



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services

December 14, 2020 | 12:00 p.m.

Virtual Meeting

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

Click here to [Join Zoom Meeting](#)

Members of the public who wish to speak to an agenda item may call 858-495-5566 before the meeting and provide the last four digits of their phone number and the agenda item they wish to speak to.

AGENDA

* (attachment)

1. **Call to Order:** John Osborne, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 14)
2. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of November 9, 2020 Meeting Minutes (Action)*
3. **Guest Speakers**
 - a. Ombudsman Annual Report, Sunita Upchurch, Ombudsman Program Supervisor
 - b. *Live Well San Diego* Annual Report, Shelly Tregembo, Program Coordinator, Office of Strategy and Innovation*
4. **AIS Director's Items** (Possible action)
 - a. Board Letters: None
 - b. AIS Director's Update
 - c. Legislative Update
5. **Executive & Membership Subcommittee Report/Other Business**
 - a. Chair's Report: John Osborne, Chair (Action)
 - i. Subcommittee Appointments and Updates
 - a) LTC Ombudsman & Facilities:
 - Resignation of Jack Miller from Chair (Action)
 - Appointment of Linda Prager to Chair (Action)
 - b) Nutrition
 - Appointment of Susan Mallet to Chair (Action)
 - ii. General Discussion – Subcommittee Activity
 - b. Membership Report: Stephen Huber, Secretary
 - i. Supervisor Appointed Seats



c. Board of Supervisors Annual Visits (Dates posted as confirmed):

- | | | |
|---------------------------|-------------------|------------|
| i. District #1: Cox | [Garbanzos/Monge] | 2021 - TBD |
| ii. District #2: Jacob | [Arcadi/Kagan] | 2021 - TBD |
| iii. District #3: Gaspar | [Bahmani/Osborne] | 2021 - TBD |
| iv. District #4: Fletcher | [Flynn] | 2021 - TBD |
| v. District #5: Desmond | [Simon/Weber] | 2021 - TBD |

6. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman & Facilities (met 11/19/20): Linda Prager, Chair
- b. Adult Services Connection (met 2/10/20): TBA, Chair
- c. Healthy Aging (met 8/31/20): Wanda Smith, Chair
- d. Housing (met 2/10/20): TBA, Chair
- e. Nutrition (met 2/10/20): Susan Mallett, Chair

7. **Ad Hoc Subcommittee Oral Reports** (Possible action)

- a. Area Plan: Rosemarie Bahmani

8. **Auxiliary Liaison Written Reports** {See Addendum}*^{*}

9. **Other Announcements**

10. **Adjournment & Next Meetings:**

When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123

Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: January 11, 2021, 12:00pm (Virtual)

Future Subcommittee Meetings:

- | | | | | |
|------------------------------|----------|------------|----------------------------|---------|
| ➤ LTC Ombudsman/Facilities: | 12/17/20 | 10:30 a.m. | [3 rd Thursday] | Virtual |
| ➤ Executive & Membership: | 1/25/21 | 10:30 a.m. | [4 th Monday] | Virtual |
| ➤ Adult Services Connection: | TBD | | | |
| ➤ Healthy Aging | 1/7/21 | 10:00 a.m. | | Virtual |
| ➤ Housing: | TBD | | | |
| ➤ Nutrition: | 1/11/21 | 10:30 a.m. | [2 nd Tuesday] | Virtual |
| ➤ Transportation: | TBD | | | |

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council

Monday, November 9, 2020 | 12:00am – 2:00pm

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

MINUTES – DRAFT

Members			Absent Members	Guests
Attendance	Ellen Arcadi Rosemarie Bahmani Judi Bonilla Morgan Cadmus Faye Detsky-Weil La Rue Fields Joe Garbanzos Stephen Huber Ted Kagan Paul Ling Chris Maeoka Susan Mallett	Jack Miller Paul Monarrez Luis Monge John Osborne Linda Prager Paula Saracen Jacqueline Simon Wanda Smith Lorelei Taylor Susan Valoff Darlene Weber	Patricia De Leo Monica Flynn Bijou Lulla Kim Tran	Jacqueline Jackson
	Distinguished Merit Recipients		Staff	
	None		Blanca Castillo Naomi Chavez Raymond Flores Kim Gallo Samantha Hasler	Jana Jordan Jennifer Sovay Kristen Smith Brynn Viale
Item	Outcome			
1. Call to Order	John Osborne, Chair, 12:00 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: 19 present at this time.			
2. Standard Business	a. Public Comments/Announcements: Members or non-members ○ There were no announcements. b. Approval of October 12, 2020 meeting minutes (Action): [M/S – F. Detsky-Weil / J. Garbanzos: Unanimous] (passed with 21 votes)			
3. Guest Speaker Presentation	a. Health & Community Engagement Team, Kristen Smith, Chief of Agency Operations Highlights to include: <ul style="list-style-type: none"> • Overview of Organizational Chart for Health & Community Engagement Team (HCET). • Overview of the Age Well San Diego Action Plan. • Overview of Age Well resources and partnerships in the community; many have modified services/programs during COVID-19. • Dementia-Friendly Activities Toolkit. • Healthy Brain Initiative grant from CDPH. • Caregiver Support includes Family Caregiver Support Programs, Respite Care Programs, Grandparents Raising Grandchildren & Kinship Support Programs, and Elder Law & Advocacy. • Caregiver Coalition held online conferences on Mental Health. • Senior Volunteer Programs provided 1390 volunteers at over 90 community sites. • Intergenerational Programming and Technical Assistance Programs. • Outreach & Education: Virtual presentations, resource videos, outreach campaigns. • Sector Outreach includes weekly emails on COVID-19 resources, information on telebriefings. • www.aging.sandiegocounty.gov lists all COVID-19 community resources for online access specific for older adults. • Great Plates Delivered has served over 1.1 million meals to 4,590 clients. Quality Assurance is implemented for maintaining food quality. 			
4. AOS Director's Items (possible action)	a. Board Letters: None b. AIS Director's Update <ul style="list-style-type: none"> • K. Gallo reported on the following: 			

	<ul style="list-style-type: none"> • Blanca Castillo will be leaving AIS and has received a promotion to Parks and Recreation department. • COVID-19 update on Seniors: AIS programs to remain flexible due to COVID and continue to provide support to clients as well as those who are affected by recent wildfires and power outages. • Update on Meal Programs: <ul style="list-style-type: none"> ○ Meeting increased demand for senior meals as 325,000 home delivered or to-go meals were served in the month of October. ○ Great Plates Delivered program continues to provide meals to seniors that are staying home due to the Public Health Order and is also creating means to have contact with clients who may be isolated and need emergency help, especially during this critical time. • Area Plan Updates: CDA reviewed the Area Plan and asked for clarification and corrections; the Ad Hoc committee came together to review these corrections to present to the Council today. • Virtual Tech Fair held by OASIS last month had over 2,500 participants, and presented on topics including healthcare technology, online security, smart home/smart wallet technology. The Virtual Tech Fair had a tremendous turnout and received positive feedback. • Ombudsman Program preparing to move into Phase 2 of facility re-entry process. In preparation for re-entry into RCFEs or SNFs, N-95 fit testing is conducted for staff and volunteers, and weekly COVID testing. In the meantime, only outdoor and window visits are permitted. • Two AIS programs, Alzheimer's Response Team (ART) and FIRST, received recognition from the National Association of Counties (NaCo) and the National Association of Area Agencies on Aging (n4a). <p>c. Legislative Update:</p> <ul style="list-style-type: none"> • B. Viale reported: The County's proposed legislative update was brought before the Board of Supervisors on Tuesday, October 27th. The Board has adopted these proposed updates.
<p>5. Executive & Membership Subcommittee (Met 10/26/20) Report/Other Business (possible action)</p>	<p>a. Chair's Report: John Osborne, Chair</p> <ol style="list-style-type: none"> Membership Age Updates <ul style="list-style-type: none"> • 50% plus 1 of Council is required to be over 60. Members who recently turned 60 are asked to please inform the Council. Subcommittee Discussion <ul style="list-style-type: none"> • Executive & Membership Subcommittee recommending Council to continue current subcommittees, and each subcommittee to have a secretary to handle Brown Act requirements. • Inviting volunteers to become a Chair for the following committees: Adult Services Connection, Housing, Nutrition, and Transportation. If there are no volunteers to chair subcommittees, will consider converting to Ad Hoc or discontinuing. <ol style="list-style-type: none"> Susan Mallett volunteered for Nutrition committee Chair Jacqueline Jackson (guest) expressed interest in participating in the ASC committee. Paul Ling expressed interest in participating in the Housing committee, but not as Chair • Inviting subcommittee Chairs to join November 30th Executive & Membership Subcommittee meeting to discuss plan for upcoming year. • Recommendation for Executive Committee to carry on 2019 Annual Goals due to scheduling conflicts during COVID-19 crisis. Aging Roadmap overview is included in the revised Annual Report. Adopt Annual Subcommittees Adopt Annual Report Adopt Annual Goals Adopt Annual Calendar <ul style="list-style-type: none"> • <i>Discussion:</i> Joe Garbanzos & Kim Gallo- All programs should be looked at through a COVID lens but still working towards the same goals. Susan Mallett discussed adding clarification in the Council Focus that goals will be looked at through a COVID lens and modified appropriately. <p>[M/S – W. Smith/ L. Fields: Unanimous] (no response to roll call vote: E. Arcadi) (passed with 22 votes)</p> <p>b. Membership Report, Stephen Huber, Secretary</p> <ol style="list-style-type: none"> Adopt corrections (for the record) to 10/12/20 action on agenda item 8.b.ii. (Action) <ol style="list-style-type: none"> Appoint Paul Ling (reviewed by Subcommittee 8/24/20) Seat #28, effective 9/28/20, full term to expire 9/28/24 Appoint Paula Saracen

	<p>Seat #12, effective 10/9/20, to expire 10/8/24 [M/S – L. Fields/ T. Kagan] (recused: P. Ling) (no response to roll call vote: E. Arcadi) (passed with 22 votes)</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table><tr><td>i. District #1 Cox</td><td>[Garbanzos/Monge]</td><td>11/21/2019 @ 1:30 p.m.</td></tr><tr><td>ii. District #2 Jacob</td><td>[Arcadi/Kagan]</td><td>02/27/2020 @ 2:30 p.m.</td></tr><tr><td>iii. District #3 Gaspar</td><td>[Bahmani/Osborne]</td><td>03/30/20 @ 9:30 a.m.</td></tr><tr><td>iv. District #4 Fletcher</td><td>[Flynn/Tran]</td><td>TBD @ 12:00 p.m.</td></tr><tr><td>v. District #5 Desmond</td><td>[Simon/Weber]</td><td>12/5/19 @ 10:00 a.m.</td></tr></table>	i. District #1 Cox	[Garbanzos/Monge]	11/21/2019 @ 1:30 p.m.	ii. District #2 Jacob	[Arcadi/Kagan]	02/27/2020 @ 2:30 p.m.	iii. District #3 Gaspar	[Bahmani/Osborne]	03/30/20 @ 9:30 a.m.	iv. District #4 Fletcher	[Flynn/Tran]	TBD @ 12:00 p.m.	v. District #5 Desmond	[Simon/Weber]	12/5/19 @ 10:00 a.m.																				
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6. Ancillary Subcommittee Oral Reports (possible action)	<p>a. LTC Ombudsman/Facilities (met 8/20/20): Jack Miller, Chair</p> <ul style="list-style-type: none">Jack will be stepping down as Chair.Subcommittee has only met once in the last few months, in AugustOmbudsman volunteers and family of residents have restricted visitation. <p>b. Adult Services Connection (2/10/20): TBA, Chair</p> <p>c. Healthy Aging (8/31/20): Wanda Smith, Chair</p> <ul style="list-style-type: none">Did not meet due to scheduling conflicts <p>d. Housing (2/10/20): TBA, Chair</p> <p>e. Nutrition (2/10/20): TBA Chair</p> <p>f. Transportation (TBD)</p>																																			
7. Ad Hoc Subcommittee Oral Reports	<p>a. Area Plan: Rosemarie Bahmani, Chair</p> <p>i. 2020-2024 Area Plan Addendum (Action)*</p> <ul style="list-style-type: none">Committee met on November 4th, and changes were made to Area Plan to correct numbers/tasks; estimates were not consistent with COVID impact such as decreased Ombudsman visitations.Other changes made related to language required by the Older Americans Act and CDA guidelines. <p>[M/S – L. Monge / L. Fields] (recused: F. Detsky-Weil) (no response to roll call vote; E. Arcadi, J. Bonilla, J. Garbanzos) (passed with 19 votes)</p>																																			
8. Auxiliary Subcommittees – Written Report (possible action)	<ul style="list-style-type: none"><i>The Auxiliary Subcommittee report was included in the agenda packet.</i>																																			
9. Other Announcements	<ul style="list-style-type: none">CSL Caucus Report: Susan Mallett, Local Caucus Chair<ul style="list-style-type: none">Presently engaging and contacting the 11 County legislators this month to give copies of the top 12 proposals of 2021.Two CSL members in Imperial County will be included in PSA 23/24 Caucus.San Diego is fully represented with 8 members of CSL.																																			
10. Adjournment & Next Meetings	<p>a. Meeting adjourned: 1:43 p.m.</p> <p>Next Council Meeting: December 14, 2020, 12 noon (When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting details will be included in agendas posted online 72 hours before meetings at www.aging.sandiegocounty.gov/AISAdvisoryCouncil)</p> <p>Future Subcommittee Meetings:</p> <table><tr><td>➤ LTC Ombudsman/Facilities:</td><td>11/19/20</td><td>10:30 a.m.</td><td>[3rd Thursdays]</td><td>Virtual</td></tr><tr><td>➤ Executive & Membership:</td><td>11/30/20</td><td>10:30 a.m.</td><td>[4th Mondays]</td><td>Virtual</td></tr><tr><td>➤ Adult Services Connection:</td><td>TBD</td><td></td><td></td><td>Virtual</td></tr><tr><td>➤ Healthy Aging</td><td>TBD</td><td></td><td></td><td>Virtual</td></tr><tr><td>➤ Housing:</td><td>TBD</td><td></td><td></td><td>Virtual</td></tr><tr><td>➤ Nutrition:</td><td>TBD</td><td></td><td></td><td>Virtual</td></tr><tr><td>➤ Transportation:</td><td>TBD</td><td></td><td></td><td>Virtual</td></tr></table>	➤ LTC Ombudsman/Facilities:	11/19/20	10:30 a.m.	[3 rd Thursdays]	Virtual	➤ Executive & Membership:	11/30/20	10:30 a.m.	[4 th Mondays]	Virtual	➤ Adult Services Connection:	TBD			Virtual	➤ Healthy Aging	TBD			Virtual	➤ Housing:	TBD			Virtual	➤ Nutrition:	TBD			Virtual	➤ Transportation:	TBD			Virtual
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Minutes respectfully submitted by Raymond Flores



2020 *LIVE WELL SAN DIEGO* 10-YEAR IMPACT REPORT EXECUTIVE SUMMARY

A DECADE OF **HEALTHY, SAFE, AND THRIVING** COMMUNITIES

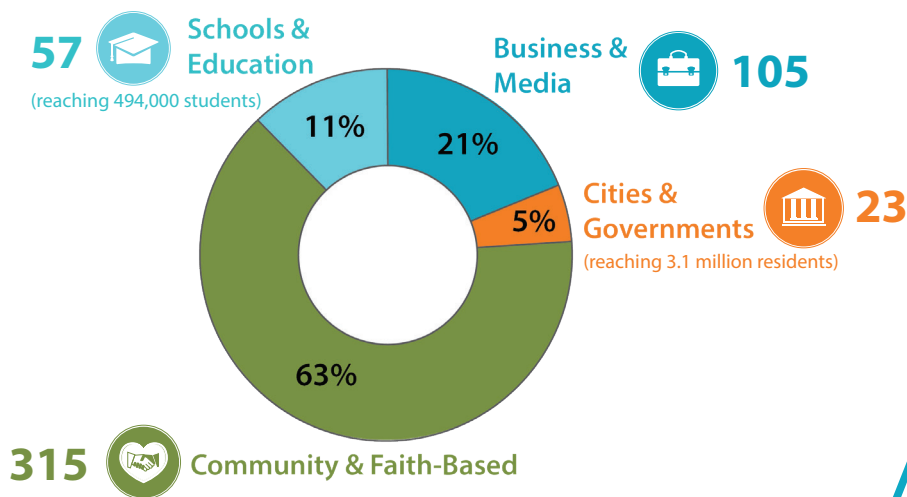
The *Live Well San Diego* vision began ten years ago with the goal of improving wellness for all 3.3 million residents living in San Diego County. Developed over the course of two years, through a robust community and stakeholder engagement process, the vision was a response to a startling statistic that found that throughout the nation and locally three behaviors (poor nutrition, lack of physical activity and tobacco use) were contributing to four diseases (heart disease/stroke, cancer, type-2 diabetes and respiratory conditions) that resulted in over 50% of the deaths in San Diego County (also known as 3-4-50).

Since it was initiated with the approval of the San Diego County Board of Supervisors on July 13, 2010, the vision has grown into a collective impact movement that is creating a better quality of life for all residents. As of December 3, 2020, **500 Recognized Partners have committed to the vision**, so that wherever you live, work, play or pray, an organization or individual is nearby working to improve your well-being and the health of your community.

During the past decade, efforts in support of the vision have driven a 12% reduction in the percentage of deaths associated with preventable health threats (2007-2019).

The full 2020 10-Year Impact Report can be found online and includes success stories and incredible impacts that partners have accomplished together over the past decade. Read the full report at [LiveWellSDAnnualReport.org](https://www.livewellsd.org/annual-report).

PERCENT DISTRIBUTION OF PARTNERS BY SECTOR



500 PARTNERS

1
VISION
of a
region
that is

Building
Better
Health | Living
Safely | Thriving

4
STRATEGIC
APPROACHES

Building a
Better Service
Delivery
System | Supporting
Positive
Choices | Pursuing
Policy &
Environmental
Changes | Improving
the Culture
Within

5 AREAS OF INFLUENCE

HEALTH | KNOWLEDGE | STANDARD OF
LIVING | COMMUNITY | SOCIAL

TOP 10 *LIVE WELL SAN DIEGO* INDICATORS

Life
Expectancy | Education | Unemployment
Rate | Security
Physical
Environment | Vulnerable
Populations
Quality of Life | Income | Built Environment | Community
Involvement

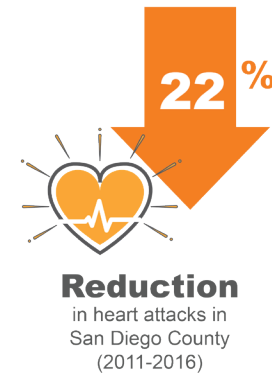
that measure the impact of collective actions by partners and the County to achieve the vision of a region that is Building Better Health, Living Safely and Thriving.

Efforts in support of the *Live Well San Diego* vision



3-4-50 Chronic Disease

Over the last ten years, *Live Well San Diego* Partners have **reduced the percentage of deaths associated with preventable health threats by 12%** (2007-2019). By working to decrease preventable disease-related deaths (3-4-50), the *Live Well San Diego* vision has provided the foundation to improve the social and economic conditions that impact health and wellness and increase neighborhood safety while engaging residents in their community.

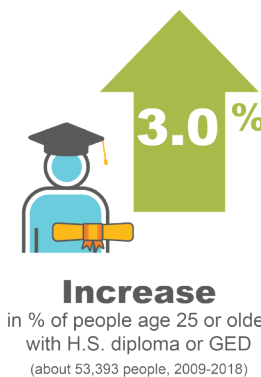


Heart Attacks

Be There San Diego, a coalition of patients, communities, healthcare systems and organizations, **reduced heart attacks in San Diego County by 22%** (2011-2016) through their Heart Attack & Stroke Free Zone, Southeastern San Diego Cardiac Disparities Project and Accountable Communities for Health workgroups.

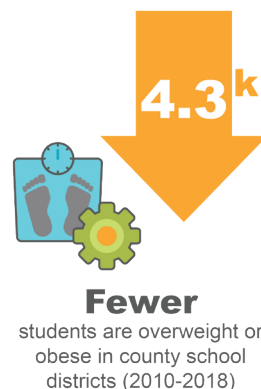
Crime & Security

Neighborhood safety and security have a significant impact on an individual's ability to thrive. Exposure to crime and violence has been shown to have negative impacts on a person's overall quality of life, including their physical and mental health and even how involved they are in their community. Crime rates in San Diego have been declining since 2010 thanks to the concerted effort of local law enforcement agencies and community partners who have **reduced the overall crime rate in San Diego County by 26%** and **the youth arrest rate by 76%**.



Live Well Schools

Live Well Schools is a collaboration of community partners, led by the County of San Diego. A key strategy of Live Well Schools is to build and strengthen the relationships between schools, districts, and community partners so that they can work together to address the impacts that physical and mental health and absenteeism have on academic performance and overall quality of life.

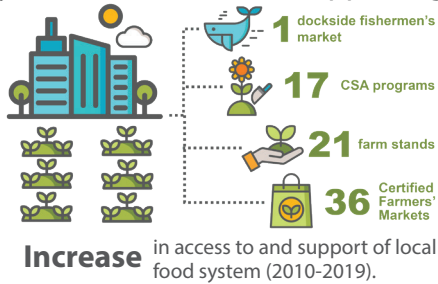


One area where partners have worked to make progress is around childhood obesity. Declining trends over time show **4,300 fewer students across San Diego County school districts are overweight or obese** (2010-2018).

have driven incredible impacts:

Food System Initiative

Community partners are improving the local food system by increasing access to healthy and affordable food, supporting the local food economy and food supply chain, and protecting our natural resources through the support of small-scale farmers and sustainable farming practices.



Homelessness

The Regional Taskforce on the Homeless conducts an annual Point-in-Time Count in January - a physical count of all people experiencing homelessness who are living in emergency shelters, transitional housing, safe havens and on the street, vehicles, encampments or parks on a single night. In 2014, hundreds of community members came together to count 8,506 people experiencing homelessness, while 2020 counts showed 7,658 people, a **reduction of 10% in the number of homeless persons living in San Diego County.**



Opportunity Youth

Workforce development is a method of improving the local economy by removing the barriers that might be in place for particular groups and devising strategies to remove those barriers through policy and systemic changes, as well as skills development and training.

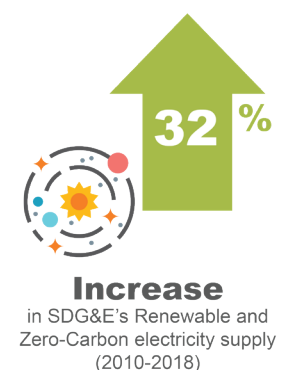
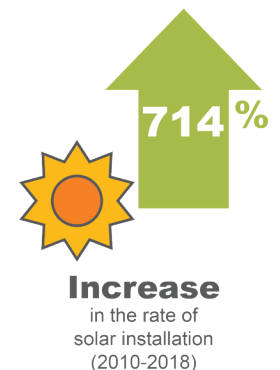
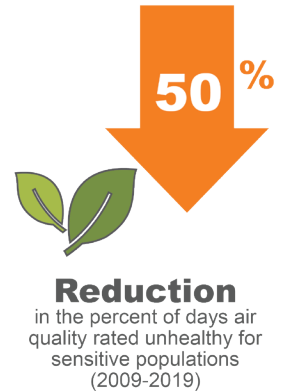
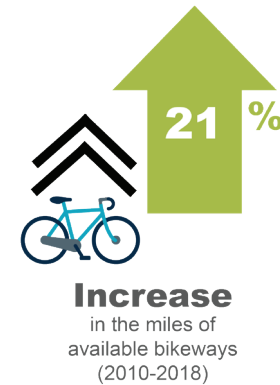
Opportunity Youth are young adults ages 16-24 who are not in school and are not working - they are both seeking opportunity in the job market and offering an opportunity for local organizations to invest in them. Partners have already seen positive outcomes from their efforts to connect these youth to future career paths, including a **17% decrease in the youth disconnection rate** (youth not in school or working).



Sustainability & Climate


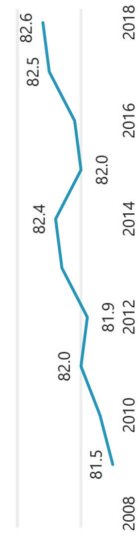

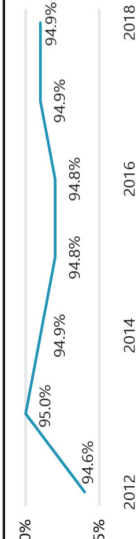

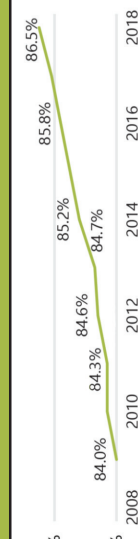

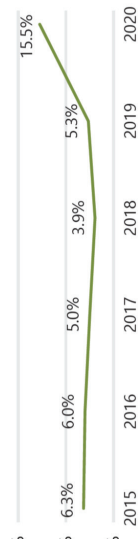

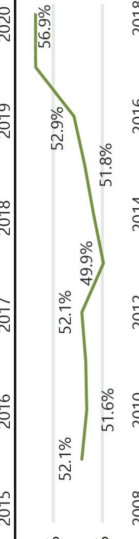

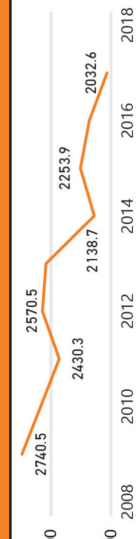

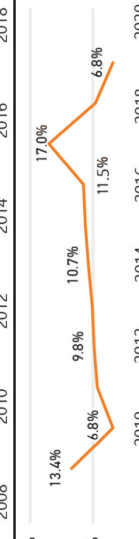

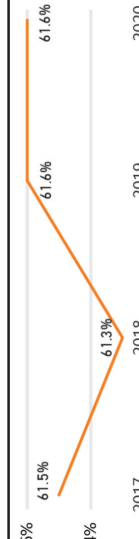

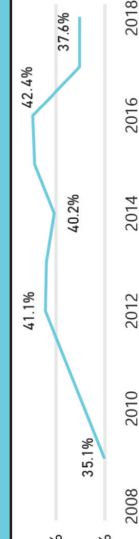

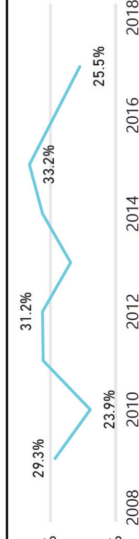
Outdoor environments, from beaches and wetlands to mountains and deserts, play a key role in living well in San Diego County. Keeping these spaces accessible and thriving requires input and action from individuals, organizations, and government agencies throughout the region to address these factors and advance climate resilience and adaptation solutions.

Over the past decade, San Diego County saw a **50% reduction in the percent of days air quality was rated unhealthy**, a **21% increase in miles of available bikeways**, and turned to more sustainable renewable energy to ensure future San Diegans can continue to access and enjoy the environmental diversity throughout our communities.



MEASURING PROGRESS: *Live Well San Diego* Top 10 Indicators

Progress toward the *Live Well San Diego* vision is measured across a person's lifespan within 5 Areas of Influence and 10 *Live Well San Diego* Indicators which define what it means to live well in San Diego County. As more residents improve their health, safety and economic status, there are more opportunities for people to grow, connect and thrive.

Status	Indicator: Measure	U.S.	CA	SD	Trend Data
HEALTH - ENJOYING GOOD HEALTH AND EXPECTING TO LIVE A FULL LIFE					
	Life Expectancy: Length of life expected at birth in years	78.7	U	82.6	
	Quality of Life: Percent of the population sufficiently healthy to live independently (not including those who reside in nursing homes or other institutions)	97.1%	97.5%	94.9%	
KNOWLEDGE - LEARNING THROUGHOUT THE LIFESPAN					
	Education: Percent of population ages 25 and over with at least a High School Diploma or Equivalent	87.7%	82.9%	86.5%	
STANDARD OF LIVING - HAVING ENOUGH RESOURCES FOR A QUALITY LIFE					
	Unemployment Rate: Percent of the total labor force that is unemployed (2019 ESRI Community Analyst current year, data is not seasonally adjusted)	13.0%	15.7%		
	Income: Percent of population spending less than 1/3 of income on housing	68.4%	58.7%	56.9%	
COMMUNITY - LIVING IN A CLEAN AND SAFE NEIGHBORHOOD					
	Security-Overall Crime Rate: Number of crimes per 100,000 people (all crimes, including violent and property)	2745.1	2946.0	2032.6	
	Physical Environment-Air Quality: Percent of days that air quality was rated as unhealthy for sensitive populations	0.8%	4.6%	6.8%	
	Built Environment-Distance To Park: Percent of population living within a quarter mile of a park or community space	U	U	61.6%	
SOCIAL - HELPING EACH OTHER TO LIVE WELL					
	Vulnerable Populations-Food Insecurity: Percent of population with income of 200 percent or less of the federal poverty level, who have experienced food insecurity	U	39.1%	37.6%	
	Community Involvement-Volunteerism: Percent of population who volunteer	30.3%	25.4%	25.5%	

 Moving in the right direction

 Moving in the wrong direction

Note: The most current local data, that has state and national comparison data is reported. U = unavailable.

To view data at a sub-regional or sub-area level, visit www.LiveWellSD.org/data-results.

AIS Advisory Council (December 14, 2020)
Auxiliary Liaison Written Reports

CAREGIVER COALITION			
COUNCIL CONTACT	Susan Valoff	TIME PERIOD	
FALL PREVENTION (FP)			
COUNCIL CONTACT	Rosemarie Bahmani	TIME PERIOD	November 2020
Dr. Kim Bell, DPT, was recognized as a new Live Well Partner. The guest speaker was the owner of PillMap. This system of managing medications has been adopted by various organizations and hospitals and reduces the risk of mis-medication. The Scripps program 'A Matter of Balance' is going forward remotely with a grant from Maine Health.			
HEALTH PROMOTION (HP)			
COUNCIL CONTACT	TBD	TIME PERIOD	
IHSS ADVISORY COMMITTEE			
COUNCIL CONTACT	Rosemarie Bahmani	TIME PERIOD	November 2020
No guest speaker. UDW announced a food drive at Palomar College. In observance of Home Care Provider Appreciation month, UDW distributed turkeys, gloves and PPE at six locations throughout the county. Public Authority is expected to receive 25,000 sets of gloves and masks from the state.			
SVA / RSVP			
COUNCIL CONTACT	TBD	TIME PERIOD	
ECAN			
COUNCIL CONTACT	Lorelei Taylor	TIME PERIOD	
NorCAN			
COUNCIL CONTACT	Linda Prager	TIME PERIOD	
SANDi-CAN			
COUNCIL CONTACT	Monica Flynn	TIME PERIOD	
SoCAN			
COUNCIL CONTACT	Luis Monge	TIME PERIOD	
EAST COUNTY IG COMMUNITY COUNCIL			
COUNCIL CONTACT	TBD	TIME PERIOD	
NORTH COUNTY IG COMMUNITY COUNCIL			
COUNCIL CONTACT	TBD	TIME PERIOD	
AGE WELL SAN DIEGO – DEMENTIA FRIENDLY			
COUNCIL CONTACT	TBD	TIME PERIOD	

AGE WELL SAN DIEGO – HEALTH & COMMUNITY SUPPORT			
COUNCIL CONTACT	Joe Garbanzos	TIME PERIOD	
AGE WELL SAN DIEGO – HOUSING			
COUNCIL CONTACT	Lorelei Taylor	TIME PERIOD	
AGE WELL SAN DIEGO – SOCIAL PARTICIPATION			
COUNCIL CONTACT	Rosemarie Bahmani	TIME PERIOD	
AGE WELL SAN DIEGO – TRANSPORTATION			
COUNCIL CONTACT	TBD	TIME PERIOD	
ALZHEIMER’S CARE ROUNDTABLE			
COUNCIL CONTACT	Ellen Arcadi	TIME PERIOD	
CALIFORNIA SENIOR LEGISLATURE			
COUNCIL CONTACT	Susan Mallett, Chair-PSA23	TIME PERIOD	November 2020
On December 1st, the first CSL caucus on Senior Nutrition was held. Issues of sufficient funding, transportation needs and program capacities were discussed.			