



*Advisory Council for Aging & Independence Services*  
**NUTRITION SUBCOMMITTEE**  
April 3, 2024 | 1:00 PM

George L. Stevens Senior Resource Center  
Fourth District Seniors Resource Center  
570 S 65<sup>th</sup> Street (off Skyline Drive), San Diego, 92114

*Virtual Participation*  
Call in: (669) 900-9128  
Meeting ID: 848 6983 8009  
Passcode: 798486

Click here to [Join Zoom Meeting](#)

**AGENDA**

\*Attachment

1. **Call to Order:** Susan Mallett, Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of quorum (quorum = 4)
2. **Statement (Just Cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (possible Action)
3. **Standard Business:**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of March 6, 2024, Meeting Minutes (Action)\*
4. **Discussion:** Visit to Fourth District Seniors Resource Center, tour and presentation of programs and services  
**Guest speaker:** Rosemary Pope, Executive Director
5. **Next Meeting:** May 1, 2024
6. **Adjournment**

*This meeting is public, and the location is ADA accessible.  
If you are planning to attend and need special accommodations,  
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services

**Nutrition Subcommittee**

Wednesday, March 6, 2024 | 11:30 am

Call in:(669) 900-9128

Meeting ID: 824 8650 7295

Passcode: 162815

Imperial Beach Senior Citizens Center

1075 Eighth Street, Imperial Beach CA 91932

**MINUTES**

	<b>Members</b>	<b>Absent Members</b>	<b>Guests</b>
Attendance:	Susan Mallett, Chair Shirley King, Recording Secretary Ethel Larkins Bradlyn Mulvey Jaqueline Simon	Kristine Stensberg	
	<b>Staff</b>		
	Deliah Bisase, AIS Nutrition Manager		
<b>Item</b>	<b>Outcome</b>		
1. Call to Order	Susan Mallett Chair, (Call to order 11:45 AM) a. Welcome & Guest/Member Introductions b. Confirmation of quorum (four): five in attendance		
2. Statement (Just Cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable	No action taken.		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: Ethel Larkins reported that she has a contact that could arrange a site visit to George Stevens Senior Center at 570 65th Street in the Encanto area. Delilah Bisase suggested that she could check if this center is in the County’s service area. Then she could arrange a visit for April or May. b. Approval of (February 7, 2024) Meeting Minutes (Action) [M/S –Bradlyn Mulvey/Jaqueline Simon; Unanimous approval]		
4. Discussion	a. Site visit to Imperial Beach Senior Citizen Center. The Committee met outside due to space limit in the dining area. Lunch was served outdoors. The lunch was prepared at the Serving Seniors kitchen in City Heights. It consisted of hot lentil soup, a clear foil wrapped tray with a slice of turkey, a slice of cheese, marinated cucumbers, shredded iceberg lettuce, two slices of wheat bread, a banana, and a carton of 1% milk. Delilah described the food safety measurements that she inspects at the site such as the temperature of the food when it leaves the Serving Seniors kitchen and when it arrives. She inspects the Center’s kitchen equipment such as the refrigerator for its hygiene and temperature consistency. Delilah reported that the County’s contracts with the nutrition vendors will be finalized by July after the 90-day submission period. Delilah agreed to present to the committee in May on the nutrition education requirements for the senior nutrition programs. b. The committee reviewed its goals and accomplishments through 2023/24 which included five site visits and a tour of the kitchen at Jewish Family Service. The committee had a joint meeting with Health Aging to learn from the Chief Dental Officer about the status of senior oral health in San Diego. The focus of oral health and dental benefits was added		

	<p>to the Advisory Council's goals. Susan Mallett suggested that the examinations of the barriers to CalFresh benefits become a separate goal. Susan suggested that we consult with the program services of Health Promotions that target CalFresh recipients. Since Goal HB3 has been completed, Susan will ask Jana Jordan whether it should be replaced.</p> <p>c. The 2024 Goals will be finalized at the next meeting. We will wait to hear from Ethel/Delilah whether next month's meeting will be at the George Stevens Senior Center.</p>
5. Next Meeting	April 3, 2024, TBA
6. Adjournment	Meeting adjourned 1:10 PM

Respectfully submitted by Shirley King