



Advisory Council for Aging & Independence Services
NUTRITION SUBCOMMITTEE

March 5, 2025 | 12:00 PM

Virtual Participation

Call in: 619-343-2538

Phone Conference ID: 728 771 44#

Meeting ID: 231 545 090 575

Passcode: m8RV9Hh9

Click here to [Join Teams Meeting](#)

AGENDA

*Attachment

1. **Call to Order:** Shirley King, Chair
 - a. Welcome & Guest/Member Introductions
 - b. Confirmation of quorum (quorum = 3)
2. **Statement (Just Cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business:**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of February 5, 2025, Meeting Minutes (Action)*
4. **Site Visit:** Bayside Community Center – 2202 Comstock Street, San Diego, CA 92111
5. **Next Meeting:** April 9, 2025, at 1:00 PM
6. **Adjournment**

*This meeting is public, and the location is ADA accessible.
If you are planning to attend and need special accommodations,
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

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Nutrition Subcommittee

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MINUTES - DRAFT

Members		Absent Members	Guests
Attendance:	Shirley King, Chair, Susan Mallett, Ex-Officio Bradlyn Mulvey Jackie Simon	Kristine Stensberg	Pam Plimpton Amy Zink
Staff			
Delilah Bisase, RD, Public Health Nutrition Manager			
Item	Outcome		
1. Call to Order	Shirley King, Chair, Called to order 1 P.M. a. Welcome & Guest/Member Introductions: Site visit to Linda Vista Community Park Intergenerational Garden; hosted by Pam Plimpton, Intergenerational Coordinator, AIS; Amy Zink, Program Manager, Bayside Community Center b. Confirmation of quorum (three): (three present for a quorum)		
2. Statement (Just Cause) and/or Consideration of a request to participate Remotely (emergency circumstance) by a Council Member, if applicable	No action taken.		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: None b. Approval of January 8, 2025, Meeting Minutes (Action) Deferred to next meeting.		
4. Site Visit	Linda Vista Community Park, 7064 Levant Street, San Diego, California 92111; hosted by Amy Zink, Urban Farmer and Program Manager at Bayside Community Center. Pam Plimpton arranged for the tour. Pam explained that the nine County Intergenerational Gardens (IG) were funded through ARPA funds distributed during the Covid pandemic. The intended purpose was to give residents a resource to recover from the impact of social isolation in 2022. This IG site was an empty field adjoining a parking lot and is surrounded by affordable medium-rise housing units. The Linda Vista project was a partnership with the City of San Diego Parks and Recreation, the County and Bayside Community Center. Bayside Community Center is a 92-year-old social service non-profit serving the Linda Vista area. Amy Zink, a Program Manager at Bayside Community Center has served as an expert gardener and as a liaison with Bayside Environmental Learning Center. Bayside Community Center has a five-day lunch program for about 100 seniors. Produce grown in the cooperative garden is used to distribute at the center along with other sources of food rescue. The IG rents garden boxes to Linda Vista residents for \$12/month. Year-round produce is grown in these boxes. The lead gardener, Kim Hansen, conducts outdoor gardening education classes. Horticultural Field Trips are conducted for local schools. Volunteers come from the neighboring housing sites, which includes families and seniors in the Levant Senior Cottages in addition to students from USD. The IG is reliant upon donations of materials and funds. Donations can be directed to Bayside Community Center. Amy invited the committee members to come to a lunch at Bayside Community Center.		
5. Next meeting	March 5, 2025		
6. Adjournment	Meeting adjourned 2 P.M.		

Respectfully submitted by Shirley King.