

**Aging & Independence Services Advisory Council**  
**Monday, December 9, 2019 | 12:00pm – 2:00pm**  
**5560 Overland Ave, Joaquin Anguera Room (3<sup>rd</sup> Floor)**  
**San Diego, CA 92123**

**MINUTES**

<b>Members</b>		<b>Absent Members</b>		<b>Guests</b>
Attendance	Ellen Arcadi Judi Bonilla Morgan Cadmus Patricia DeLeo Faye Detsky-Weil La Rue Fields Stephen Huber Ted Kagan Bijou Lulla Chris Maeoka	Jack Miller Luis Monge John Osborne Linda Prager Christina Selder Jaqueline Simon Wanda Smith Lorelei Taylor Susan Valoff Darlene Weber	Rosemarie Bahmani Monica Flynn Joe Garbanzos William Kelly Enrique Melgar Diana Milburn Paul Monarrez Kim Tran	Sharon Beckas Elisa Barnett Martha Plazola Paula Saracen
	<b>Distinguished Merit Recipients</b>		<b>Staff</b>	
	None		Jennifer Bransford-Koons Blanca Castillo Samantha Hasler Renée Sherrill	Kristen Smith Shelly Tregembo Sunita Upchurch
<b>Item</b>	<b>Outcome</b>			
1. Call to Order	<p><b>Lorelei Taylor, Chair, 12:07 PM</b></p> <p>a. Welcome &amp; Pledge of Allegiance</p> <p>b. Guest/Member Introductions</p> <p>c. Confirmation of Quorum: 19 present at this time</p>			
2. Standard Business	<p>a. Refreshments provided by all – Thank You!</p> <p>b. Public Comments/Announcements: Members or non-members</p> <ul style="list-style-type: none"> <li>• S. Valoff provided a flyer to Council for a free one-day education workshop series on estate planning and long-term care with the San Diego Planning Partnership (SDPP) a non-profit organization.</li> <li>• L. Taylor announced that there will be a retirement celebration on Wednesday, December 18, 2019 from 12-2 p.m. at the LGBT Center for our Council Member, La Rue Fields.</li> <li>• J. Miller announced Council Member Christina Selder’s new position with Serving Seniors.</li> <li>• R. Sherrill reported that the Area Plan Committee will have listening sessions in January 2020. Those who wanted to volunteer were able to sign up on the sheet that was passed around.</li> </ul> <p>c. Approval of November 4, 2019 meeting minutes with the following corrections:</p> <ul style="list-style-type: none"> <li>• F. Detsky-Weil asked that her name be corrected on the minutes under “Standard Business” from “F. Detsky” to “F. Detsky-Weil.”</li> <li>• J. Miller asked that a correction be made under section 6a. from “Isela Estrada, from the Choose Well program” to “Icela Estrada from the CA Dept. of Social Services Community Care Licensing.”</li> </ul> <p style="text-align: right;"><b>[M/S – T. Kagan/F. Detsky-Weil: Unanimous]</b></p>			
3. Guest Speakers	<p>a. <i>Live Well San Diego</i> Annual Report, Shelly Tregembo, Program Coordinator</p> <p>Highlights included:</p> <ul style="list-style-type: none"> <li>• A review of how to access and drill down to the following on <a href="http://livewellsd.org">http://livewellsd.org</a>: <ul style="list-style-type: none"> <li>○ The <i>Live Well San Diego</i> Annual Impact Report, including video and written success stories for each of the five Areas of Influence</li> <li>○ The Top 10 <i>Live Well San Diego</i> Indicators, available to view countywide and by smaller areas throughout the county</li> </ul> </li> </ul> <p>b. Ombudsman Annual Report, Sunita Upchurch, Ombudsman Program Supervisor</p> <p>Highlights included:</p> <ul style="list-style-type: none"> <li>• Older Americans Act</li> <li>• Ombudsman Program</li> <li>• Long-Term Care Ombudsman Mission</li> <li>• Long-Term Care Ombudsman Program</li> <li>• Receive, Investigate, And Resolve Complaints</li> <li>• Ensure a Regular Presence in Long Term Care Facilities</li> <li>• Address Patterns of Poor Practice</li> </ul>			

	<ul style="list-style-type: none"> <li>• Maximize Community Awareness and Involvement</li> <li>• Influence Public Policy</li> <li>• Ensure Effective Program Administration</li> <li>• Protecting and Assisting Residents</li> </ul>
<p>4. AIS Director's Items (possible action)</p>	<p>Jennifer Bransford-Koons, Assistant Director, reported on behalf of Kim Gallo and Caroline Smith, who were in Sacramento presenting on the Aging Roadmap. J. Bransford-Koons announced her appointment as the new Director for East and North Central Regions.</p> <p>a. Board Letter: None (Action)</p> <ul style="list-style-type: none"> <li>• There were no letters to review</li> </ul> <p>b. AIS Director's Update</p> <ul style="list-style-type: none"> <li>• Aging Roadmap Update: J. Bransford-Koons gave an overview update on the Aging Roadmap that the County Board of Supervisors unanimously voted to implement on September 24, 2019. Highlights include: <ul style="list-style-type: none"> <li>○ AIS will serve as the lead department for the County, with assistance from the Sheriff's Dept., DA's Office, OES, Department of PDS, DPW, and others.</li> <li>○ AIS will also be partnering with the many community organizations that provide services and support to older adults in our region.</li> <li>○ The Roadmap was created to provide a comprehensive regional plan that incorporates AIS programs and Age Well San Diego efforts and broadens focus to include 5 new areas: <ul style="list-style-type: none"> <li>• Caregiver Support, Safety, Preparedness &amp; Response, Silver Economy, and Medical &amp; Social Services System.</li> </ul> </li> <li>○ With Age Well San Diego, the ten focus areas collectively represent the County's comprehensive approach to aging services, including person-centered care and community-wide efforts.</li> <li>○ The Council has representatives on all 5 of the Age Well San Diego Theme Teams.</li> <li>○ A copy of the goal table, which indicates potential subcommittee leads for the goal areas and possible advisory roles for the Council and its subcommittees was provided.</li> </ul> </li> <li>• J. Bransford-Koons followed up on various Council requests from last month's meeting.</li> </ul> <p>c. Legislative Update: Caroline Smith</p> <ul style="list-style-type: none"> <li>• J. Bransford-Koons followed up on last month's Council's inquiry.</li> </ul>
<p>5. Executive &amp; Membership Subcommittee (met 11/18/19) Report/Other Business (possible action)</p>	<p>a. Chair's Report: Lorelei Taylor, Chair</p> <ol style="list-style-type: none"> <li>Adult Services Connection Subcommittee Membership: J. Garbanzos' resignation <b>[M/S – J. Osborne/J. Simon: Unanimous]</b></li> <li>California Senior Legislature Recognition <ul style="list-style-type: none"> <li>• The agenda packets included a press release with the top priorities for the 2020 California Senior Legislature. One was proposed by Pat Mosteller from our local San Diego caucus, AP-7 California Community Colleges: Equal Funding for Noncredit Education San Diego. Congratulations!</li> </ul> </li> </ol> <p>b. Membership Report: Stephen Huber, Secretary</p> <ol style="list-style-type: none"> <li>Vacancy Advertisement Coming in AIS Newsletter</li> <li>New Attendance Requirement – effective 11/2/19</li> <li>Ethics Training Status <ul style="list-style-type: none"> <li>• S. Huber reminded the Council members that the State law requires completion of 2 full hours within 1 year of appointment, and every year thereafter for each Council member.</li> </ul> </li> </ol> <p>c. Board of Supervisors Annual Visits (dates posted as confirmed):</p> <ol style="list-style-type: none"> <li>Proposal to move annual visits to the first quarter of each calendar year. <ul style="list-style-type: none"> <li>• L. Taylor reported that in light of the election turnover as Supervisors term out, the Executive &amp; Membership Subcommittee is recommending moving the annual Supervisor visits to the first quarter of each calendar year, which is after the elections <b>[M/S – L. Monge/W. Smith: Unanimous]</b></li> </ul> </li> <li>District #1 Cox [Garbanzos/Monge] 11/21/19 @ 01:20 p.m.</li> <li>District #2 Jacob [Arcadi/Kagan] 02/04/20 @ 10:00 a.m.</li> <li>District #3 Gaspar [Bahmani/Osborne] TBD</li> <li>District #4 Fletcher [Flynn/Tran] TBD</li> <li>District #5 Desmond [Simon/Weber] TBD <ul style="list-style-type: none"> <li>• L. Monge, J. Garbanzo and L. Taylor met with Supervisor Greg Cox and discussed many programs in the community.</li> </ul> </li> </ol>
<p>6. Ancillary Subcommittee Oral Reports (possible action)</p>	<p>a. LTC Ombudsman/Facilities (met 11/21/19): Jack Miller, Chair</p> <ul style="list-style-type: none"> <li>• J. Miller reported that at their November meeting, there was a huge turnout. Icela Estrada was their guest speaker. They also had a second speaker, Ombudsman Program Specialist, Kathy Wagner.</li> </ul>

	<ul style="list-style-type: none"> <li>b. Adult Services Connection (met 11/4/19): Christina Selder, Chair <ul style="list-style-type: none"> <li>• C. Selder reported and met briefly. Looked at goals. Did not meet today due to no agenda.</li> </ul> </li> <li>c. Healthy Aging (met 11/4/19): Diana Milburn, Chair <ul style="list-style-type: none"> <li>• W. Smith reported that they went over goals for next year.</li> </ul> </li> <li>d. Housing (met 12/9/19): LaRue Fields, Chair <ul style="list-style-type: none"> <li>• L. Taylor reported that the subcommittee did not meet today.</li> </ul> </li> <li>e. Nutrition (met 12/9/19): Chris Maeoka, Chair <ul style="list-style-type: none"> <li>• L. Taylor reported that the subcommittee did not meet today.</li> </ul> </li> <li>f. Transportation (met 12/9/19): T. Kagan, Member <ul style="list-style-type: none"> <li>• There is currently no chair. T. Kagan reported that they are still working with MTS and North Central Transit to try and develop a partnership with them.</li> </ul> </li> </ul>
7. Ad Hoc Subcommittee Oral Reports	<ul style="list-style-type: none"> <li>a. Area Plan Subcommittee (met 10/29/19) Christina Selder, Member <ul style="list-style-type: none"> <li>• C. Selder reported that AIS is looking for volunteer to sit in the listening sessions.</li> </ul> </li> </ul>
8. Auxiliary Liaison Written Reports	{See Addendum Chart} Handouts were included.
9. Other Announcements	<ul style="list-style-type: none"> <li>a. California Senior Legislature Annual Report: Ted Kagan, Senator <ul style="list-style-type: none"> <li>• T. Kagan reported out on the Sacramento Legislative Session</li> </ul> </li> <li>b. Refreshments for January: Executive &amp; Membership Subcommittee</li> </ul>
10. Adjournment & Next Meeting	Meeting Adjourned: 1:58 p.m. Next Meeting: January 13, 2020, at 12:00 p.m. at AIS, 5560 Overland Ave., Suite 310, San Diego, CA 92123
<b>SUBCOMMITTEE MEETINGS DAY OF COUNCIL (at AIS)</b> Meetings are held at 5560 Overland Ave., San Diego, 92123 <ul style="list-style-type: none"> <li>➤ Housing: 10:30 a.m. Ste. 310, John Gaffaney Memorial Conf., Rm.</li> <li>➤ Nutrition: 10:30 a.m. Ste. 310, MSSP Conf., Rm.</li> <li>➤ Transportation: 10:30 a.m. Ste. 130, PAPGPC Conf., Rm.</li> <li>➤ Adult Services Connection: 2:15 p.m. Ste. 130, PAPGPC Conf., Rm.</li> <li>➤ Healthy Aging: 2:15 p.m. Ste. 310, Call Center Conf., Rm.</li> </ul>	
<b>FUTURE SUBCOMMITTEE MEETINGS (at AIS unless otherwise stated):</b> Meetings are held at 5560 Overland Ave., Ste. 310, John Gaffaney Memorial Conference Room, San Diego, 92123 <ul style="list-style-type: none"> <li>➤ Executive &amp; Membership: 12/16/19 10:30 a.m. [exception, usually 4<sup>th</sup> Monday each month]</li> <li>➤ LTC Ombudsman/Facilities: 12/19/19 10:30 a.m. [3<sup>rd</sup> Thursday each month]</li> </ul>	

Minutes respectfully submitted by Blanca E. Castillo