

**Aging & Independence Services Advisory Council**  
**Monday, November 10, 2025 | 12:00 p.m. – 2:00 p.m.**  
**5560 Overland Avenue, 3<sup>rd</sup> Floor, Joaquin Anguera Room, San Diego, CA 92123**

**Call in: 1 (619) 343-2539**  
**Meeting ID (access code): 224 849 240 117 | Passcode: eq7c5Wr2**

**MINUTES**

	<b>Members</b>	<b>Absent Members</b>	<b>Guests</b>
Attendance:	Shelia Coulbourn Stephen Huber Rhys Jones Ted Kagan Mina Kerr Shirley King Dennis Leggett Mikie Lochner	Silvia Martinez Dan McNamara David Milroy Bradlyn Mulvey Molly Nocon Jacqueline Simon Smith Sirisakorn Wanda Smith	Sabrina Bishop Paige Colburn- Hargis Faye Detsky-Weil Elaine Lewis Susan Mallett Taryn Patterson Maureen Phillips Cristin Whittaker
	<b>Staff</b>		
	Allison Boyer Wendy Garcia Samantha Hasler Michelle Hollie-Luterick	Jana Jordan Madelyn Ochoa-Wingate Sunita Upchurch	Antoinette Alioto Brett Bergmann (virtual) June Esguerra Alexis Hernandez Thomas Johnson (virtual) Deepti Kurup (virtual) Shantella Slaten (virtual) Linda Strohl
	<b>Outcome</b>		
1. Call to Order	Wanda Smith, 2 <sup>nd</sup> Vice Chair, 12:03 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <b><i>16 present at this time.</i></b>		
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.			
3. Standard Business	a. Public Comment/Announcements: Members or non-members b. Approval of October 13, 2025, Meeting Minutes (Action)* <b><i>[M/S – S. King/ T. Kagan (Passed with 15 votes, 1 abstained.)]</i></b>		
4. AIS Director's Items	a. AIS Director's Update b. Legislative Update		
5. Guest Speakers	a. Elder Law & Advocacy <i>Alexis Hernandez, Community Engagement Coordinator</i> Highlights included: <ul style="list-style-type: none"> <li>○ About Elder Law &amp; Advocacy</li> <li>○ Elder Law &amp; Advocacy</li> <li>○ Senior Legal and Caregiver Legal Support</li> <li>○ Elder Tenant Assistance Program</li> <li>○ Elder Abuse Protection</li> <li>○ About Health Insurance Counseling &amp; Advocacy Program (HICAP)</li> </ul>		

	<ul style="list-style-type: none"> <li>○ HICAP's Comparison Charts</li> <li>○ Over 20 HICAP Fact Sheets and Comparison Charts</li> <li>○ How to Get HICAP's Charts</li> <li>○ Medicare Basics</li> <li>○ What is Medicare?</li> <li>○ What does Medicare Cover?</li> <li>○ Parts of Medicare</li> <li>○ Original Medicare vs. Medicare Advantage</li> <li>○ HICAP Case Example</li> <li>○ Medicare Premium Costs</li> <li>○ First Enrollment in Medicare</li> <li>○ Enrollment Changes</li> <li>○ Low-Income Assistance Programs</li> <li>○ Assistance Programs</li> <li>○ Medicare + Medi-Cal</li> </ul> <p>b. Ombudsman Annual Report  <i>Sunita Upchurch, Long-Term Care Ombudsman Program Supervisor</i>  Highlights included:</p> <ul style="list-style-type: none"> <li>○ Long-Term Care Ombudsman Mission</li> <li>○ Older Americans Act</li> <li>○ Services/ Receive, Investigate, And Resolve Complaints</li> <li>○ Ensure A Regular Presence In Long Term Care Facilities</li> <li>○ Address Patterns Of Poor Practice</li> <li>○ Influence Public Policy</li> <li>○ San Diego County Ombudsman - San Diego County Long-Term Care Facilities</li> <li>○ Myth Vs Fact</li> <li>○ Summary &amp; Contact</li> </ul>
6. Executive & Membership Subcommittee Report/Other Business	<p>a. Chair's Report: Wanda Smith, 2<sup>nd</sup> Vice Chair</p> <p>b. Membership Report: Jacqueline Simon, Secretary</p> <ul style="list-style-type: none"> <li>i. Appoint Antoinette Alioto to full term (Action) – Seat #29, effective immediately, to expire 2/9/2029  <b>[M/S – T. Kagan/B. Mulvey (Passed with 16 votes.)]</b></li> </ul> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <ul style="list-style-type: none"> <li>i. District #1: Aguirre [Vacant/Vacant]</li> <li>ii. District #2: Anderson [Phillips/Nocon] 2/26/2025</li> <li>iii. District #3: Lawson-Remer [King/Colburn-Hargis] 1/31/2025</li> <li>iv. District #4: Montgomery Steppe [Bishop/Milroy] 10/11/2024</li> <li>v. District #5: Desmond [Vacant/Vacant]</li> </ul>
7. Ancillary Subcommittee Oral Reports (Possible action)	<p>a. LTC Ombudsman/Facilities (met 11/10/25): Elaine Lewis, Chair</p> <p>b. Healthy Aging (met 10/13/25): Wanda Smith, Chair</p> <p>c. Affordability in Aging (met 11/10/25): David Milroy, Chair</p> <p>d. Nutrition (met 11/5/25): Shirley King, Chair</p>
8. Ad Hoc Subcommittee Oral Reports	
9. Other Announcements	<p>a. California Senior Legislature Caucus Report: Wanda Smith*</p>

<p>10. Adjournment &amp; Next Meeting</p>	<p>Meeting adjourned: 1:48 p.m. Next Council Meeting: January 12, 2026, 12:00 p.m.</p> <p><b>Future Subcommittee Meetings:</b></p> <ul style="list-style-type: none"> <li>➤ Healthy Aging: 11/10/25 2:15 p.m.</li> <li>➤ Executive &amp; Membership: 12/2/25 9:00 a.m.</li> <li>➤ Nutrition: 1/7/26 1:00 p.m.</li> <li>➤ LTC Ombudsman/Facilities: 1/12/26 10:30 a.m.</li> <li>➤ Affordability in Aging: 1/12/26 10:30 a.m.</li> </ul>
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*Minutes respectfully submitted by Michelle Hollie-Luterick.*