

Advisory Council for Aging & Independence Services

NUTRITION SUBCOMMITTEE

November 2, 2021 | 1:00 pm

Call in: 1 (669) 900-9128

Meeting ID: 931 0213 2512

Passcode: 383698

MINUTES

Members		Absent Members	Guests
Attendance:	Susan Mallett Jackie Simon LaRue Fields Shirley King Rosemarie Bahmani (community member)	Paul Monarrez	
Staff			
Item	Outcome		
1. Call to Order	Susan Mallett, Chair, (1:00 pm) a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3): (4 present)		
2. Authorization of Teleconferencing Meeting Option Pursuant to Government Code 54953 (e)	a. Approval of teleconference meeting (Action): (M/S Fields/King) 4 ayes		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: Rosemarie and Susan commented on the Hunger Coalition Report just released in advance of the State of Hunger virtual event November 16 th . Shirley and Susan will attend. b. Approval of August 31 Meeting Minutes (Action) [M/S-Fields/Simon] 4 ayes		
4. General Discussion	a. Discussed the Hunger Coalition's report which contains new economic indicators and the rising cost of groceries. Shirley noted Medicare doesn't cover a visit with a nutritionist and the need for senior health assessment questions about nutrition insecurity and lack of good nutrition choices. Group discussed the Farmers Market voucher program and LaRue noted some participants have attempted to purchase produce from a vendor who does not honor the vouchers. Agreed this would be good topic to pursue with Charli Brand, AIS Nutritionist when she attends our meeting. It was noted the AIS nutritionist should be invited to every committee meeting. b. Shirley suggests we invite a UCSD professor from their School of Public Health to speak about senior nutrition. Susan mentioned a SDSU professor in Urban Studies who is studying food deserts. Committee's focus for future meetings will concentrate on one senior nutrition aspect as we plan for a position paper.		
5. Next Meeting	November 30, 2021, 1:00 pm		
6. Adjournment	Meeting adjourned 1:55 pm		

Respectfully submitted by Rosemarie Bahmani