



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services

HEALTHY AGING SUBCOMMITTEE

October 6, 2022 | 10:30 A.M.

Virtual Meeting

Call in: (669) 900-9128

Meeting ID: 953 5104 0565

Passcode: 069340

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AGENDA

*Attachment

1. **Call to Order:** Wanda Smith, Chair
 - a. Welcome & Guest/Member Introductions
 - b. Confirmation of quorum (quorum = 4)
2. **Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953 (e)** (Action)*
3. **Standard Business:**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of July 7, 2022 Meeting Minutes (Action)*
4. **Scripps Health Programs and Services for Older Adults:** Pualani Vazquez
5. **Next Meeting:** November 3, 2022 – 10:30 AM
6. **Adjournment**

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services

HEALTHY AGING SUBCOMMITTEE

July 7, 2022 | 10:30 AM

Call in: (669) 900-9128

Meeting ID: 941 8291 9528

Passcode: 196936

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MINUTES

| Members | | Absent Members | Guests |
|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--------------------|
| Attendance: | Wanda Smith Paul Ling Susan Mallett Lorelei Taylor Bradlyn Mulvey Eugenia Welch, community member | Pualani Vasquez | Kristine Stensberg |
| Staff | | | |
| | | | |
| Item | Outcome | | |
| 1. Call to Order | Wanda Smith, Chair, 10:31 AM a. Welcome & Guest/Member Introductions b. Confirmation of quorum: (4 required for quorum): 5 present | | |
| 2. Authorization of Teleconferencing Meeting Option Pursuant. to Government Code 54953(e) | a. Approval of teleconference meeting (Action) (M/S: Mulvey/Taylor) 5 ayes | | |
| 3. Standard Business | a. Public Comments/Announcements: Members or non-members: Wanda said the Day with a Cure annual event from the San Diego Alzheimer's Association was a success. b. Approval of June 2, 2022, Meeting Minutes (Action) (M/S Ling/Mallett) 5 ayes | | |
| 4. Discussion Strategic Planning for Healthy Aging Goals | General discussion of topics relating to healthy aging topics and committee goals. Susan noted the Age Well theme workgroups have finished monthly meetings and a report out from all groups on the new goals for Age Well 2.0 will be presented in mid-July. Like our committees, several of the theme goals overlap and relate well to healthy aging. Addressing social Isolation and access to services for all are common objectives. Bradlyn noted the Village Movement is looking at services and resources that are not income based thereby addressing concerns of the silent middle-income group of older adults. The rising cost of housing and the recent news that there are 24 applicants for every rental in San Diego is a growing issue. Lorelei mentioned solo agers are often younger which may limit services they are eligible to receive. Wanda added that the number of those with dementia who are 60 yrs. of age may have difficulty getting services as well. Hospital summit-Risk Management goal- Eugenia said the Alzheimer Response Team run by the County's APS was started by the Alzheimer's Association. Also there is funding for hospital emergency room staff training to focus on geriatric behavioral health i.e. Risk management for older adults who receive treatment. Wanda suggested the committee review and finalize the Seniors who Live Alone position paper in September. We can revisit the AIS services to see what is being done and what might be recommended. It was also suggested that we have another speaker from Behavior Health. | | |
| 5. Next Meeting | September 1, 2022, 10:30 AM Virtual | | |
| 6. Adjournment | Meeting adjourned 11:10 AM | | |

Respectfully submitted by Susan Mallett