

**Aging & Independence Services Advisory Council**  
**Monday, November 4, 2019 | 12:00pm – 2:00pm**  
**5560 Overland Ave, Joaquin Anguera Room (3<sup>rd</sup> Floor)**  
**San Diego, CA 92123**

**MINUTES**

<b>Members</b>		<b>Absent Members</b>		<b>Guests</b>
Attendance	Rosemarie Bahmani Judi Bonilla Faye Detsky-Weil La Rue Fields Joe Garbanzos Stephen Huber Ted Kagan William Kelly Chris Maeoka Enrique Melgar Diana Milburn	Jack Miller Luis Monge John Osborne Linda Prager Christina Selder Jaqueline Simon Wanda Smith Lorelei Taylor Kim Tran Susan Valoff Darlene Weber	Ellen Arcadi Morgan Cadmus Patricia DeLeo Monica Flynn Bijou Lulla Paul Monarrez	Elmer Aceitune Alondra Huerta Jan Montague Day Mu Sarah Sa Paula Saracen Torrey Stonder
	<b>Distinguished Merit Recipients</b>		<b>Staff</b>	
	None		Blanca Castillo Samantha Hasler Renée Sherrill	Caroline Smith Kristen Smith
<b>Item</b>	<b>Outcome</b>			
1. Call to Order	<p><b>Lorelei Taylor, Chair, 12:06 PM</b></p> <p>a. Welcome &amp; Pledge of Allegiance</p> <p>b. Guest/Member Introductions</p> <p>c. Confirmation of Quorum: 20 present at this time</p>			
2. Standard Business	<p>a. Refreshments provided by the Nutrition and Healthy Aging Subcommittees – Thank You</p> <p>b. Public Comments/Announcements: Members or non-members</p> <ul style="list-style-type: none"> <li>• L. Fields announced that she retired two weeks ago. She also added that she will be staying on the Council.</li> <li>• W. Kelly reported that the City of San Diego joined the Age Friendly Initiative. Now working on a survey; link will be coming soon and will be provided to the Council.</li> <li>• J. Osborne reported that the Senior Tech Fair at Grossmont Center was very well attended. There were a lot of informative sessions.</li> <li>• D. Milburn asked that if anyone is in interesting in joining the Healthy Aging Subcommittee to let her know.</li> <li>• F. Detsky-Weil reported that the open enrollment for Medicare has begun.</li> <li>• J. Garbanzos AARP, in cooperation with San Diego Foundation, is organizing an age-friendly community event this upcoming Thursday from 9:00 a.m. to 3:00 p.m. It's an open invitation.</li> <li>• R. Sherrill reported that the SCAN Foundation provided a grant for St. Paul's Senior Services to hold their Annual Legislative Breakfast at Marina Village in the Captain's Room on December 6, 2019, from 8:00 to 10:30 a.m. Ellen Schmeding is cordially inviting the Advisory Council. The topic will be <i>What Do Seniors Want in the State Master Plan for Aging?</i> In preparation for this program, they are requesting participation in a brief survey regardless of plans to attend the event: <a href="https://www.surveymonkey.com/r/sandiegosenioralliancesurvey">https://www.surveymonkey.com/r/sandiegosenioralliancesurvey</a>. A flyer with the survey link was provided. RSVP as seating is limited.</li> </ul> <p>c. Approval of October 14, 2019 meeting minutes <b>[M/S – T. Kagan/S. Valoff: Unanimous]</b></p>			
3. Guest Speaker Presentations	<p>a. San Clemente Village, Jan Montague, Executive Director, San Clemente Villages Highlights included:</p> <ul style="list-style-type: none"> <li>• Village Movement</li> <li>• Our Mission</li> <li>• San Clemente Villages Time</li> <li>• Members Benefits</li> <li>• Social Member Benefits</li> <li>• About Us</li> <li>• Volunteer Opportunities</li> <li>• Personal Wellness</li> <li>• Services Comparison</li> </ul>			

	<ul style="list-style-type: none"> <li>• Connections and Supporters</li> <li>• Revenue Comparison</li> </ul> <p>b. Specialized Case Management, Stacy Bjerke, Supervisor Highlights included:</p> <ul style="list-style-type: none"> <li>• There are three programs: SOAR, Linkages and SD VISA</li> </ul> <p>SOAR</p> <ul style="list-style-type: none"> <li>• SOAR (Senior Options Advocacy Referral) is funded by the Older Americans Act a program for people 60 and above</li> <li>• It's a title 3B program</li> <li>• Its serves about approximate 225 people a year</li> <li>• The goal is to help people stay safe in their home as long as possible</li> </ul> <p>Linkages</p> <ul style="list-style-type: none"> <li>• Linkages is also a case management program</li> <li>• It serves people 18 and above</li> <li>• It has mix funding sources</li> <li>• It serves about 120 people</li> <li>• Case managers help clients with Medi-Cal applications or any other paperwork they might need help with</li> </ul> <p>SD VISA</p> <ul style="list-style-type: none"> <li>• It's a veterans-directed home and community based services national program</li> <li>• It's the only one in the State of California</li> <li>• This program services all different ages</li> <li>• The VA contracts with the Area on Agencies</li> <li>• The VA conducts assessments allocates a budget</li> <li>• The County assists veterans with budget and provides options</li> <li>• Clients hire their caregivers</li> </ul>
<p>4. AIS Director's Items and Issues (possible action)</p>	<p>Jennifer Bransford-Koons, Assisting Director, reported on behalf of Kim Gallo and Caroline Smith, who were in Sacramento presenting on the Aging Roadmap.</p> <p>a. Board Letters: None (Action)</p> <ul style="list-style-type: none"> <li>• There were no letters to review.</li> <li>• On Oct. 29th the Board approved the Council's updated By-laws. B. Castillo will send the final version to all members after the meeting.</li> </ul> <p>b. AIS Director's Update</p> <ul style="list-style-type: none"> <li>• At December's meeting, K. Gallo will be sharing more on the Aging Roadmap.</li> <li>• In follow up to Council questions at the September meeting, agenda packets included MSSP client demographics displayed by race and city.</li> <li>• K. Smith's team is also currently following up on the question regarding awareness of a caregiver module for Asian Americans.</li> </ul> <p>c. Legislative Update: Caroline Smith</p> <ul style="list-style-type: none"> <li>• The House of Representatives passed the Dignity of Aging Act on October 28<sup>th</sup>. This is the vehicle to reauthorize The Older American's Act.</li> </ul>
<p>5. Executive &amp; Membership Subcommittee Report/Other Business (possible action)</p>	<p>a. Chair's Report: Lorelei Taylor, Chair</p> <ol style="list-style-type: none"> <li>i. Subcommittee Update – The subcommittee is looking and reviewing the upcoming annual calendar and identifying Council meeting presenters for the year. Also looking at some options for the Council's offsite visit.</li> </ol> <p>b. Membership Report: Stephen Huber, Chair; S. Huber reported that the Advisory Council is two members shy of a full Council.</p> <ol style="list-style-type: none"> <li>i. New By-laws Attendance Requirements. S. Huber reminded the Council members that there are no longer excused absences.</li> </ol> <p>c. Board of Supervisors Annual Visits (dates posted as confirmed): L. Taylor asked each appointed Council member to reach out to their respected Supervisory for scheduling.</p> <ol style="list-style-type: none"> <li>i. District #1 Cox [Garbanzos/Monge] 11/21/19 @ 1:20 p.m.</li> <li>ii. District #2 Jacob [Arcadi/Kagan] TBD</li> <li>iii. District #3 Gaspar [Bahmani/Osborne] TBD</li> <li>iv. District #4 Fletcher [Flynn/Tran] TBD</li> <li>v. District #5 Desmond [Simon/Weber] TBD</li> </ol>
<p>6. Ancillary Subcommittee Oral Reports (possible action)</p>	<p>a. LTC Ombudsman/Facilities (met 10/17/19): Jack Miller, Chair</p> <ul style="list-style-type: none"> <li>• J. Miller reported that J. Osborne, R. Bahmani and himself attended Edgemoor's 10-year anniversary event on October 23. J. Miller reported at their last meeting that Sarsis was their speaker. Icela Estrada, from the Choose Well program will be their next speaker.</li> </ul>

	<p>b. Adult Services Connection (met 10/14/19): Christina Selder, Chair</p> <ul style="list-style-type: none"> <li>C. Selder reported that Serving Seniors came to present at their last meeting. They reported that they have new low-income housing in Ramona.</li> </ul> <p>c. Healthy Aging (met 10/14/19): Diana Milburn, Chair</p> <ul style="list-style-type: none"> <li>D. Milburn reported that the subcommittee spent some time on administration and organization.</li> </ul> <p>d. Housing (met 11/4/19): LaRue Fields, Chair</p> <ul style="list-style-type: none"> <li>L. Fields reported that the subcommittee reviewed their goals, and they narrowed it down to one. They plan to monitor AIS programs and requested J. Bransford-Koons' help to identify current County activities related to housing and the homeless. J. Bransford-Koons agreed to provide this information.</li> <li>L. Taylor added that she would like to increase the advocacy for each sub-committee and are working on moving some of these meetings to different times so that members can have the opportunity to attend.</li> </ul> <p>e. Nutrition (met 11/4/19): Chris Maeoka, Chair</p> <ul style="list-style-type: none"> <li>C. Maeoka reported that two members were present at this meeting. Charli Brand, the AIS Nutritionist, presented at this meeting.</li> </ul> <p>f. Transportation (met 11/4/19): TBA, Chair</p> <ul style="list-style-type: none"> <li>There is currently no chair. T. Kagan reported that there were five members in attendance. They discussed a possible partnership between MTS and North County Transit. MTS has a travel training class the third Thursday of every month at the Balboa Senior Lounge. He suggested this might be helpful at a future Council meeting. J. Bransford-Koons mentioned the Ride Well Guide currently under development by the Transportation Age Well San Diego Theme Team.</li> </ul>															
7. Ad Hoc Subcommittee Oral Reports	<p>a. Area Plan Subcommittee (met 10/29/19) Rosemarie Bahmani, Chair Kristen Smith and Samantha Hasler gave an overview of the Area Plan and talked about the needs assessment process for putting together the four-year 2020-24 Area Plan. <b>[M/S – J. Osborne/R. Bahmani: Unanimous]</b></p>															
8. Auxiliary Liaison Written Reports	{See Addendum Chart} Handouts were included.															
9. Other Announcements	<p>a. Refreshments for December: Holiday Potluck</p> <ul style="list-style-type: none"> <li>R. Sherrill noted that visitors might consider requesting appointment to Council subcommittees as subcommittee members are not required to be Council members.</li> <li>J. Osborne announced that in honor of Veterans Day AT&amp;T is donating to Veterans Village and other entities.</li> <li>T. Kagan announced that on Veterans Day there will a ceremony in El Cajon and a parade downtown.</li> </ul>															
10. Adjournment & Next Meeting	<p>Meeting Adjourned: 1:52 p.m. Next Meeting: December 9, 2019, at 12:00 p.m. at AIS, 5560 Overland Ave., Suite 310, San Diego, CA 92123</p>															
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Minutes respectfully submitted by Blanca E. Castillo