

**Aging & Independence Services Advisory Council**  
**Monday, September 10, 2018 | 12:00pm – 2:00pm**  
**5560 Overland Ave, Joaquin Anguera Room (3<sup>rd</sup> Floor)**  
**San Diego, CA 92123**

Members			Absent Members	Guests
Attendance:	Ellen Arcadi Rosemarie Bahmani Judi Bonilla Kim Cochran Media Fettinger Joe Garbanzos Stephen Huber Ted Kagan William Kelly Chris Maeoka Martha McCarthy	Jack Miller Luis Monge John Osborne Linda Prager Bob Prath Christina Selder June Singer Lorelei Taylor Susan Valoff Darlene Weber	John Alexander Dolli Cutler La Rue Fields Bijou Lulla Kim McIntyre	Danielle Glorioso Diana Melbourne Pat Mosteller Martha Plazola John Pointer Dr. Roberto Segovia Lance Witmond
	Honorary Members		Staff	
			Jennifer Bransford-Koons Chuck Matthews Renée Sherrill	Caroline Smith Dawn Wynne
Item	Outcome			
1. Call to Order	<b>Rosemarie Bahmani, Chair, 12:08 PM</b> a. Welcome & Pledge of Allegiance b. Guest/Member Introductions: <ul style="list-style-type: none"> <li>Guests included Danielle Glorioso, Lance Witmond, and John Pointer</li> <li>Chuck Matthews also introduced Dr. Roberto Segovia. He is participating in a leadership program at UCSD and is developing an aging program in his home country of Chile. He has embarked together with the County on developing an evaluation plan for intergenerational programming as part of his thesis.</li> </ul>			
2. Officer Swear-in FY 18/19:	a. Recognition of Service to the FY 17/18 Advisory Council Officers: Chuck Matthews thanked Lorelei Taylor, Luis Monge, La Rue Fields (absent), and Rosemarie Bahmani for their services and presented them with letters of recognition. Jack Miller presented a bouquet of roses to Rosemarie on behalf of the Transportation Committee and the Advisory Council thanking her for her leadership. b. Newly elected officers were sworn in, officiated by AIS Interim Director, Chuck Matthews <ul style="list-style-type: none"> <li>Chair: Lorelei Taylor</li> <li>2<sup>nd</sup> Vice Chair: Luis Monge</li> <li>Secretary: Judy Bonilla</li> </ul> 1 <sup>st</sup> Vice Chair elect, La Rue Fields, is unable to attend; she will be sworn-in at the next meeting she attends; New Chair Lorelei Taylor provided an overview of her vision and ideas.			
3. Standard Business	a. Eats & Treats presented by Housing & Transportation Committees b. Public Comments/Announcements: Members or non-members (none) c. Approval of July 9, 2018 Meeting Minutes (Action) <div style="text-align: right;"><b>[M/S – J. Osborne/L. Monge: Unanimous]</b></div> <i>The approval was not on the August agenda as August was the Annual New Member Orientation &amp; Planning meeting.</i> d. Approval of August 13, 2018 Meeting Minutes (Action) <div style="text-align: right;"><b>[M/S – R. Bahmani/J. Singer: Unanimous]</b></div> <i>Because strategic planning was included in the August meeting, it was a Brown Act meeting.</i>			
4. Guest Speaker Presentations	a. Danielle Glorioso, Executive Director, UCSD Center for Healthy Aging and the Sam and Rose Stein Institute for Research on Aging: <ul style="list-style-type: none"> <li>Based on campus in La Jolla. Director is Dilip V. Jeste, M.D.</li> <li>Mission: To advance lifelong health and wellbeing through: Research, Training and Community Outreach.</li> <li>The Center holds monthly free public lectures on the 3<sup>rd</sup> Wednesday of the month to provide the opportunity to hear about exciting advances happening in the field of aging.</li> <li>The SAGE longitudinal study of three domains of aging (physical, cognitive and psychosocial) found a paradoxical increase in life satisfaction as the percentage of older adults with no physical disability decreased; study also found that older adults have increases in vocabulary,</li> </ul>			

	<p>social problem-solving and complex decision-making with declines in the prevalence of nearly every psychiatric disorder and hostility.</p> <ul style="list-style-type: none"> <li>UCSD received a 5 year \$10 million grant from IBM to advance artificial intelligence to help older adults live independently longer and have a better quality of life.</li> <li>UCSD is collaborating with the University of Rome to study centenarians and their children in Cilento, Italy. The focus is lifestyle, diet, positive traits, diseases of aging, and multiple cutting-edge biomarkers.</li> <li>UCSD is partnering with Mather LifeWays on a research study to determine if classes on increasing resilience and well-being will lead to better overall health and longer lifespan</li> <li>UCSD Health Hackathon is partnering engineering students with seniors and retirement communities on one-year projects to develop devices for healthy aging.</li> <li>D. Glorioso provided a copy of presentation to R. Sherrill, who mailed it to the Council.</li> </ul> <p>b. Lance Witmond, Chief of Staff to Assemblymember Brian Maienschein:</p> <ul style="list-style-type: none"> <li>Assemblymember Maienschein sent his regrets as he was on his way to Washington D.C. to receive a Legislator of the Year award from the Rare Voice organization for securing two million dollars in the State budget for a pilot program by Rady Children's Hospital to help individuals on Medi-Cal with rare diseases to get appropriate resources, treatments and medication.</li> <li>Assemblymember Maienschein also secured additional funding for Denti-Cal, which is woefully underfunded and has reimbursements worse than the Medi-Cal program.</li> <li>Assemblymember Maienschein currently has eight bills signed this year with six more on his desk, and he prides himself with working across the aisle.</li> <li>AB2025: Elders Bond Act. <ul style="list-style-type: none"> <li>The senior population is growing at an astounding rate but community-based services for the elderly have been reduced.</li> <li>It is estimated that between 2014 and 2019 the number of 65-74 year olds will increase by 25%, the number of 75-84 year olds will increase by 18%, and those over age 84 will increase by 9%.</li> <li>California has an aging population that is not being addressed properly.</li> <li>The bill was held up again in both houses this year. The Senate and Assembly say 200 million dollars is too much right now.</li> <li>Need to think outside the box. If we don't start serving these individuals now it will be extremely more costly down the road.</li> </ul> </li> <li>As of 2015 passed ACR38, California Task Force on Family Caregiving, which: <ul style="list-style-type: none"> <li>Asked the legislature to work in partnership with the private sector in collecting data</li> <li>Established a taskforce to study the nature and state of family caregiving to identify policy improvements.</li> <li>The taskforce released the final report in July with seven policy recommendations.</li> <li>Mr. Witmond provided R. Sherrill with a web link to the report, which she forwarded to the Council members.</li> </ul> </li> <li>Skilled Nursing Facility (SNF) Audit report that came out in May of 2018 found that the State is not adequately addressing SNF care deficiencies in three areas. The number of deficiencies related to substandard care increased by 31% from 2006-2015; deficiencies associated with nursing facility non-compliance that cause or are likely to cause serious injury or death to residents increased by 35%; and the public health department has not fulfilled many of its oversight responsibilities meant to ensure that nursing facilities meet quality of care standards. <ul style="list-style-type: none"> <li>Mr. Witmond provided R. Sherrill with a web link to the report, which she forwarded to the Council members.</li> </ul> </li> </ul>
<p>5. Director's Items and Issues (possible action)</p>	<p>a. Board Letters: None</p> <p>b. Sunset Review: AIS Advisory Council Ordinance IIIa.</p> <ol style="list-style-type: none"> <li>Adopted edits to Ordinance IIIa <b>[M/S – R. Bahmani/R. Prath: Unanimous]</b></li> <li>Draft Sunset Review packet: <ul style="list-style-type: none"> <li>These documents are required by the Clerk of the Board of Supervisors as part of the Sunset Review process</li> <li>Members received copies via email before the meeting and have a copy in their agenda packets</li> <li>Today the Council is receiving the draft</li> <li>On Oct. 8<sup>th</sup> the Council will vote on the draft</li> <li><b>[FOLLOW-UP]</b> Council members are to email any feedback regarding additions, deletions or edits to R. Sherrill <b>by close of business on 9/21/18</b> for inclusion in the version presented at the Oct. 8 meeting, when the Council will finalize and vote to confirm the Sunset Review Packet</li> <li>R. Sherrill walked through and explained the components of the draft packet</li> </ul> </li> </ol>

	<ul style="list-style-type: none"> <li>○ Wherever possible she pulled content from existing Council documents including Committee Charters and the Committee Roster</li> <li>○ The Cost Benefit Analysis is a financial document. It does not demonstrate benefit the Council brings through expertise. This is demonstrated in the other packet materials.</li> <li>○ In the Goals and Accomplishments document, the icons in the last column relate to the <i>Live Well San Diego</i> Five Areas of Influence. This was part of the discussion in the August brainstorming meeting to tie the Council work to the indicators that demonstrate the success of <i>Live Well San Diego</i>.</li> <li>○ R. Sherrill will begin logging Council accomplishments for the next sunset review</li> </ul> <p>c. Area Plan 2016-2020 Update FY18/19, Addendum: The CDA provided feedback on the 18/19 Area Plan update, and AIS responded to meet their timeline. The Council received a copy of the summary of the edits, along copies of the pages that were edited, via email before the Council meeting, and this was included in this meeting's agenda packet. Normally, AIS would secure the Council's review prior to submitting the response to the CDA, but this year the State's timeline did not permit this. Should the Council recommend any changes, AIS does have the opportunity to submit an amendment. <b>Question/comments:</b> 1) R. Prath: Recommend approving with comment. He thanked the team for keeping up with the updates and edits as the Council would not have been able to keep up with it. He asked how the State provided their feedback and whether it was by phone. C. Matthews said they sent him an email. 2) R. Prath: Noticed a new emphasis, the Ombudsman is integrated with the County emergency response and asked if it was new. R. Sherrill and C. Smith said yes, this is new. <b>[M/S – R. Prath/J. Osborne: Unanimous]</b></p> <p>d. Parking: Jack had expressed concerns with the two-hour parking limitation in front of the building, and C. Smith provided an update from the Department of General Services (DGS). Neither HHSA nor departments in any of the other four business groups with the County of San Diego have control over parking. Policy allows for no exceptions, and DGS cannot set a precedent. There are 31 departments on the County Operations Campus (COC), and 19 of them have advisory councils that meet at the COC. DGS is committed to work with HHSA to identify some solutions.</p> <ul style="list-style-type: none"> <li>○ The AIS Executives offered their three spaces on the Mondays of the meetings for Council members who do not have ADA placards and would like to use those spaces.</li> <li>○ Council members asked whether DGS can increase the number of ADA parking spaces. <b>[FOLLOW-UP]</b> C. Smith will inquire.</li> <li>○ Council members mentioned that parking garage levels six and seven have reserved spaces. Those were for fleet vehicles when the COC was first built, but a new structure has been built for fleet vehicles. <b>[FOLLOW-UP]</b> C. Smith will see if Council members may park in those spaces.</li> <li>○ <b>[FOLLOW-UP]</b> Council members who have a need for a special/ADA parking, may send L. Taylor an email within the next 10 days. She will pass on the information to determine if we have enough spaces.</li> </ul> <p>e. Statement of Incompatible Activities: Every year staff is required to certify that all Council members have signed Statements of Incompatible Activities and that all are up-to-date on their Ethics training. Please read, sign and turn in to R. Sherrill/D. Wynne.</p> <p>f. Ethics Training: A handful of members still need to complete the training. Please let R. Sherrill/D. Wynne know your completion date or anticipated date of completion.</p> <p>g. Announcement: Live Well Advance: "Connecting the Unconnected to Live Well" is scheduled for Tuesday, October 2, 2018 from 9 a.m. to 4:45 p.m. at the Marriott Marquis San Diego Marina.</p>
6. Executive Committee (8/27/18) Report/Other Business (possible action)	<p>a. Chair's Report &amp; Comments: Lorelei Taylor, Council Chair</p> <p>L. Taylor encouraged Council members to please read/review/scan provided documents prior to Council meetings to help future meetings go smoothly.</p> <ul style="list-style-type: none"> <li>i. The Chair is looking for volunteers to attend the various auxiliary meetings around the County that are listed on the Auxiliary Liaison Written Reports form. If members see something on the lists that piques their interest, particularly on the 2<sup>nd</sup> page, let L. Taylor know. Their role would be to attend the meeting and then submit a brief statement for the report.</li> <li>ii. Upcoming in October – Committee Chair Appointments: Annually, the Council Chair appoints chairs for each committee; these chairs appoint their own alternates. The Chair is looking for new candidates and alternates. Members who are interested, and chairs who wish to remain as a chair/alternate, please email L. Taylor no later than October 1, 2018.</li> <li>iii. Reminder, the November meeting moved to November 5, 2018, due to the Veteran's Day holiday.</li> </ul> <p>b. Adopted Annual Calendar FY18/19. <b>[M/S – R. Bahmani/L. Monge: Unanimous]</b></p> <p>c. Board of Supervisors (BOS) Annual Visits: It is time for Board appointees to begin scheduling annual BOS visits. For those Supervisors who are terming out (Supervisor Roberts and Supervisor Horn), you may wish to push back to January 2019 due to the elections.</p>

7. Submitting Items for General Discussion	a. This new item for the agenda for members and guest to add an item on the agenda for Council discussions.
8. Standing Committee Oral Reports/ Recommendations (possible action)	<p>a. Budget: Judi Bonilla, Council Secretary</p> <ul style="list-style-type: none"> <li>No report. Will prepare for next month/October.</li> </ul> <p>b. Legislative: Luis Monge, Second Vice Chair</p> <ul style="list-style-type: none"> <li>Hoped to have questions for Assembly Member Maienschein regarding the Assembly Bill 2025 known as the Elders Bond Act. No questions after learning that the bill is on hold.</li> </ul> <p>c. Membership (met 8/27/18): Lorelei Taylor, Council Secretary/Outgoing</p> <ul style="list-style-type: none"> <li>Most of the meeting was to interview a candidate.</li> </ul> <p>Membership: Judy Bonilla, Council Secretary/Incoming</p> <p>i. Acknowledge the two resignations received from:</p> <ul style="list-style-type: none"> <li>John Alexander per verbal communication, Chair 7/25/18 email. Seat #9; Term Expires 1/7/19</li> <li>Kimberly McIntyre, effective 9/1/18 per 8/18/18 letter. Seat #11; Term expires 10/8/20 <b>[M/S – L. Monge/J. Osborne: Unanimous]</b></li> </ul> <p>ii. Recommendation for Lorelei Taylor:</p> <ul style="list-style-type: none"> <li>Seat #13, 1<sup>st</sup> term expires 10/11/18</li> <li>2<sup>nd</sup> term recommended through 10/11/22 <b>[M/S – J. Osborne/R. Bahmani: Unanimous; Lorelei Taylor recused]</b></li> </ul> <p>iii. New Members: Lorelei Taylor, Immediate Past Council Secretary</p> <ul style="list-style-type: none"> <li>Stephen Huber, Seat #15, effective immediately, partial term expires 5/12/19</li> <li>William Kelly, Seat #28, effective immediately, partial term expires 5/14/20 <b>[M/S – S. Valoff/L. Monge: Unanimous]</b></li> </ul>
9. Ancillary Committee Oral Reports (possible action)	<p>a. Adult Services Connection (met 7/9/18) Susan Valoff:</p> <ul style="list-style-type: none"> <li>George Scolari from Community Health Group spoke. He has been working on the managed care Medi-Cal programming in San Diego.</li> <li>It was helpful to understand how the system works and how it interfaces with County programming to help people in need of case management.</li> </ul> <p>b. Housing &amp; Transportation (met 9/10/18): Media Fettinger</p> <ul style="list-style-type: none"> <li>First meeting of their first full year as a combined Housing and Transportation committee.</li> <li>Used it (without a presenter) to discuss the trajectory of where the committee is going.</li> <li>Looking at individual projects and considering how to collaboratively pool resources, develop milestones, and provide opportunities for the aging.</li> </ul> <p>c. LTC Facilities Ombudsman (met 7/19/18): Jack Miller Ombudsman Report</p> <ul style="list-style-type: none"> <li>The July meeting had the administrator from the Fallbrook Skilled Nursing Facility, who shared challenges to provide quality services and costs that are involved; he has achieved an effective way of balancing, which was very impressive.</li> <li>The August meeting (8/31/18) was with AIS Assistant Director, Jennifer Bransford-Koons. The Committee presented the Ombudsman Position Paper. She was very cordial, very receptive, and took a proactive point of view of constructive suggestions for people in the field. The report recommended more Ombudsmen (currently have about 90 for about 1300 facilities) and provided ideas for recruiting and training volunteers, keeping them motivated, and keeping attrition levels low.</li> </ul> <p>d. Nutrition Committee (met 9/10/18): Rosemarie Bahmani</p> <ul style="list-style-type: none"> <li>Lost two valuable members, Georganne Grotey and Kim McIntyre.</li> <li>Working on finishing committee charter and guidelines.</li> <li>New name: Nutrition and Health Committee.</li> <li>If interested in being on the committee, please let J. Singer or R. Bahmani know.</li> <li>The nutritionist will be leaving AIS in December; will request her as a speaker for the November meeting.</li> <li>Urgent need for a representative for the SVA/RSVP Auxiliary Committee. They currently meet monthly. If interested, let R. Bahmani or L. Taylor know.</li> <li>When/where they meet? <b>[FOLLOW-UP]</b> R. Bahmani/L. Taylor</li> </ul>
10. Auxiliary Committees Written Reports	{See Addendum Chart} Handouts were included.
11. Other Announcements	<ul style="list-style-type: none"> <li>Refreshments for the October meeting: Membership Committee.</li> <li>Reminder for Council Members and guests to please sign in.</li> <li>R. Prath: With technology being a Council goal and an emphasis at the Aging Summit 2018, the Council may be interested to know that the Parks and Recreation Department hired staff and graduate students to teach two-hour sessions for seniors. <b>[FOLLOW-UP]</b> R. Prath will email the details to R. Sherrill.</li> </ul>

	<ul style="list-style-type: none"><li>J. Miller: Invitation to attend the LTC Ombudsman Facility Committee meeting at AIS on 9/20/18 at 10:30am with guest speaker Ellen Schmeding, COO, St. Paul Senior Services.</li></ul>
12. Adjournment & Next Meeting	Meeting Adjourned 1:49 p.m.; Next meeting October 8, 2018
<b>COMMITTEE MEETINGS DAY OF COUNCIL</b> (at AIS):	
<ul style="list-style-type: none"><li>Housing &amp; Transportation: 11:00 a.m.</li><li>Legislative: 11:00 a.m.</li></ul>	<ul style="list-style-type: none"><li>Nutrition: 11:00 a.m.</li><li>Adult Services Connection: 2:15 p.m.</li></ul>
<b>FUTURE COMMITTEE MEETINGS</b> (at AIS unless otherwise stated):	
<ul style="list-style-type: none"><li>Membership: 9/24/18 10:30 a.m.</li><li>Executive: 9/24/18 12:00 p.m.</li><li>LTC Facilities/Ombudsman: 9/20/18 10:30 a.m.</li><li>Budget: October (date/time TBD)</li></ul>	<ul style="list-style-type: none"><li>[4<sup>th</sup> Monday each month]</li><li>[4<sup>th</sup> Monday each month]</li><li>[3<sup>rd</sup> Thursday each month]</li><li>[Quarterly]</li></ul>

*Minutes respectfully submitted by Dawn Wynne*