

**Nutrition Subcommittee**

January 4, 2022 | 1:00 pm

Call in: (699) 900-9128

Meeting ID:931 0213 2512

Passcode: 383698

**MINUTES**

	<b>Members</b>	<b>Absent Members</b>	<b>Guests</b>
Attendance:	Susan Mallett, Chair Shirley King, Recording Secretary LaRue Fields Jackie Simon	Paul Monarrez	Charli Brand, RDN AIS Nutritionist
	<b>Staff</b>		
<b>Item</b>	<b>Outcome</b>		
1. Call to Order	Susan Mallett, Chair, (1:06 pm) a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3): (4 present)		
2. Continuance of Teleconferencing Meeting Option Pursuant to Government Code 54953(e)	a. Approval of teleconference meeting (Action): [M/S-Mallett/Fields] 4 ayes		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: none b. Approval of November 30, 2021 Meeting Minutes* Action [M/S-Fields/King] 4 ayes		
4. Guest Speaker	<ul style="list-style-type: none"> <li>• Charli Brand, RDN, AIS Nutritionist: Charli has agreed to attend the subcommittee's monthly meetings in an advisory role.</li> <li>• Charli presented a slide presentation entitled 'Older Californian Nutrition Program' (OCNP) FY 2021-2022. She prepared these slides in response to questions from Susan. She will forward these slides to Susan.</li> <li>• <b>Slide I:</b> Meals Served (Title IIIc and Covid) presented a table for the period of 1/2021 to 9/2021. The largest meal providers were Serving Seniors and Jewish Family Services. Total meals served for all locales were 2,536,940 (3/2020-11/2020 and 1/2021-9/2021 1,718,825. The largest increases were Escondido and Borrego. Escondido is a particularly high food insecure area. The Cares Act meals grant ended Dec. 31, 2021</li> <li>• <b>Slide II:</b> Expanded Senior Nutrition Program (ESNP). This new service is for those not already receiving Title IIIc meals, and there are no eligibility criteria of ADL's. It is funded by ARPA for the service period 1/1/2022-6/30/2022. The one meal per day is to-go at ten serving sites (Borrego, Carlsbad, Fallbrook, JFS, MOW, San Ysidro Health, Pacific Ed Facilities, Ramona, Serving Seniors and The Salvation Army.</li> <li>• <b>Slide III:</b> Food Security and Nutrition Security: The SD Hunger Coalition reports that 30% of SD County seniors are food insecure or @146,000. Charli calculated the cost per day of moderate level of nutrition for females ages 51 to 70 is \$3.05 and males ages 51 to 70 is \$3.45. 44% of OAA clients receiving Title IIIc meals report food insecurity.</li> </ul>		

4. Guest Speaker cont'd	<p><b>Slide IV:</b> Findings - Closing the Meal Gap. The Elder Economic Security Index was used to identify the 2.46 million older CA adults with incomes below the Elder Index. 25% of meals are beyond the budget of low-income elders in SD County. Gaps may increase with the end of Covid-era funding. The greatest impact to reduce meal gaps is the expansion of CAL Fresh and Food Bank distributions.</p> <p><b>Slide V:</b> OCNP Provider Feedback: The biggest challenges for the services are staffing, supply and packaging shortages, rising food costs, lacking food storage and refrigerator space, relying on processed and frozen foods and shrinking attendance at congregant dining sites. The rewards have been reducing food insecurity and keeping seniors safe.</p> <p><b>Slide VI:</b> Senior Farmers' Markets Nutrition Program: It is unsure that CA Dept. of Food and Agriculture will resume this spring the SFMNP voucher program. LaRue asked Charli to clarify about why some vendors at WIC certified markets were not accepting vouchers. Charli reported that vouchers should be redeemable by all vendors at a WIC certified market. She will report back about that certainty. Charli offered to contact the SD Hunger Coalition to ask for a speaker for this subcommittee.</p> <ul style="list-style-type: none"> <li>• Susan asked Charli to explain the status of the proposed Medicare Nutrient Therapy Act that was brought to the U.S. Senate by Senator Susan Collins. The Act would expand the coverage of nutritional counseling for medical conditions such a pre-diabetes, malnutrition, HIV Aids etc. Charli reported that there is no movement forward yet.</li> </ul>
5. General Discussion	<ol style="list-style-type: none"> <li>Future speakers: SD Hunger Coalition; Shirley will ask Dr. Cheryl Rock, UCSD.</li> <li>Senior Nutrition Position Paper: Susan asked members to think about directions.</li> </ol>
6. Next Meeting	a. February 1, 2022 at 1:00 pm
7. Adjournment	2:12 pm

Respectfully submitted by Shirley King