



*Aging & Independence Services (AIS) Advisory Council Meeting Agenda*  
Nutrition Subcommittee  
July 8, 2026, 1:00 PM  
County Operations Center, 5560 Overland Ave, 3<sup>rd</sup> Floor  
John Gaffaney Conference Room, San Diego, CA 92123

*Virtual Meeting Participation Options:*  
To Join Virtually: [Join Zoom Meeting](#)  
Microsoft Teams Meeting ID: 896 0847 3221 | Meeting Password: 035415

**AGENDA**

\*Attachment

1. **Call to Order:** Bradlyn Mulvey, Interim Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of quorum (quorum = 3)
2. **Statement (Just Cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business:**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of May 6, 2026, Meeting Minutes (Action)\*
4. **General Discussion:**
  - a. Discuss Final Subcommittee Goals for the year 2026-2027
5. **Next Meeting:** September 9, 2026, at 1:00 PM
6. **Adjournment**

*This meeting is public, and the location is ADA accessible.  
If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.



*Aging & Independence Services (AIS) Advisory Council Meeting Minutes*

Nutrition Subcommittee

May 6, 2026, 1:00 PM

County Operations Center, 5560 Overland Ave, 3<sup>rd</sup> Floor  
John Gaffaney Conference Room, San Diego, CA 92123

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### Meeting Attendance

*Members Present In Person*

1. *Maureen Phillips*
2. *Bradlyn Mulvey*
3. *Jacqueline Simon*

*Members Absent:*

1. *Susan Mallett*

*Guests Present: None*

*AIS Staff Present: None*

### Meeting Minutes - Draft

1. **Call to Order:** Bradlyn Mulvey, Interim Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of quorum (quorum = 3): A quorum was achieved.
2. **Statement (Just Cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)  
No action taken.
3. **Standard Business:**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of April 8, 2026, Meeting Minutes (Action)\*  
**[M/S – E. Lewis / J. Simon: Unanimous]**
4. **General Discussion:**
  - a. This meeting of the Nutrition Committee focused on reviewing and refining their goals, particularly considering upcoming changes to the CalFresh program and rising food costs. The committee discussed the placemat project, a nutrition education initiative, and how to assess its effectiveness. They explored incorporating a question about nutrition education into the annual customer satisfaction survey. The committee also addressed challenges related to home-delivered meals, SNAP benefits, and the impact of transportation costs on seniors'



access to food. They decided to eliminate several goals to focus on a more manageable set of priorities, including reviewing social engagement, nutritional education support, and monitoring CalFresh changes. The committee also considered inviting a CalFresh navigator to provide updates and discussed potential site visits to Olivewood Gardens. Finally, they approved the minutes from the last meeting and made plans for the next meeting at Jewish Family Services.

- b. Susan added:
  - #8: CalFresh benefit awareness and enrollment
  - #9: Food as Medicine
  - #10: Good Oral Health and Dental Treatment Options
  - #12A: Congregate Meals review nutritional education and in-service requirements. (Related to the placemat project and reviewing social engagement and nutritional education support)
  - #12B: Home delivered meals
  - #12C: Snap CalFresh
- c. Review how older adults who have the greatest economic or social need are made aware of and utilize nutritional services including CalFresh benefits Nutritional monitoring AIS Nutrition Programs through site visits and informational presentations.

**5. Next Meeting:** July 8, 2026, at 1:00 PM

**6. Adjournment:** Meeting was adjourned at 1:50 PM

Respectfully submitted by Bradlyn Mulvey