

Aging & Independence Services Advisory Council
Monday, December 13, 2021 | 12:00pm – 2:00pm
Call in: 1 (669) 900-9128
Meeting ID (access code): 992 5390 3588 | Passcode: 251412

MINUTES

Members		Absent Members	Guests
Attendance	Morgan Cadmus Faye Detsky-Weil La Rue Fields Monica Flynn Joe Garbanzos Stephen Huber Shirley King Ethel Larkins Paul Ling Chris Maeoka	Susan Mallett Martha McCarthy Bradlyn Mulvey Molly Nocon John Osborne Jacqueline Simon Wanda Smith Thomas Splitgerber Lorelei Taylor	Judi Bonilla Paul Monarrez Luz Villafana Darlene Weber Julie Erdmann Jacqueline Jackson Thomas Johnson (PA) Barbara Morton Tatiana Popescu
	Distinguished Merit Recipients	Staff	
		Kendall Bremner Kim Gallo Samantha Hasler Jana Jordan	Lourdes Ramirez Jessica Salazar Sunita Upchurch Brynn Viale
Item	Outcome		
1. Call to Order	John Osborne, Chair, 12:00pm a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: 18 present at this time.		
2. Continuance of Teleconferencing Meeting Option: AB 361	a. Executive Order 29-20, which allowed local or state bodies to participate in meetings remotely, ended on September 30, 2021. Effective October 1, 2021 Assembly Bill (AB) 361 amends government code 54593 to add sub-section e, which allows suspension of general teleconferencing rule if there is a proclaimed state of emergency and state or local officials have imposed or recommended measures to promote social distancing. <ul style="list-style-type: none"> • On September 23, Dr. Wooten (Public Health Officer) released a health recommendation stating that utilizing teleconferencing options for public meetings is effective and a recommended social distancing measure to facilitate participation in public affairs. • AB 361 requires renewal of resolution every 30 days. b. Action to approve renewal resolution to continue to allow Teleconferencing Meeting Option (Action)* [M/S – L. Fields/F. Detsky-Weil (Passed with 18 votes)]		
3. Standard Business	a. Public Comments/Announcements: Members or non-members <ul style="list-style-type: none"> • S. King announced the San Diego Hunger Coalition navigator training on January 20th and February 2nd that helps to give an overview of programs for food distribution in our county. • T. Johnson announced they had over 300 virtual attendees for their provider appreciation event that had speakers including Supervisor Terra Lawson-Remer and partner agencies San Diego Oasis, Concentra, IHSS PA Advisory Committee, AARP, Consumer Government of Affairs Bureau and SCRC. • S. Mallett announced she testified at the drug and treatment study group with the FDA and is encouraged to move along with some new treatments for many neurological diseases for seniors. b. Approval of November 8, 2021 Meeting Minutes (Action)* [M/S – S. Mallet/W. Smith (Passed with 18 votes)]		
4. Guest Speakers	a. Live Well San Diego Annual Report: Shelley Tregembo, Program Coordinator, Office of Strategy & Innovation <ul style="list-style-type: none"> • Annual report still in the approval process. • Updated LiveWellSD.org website with new Facebook, Twitter, Instagram, Tiktok and YouTube pages along with updated data. • During COVID created <i>LiveWell @ home</i> which are resources for at home and “How-To’s” for all different age groups. • Love Your Heart event happening February 12-20, 2022. 		

	<p>b. Ombudsman Annual Report: Sunita Upchurch and Jessica Salazar, Ombudsman Program Supervisors</p> <ul style="list-style-type: none"> • Long-Term Care Ombudsman Mission: <i>Our mission is to advocate for the dignity, quality of life and quality of care for all residents in long term care facilities.</i> • The Ombudsman program is authorized under the Older Americans Act (OAA) which provides residents of long-term care facilities with access to effective advocacy to ensure they receive the quality of care they are entitled to by law. • Top complaints are abuse, gross neglect and exploitation of which 80% of those have been resolved. 															
<p>5. AIS Director's Items (possible action)</p>	<p>a. Board Letters: None</p> <p>b. AIS Directors Update:</p> <ul style="list-style-type: none"> • Homebound Vaccines <ul style="list-style-type: none"> ○ K. Gallo updated that AIS continues to support the County's "T3" efforts by operating the Homebound San Diego Vaccination Program which is for residents of any vaccine-eligible age who are homebound due to medical condition; individuals can get their COVID-19 vaccine by calling 211. ○ As of November 30th, more than 1,800 residents have received at least one dose and almost 1,700 have been fully vaccinated through this program. • Senior Nutrition/Meals <ul style="list-style-type: none"> ○ In September, a Board Letter was presented for the Council's your consideration that requested authorization for implementing programs and services related to Food Assistance Component of the approved ARPA framework and the Board Letter was docketed and approved on November 2nd and allocated \$1.5M annually to expand our senior nutrition program. ○ Our team is also working closely with nutrition providers to implement CDA's updated menu guidance for compliance with the Dietary Guidelines for Americans. • Happy Holidays! <ul style="list-style-type: none"> ○ K. Gallo thanked Council for all their hard work and passion for older adults. <p>c. Legislative Update: None</p>															
<p>6. Executive & Membership Subcommittee (met 11/01/2021) Report/Other Business (possible action)</p>	<p>a. Chair's Report: John Osborne, Chair</p> <ul style="list-style-type: none"> i. Ancillary Subcommittee Appointments: <ul style="list-style-type: none"> a) Healthy Aging Subcommittee: Appointment of Bradlyn Mulvey (Action)* [M/S – W. Smith/E. Larkins (Passed with 18 votes)] ii. Auxiliary Subcommittee Appointments <ul style="list-style-type: none"> b) North County Action Network (NorCAN): Appointment of Martha McCarthy (Action)* [M/S – E. Larkins/L. Fields (Passed with 18 votes)] <p>b. Membership Report: Secretary</p> <ul style="list-style-type: none"> • Council has 7 vacancies. • Reminder that everyone must complete the ethics training every two years. <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 60%;">i. District #1: Vargas</td> <td style="width: 20%;">[Garbanzos/Larkins]</td> <td style="width: 20%;">11/18/2021</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Splitgerber/Nocon]</td> <td>8/24/2021</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>3/4/2021</td> </tr> <tr> <td>iv. District #4: Fletcher</td> <td>[Villafana/Flynn]</td> <td>TBD (2021)</td> </tr> <tr> <td>v. District #5: Desmond</td> <td>[Simon/Weber]</td> <td>1/14/2021</td> </tr> </table>	i. District #1: Vargas	[Garbanzos/Larkins]	11/18/2021	ii. District #2: Anderson	[Splitgerber/Nocon]	8/24/2021	iii. District #3: Lawson-Remer	[King/Osborne]	3/4/2021	iv. District #4: Fletcher	[Villafana/Flynn]	TBD (2021)	v. District #5: Desmond	[Simon/Weber]	1/14/2021
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<p>7. Ancillary Subcommittee Oral Reports</p>	<p>a. LTC Ombudsman/Facilities (met 7/15/21): Joe Garbanzos, Chair</p> <ul style="list-style-type: none"> • Looking to recruit new members <p>b. Healthy Aging (met 12/2/2021): Wanda Smith, Chair</p> <ul style="list-style-type: none"> • Focus is developing a fact sheet: Seniors Living Alone in San Diego. Committee agreed to focus on the spectrum of nutrition, housing and dementia with those seniors. <p>c. Housing (met 12/2/2021): Paul Ling, Chair</p> <ul style="list-style-type: none"> • Focus is senior homelessness. Had speaker Christina Selder from Serving Seniors come present their Seniors Needs Assessment Report? • Looking at possibility of in-person meetings again in 2022 on the first Thursday of every month. <p>d. Nutrition (met 11/30/2021): Susan Mallett, Chair</p> <ul style="list-style-type: none"> • S. Mallet and S. King attended State of the Hunger Event put on by San Diego Hunger Coalition. • Hunger Free Community Advisory Council began in August. • Charli Brand, AIS senior Nutritionist, attending January meeting. 															
<p>8. Auxiliary Liaison Written Reports</p>	<p>See Addendum</p>															

9. Other Announcements	None																									
10. Adjournment & Next Meetings	<p>a. Meeting adjourned: 1:57 pm</p> <p>Council Meeting: January 10, 2022, 12 noon (When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting details will be included in agendas posted online 72 hours before meetings at www.aging.sandiegocounty.gov/AISAdvisoryCouncil.)</p> <p>Future Subcommittee Meetings</p> <table border="0"> <tr> <td>➤ LTC Ombudsman/Facilities</td> <td>12/16/2021</td> <td>10:30 am</td> <td>3rd Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Executive & Membership</td> <td>12/20/2021</td> <td>10:30 am</td> <td>4th Mondays</td> <td>Virtual</td> </tr> <tr> <td>➤ Healthy Aging</td> <td>1/6/2022</td> <td>10:00 am</td> <td>1st Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Housing</td> <td>1/6/2022</td> <td>12:00 pm</td> <td>4th Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Nutrition</td> <td>1/4/2022</td> <td>1:00 pm</td> <td>1st Tuesdays</td> <td>Virtual</td> </tr> </table>	➤ LTC Ombudsman/Facilities	12/16/2021	10:30 am	3 rd Thursdays	Virtual	➤ Executive & Membership	12/20/2021	10:30 am	4 th Mondays	Virtual	➤ Healthy Aging	1/6/2022	10:00 am	1 st Thursdays	Virtual	➤ Housing	1/6/2022	12:00 pm	4 th Thursdays	Virtual	➤ Nutrition	1/4/2022	1:00 pm	1 st Tuesdays	Virtual
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Minutes respectfully submitted by Kendall Bremner