



## Advisory Council for Aging & Independence Services

February 12, 2024 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

### Virtual Participation

Call in: 1 (669) 900-9128

Meeting ID (access code): 824 8650 7295

Passcode: 162815

Click here to [Join Zoom Meeting](#)

## AGENDA

\* (attachment)

1. **Call to Order:** Stephen Huber, Chair
  - a. Welcome & Pledge of Allegiance
  - b. Guest/Member Introductions
  - c. Confirmation of Quorum (quorum = 11)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of January 8, 2024 Meeting Minutes (Action)\*
4. **AIS Director's Items** (Possible action)
  - a. AIS Director's Update
5. **Guest Speaker**
  - a. In-Home Supportive Services Program Overview  
*Julie Lara, IHSS Social Work Supervisor*
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
  - a. Chair's Report: Stephen Huber, Chair
    - i. Ancillary Subcommittee Appointments
      - a) LTC Ombudsman/Facilities Subcommittee – Appoint Faye Detsky-Weil (Action)
  - b. Membership Report: Wanda Smith, Secretary
    - i. Waive Declaration of Vacancy Requirement – Pualani Vazquez (Action)
    - ii. Waive Declaration of Vacancy Requirement – Casey Myers (Action)
  - c. Board of Supervisors Annual Visits (Dates posted as confirmed):
    - i. District #1: Vargas [Vacant/Larkins] 10/26/23
    - ii. District #2: Anderson [Vacant/Nocon] TBD
    - iii. District #3: Lawson-Remer [King/Osborne] 1/16/24



- iv. District #4: Montgomery Steppe [Vacant/Vacant]
- v. District #5: Desmond [Vacant/Vacant]

7. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 1/29/24): Dan McNamara, Chair
- b. Healthy Aging (met 1/8/24): Wanda Smith, Chair
- c. Housing (met 2/12/24): Smith Sirisakorn, Chair
- d. Nutrition (met 2/7/24): Susan Mallett, Chair

8. **Other Announcements**

9. **Adjournment & Next Meetings:**

Meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123

Virtual meeting details are included on agendas at [www.aging.sandiegocounty.gov/AISAdvisoryCouncil](http://www.aging.sandiegocounty.gov/AISAdvisoryCouncil)

**Council Meeting:** March 11, 2024, 12 noon

**Future Subcommittee Meetings:**

- LTC Ombudsman/Facilities: 2/19/24 11:30 a.m. [3<sup>rd</sup> Mondays]
- Executive & Membership: 2/27/24 9:00 a.m. [4<sup>th</sup> Tuesdays]
- Nutrition: 3/6/24 1:00 p.m. [1<sup>st</sup> Wednesdays]
- Healthy Aging: 2/12/24 2:00 p.m. [2<sup>nd</sup> Mondays]
- Housing: 3/11/24 10:30 a.m. [2<sup>nd</sup> Mondays]

*This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

**Aging & Independence Services Advisory Council**  
**Monday, January 8, 2024 | 12:00 p.m. – 2:00 p.m.**  
**5560 Overland Ave, Joaquin Anguera Room, 3rd Floor**  
**Call in: 1 (669) 900-9128**  
**Meeting ID (access code): 824 8650 7295 | Passcode: 162815**

**MINUTES - DRAFT**

|                                                                                                                                                   | <b>Members</b>                                                                                                                                                                                                                  |                                                                                                                                                                                                                | <b>Absent Members</b>             | <b>Guests</b>                                                                                                                                                                                             |
|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Attendance                                                                                                                                        | Faye Detsky-Weil<br>(left at 1:28 p.m.)<br>Stephen Huber<br>Ted Kagan<br>Mina Kerr<br>Shirley King<br>Ethel Larkins<br>Elaine Lewis<br>Susan Mallett<br>Silvia Martinez                                                         | Dan McNamara<br>Bradlyn Mulvey<br>Molly Nocon<br>John Osborne<br>Taryn Patterson<br>(left at 1:00 p.m.)<br>Jacqueline Simon<br>Smith Sirisakorn<br>(joined at 12:10 p.m.)<br>Wanda Smith<br>Kristine Stensberg | Casey Myers<br>Pualani Vazquez    | Knut Brookshier<br>Andrew Gregor<br>Katherine Hart<br>Jaqueline Jackson (virtual)<br>Thomas Johnson (virtual)<br>David Milroy (virtual)<br>Lori Saldaña (virtual)<br>Richard Spiering<br>Eugenia L. Welch |
|                                                                                                                                                   | <b>Staff</b>                                                                                                                                                                                                                    |                                                                                                                                                                                                                |                                   |                                                                                                                                                                                                           |
|                                                                                                                                                   | Naomi Chavez<br>Brynn Viale Long<br>Jana Jordan                                                                                                                                                                                 |                                                                                                                                                                                                                | Samantha Hasler<br>Julia Homitano |                                                                                                                                                                                                           |
|                                                                                                                                                   | <b>Outcome</b>                                                                                                                                                                                                                  |                                                                                                                                                                                                                |                                   |                                                                                                                                                                                                           |
| 1. Call to Order                                                                                                                                  | Stephen Huber, Chair, 12:03 p.m.<br>a. Welcome & Pledge of Allegiance<br>b. Guest/Member Introductions<br>c. Confirmation of Quorum: <b><i>17 present at this time.</i></b>                                                     |                                                                                                                                                                                                                |                                   |                                                                                                                                                                                                           |
| 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable. | None                                                                                                                                                                                                                            |                                                                                                                                                                                                                |                                   |                                                                                                                                                                                                           |
| 3. Standard Business                                                                                                                              | a. Public Comment/Announcements: Members or non-members<br>No public comment/announcements.<br>b. Approval of December 11, 2023, Meeting Minutes (Action)*<br><b><i>[M/S – E. Larkins / S. King (Passed with 18 votes)]</i></b> |                                                                                                                                                                                                                |                                   |                                                                                                                                                                                                           |

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| <p>4. AIS Director's Items</p>                                          | <p>a. AIS Director's Update<br/>Highlights included:</p> <ul style="list-style-type: none"> <li>• Our previous APS referral and case management system, ALEX, transitioned over to procure a new system called LEAPS which went live on December 18, 2023. This coincided with the transition to a new contractor for our mandated After-Hours Access Line. LEAPS provides a statewide solution for data sharing and referrals, resulting in better outcomes for victims of abuse.</li> <li>• AIS will expand collection of customer experience data in 2024 through the implementation of a year-round survey which will allow us to collect additional feedback and be more responsive to our customers' needs.</li> <li>• The Housing and Community Development Services department has developed a pilot of the Shared Housing for Older Adults Program. This program is a result of the Board's direction on August 29, 2023 to address the growing homelessness among our region's older adults. This program will match low- and moderate-income older adults, aged 55 years or older, who are looking for housing with appropriate homeowners or renters with an extra bedroom.</li> <li>• On January 9, 2024's Board meeting, Chairwoman Vargas will be recommending the appointment of Sarah Aghassi as the temporary Acting Chief Administrative Officer. Sarah has served as the Deputy Chief Administrative Officer of the County's Land Use and Environment Group since 2010 and has over 18 years of County employment.</li> </ul> |
| <p>5. Guest Speakers</p>                                                | <p>a. Brown Act Training: Katherine Hart and Andrew Gregor, Senior Deputy County Counsel<br/>Highlights included:</p> <ul style="list-style-type: none"> <li>• The Brown Act's Purpose</li> <li>• Legislative Bodies</li> <li>• Permitted Activities Outside Noticed Public Meetings</li> <li>• Meetings Accessibility, Notice, Conduct</li> <li>• Written Materials</li> <li>• Teleconference Meetings</li> <li>• Brown Act Sanctions</li> </ul> <p>a. Alzheimer's San Diego: Eugenia L. Welch, President/CEO<br/>Highlights included:</p> <ul style="list-style-type: none"> <li>• Dementia and Alzheimer's Disease Overview</li> <li>• Free Services and Support <ul style="list-style-type: none"> <li>○ Social Activities and Outings</li> <li>○ Education and Training</li> <li>○ Local Research</li> <li>○ Memory Screenings</li> <li>○ Volunteers in Touch (VITALZ)</li> <li>○ Support Groups</li> <li>○ Respite: ALZ Companions</li> <li>○ Talk to a Dementia Expert</li> </ul> </li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <p>6. Executive &amp; Membership Subcommittee Report/Other Business</p> | <p>a. Chair's Report: Stephen Huber, Chair<br/>i. Subcommittee Appointments and Updates<br/>a) Convene the Area Plan Ad Hoc Subcommittee (Action)*<br/>- Role: Review and provide input into the 2024-28 Area Plan<br/>- Term: January 8, 2024 through approval of the 2024-28 Area Plan<br/>- Membership: Stephen Huber, Elaine Lewis, Susan Mallett, John Osborne, Taryn Patterson, Smith Sirisakorn, Wanda Smith, and Kristine Stensberg</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

|                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                        |                  |          |                           |                |     |                                |                |         |                                    |                 |  |                         |                 |  |
|-----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------|----------|---------------------------|----------------|-----|--------------------------------|----------------|---------|------------------------------------|-----------------|--|-------------------------|-----------------|--|
|                                               | <p><b>[M/S – T. Kagan / S. King (Passed with 16 votes.) F. Detsky-Weil and T. Patterson left early.]</b></p> <p>b. Membership Report: Wanda Smith, Secretary</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0" style="margin-left: 40px;"> <tr> <td>i. District #1: Vargas</td> <td>[Vacant/Larkins]</td> <td>10/26/23</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Vacant/Nocon]</td> <td>TBD</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>1/16/24</td> </tr> <tr> <td>iv. District #4: Montgomery Steppe</td> <td>[Vacant/Vacant]</td> <td></td> </tr> <tr> <td>v. District #5: Desmond</td> <td>[Vacant/Vacant]</td> <td></td> </tr> </table> | i. District #1: Vargas | [Vacant/Larkins] | 10/26/23 | ii. District #2: Anderson | [Vacant/Nocon] | TBD | iii. District #3: Lawson-Remer | [King/Osborne] | 1/16/24 | iv. District #4: Montgomery Steppe | [Vacant/Vacant] |  | v. District #5: Desmond | [Vacant/Vacant] |  |
| i. District #1: Vargas                        | [Vacant/Larkins]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 10/26/23               |                  |          |                           |                |     |                                |                |         |                                    |                 |  |                         |                 |  |
| ii. District #2: Anderson                     | [Vacant/Nocon]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | TBD                    |                  |          |                           |                |     |                                |                |         |                                    |                 |  |                         |                 |  |
| iii. District #3: Lawson-Remer                | [King/Osborne]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 1/16/24                |                  |          |                           |                |     |                                |                |         |                                    |                 |  |                         |                 |  |
| iv. District #4: Montgomery Steppe            | [Vacant/Vacant]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                        |                  |          |                           |                |     |                                |                |         |                                    |                 |  |                         |                 |  |
| v. District #5: Desmond                       | [Vacant/Vacant]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                        |                  |          |                           |                |     |                                |                |         |                                    |                 |  |                         |                 |  |
| <p>7. Ancillary Subcommittee Oral Reports</p> | <p>a. LTC Ombudsman/Facilities (met 11/13/23): Dan McNamara, Chair</p> <p>b. Healthy Aging (met 1/8/24): Wanda Smith, Chair</p> <p>c. Housing (met 1/8/24): Smith Sirisakorn, Chair</p> <p>d. Nutrition (met 1/3/24): Susan Mallett, Chair</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                        |                  |          |                           |                |     |                                |                |         |                                    |                 |  |                         |                 |  |
| <p>8. Other Announcements</p>                 | <p>a. No announcements.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                        |                  |          |                           |                |     |                                |                |         |                                    |                 |  |                         |                 |  |
| <p>9. Adjournment &amp; Next Meetings</p>     | <p>Meeting adjourned: 1:57 p.m.</p> <p>Next Council Meeting: February 12, 2024 12:00 p.m.<br/>5560 Overland Ave. Ste. 310, San Diego, 92123</p> <p>Future Subcommittee Meetings:</p> <ul style="list-style-type: none"> <li>➤ LTC Ombudsman/Facilities: 1/29/24 11:30 a.m. [3rd Mondays]</li> <li>➤ Executive &amp; Membership: 1/23/24 9:00 a.m. [4th Tuesdays]</li> <li>➤ Nutrition: 2/7/24 1:00 p.m. [1st Wednesdays]</li> <li>➤ Healthy Aging: 2/12/24 2:00 p.m. [2nd Mondays]</li> <li>➤ Housing: 2/12/24 10:30 a.m. [2nd Mondays]</li> </ul>                                                                                                                                                                                               |                        |                  |          |                           |                |     |                                |                |         |                                    |                 |  |                         |                 |  |

*Minutes respectfully submitted by Julia Homitano.*