



LIVE WELL  
SAN DIEGO

*Advisory Council for Aging & Independence Services*  
**Healthy Aging Subcommittee**

May 12, 2025 | 2:15pm

5560 Overland Ave, 3<sup>rd</sup> Floor, John Gaffaney Conference Room

Virtual Participation

Call in: 1 (619) 343-2539

Phone conference ID: 450 266 825#

Meeting ID: 210 078 344 97

Passcode: c68pX3ii

Click here to [Join Teams Meeting](#)

**AGENDA**

\*Attachment

1. **Call to Order:** Wanda Smith, Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of quorum (quorum = 4)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business:**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of April 14, 2025, Meeting Minutes (Action)\*
4. **Discussion:**
  - a. Aging Plan – Discussion with AIS Team
  - b. Healthy Aging Goals – Expansion and Revisions Guest Speaker
5. **Next Meeting:** June 9, 2025, 2:15pm, 5560 Overland Ave, John Gaffaney Conference Room
6. **Adjournment**

*This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services  
**HEALTHY AGING SUBCOMMITTEE**  
 April 14, 2025, 2:15pm  
 5560 Overland Avenue, 3<sup>rd</sup> Floor, John Gaffaney Conference Room  
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**MINUTES - DRAFT**

Members		Absent Members	Guests
Attendance:	Wanda Smith, Chair Susan Mallett David Milroy Bradlyn Mulvey Maureen Phillips Jacqueline Simon	Richard Spiering Paul Monarrez	Page Colburn-Hargis Cesar and Purita Javier
	Staff		
Item	Outcome		
1. Call to Order	Wanda Smith called the meeting at 2:12 pm a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3) There was a quorum.		
2. Standard Business	a. Public Comments/Announcements: none b. Approval of March 10, 2025, Meeting Minutes (Action) c. [M/S Bradlyn Mulvey made the motion to approve the minutes from the last meeting and Jackie Simon seconded the motion. Maureen Phillips abstained but Minutes were approved.		
3. General Discussion	Reviewed the Healthy Aging Subcommittee's Goals for 2024-2027. The committee went over the goals and considered changes. Homework for the committee was to review the goals individually and to make suggestions for each of them for the next meeting. Unable to develop the chart for Aging Well Plan in time for this meeting.		
4. Next Meeting	May 12, 2025, at 2:15 pm at 5560 Overland Avenue, 3rd Floor, MSSP Conference Room		
5. Adjournment	Meeting adjourned at 2:56 pm		

Respectfully submitted by Bradlyn Mulvey, Secretary