Wolf resignation. [M/S –F. Davis/ L. Monge: Unanimous]</p> <p>d. Assessing Senior Gathering Places: ie. Senior Centers, Rosemarie added that the nutrition committee has met and are in the process of visiting these Senior Gathering Places and each month there is additional information. Rosemarie would like to invite everyone to visit a senior center in their area and report back what is working and what is not working. -- Local Situations Type of Places Purposeful Names</p> <p>e. California Commission on Aging, Commissioner Kathy is going to Sacramento, November 7-8. Floyd and Chuck are invited and their presence was requested. The meeting on Tuesday will be at the Gary & Mary West Foundation in La Jolla; 10350 N Torrey Pines Rd, La Jolla, CA 92037 (8:30am – 5pm). Wednesday meeting will be at Gary & Mary West Senior Center for a half day. Floyd Willis added that this is not a hearing.</p> <p>f. Board of Supervisors Annual Visits. [Dates posted as confirmed]</p> <ol style="list-style-type: none"> District 1: Cox [Monge/Garbanzos] 11/13/17 @ 10:00am District 2: Jacob [Kagan/Arcardi] 10/16/17 @ El Cajon District 3: Gaspar [Osborne/Bahmani] 11/6/17 @ 9:30am District 4: Roberts [Singer/ vacant] (tbd) District 5: Horn [Alexander/Weber] 10/23/17 @ 9:30am
7. Standing Committee Oral Reports/Recommendations (possible action)	<p>a. Membership (9/25/17) – Lorelei Taylor, Chair {Officer, Secretary}</p> <p>i. Declaration of Honorary Member: Camille Cowlshaw; Lorelei announced that the Committee received a letter of recommendation from Luis Monge. Rosemarie thanked Camille for being her mentor and will always be so grateful for her 7 years of service to the Advisory Council. The Council is very grateful to have had her on the council. Rosemarie read the recommendation letter that was sent to Fred Davis, former Council secretary, conveying the nomination for Camille as an honorary member. Floyd added that Camille resigned in early March and that Camille represented the South Bay District (Supervisor Cox). Camille also served as the AIS Advisory Secretary in 2012, first vice-chair in FY 2014/2015. Camille has been part of 3 Vital Aging Events in 2011, 2013 and 2015. Camille was also a part of The Age Well Summits in 2010, 2014 and 2016. Chuck Matthews also thanked Camille for her service and presented the certificate.</p> <p>ii. Council Resignations: Cynthia White-Parks (9/11/17), Estelle Wolf (9/29/17)</p> <p>iii. Vacancy Status and Recruitment Strategies: South Bay, Hispanic, and Pacific Islander; they are also reaching to some coordinators of other service groups for their recommendations.</p> <p>iv. Membership Roster and Ethics Training; with respect to vacancies, Lorelei stated that there is a potential applicant to fill for Supervisor Ron Roberts. There are five (5) vacancies total. Ethics Training: This is an every two year cycle. Emails will be going out with information on the training and a link attached.</p> <p>b. Legislative (10/9/17) – Kathy Randall, Chair {Officer, 2nd Vice Chair} – no meeting this month</p>
8. Ancillary Committee Oral Reports (possible action)	<p>a. Nutrition Committee (10/9/17): Kim McIntyre and La Rue Fields added that the committee can use two more members with the loss of Cynthia White-Parks.</p> <p>b. Housing & Transportation (10/9/17): Judi Bonilla (Fettinger Absent): Ellen and Ted are going to be meeting with Sup Diane Jacob.</p>
9. Ancillary Committees Written Reports	{See Addendum Chart}
10. Other Announcements	<p>Rosemarie thanked Fred Davis for his services as the Council Secretary. She added that he worked tirelessly and kept the membership level at a good level, and that it was a pleasure to have him on the Executive Committee. As a result of Estelle Wolf's resignation, the Executive Committee will meet in November to select and appoint a new vice-chair.</p> <p>Kathy added that the Legislative Committee is looking for two more members are well.</p>
11. Adjournment	Meeting Adjourned 1:54 pm
COMMITTEE MEETINGS DAY OF COUNCIL AT AIS (9/11/17)	
• Nutrition	• Housing & Transportation
FUTURE COMMITTEE MEETINGS (at AIS unless otherwise stated): <ul style="list-style-type: none"> • Executive – 10/23/07 @ noon [4th Monday each month] • Membership – 10/23/17 @ 10am [4th Monday each month] • LTC Facilities/ Ombudsman – 10/19/17 @ 10 am [3rd Thursday/month] • Budget – 1/24/18 @ 10am [Quarterly] changing to 10/25/17 	
II. NEXT MEETING: November 13, 2017	

Minutes respectfully submitted by Blanca Ramirez.