

Advisory Council for Aging & Independence Services December 14, 2020 | 12:00 p.m.

Virtual Meeting
Call in: 1 (669) 900-9128
Meeting ID (access code): 992 5390 3588

Passcode: 251412

Click here to Join Zoom Meeting

Members of the public who wish to speak to an agenda item may call 858-495-5566 before the meeting and provide the last four digits of their phone number and the agenda item they wish to speak to.

AGENDA * (attachment)

- 1. Call to Order: John Osborne, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 14)

2. Standard Business

- a. Public Comment/Announcements: Members or non-members
- b. Approval of November 9, 2020 Meeting Minutes (Action)*

3. Guest Speakers

- a. Ombudsman Annual Report, Sunita Upchurch, Ombudsman Program Supervisor
- b. Live Well San Diego Annual Report, Shelly Tregembo, Program Coordinator, Office of Strategy and Innovation*
- 4. AIS Director's Items (Possible action)
 - a. Board Letters: None
 - b. AIS Director's Update
 - c. Legislative Update

5. Executive & Membership Subcommittee Report/Other Business

- a. Chair's Report: John Osborne, Chair (Action)
 - i. Subcommittee Appointments and Updates
 - a) LTC Ombudsman & Facilities:
 - Resignation of Jack Miller from Chair (Action)
 - Appointment of Linda Prager to Chair (Action)
 - b) Nutrition
 - Appointment of Susan Mallet to Chair (Action)
 - ii. General Discussion Subcommittee Activity
- b. Membership Report: Stephen Huber, Secretary
 - i. Supervisor Appointed Seats



c. Board of Supervisors Annual Visits (Dates posted as confirmed):

| i. | District #1: Cox | [Garbanzos/Monge] | 2021 - TBD |
|------|-----------------------|-------------------|------------|
| ii. | District #2: Jacob | [Arcadi/Kagan] | 2021 - TBD |
| iii. | District #3: Gaspar | [Bahmani/Osborne] | 2021 - TBD |
| iv. | District #4: Fletcher | [Flynn] | 2021 - TBD |
| ٧. | District #5: Desmond | [Simon/Weber] | 2021 - TBD |

- 6. Ancillary Subcommittee Oral Reports (Possible action)
 - a. LTC Ombudsman & Facilities (met 11/19/20): Linda Prager, Chair
 - b. Adult Services Connection (met 2/10/20): TBA, Chair
 - c. Healthy Aging (met 8/31/20): Wanda Smith, Chair
 - d. Housing (met 2/10/20): TBA, Chair
 - e. Nutrition (met 2/10/20): Susan Mallett, Chair
- 7. Ad Hoc Subcommittee Oral Reports (Possible action)
 - a. Area Plan: Rosemarie Bahmani
- 8. Auxiliary Liaison Written Reports (See Addendum)*
- 9. Other Announcements
- 10. Adjournment & Next Meetings:

When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123 Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: January 11, 2021, 12:00pm (Virtual)

Future Subcommittee Meetings:

| | LTC Ombudsman/Facilities: | 12/17/20 | 10:30 a.m. | [3 rd Thursday] | Virtual |
|------------------|----------------------------|----------|------------|----------------------------|---------|
| \triangleright | Executive & Membership: | 1/25/21 | 10:30 a.m. | [4 th Monday] | Virtual |
| | Adult Services Connection: | TBD | | - | |
| \triangleright | Healthy Aging | 1/7/21 | 10:00 a.m. | | Virtual |
| \triangleright | Housing: | TBD | | | |
| | Nutrition: | 1/11/21 | 10:30 a.m. | [2 nd Tuesday] | Virtual |
| | Transportation: | TBD | | • - | |

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council

Monday, November 9, 2020 | 12:00am - 2:00pm Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588 <u>Passcode: 251412</u>

MINUTES - DRAFT

| Members | | | Absent Members | Guests |
|--|--|-----------|---|---|
| Attendance Ellen Arcadi Rosemarie Bahmani Judi Bonilla Morgan Cadmus Faye Detsky-Weil La Rue Fields Joe Garbanzos Stephen Huber Ted Kagan Paul Ling Chris Maeoka Susan Mallett Jack Miller Paul Monarrez Luis Monge John Osborne Linda Prager Paula Saracen Jacqueline Simor Wanda Smith Lorelei Taylor Susan Valoff Darlene Weber | | | Patricia De Leo Monica Flynn Bijou Lulla Kim Tran | Jacqueline Jackson |
| | Distinguished Merit Re | ecipients | Staff | |
| | None | | Blanca Castillo Naomi Chavez Raymond Flores Kim Gallo Samantha Hasler | Jana Jordan Jennifer Sovay Kristen Smith Brynn Viale |
| Item | | | Outcome | |
| 1. Call to Order | John Osborne, Chair, 12:00 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: 19 present at this time. | | | |
| 2. Standard Business | a. Public Comments/Announcements: Members or non-members There were no announcements. b. Approval of October 12, 2020 meeting minutes (Action): [M/S - F. Detsky-Weil / J. Garbanzos: Unanimous] (passed with 21 votes) | | | |
| 3. Guest Speaker Presentation | a. Health & Community Engagement Team, Kristen Smith, Chief of Agency Operations Highlights to include: Overview of Organizational Chart for Health & Community Engagement Team (HCET). Overview of the Age Well San Diego Action Plan. Overview of Age Well resources and partnerships in the community; many have modified services/programs during COVID-19. Dementia-Friendly Activities Toolkit. Healthy Brain Initiative grant from CDPH. Caregiver Support includes Family Caregiver Support Programs, Respite Care Programs, Grandparents Raising Grandchildren & Kinship Support Programs, and Elder Law & Advocacy. Caregiver Coalition held online conferences on Mental Health. Senior Volunteer Programs provided 1390 volunteers at over 90 community sites. Intergenerational Programming and Technical Assistance Programs. Outreach & Education: Virtual presentations, resource videos, outreach campaigns. Sector Outreach includes weekly emails on COVID-19 resources, information on telebriefings. www.aging.sandiegocounty.gov lists all COVID-19 community resources for online access specific for older adults. Great Plates Delivered has served over 1.1 million meals to 4,590 clients. Quality | | | |
| 4. AOS Director's Items (possible action) | Assurance is implemented for maintaining food quality. a. Board Letters: None b. AIS Director's Update • K. Gallo reported on the following: | | | |

| Recreation department. - COVID-19 update on Seniors: AIS programs to remain flexible due to CO and continue to provide support to clients as well as those who are affected recent wildfires and power outages. - Update on Meal Programs: - Meeting increased demand for senior meals as 325,000 he delivered or to-go meals were served in the month of October. - Great Plates Delivered program continues to provide meals to sen that are staying home due to the Public Health Order and is a creating means to have contact with clients who may be isolated need emergency help, especially during this critical time. - Area Plan Updates: CDA reviewed the Area Plan and asked for clarification corrections; the Alf hoto committee came together to review these correction present to the Council today. - Virtual Tech Fair held by OASIS last month had over 2,500 participants, presented on topics including healthcare technology, online security, snhome/smart wallet technology. The Virtual Tech Fair had a tremendous turn and received positive feedback. - Ombudsman Program preparing to move into Phase 2 of facility reeprocess. In preparation for re-entry into RCFEs or SNFs, N-95 fit testing conducted for staff and volunteers, and weekly COVID testing. In the meantion only outdoor and window visits are permitted. - Two Als programs, Alzheimer's Response Team (ART) and FIRST, receive recognition from the National Association of Counties (NaCo) and the National Association of Area Agencies on Aging (n4a). - Legislative Update: - B. Viale reported: The County's proposed legislative update was brought before the B of Supervisors on Tuesday. October 27th. The Board has adopted these proposed upd as Chair's Report. John Osborne, Chair i. Membership Age Updates: - 50% plus 1 of Council is required to be over 60. Members who recently turn 60 are asked to please inform the Council. Subcommittee Discussion - Executive & Membership Subcommittee recommending Council to concurrent subcommittees; and each subcommittee to have a secretary t | | Recreation department. COVID-19 update on Seniors: AIS programs to remain flexible due to COVID and continue to provide support to clients as well as those who are affected by recent wildfires and power outages. Update on Meal Programs: Meeting increased demand for senior meals as 325,000 home |
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| Business iii. Adopt Annual Subcommittees | • | · |
| (possible action) iv. Adopt Annual Report | | |
| v. Adopt Annual Goals | | |
| vi. Adopt Annual Calendar | | |
| Discussion: Joe Garbanzos & Kim Gallo- All programs should be looked | | Discussion: Joe Garbanzos & Kim Gallo- All programs should be looked at |
| | | through a COVID lens but still working towards the same goals. Susan Mallett |
| | | discussed adding clarification in the Council Focus that goals will be looked at |
| through a COVID lens and modified appropriately. | | |
| [M/S – W. Smith/ L. Fields: Unanimous] (no response to roll call vote: E. Arcadi) (passed with 22 votes) | | |
| (no response to roll call vote. E. Alcadi) (passed with 22 votes) | | (110 100polico to roll oull voto. E. Aroual) (pussed with 22 votes) |
| b. Membership Report, Stephen Huber, Secretary | | b. Membership Report, Stephen Huber, Secretary |
| i. Adopt corrections (for the record) to 10/12/20 action on agenda item 8.b.ii. (Action) | | |
| | | |
| Seat #28, effective 9/28/20, full term to expire 9/28/24 | | a. Appoint Paul Ling (reviewed by Subcommittee 8/24/20) |
| b. Appoint Paula Saracen AlS Advisory Council: November 9, 2020 Page | | a. Appoint Paul Ling (reviewed by Subcommittee 8/24/20) Seat #28, effective 9/28/20, full term to expire 9/28/24 |

| Seat #12, effective 10/9/20, to expire 10/8/24 [M/S - L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair | | | | | | | | |
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| (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): | Seat #12, effective 10/9/20, to expire 10/8/24 | | | | | | | |
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| iv. District #4 Fletcher v. District #5 Desmond a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair Jack will be stepping down as Chair. Subcommittee has only met once in the last few months, in August Ombudsman volunteers and family of residents have restricted visitation. b. Adult Services Connection (2/10/20): TBA, Chair c. Healthy Aging (8/31/20): Wanda Smith, Chair Did not meet due to scheduling conflicts d. Housing (2/10/20): TBA, Chair e. Nutrition (2/10/20): TBA Chair f. Transportation (TBD) 7. Ad Hoc a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair O Jack will be stepping down as Chair O Subcommittee has only met once in the last few months, in August O Mbudsman volunteers and family of residents have restricted visitation. Did not meet due to scheduling conflicts d. Housing (2/10/20): TBA, Chair E. Nutrition (2/10/20): TBA Chair D. Ad Hoc | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. | | | | | | | |
| a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair Jack will be stepping down as Chair. Subcommittee has only met once in the last few months, in August Ombudsman volunteers and family of residents have restricted visitation. Bubcommittee Oral Company of the last few months, in August Adult Services Connection (2/10/20): TBA, Chair Healthy Aging (8/31/20): Wanda Smith, Chair Did not meet due to scheduling conflicts Housing (2/10/20): TBA, Chair Nutrition (2/10/20): TBA Chair Transportation (TBD) Ad Hoc a. Area Plan: Rosemarie Bahmani, Chair | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. | | | | [Flynn/Tran] | | | |
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| 6. Ancillary Subcommittee Oral Reports (possible action) Ombudsman volunteers and family of residents have restricted visitation. b. Adult Services Connection (2/10/20): TBA, Chair c. Healthy Aging (8/31/20): Wanda Smith, Chair o Did not meet due to scheduling conflicts d. Housing (2/10/20): TBA, Chair e. Nutrition (2/10/20): TBA Chair f. Transportation (TBD) 7. Ad Hoc a. Area Plan: Rosemarie Bahmani, Chair | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. | | | | | | | |
| Subcommittee Oral Reports (possible action) b. Adult Services Connection (2/10/20): TBA, Chair c. Healthy Aging (8/31/20): Wanda Smith, Chair o Did not meet due to scheduling conflicts d. Housing (2/10/20): TBA, Chair e. Nutrition (2/10/20): TBA Chair f. Transportation (TBD) 7. Ad Hoc a. Area Plan: Rosemarie Bahmani, Chair | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair O Jack will be stepping down as Chair. | | | | | | | |
| Reports (possible action) c. Healthy Aging (8/31/20): Wanda Smith, Chair Did not meet due to scheduling conflicts d. Housing (2/10/20): TBA, Chair e. Nutrition (2/10/20): TBA Chair f. Transportation (TBD) 7. Ad Hoc a. Area Plan: Rosemarie Bahmani, Chair | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair | | | | | | | |
| (possible action) O Did not meet due to scheduling conflicts d. Housing (2/10/20): TBA, Chair e. Nutrition (2/10/20): TBA Chair f. Transportation (TBD) 7. Ad Hoc a. Area Plan: Rosemarie Bahmani, Chair | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair | | | | | | | |
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| decreased Ombudsman visitations. | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair | | | decreased Ombuc | isman visitations. | | | |
| Other changes made related to language required by the Older Americans Act as | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair | | | | ide related to language | required by the Older Americans Act and | | |
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| CDA guidelines. [M/S – L. Monge / L. Fields] (recused: F. Detsky-Weil) (no response to roll call vote; E. Arcadi, J. Bonilla, J. Garbanzos) (passed with 19 vote | [M/S - L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair | | | The Auxiliary Subcommit | ee report was included | in the agenda packet. | | |
| CDA guidelines. [M/S – L. Monge / L. Fields] (recused: F. Detsky-Weil) (no response to roll call vote; E. Arcadi, J. Bonilla, J. Garbanzos) (passed with 19 vote) 8. Auxiliary • The Auxiliary Subcommittee report was included in the agenda packet. | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair | Subc | | | | | | |
| CDA guidelines. [M/S – L. Monge / L. Fields] (recused: F. Detsky-Weil) (no response to roll call vote; E. Arcadi, J. Bonilla, J. Garbanzos) (passed with 19 vote) 8. Auxiliary Subcommittees – The Auxiliary Subcommittee report was included in the agenda packet. | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iiv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair | 1 | | | | | | |
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| 6. Ancillary Subcommittee Oral Reports (possible action) Ombudsman volunteers and family of residents have restricted visitation. b. Adult Services Connection (2/10/20): TBA, Chair c. Healthy Aging (8/31/20): Wanda Smith, Chair o Did not meet due to scheduling conflicts d. Housing (2/10/20): TBA, Chair e. Nutrition (2/10/20): TBA Chair f. Transportation (TBD) 7. Ad Hoc Adult Services Connection (2/10/20): TBA, Chair o Did not meet due to scheduling conflicts d. Housing (2/10/20): TBA Chair f. Transportation (TBD) | [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1 Cox [Garbanzos/Monge] 11/21/2019 @ 1:30 p.m. ii. District #2 Jacob [Arcadi/Kagan] 02/27/2020 @ 2:30 p.m. iii. District #3 Gaspar [Bahmani/Osborne] 03/30/20 @ 9:30 a.m. iv. District #4 Fletcher [Flynn/Tran] TBD @ 12:00 p.m. v. District #5 Desmond [Simon/Weber] 12/5/19 @ 10:00 a.m. | | | | | est few months in August | | |
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| (no response to roll call vote: E. Arcadi) (passed with 22 votes) c. Board of Supervisors Annual Visits (Dates posted as confirmed): | 1 Seat #12. Ellective 10/3/20. to expire 10/0/24 | | | | | | | |

Minutes respectfully submitted by Raymond Flores





2020 LIVE WELL SAN DIEGO 10-YEAR IMPACT REPORT **EXECUTIVE SUMMARY**

A DECADE OF HEALTHY, SAFE, AND THRIVING COMMUNITIES

The Live Well San Diego vision began ten years ago with the goal of improving wellness for all 3.3 million residents living in San Diego County. Developed over the course of two years, through a robust community and stakeholder engagement process, the vision was a response to a startling statistic that found that throughout the nation and locally three behaviors (poor nutrition, lack of physical activity and tobacco use) were contributing to four diseases (heart disease/stroke, cancer, type-2 diabetes and respiratory conditions) that resulted in over 50% of the deaths in San Diego County (also known as 3-4-50).

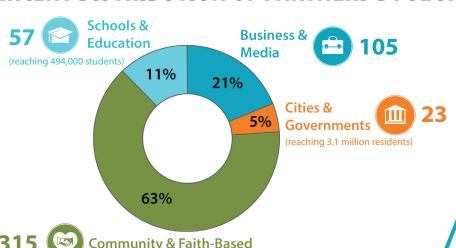
Since it was initiated with the approval of the San Diego County Board of Supervisors on July 13, 2010, the vision has grown into a collective impact movement that is creating a better quality of life for all residents. As of December 3, 2020, 500 Recognized Partners have committed to the vision, so that wherever you live, work, play or pray, an organization or individual is nearby working to improve your well-being and the health of your community.

During the past decade, efforts in support of the vision have driven a 12% reduction in the percentage of deaths associated with preventable health threats (2007-2019).

The full 2020 10-Year Impact Report can be found online and includes success stories and incredible impacts that partners have accomplished together over the past decade. Read the full report at LiveWellSDAnnualReport.org.

500 PARTNERS VISION of a region that is Building Living **Thriving** Better Safely Health **STRATEGIC APPROACHES** Building a

PERCENT DISTRIBUTION OF PARTNERS BY SECTOR



AREAS OF INFLUENCE

Changes





System



LIVING



Culture

Within



TOP 10 LIVE WELL SAN DIEGO INDICATORS

Life Expectancy **Quality of Life**

Education

Unemployment Rate Income

Security **Physical** Environment **Built Environment**

Vulnerable Populations Community

Involvement

that measure the impact of collective actions by partners and the County to achieve the vision of a region that is Building Better Health, Living Safely and Thriving.

Efforts in support of the Live Well San Diego vision



associated with preventable

health threats (2007-2019)

3-4-50 Chronic Disease

Over the last ten years, Live Well San Diego Partners have reduced the percentage of deaths associated with preventable health threats by 12% (2007-2019). By working to decrease preventable disease-related deaths (3-4-50), the Live Well San Diego vision has provided the foundation to improve the social and economic conditions that impact health and wellness and increase neighborhood safety while engaging residents in their community.



Reduction in heart attacks in San Diego County (2011-2016)

Heart Attacks

Be There San Diego, a coalition of patients, communities, healthcare systems and organizations, **reduced** heart attacks in San Diego County by 22% (2011-2016) through their Heart Attack & Stroke Free Zone, Southeastern San Diego Cardiac Disparities Project and Accountable Communities for Health workgroups.

Crime & Security

Neighborhood safety and security have a significant impact on an individual's ability to thrive. Exposure to crime and violence has been shown to have negative impacts on a person's overall quality of life, including their physical and mental health and even how involved they are in their community. Crime rates in San Diego have been declining since 2010 thanks to the concerted effort of local law enforcement agencies and community partners who have reduced the overall crime rate in San Diego County by 26% and the youth arrest rate by 76%.



3.0%

Increase

in % of people age 25 or older with H.S. diploma or GED (about 53,393 people, 2009-2018)



Fewer

students are overweight or obese in county school districts (2010-2018)

Live Well Schools

Live Well Schools is a collaboration of community partners, led by the County of San Diego. A key strategy of Live Well Schools is to build and strengthen the relationships between schools, districts, and community partners so that they can work together to address the impacts that physical and mental health and absenteeism have on academic performance and overall quality of life.

One area where partners have worked to make progress is around childhood obesity. Declining trends over time show **4,300 fewer students across San Diego County school districts are overweight or obese** (2010-2018).

have driven incredible impacts:

Food System Initiative

Community partners are improving the local food system by increasing access to healthy and affordable food, supporting

the local food economy and food supply chain, and protecting our natural resources through the support of small-scale farmers and sustainable farming practices.



Increase in access to and support of local food system (2010-2019).

Homelessness

The Regional Taskforce on the Homeless conducts an annual Point-in-Time Count in January - a physical count of all people experiencing homelessness who are living in emergency shelters, transitional housing, safe havens and on the street, vehicles, encampments or parks on a single night. In 2014, hundreds of community members came together to count 8,506 people experiencing homelessness, while 2020 counts showed 7,658 people, a **reduction of 10% in the number of homeless persons living in San Diego County**.



Reduction

in the number of homeless persons living in San Diego County (2014-2020)

Opportunity Youth

Workforce development is a method of improving the local economy by removing the barriers that might be in place for particular groups and devising strategies to remove those barriers through policy and systemic changes, as well as skills development and training.

Opportunity Youth are young adults ages 16-24 who are not in school and are not working - they are both seeking opportunity in the job market and offering an opportunity for local organizations to invest in them. Partners have already seen positive outcomes from their efforts to connect these youth to future career paths, including a 17% decrease in the youth disconnection rate (youth not in school or working).



Increase

in % of households spending <1/3 income on housing (about 53,457 households, 2009-2018)



Reduction

in the youth disconnection rate (2010-2018)

Sustainability & Climate

Outdoor environments, from beaches and wetlands to mountains and deserts, play a key role in living well in San Diego County. Keeping these spaces accessible and thriving requires input and action from individuals, organizations, and government agencies throughout the region to address these factors and advance climate resilience and adaptation solutions.

Over the past decade, San Diego
County saw a 50% reduction in the
percent of days air quality was rated
unhealthy, a 21% increase in miles
of available bikeways, and turned to
more sustainable renewable energy to
ensure future San Diegans can continue
to access and enjoy the environmental
diversity throughout our communities.



Increase

in the miles of

available bikeways

(2010-2018)

Reduction

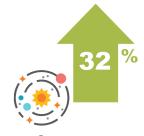
50

in the percent of days air quality rated unhealthy for sensitive populations (2009-2019)



Increase

in the rate of solar installation (2010-2018)

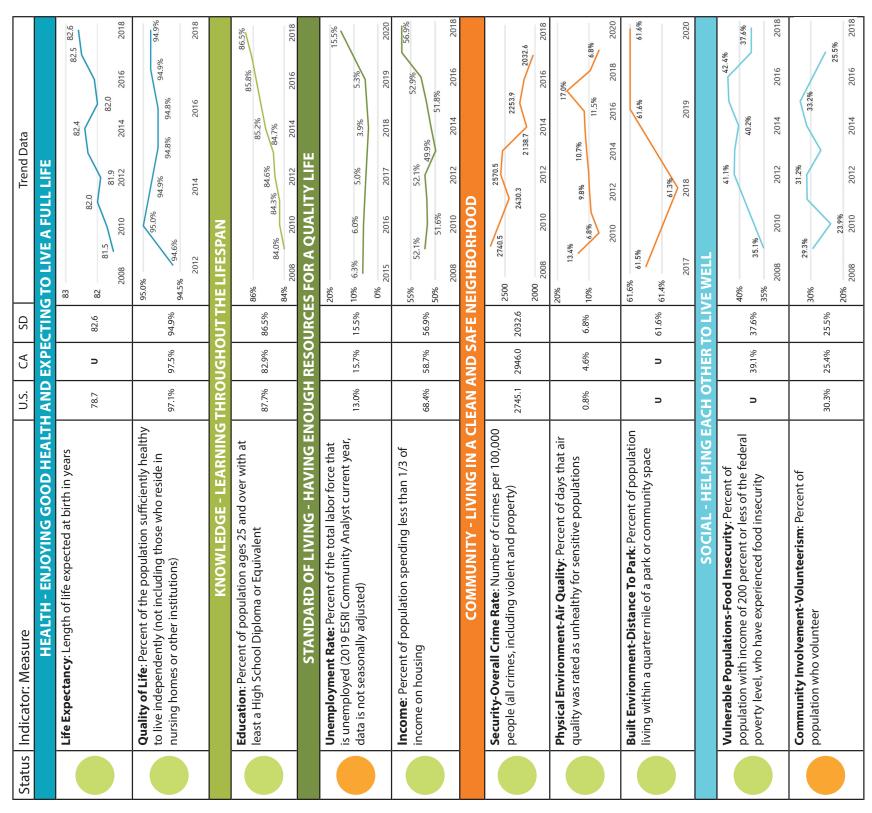


Increase

in SDG&E's Renewable and Zero-Carbon electricity supply (2010-2018)

MEASURING PROGRESS: Live Well San Diego Top 10 Indicators

Progress toward the *Live Well San Diego* vision is measured across a person's lifespan within 5 Areas of Influence and 10 Live Well San Diego Indicators which define what it means to live well in San Diego County. As more residents improve safety and economic status, there are more opportunities for people to grow, connect and thrive. their health,



Moving in the right direction

Moving in the wrong direction

Note: The most current local data, that has state and national comparison data is reported. U = unavailable. To view data at a sub-regional or sub-area level, visit www.LiveWelISD.org/data-results.

AIS Advisory Council (December 14, 2020)

Auxiliary Liaison Written Reports

| CAREGIVER COALITION | | | | | | |
|--|--|------------------------------|------------------------------|--|--|--|
| COUNCIL CONTACT | Susan Valoff | TIME PERIOD | | | | |
| | E Downwar | zoz (ED) | | | | |
| Corner Corner | FALL PREVENT | , , | N 1 2020 | | | |
| COUNCIL CONTACT | Rosemarie Bahmani iized as a new Live Well Partner. Ti | TIME PERIOD | November 2020 | | | |
| | been adopted by various organizati | | | | | |
| | am 'A Matter of Balance' is going for | | | | | |
| | HEALTH PROMO | TION (HP) | | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | | | | |
| | TITOG | . | | | | |
| IHSS ADVISORY COMMITTEE | | | | | | |
| COUNCIL CONTACT | | TIME PERIOD | November 2020 | | | |
| | unced a food drive at Palomar Coll ys, gloves and PPE at six location | | | | | |
| receive 25,000 sets of gloves | | o unoughout the county. I as | one ruthority to expected to | | | |
| | SVA/RS | VP | | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | | | | |
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| | ECAN | | | | | |
| COUNCIL CONTACT | COUNCIL CONTACT Lorelei Taylor TIME PERIOD | | | | | |
| | NonCA | NT | | | | |
| COUNCIL CONTACT | NorCA Linda Prager | TIME PERIOD | | | | |
| COUNCIL CONTACT | Lilida Fragei | TIME FERIOD | | | | |
| SANDI-CAN | | | | | | |
| COUNCIL CONTACT | Monica Flynn | TIME PERIOD | | | | |
| TIME TERES | | | | | | |
| SoCAN | | | | | | |
| COUNCIL CONTACT | Luis Monge | TIME PERIOD | | | | |
| Even Covern IC Covernmy Covernmy | | | | | | |
| EAST COUNTY IG COMMUNITY COUNCIL TO UT TO THE PERSON | | | | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | | | | |
| NORTH COUNTY IG COMMUNITY COUNCIL | | | | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | | | | |
| | | I IIII I EIGOD | | | | |
| AGE WELL SAN DIEGO – DEMENTIA FRIENDLY | | | | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | | | | |

| AGE WELL SAN DIEGO – HEALTH & COMMUNITY SUPPORT | | | | | | | |
|--|----------------------------|--------------------|---------------|--|--|--|--|
| COUNCIL CONTACT Joe Garbanzos TIME PERIOD | | | | | | | |
| | | | | | | | |
| | AGE WELL SAN DIE | GO – HOUSING | | | | | |
| COUNCIL CONTACT | Lorelei Taylor | TIME PERIOD | | | | | |
| | | | | | | | |
| A | GE WELL SAN DIEGO – SO | CIAL PARTICIPATION | | | | | |
| COUNCIL CONTACT | Rosemarie Bahmani | TIME PERIOD | | | | | |
| | | | | | | | |
| | AGE WELL SAN DIEGO – | TRANSPORTATION | | | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | | | | | |
| | | | | | | | |
| ALZHEIMER'S CARE ROUNDTABLE | | | | | | | |
| COUNCIL CONTACT | Ellen Arcadi | TIME PERIOD | | | | | |
| | | | | | | | |
| CALIFORNIA SENIOR LEGISLATURE | | | | | | | |
| COUNCIL CONTACT | Susan Mallett, Chair-PSA23 | TIME PERIOD | November 2020 | | | | |
| On December 1st, the first CSL caucus on Senior Nutrition was held. Issues of sufficient funding, transportation needs and | | | | | | | |
| program capacities were discussed. | | | | | | | |