

Advisory Council for Aging & Independence Services

HEALTHY AGING SUBCOMMITTEE

December 2, 2021 | 10:00 AM

Call in: (669) 900-9128

Meeting ID: 941 8291 9528

Passcode: 196936

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MINUTES

Members		Absent Members	Guests
Attendance:	Wanda Smith LaRue Fields Paul Ling Susan Mallett Lorelei Taylor		Bradlyn Mulvey
Staff			
Item	Outcome		
1. Call to Order	Wanda Smith, Chair, 10:04 AM a. Welcome & Guest/Member Introductions b. Confirmation of quorum: (3 required for quorum): 5 present		
2. Authorization of Teleconferencing Meeting Option Pursuant to Government Code 54953(e)	a. Approval of teleconference meeting (Action) (M/S: Fields/Ling) 5 ayes		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: Wanda shared it was nice to see two films on walking included in the recent Age-Friendly Film Festival. b. Approval of November 4, 2021, Meeting Minutes (Action) (M/S Fields/Ling) passed 4 ayes, 1 abstain		
4. Discussion: Meeting Schedule for 2022 San Diego Seniors Living Alone Fact Sheet	a. Group agreed with the projected meeting schedule if we are meeting virtual. Discussed how committees might meet on the same day for travel considerations when we resume in person meetings. b. Discussion on the data sheet for people with dementia who live alone in California and within the County, provided by San Diego Alzheimer's Assoc. The number for those 55 yrs. + of 58,616 in the County was surprising and the committee agreed we will need more data to develop solutions, i.e., how many have caregivers or neighbors who check-in on them? Additionally, what about cooking vs. meal delivery and maintaining a medication schedule. Diversity in communities is also a factor where there are "invisible individuals" LGBT, Black for example who may not have caring neighbors to check on their welfare. LaRue mentioned the large amount of mental health funds coming into the County and wondered how much is for the 60+ population. She also suggested we seek information from PACE (Medicare and Medicaid all-inclusive care program) to learn how they identify seniors in the community who need services. Suggests Ellen Schmeding (St. Paul's Senior Services) as a resource and possible speaker on PACE. We will continue refining the San Diego Seniors Living Alone fact sheet and the group sees a connection across other AIS Advisory committees as well. Wanda will reach out to Connie German-Marquez, County Behavior Health, regarding the mental health funding for seniors as well as contacting Ellen Schmeding.		
5. Next Meeting	January 6, 2022 10:00 AM Virtual		
6. Adjournment	Meeting adjourned 11:06 AM		

Respectfully submitted by Susan Mallett