



Advisory Council for Aging & Independence Services
NUTRITION SUBCOMMITTEE

May 7, 2025 | 1:00 PM

5560 Overland Ave, 3rd Floor
John Gaffaney Conference Room
San Diego, CA 92123

Virtual Participation

Call in: 619-343-2538
Phone Conference ID: 728 771 44#
Meeting ID: 231 545 090 575
Passcode: m8RV9Hh9

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AGENDA

*Attachment

1. **Call to Order:** Shirley King, Chair
 - a. Welcome & Guest/Member Introductions
 - b. Confirmation of quorum (quorum = 3)
2. **Statement (Just Cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business:**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of April 9, 2025, Meeting Minutes (Action)*
4. **Guest Speaker:** Alondra Alvarado, President and CEO and Jospeh Kendrick, Research Manager, San Diego Hunger Coalition. **Topic:** Status of Food Insecurity Among Older Adults in San Diego County; Effects of Loss of Funding from the Department of Agriculture's Local Food Purchase Assistance Program.
5. **Next Meeting:** June 4, 2025, at 1:00 PM
6. **Adjournment**

*This meeting is public, and the location is ADA accessible.
If you are planning to attend and need special accommodations,
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

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MINUTES - DRAFT

Members		Absent Members	Guests
Attendance:	Shirley King, Chair Susan Mallett, Ex-Officio Bradlyn Mulvey Maureen Phillips Jackie Simon		Caesar Bueno Javier Purita Abaya Javier
	Staff		
	Delilah Bisase, R.D., Public Health Nutrition Manager		
Item	Outcome		
1. Call to Order	Shirley King, Chair, 1 P.M. a. Welcome & Guest/Member Introductions b. Confirmation of quorum (Three): (Five present for a quorum)		
2. Statement of (Just Cause) and/or Consideration of a request to Participate Remotely (emergency circumstances) by a Council Member, if applicable	No action taken.		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: Today's guests described their affiliation with Community Action Partnership within the County's HHSA. Of particular concern for them is the air pollution associated with industrial businesses and the effect upon community members with the development of chronic illnesses. Mr. Javier was quite interested in returning next month. Susan Mallett gave Mr. Javier the web address with the County's Commissions and Advisory Council in the event that he wants to submit an application for membership. b. Approval of February 5, 2025, Meeting Minutes (Action) [M/S Susan Mallett/Bradlyn Mulvey] Unanimous vote; Approval of March 5, 2025 Minutes (Action) [M/S Maureen Phillips/Bradlyn Mulvey] Unanimous vote.		

4. General Discussion	<p>a. Annual goals: Goal HB3 - To continue the monitoring of the state of hunger, food insecurity, and adverse health conditions resulting from poor nutritional health, the committee recommended having a staff report next month from the San Diego Hunger Coalition through a virtual presentation. In response to the possible changes in funding for Title III C-1 and Title III C-2 of the Older Americans Act, the committee wants to hear how non-profit agencies are preparing for the delivery of their food programs if constraints are presented. During the past 18 months, the committee has visited six congregant dining sites receiving meals from either Jewish Family Service or Serving Seniors - both non-profits that contract with the County. The committee agreed to continue visiting additional AIS contracted sites. The second part of Goal HB3 is to evaluate the promotion of good oral health and the dental treatment options through public insurance benefits. Susan Mallett suggested that we reach out to Health Promotions regarding their efforts to add Smile California materials to their publications. Shirley King recommended that the County Dental Officer be invited to present to a joint meeting with the Healthy Aging Subcommittee on her understanding about the utilization of the Medi-Dental benefits for entitled older adults and whether there are barriers with finding participating dentists and receiving the full amount of benefits. Susan Mallett will ask the chair of Healthy Aging Subcommittee to pinpoint a date for a joint meeting.</p> <p>Goal HB7c - SNAP-Ed (Cal Fresh) Delilah Bisase reported that there are no changes with these benefits as of yet. More information will be forthcoming from the San Diego Hunger Coalition presentation to this committee about the enrollment navigation training efforts that they offer and the status of benefits. Delilah reported that the Senior Farmers' Market voucher program is expected to have the same number allocated this year as last year, which is about 800. This year, the recipients will be given an electronic card in place of the longstanding paper voucher. The e-card will allow the recipient to carry a balance from one farmer vendor to another rather than having to forfeit unspent portions with the paper voucher, and Delilah will attend a software training this month to learn the features of these e-cards. The committee discussed whether to reach out to health care entities in San Diego to learn about the progress with incorporating 'food as medicine' goals. It was suggested that Dan McNamara, Advisory Council member who is employed with Sharp Health Care may have some insights. The committee discussed how technology is being woven into food support delivery. Shirley King mentioned that the Nutrition and Aging Resource Center has a listing of national innovation efforts by agencies throughout the country to use telehealth methods to evaluate clients nutritional status and mobile apps for home delivery services. The area of technology innovation to assist clients with registering for food programs was welcomed as a new topic for future meetings.</p>
5. Next Meeting	May 5, 2025, 1 P.M.
6. Adjournment	Meeting adjourned at 2 P.M.

Respectfully submitted by Shirley King