

Advisory Council for Aging & Independence Services
HEALTHY AGING SUBCOMMITTEE
 JANUARY 13, 2020 | 2:15 p.m.
 5560 Overland Ave, Suite 310, San Diego, CA 92123

MINUTES

Members		Absent Members	Guests
Attendance:	Diana Milburn Wanda Smith Rosemarie Bahmani Jackie Simon	Khalisa Bolling Enrique Melgar	
Staff			
None			
Item	Outcome		
1. Call to Order	(Diana Milburn), Chair, (2:15 P.M.) a. Welcome & Guest/Member Introductions b. Confirmation of quorum (4 for quorum): (Quorum was present)		
2. Standard Business	a. Public Comments/Announcements: Members or non-members: (list announcements) - Chairwoman Diana Milburn submitted her resignation of chair of the sub-committee b. Approval of (December 9, 2019) Meeting Minutes (Action) - Rosemarie Bahmani made motion to accept the minutes/ Wanda Smith seconding. Unanimous vote to adopt the minutes		
3. Guest Speaker	a. Feeling Fit, Robert Rodriguez – Mr. Rodriguez presented on the Feeling Fit program.		
4. Committee Goal Discussion	2020 Goals – The subcommittee began this review. a. Discuss and review long term goals b. Break down into short term goals		
5. Position Paper	a. Discuss and review outline – The subcommittee discussed the framework of what should be included. b. Decide areas of expertise for writing – The subcommittee selected areas upon which to write.		
7. Next Meeting	Monday, February 10, 2020, 2:15 p.m., 5560 Overland Ave., Suite 310, San Diego, CA 92123		
6. Adjournment	Meeting adjourned 3:15 p.m.		

Respectfully submitted by Wanda Smith