

Ageing & Independence Services Advisory Council
Monday, February 9, 2026 | 12:00 p.m. – 2:00 p.m.
5560 Overland Avenue, 3rd Floor, Joaquin Anguera Room, San Diego, CA 92123

Call in: 1 (619) 343-2539
Meeting ID (access code): 224 849 240 117 | Passcode: eq7c5Wr2

MINUTES

	Members	Absent Members	Guests	
Attendance:	Antoinette Alioto Brett Bergmann Sabrina Bishop Paige Colburn-Hargis Shelia Coulbourn Faye Detsky-Weil Stephen Huber Rhys Jones Ted Kagan Mina Kerr Shirley King Dennis Leggett Elaine Lewis Mikie Lochner Susan Mallett	Silvia Martinez Dan McNamara (joined at 12:31 p.m.) David Milroy Bradlyn Mulvey (virtual) Molly Nocon (left at 1:30 p.m.) Maureen Phillips Taryn Patterson Jacqueline Simon (joined at 12:17 p.m.) Smith Sirisakorn Wanda Smith	Cristin Whittaker	Denise Bernal (virtual) Mr. & Mrs. Cesar B. Javier Thomas Johnson Deepti Kurup (virtual) Veronica Mitchell Kim Pelger (virtual) Shantella Slaten (virtual) Ariel Shorter (virtual) Reva Subra (virtual) Linda Strohl
	Staff			
	Allison Boyer Kendall Bremner Elsa Caprioglio Wendy Garcia Samantha Hasler Jana Jordan	Julie Lara Priscilla Miranda Abigail Salud Jennifer Sovay Brynn Viale Long Emily Zaravia		
	Outcome			
1. Call to Order	Susan Mallett Chair, 12:06 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <u>23 present at this time.</u>			
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.				
3. Standard Business	a. Public Comment/Announcements: Members or non-members b. Approval of January 12, 2026, Meeting Minutes (Action)* [M/S – J. Simon / T. Kagan (Passed with 24 votes.)]			
4. AIS Director's Items	a. AIS Director's Update b. Legislative Update i. SB 707 - Brown Act Update			

<p>5. Guest Speakers</p>	<p>a. In-Home Supportive Services Overview <i>Julie Lara, Program Specialist II</i> Highlights included:</p> <ul style="list-style-type: none"> ○ Objectives ○ What is the IHSS Program? ○ Eligibility Requirements ○ IHSS Public Authority ○ IHSS Application Process ○ IHSS Reassessment Process ○ IHSS Staff & Locations ○ IHSS Population ○ Monthly Averages ○ What's New
<p>6. Executive & Membership Subcommittee Report/Other Business</p>	<p>a. Chair's Report: Susan Mallett, Chair</p> <ul style="list-style-type: none"> i. Subcommittee Appointments and Updates <ul style="list-style-type: none"> a) Convene the Area Plan Ad Hoc Subcommittee (Action) <ul style="list-style-type: none"> - Role: Review and provide input into the 2026-27 Area Plan Update - Term: February 9, 2026, through approval of the 2026-27 Area Plan Update - Membership: Paige Colburn-Hargis, Elaine Lewis, Susan Mallett, Maureen Phillips, and Jacqueline Simon <p>[M/S – S. King / T. Kagan (Passed with 24 votes.)]</p> <p>b. Membership Report: Jacqueline Simon, Secretary</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <ul style="list-style-type: none"> i. District #1: Aguirre [Vacant/Vacant] 2/12/2026 ii. District #2: Anderson [Phillips/Nocon] 2/26/2025 iii. District #3: Lawson-Remer [King/Colburn-Hargis] 1/28/2026 iv. District #4: Montgomery Steppe [Bishop/Milroy] 10/11/2024 v. District #5: Desmond [Vacant/Vacant]
<p>7. Ancillary Subcommittee Oral Reports (Possible action)</p>	<p>a. LTC Ombudsman/Facilities (met 02/09/26): Elaine Lewis, Chair</p> <ul style="list-style-type: none"> • E. Lewis shared that a guest joined by phone and will join future meetings as a non-voting member and discussed misunderstandings about the LTCOF office clarifying its advocacy role versus enforcement while working to increase volunteers. • Subcommittee also discussed the lack of awareness around family councils in LTC facilities, noting facilities should post more information and that the committee will work with facilities and the county to increase awareness and recruit volunteers. <p>b. Healthy Aging (met 01/12/26): Wanda Smith, Chair</p> <ul style="list-style-type: none"> • W. Smith shared that P. Colburn Hargis spoke about the trauma center at Scripps, including the types of falls, traumas, and head injuries they see. • D. McNamara, who works for Sharp, will present at this afternoon's meeting about Sharp's fall and related information. <p>c. Affordability in Aging (met 02/09/26): David Milroy, Chair</p> <ul style="list-style-type: none"> • D. Milroy shared they are looking forward to a Housing presentation in the coming months and have prepared five questions. • Two guests joined the meeting to discuss their living situations and may follow up with Supervisor Monica Montgomery Steppe's office. • The subcommittee plans to bring two proposed letters to the council for approval regarding Section 8 and Medi-Cal funding. • S. Sirsakorn shared that the county should keep the housing waitlist open so the scale and need for housing in San Diego is visible and noted this would be included in one of the letters supporting keeping the waitlist open. <p>d. Nutrition (met 02/04/26): Shirley King, Chair</p>

	<ul style="list-style-type: none"> • S. King shared that the new fall prevention nutrition placemat has been distributed to six sites through AIS's PHN Manager, with 700 copies distributed so far, and a survey is being sent to gather feedback. • Plans to meet with AIS's Community Health Program Specialist next month to discuss additional ideas for the placemats.
8. Other Announcements	a. California Senior Legislature Elections*
9. Adjournment & Next Meeting	<p>Meeting adjourned: 2:02 p.m. Next Council Meeting: March 9, 2026, 12:00 p.m.</p> <p>Future Subcommittee Meetings:</p> <ul style="list-style-type: none"> ➤ Healthy Aging: 02/09/26 2:15 p.m. ➤ Executive & Membership: 02/24/26 9:00 a.m. ➤ Nutrition: 03/04/26 1:00 p.m. ➤ Affordability in Aging: 03/09/26 10:30 a.m. ➤ LTC Ombudsman/Facilities: 03/09/26 10:30 a.m.

Minutes respectfully submitted by Kendall Bremner