



Advisory Council for Aging & Independence Services

January 8, 2024 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Participation

Call in: 1 (669) 900-9128

Meeting ID (access code): 824 8650 7295

Passcode: 162815

Click here to [Join Zoom Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** Stephen Huber, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 11)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of December 11, 2023 Meeting Minutes (Action)*
4. **AIS Director's Items** (Possible action)
 - a. AIS Director's Update
5. **Guest Speakers**
 - a. Alzheimer's San Diego: Eugenia L. Welch, President/CEO
 - b. Brown Act Training: Katherine Hart, Senior Deputy County Counsel
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Stephen Huber, Chair
 - i. Subcommittee Appointments and Updates
 - a) Convene the Area Plan Ad Hoc Subcommittee (Action)
 - Role: Review and provide input into the 2024-28 Area Plan
 - Term: January 8, 2024 through approval of the 2024-28 Area Plan
 - Membership: Stephen Huber, Elaine Lewis, Susan Mallett, John Osborne, Taryn Patterson, Smith Sirisakorn, Wanda Smith, and Kristine Stensberg
 - b. Membership Report: Wanda Smith, Secretary



- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Vargas [Vacant/Larkins] 10/26/23
 - ii. District #2: Anderson [Vacant/Nocon] TBD
 - iii. District #3: Lawson-Remer [King/Osborne] 1/16/24
 - iv. District #4: Montgomery Steppe [Vacant/Vacant]
 - v. District #5: Desmond [Vacant/Vacant]

7. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 11/13/23): Dan McNamara, Chair
- b. Healthy Aging (met 1/8/24): Wanda Smith, Chair
- c. Housing (met 1/8/24): Smith Sirisakorn, Chair
- d. Nutrition (met 1/3/24): Susan Mallett, Chair

8. **Other Announcements**

9. **Adjournment & Next Meetings:**

Meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123
Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: February 12, 2024, 12 noon

Future Subcommittee Meetings:

- LTC Ombudsman/Facilities: 1/29/24 11:30 a.m. [3rd Mondays]
- Executive & Membership: 1/23/24 9:00 a.m. [4th Tuesdays]
- Nutrition: 2/7/24 1:00 p.m. [1st Wednesdays]
- Healthy Aging: 2/12/24 2:00 p.m. [2nd Mondays]
- Housing: 2/12/24 10:30 a.m. [2nd Mondays]

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, December 11, 2023 | 12:00 p.m. – 2:00 p.m.
5560 Overland Ave, Joaquin Anguera Room, 3rd Floor
Call in: 1 (669) 900-9128
Meeting ID (access code): 824 8650 7295 | Passcode: 162815

MINUTES

	Members		Absent Members	Guests
Attendance	Faye Detsky-Weil Stephen Huber Ted Kagan (virtual) Mina Kerr Shirley King Ethel Larkins Elaine Lewis Susan Mallett	Dan McNamara Bradlyn Mulvey John Osborne Taryn Patterson Jacqueline Simon Smith Sirisakorn Wanda Smith Kristine Stensberg	Silvia Martinez Casey Myers Molly Nocon Pualani Vazquez	Tara Beeston Jennifer Coelho Connie German-Marquez (virtual) Thomas Johnson (virtual) Lexi Striler (virtual) Adriana Yemhatpe (virtual)
Staff				
	Naomi Chavez Jana Jordan Samantha Hasler		Julia Homitano Skyler Moore Sunita Upchurch	
Outcome				
1. Call to Order	Stephen Huber, Chair, 12:06 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <u>15 present at this time (K. Stensberg joined later).</u>			
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.	One member is joining virtually with just cause due to a contagious illness that prevents member from attending in person – Ted Kagan. Per AB 2449, he can participate in the meeting and voting actions, but must stay connected with both audio and video participation.			
3. Standard Business	a. Public Comment/Announcements: Members or non-members No public comment/announcements. b. Approval of November 13, 2023, Meeting Minutes (Action)* [M/S – E. Larkins / J. Simon (Passed with 13 votes, 2 abstained)]			
4. AIS Director's Items	a. Board Letter (AIS Acting Director, Naomi Chavez to give overview) <ul style="list-style-type: none"> i. Adopt Resolution for, and Authorize Acceptance of, Older Adult Services Additional Revenue Agreement for Fiscal Year 2023-24, and Authorize Contract Amendments with Champions for Health for The Alzheimer's Project Clinical Roundtable and SAS Business Ventures for Technology for Social Inclusion and Well-Being Services (Action)* 			

	<ul style="list-style-type: none"> • Board letter set to be heard on January 23, 2024. Board action is required to accept additional Supplemental Nutrition Assistance Program Education, or SNAP-ED, funding, and to amend two existing contracts. • Beginning in Fiscal Year 2023-24, California Department of Aging (CDA) received additional SNAP-ED funding to redistribute to local implementing agencies like AIS, to implement nutrition education and physical activity promotion for older adults. • Board action is required to add that funding to two existing contracts: <ul style="list-style-type: none"> ○ First is the Alzheimer’s Project Clinical Roundtable currently facilitated by Champions for Health. ○ The second amendment will be to our existing contract with SAS Business Ventures for the Technology for Social Inclusion and Well-Being program, which provides in-person and virtual technology instruction to homebound, isolated older adults and persons with disabilities who are current recipients of the IHSS program, as well as qualified care providers when appropriate. <p style="text-align: center;">[M/S – J. Osborne / D. McNamara (Passed with 16 votes)]</p> <p>b. AIS Director’s Update Highlights included:</p> <ul style="list-style-type: none"> • Supervisor Monica Montgomery Steppe was officially sworn into the San Diego County Board of Supervisors for District 4 last week, on December 5, 2023. She will fill the remainder of the seat’s term, which runs to January 2027. • Thanking the Council for their work in 2023. 									
<p>5. Guest Speakers</p>	<p>a. Live Well San Diego (LWSD) Annual Report/Indicators: Jennifer Coelho and Tara Beeston, Health Planning and Program Specialists, Office of Strategy and Innovation, Live Well San Diego Support Team Highlights included:</p> <ul style="list-style-type: none"> • Live Well San Diego Vision (building better health, living safely, thriving) • 560 Recognized Partners • LWSD 5K • Live Well Advance Conference and School Summit • Sector Engagement • Communications • LWSD Indicators • Live Well on Wheels • Office of Strategy and Innovation <p>b. Ombudsman Annual Report: Sunita Upchurch, Ombudsman Program Supervisor Highlights included:</p> <ul style="list-style-type: none"> • Long-Term Care Ombudsman Mission to advocate for the dignity, quality of life, and quality of care for all residents in long term care facilities. • Older American Act Title VII. • Receive, investigate, and resolve complaints. • Ensure a regular presence in long-term care facilities. • Address patterns of poor practice. • Influence public policy. • San Diego County LTCOP. • Abuse identified by LTCOP. 									
<p>6. Executive & Membership Subcommittee Report/Other Business</p>	<p>a. Chair’s Report: Stephen Huber, Chair b. Membership Report: Wanda Smith, Secretary c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">i. District #1: Vargas</td> <td style="width: 20%;">[Vacant/Larkins]</td> <td style="width: 30%;">10/26/23</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Vacant/Nocon]</td> <td>TBD</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>1/16/24</td> </tr> </table>	i. District #1: Vargas	[Vacant/Larkins]	10/26/23	ii. District #2: Anderson	[Vacant/Nocon]	TBD	iii. District #3: Lawson-Remer	[King/Osborne]	1/16/24
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	iv. District #4: Montgomery Steppe [Vacant/Vacant] v. District #5: Desmond [Vacant/ Vacant]
7. Ancillary Subcommittee Oral Reports	a. LTC Ombudsman/Facilities (met 11/13/23): Dan McNamara, Chair b. Healthy Aging (met 11/13/23): Wanda Smith, Chair c. Housing (met 12/11/23): Smith Sirisakorn, Chair d. Nutrition (met 10/4/23): Susan Mallett, Chair
8. Other Announcements	a. No announcements.
9. Adjournment & Next Meetings	<p>Meeting adjourned: 1:42 p.m. Council Meeting: January 8, 2024 12:00 p.m. 5560 Overland Ave. Ste. 310, San Diego, 92123</p> <p>Future Subcommittee Meetings:</p> <ul style="list-style-type: none"> ➤ LTC Ombudsman/Facilities: 12/18/23 11:30 a.m. [3rd Mondays] ➤ Executive & Membership: 12/19/23 9:00 a.m. [4th Tuesdays] ➤ Nutrition: 12/11/23 1:00 p.m. [1st Wednesdays] ➤ Healthy Aging: 12/11/23 2:00 p.m. [2nd Mondays] ➤ Housing: 1/8/24 10:30 a.m. [2nd Mondays]

Minutes respectfully submitted by Julia Homitano.

DRAFT