

Advisory Council for Aging & Independence Services

NUTRITION SUBCOMMITTEE

June 7, 2022 | 1:00 PM

Virtual Meeting

Call in (669) 900-9128

Meeting ID: 931 0213 2512

Passcode: 383698

MINUTES

		Members	Absent Members	Guests
Attendance:	Susan Mallett, Chair Bradlyn Mulvey Jackie Simon	Shirley King	Ethel Larkin Mina Kerr Jamat Suryan	
	Staff			
	Charlie Brand AIS Nutritionist			
Item	Outcome			
1. Call to Order	Susan Mallett, Chair, Called to order at 1:03 PM a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3): (three present)			
2. Continuance of Teleconferencing Meeting Option Pursuant to Government Code 54953(e)	Approval of teleconference meeting (Action):[M/S - Mallett/Mulvey] Unanimous vote			
3. Standard Business	a. Public Comments/Announcements: Members or non-members – Charli shared an update on the Farmers Market voucher program, AIS will be receiving 1500 voucher booklets with a \$40 value by the end of June. These will be distributed to community partners in mid-July and participants have until at least the end of October to use the vouchers. b. Approval of May 3, 2022, Minutes: (Action) [M/S – Mulvey/Simon] Unanimous vote			

<p>4. General Discussion</p> <p>Review draft proposals for position paper</p> <p>Review and update Nutrition Subcommittee goals</p>	<p>a. Group reviewed the committee’s goal document 2019-2022. Susan explained the committee didn’t have this document last year when it was time to review and update the goals. We used the Council’s document and focused on the goals relating to nutrition. Jana found it and sent to us now. Several of the timeline dates are back in 2019.</p> <p>Last year, the committee chose to research nutrition programs through the lens of pre, during and post COVID to result in a possible position paper. However, that specific topic has not been the focus of the committee which has also added new members this year. All agreed to remove the reference to COVID from the first goal and to combine the goals stated in N2 N3 as suggested recommendations in the position paper in goal N1.</p> <p>The new goal N2, monitoring and advise on AIS programs was enhanced to include guest speakers and our AIS nutritionist. Charli noted she can report on the congregate meals and home-delivered meals and suggested we seek a CalFresh speaker to accomplish goal N2c, SNAP-Ed (CalFresh).</p> <p>The group added “reduce isolation” to the technology goal and Charli added there are discussions about increasing technology access for low-income seniors who participate in the nutrition program. Finally, a good discussion started by Bradlyn lead to an unanticipated goal related to the projected increase in the older adult population and its impact on senior services.</p> <p>b. Group discussion around the four proposed topics for a position paper. Bradlyn noted it would be good to combine some of the ideas rather than picking just one to focus upon. After review, the consensus was that proposal I related to IHSS program clients was too specific and Charli has learned the IHSS intake process does discuss nutrition and whether the client is aware of CalFresh, many already know about the program. She didn’t know if they are also proactive in assisting clients to enroll. Charli agreed to find out.</p> <p>Proposal II re; Medicare patient providers would be a federal issue not within AIS programs and services. The discussion focused on Proposal IV with the addition of Dental providers as an advocate for senior nutrition and could be added to the health promotion opportunities mentioned in Proposal IV. Susan will put together an outline for the July meeting and group believes a completed position paper is doable for October. Charli said the recommendations would need to be monitorable and trackable. She added she is available to assist as well.</p>
<p>7. Next Meeting</p>	<p>July 5, 2022, 1:00 PM</p>
<p>6. Adjournment</p>	<p>Meeting adjourned 2:02 PM</p>

Respectfully submitted by Susan Mallett