

Advisory Council for Aging & Independence Services

Housing Subcommittee

May 5, 2022 | 12 pm

Call in: (669) 900-6833

Meeting ID: 992 7740 6331

Passcode: 287715

MINUTES

Members		Absent Members	Guests
Attendance:	Paul Ling, Chair Shirley King, Recording Secretary Faye Detsky-Weil Lorelei Taylor	Molly Nocon	Carrie McClellan, Elderhelp San Diego
	Staff		
Item	Outcome		
1. Call to Order	Paul Ling, Chair, (12:05 pm) a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3): (Four members present for a quorum)		
2. Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)	Motioned by Shirley King; Seconded by Lorelei Taylor: Unanimous vote		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: None b. Approval of April 7, 2022) Meeting Minutes (Action) [M/S –Lorelei Taylor/ Shirley King: (Unanimous vote)]		

<p>4. Guest Speaker Carrie McClellan, Community Outreach Manager, Elderhelp San Diego</p>	<p>Carrie McClellan has been Elderhelp’s Community Outreach Manager for 11 years. Elderhelp was established 48 years ago and has assisted 247,000 seniors in San Diego. Its mission is to provide personalized services and information that help seniors remain independent and live in their own homes. Elderhelp’s areas of impact are housing, food insecurity, social isolation, health and mental health, access to transportation, and home safety and falls risks. The core services are Information and Referral, RUOK Calls (daily welfare calls), Family Caregiver Support, Seniors A Go Go, Care Coordination, and Housing Services (home-sharing matches). Carrie presented data about the numbers of seniors in San Diego: ages 60-64 191,550; 65-69 156,638; 70-74 125,237 and 75-79 83,518. It is expected that in the year 2030 one in four residents in SD will be over age 60. Carrie emphasized the limited financial resources of many seniors - about 25% rely upon only Social Security, the average amount in California is \$1, 496 and the average rent in SD is \$1,622. 23% of seniors do not have enough income to meet their basic needs. Carrie stated that the challenges facing seniors are 1) housing - one in five is at risk of homelessness; food - one in ten seniors is food insecure; health risks - one in four has a significant fall each year.</p> <p>Challenges facing Elderhelp are in its capacity building in the areas of volunteers, fund-raising and community outreach. It is a volunteer driven organization that requires availability of volunteers throughout a diverse geographical area. It is founded upon a donation-based model using funds to reimburse mileage for volunteers, providing care coordination and managing volunteers. Care coordination costs about \$300 per month per client. Usually calls for service are at the point of crisis.</p> <p>Carrie offered several examples of care coordination agencies in San Diego: AIS’s Linkages Program; UPAC Geriatric Specialists (short term care management, care planning); Windward Life Care - a for profit that offers Aging Life Care Managers and Passport to Wellness for an annual fee; Visionary Care Specialists that offers for profit care management and Southern Caregivers Resource Center, a non profit that offers free support for family members caring for a aging loved one.</p>
<p>5. Subcommittee Goal Discussion</p>	<p>Lorelei Taylor recommended to the members to focus a position statement on the ‘missing middle’ of the senior population and the services they need with care coordination. She suggested that agencies such as Elderhelp should be considered as a broad model and service delivery system for the County’s future investment in aging well.</p>
<p>6. Next Meeting</p>	<p>July 7, 2022</p>
<p>7. Adjournment</p>	<p>Meeting adjourned 1 pm</p>

Respectfully submitted by Shirley King