



LIVE WELL  
SAN DIEGO

## Advisory Council for Aging & Independence Services

### HEALTHY AGING SUBCOMMITTEE

July 8, 2021 | 10:00 A.M.

Virtual Meeting

Call in: (669) 900-9128

Meeting ID: 953 5104 0565

Passcode: 069340

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*Members of the public who wish to speak to an agenda item may call 858-495-5566 before the meeting and provide the last four digits of their phone number and the agenda item they wish to speak to.*

## AGENDA

\*Attachment

1. **Call to Order:** Wanda Smith, Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of quorum (quorum = 3)
2. **Standard Business:**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of June 3, 2021 Meeting Minutes (Action)\*
  - c. Approval of June 11, 2021 Meeting Minutes (Action)\*
3. **Discussion:** Future Speakers
4. **Next Meeting:** September 9, 2021, 10:00 a.m.
5. **Adjournment**

*This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services

**HEALTHY AGING SUBCOMMITTEE**

June 3, 2021 | 10:00 AM

Call in: (669) 900-9128

Meeting ID: 941 8291 9528

Passcode: 196936

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**MINUTES**

Members		Absent Members	Guests
Attendance:	Wanda Smith LaRue Fields Paul Ling Susan Mallett Lorelei Taylor	Community members- Khalisa Bolling Eugenia Welch	Connie German-Marquez Dr. Piedad Garcia
<b>Staff</b>			
Item	Outcome		
1. Call to Order	<p><b>Wanda Smith, Chair, 10:02 AM</b></p> <p>a. Welcome &amp; Guest/Member Introductions</p> <p>b. Confirmation of quorum: (3 required for quorum): 5 present</p>		
2. Standard Business	<p>a. Public Comments/Announcements: Members or non-members: (list announcements) Wanda is calling a special meeting of the committee to review goals for the coming year so they can be ready for this month's AIS council meeting. Jana Jordan will send the meeting agenda for Friday June 11 at 9:00 am.</p> <p>b. Approval of May 6, 2021, Meeting Minutes (Action) <b>(M/S Mallett/Fields) passed 5 ayes</b></p>		
3. Guest Speakers:	<p>San Diego County's Behavioral Health Services provides mental health services, primarily through contracted programs, for persons with serious mental illness not those with mild symptoms.</p> <p>In FY 2019-20, 43,000 older adults were seen across all the programs, an increase of 500 over the previous three years. Of that number, 6400 clients have a diagnosis of substance abuse and over 60% of clients have a thought disorder. Additionally, 11% or 639 clients were homeless.</p> <p>Services provided include a variety of wrap around outpatient services such as Assertive Community Treatment (ACT) programs, serving the homeless or those in danger of becoming homeless, case management, emergency/crisis services, crisis residential as well as inpatient such as Edgemoor, and Long-Term Care facilities. There are also prevention and early intervention programs exclusive for older adults.</p> <p>Dr. Garcia, spoke about the housing priority and described a few local efforts such as 30 sponsor-based subsidies available to their clients who are homeless through state funding, "no place like home", in the City of San Diego through the CRF Senior Impact program. She also shared a few housing developments, which are operational or in the pipeline, having dedicated living units for Behavioral Health Services clients. Their placement is not restricted by the lengthy Section 8 wait list. There is also a housing priority through the San Diego Housing Authority for their homeless clients as well as for homeless veterans.</p> <p>Dr. Garcia described how Older Adult Mental Health System of Care Council provides feedback and recommendations to the Behavioral Health Director. The advisory council meets monthly. Last year they recommended ways to increase the number of board and care facilities for older adults with serious mental illness.</p>		
Connie German-Marquez MFT, Behavioral Health Coordinator			
Dr. Piedad Garcia, EdD, LCSW, Deputy Director, Behavioral Health Services, Adult and Older Adult Systems of Care			

	LaRue expressed an interest in attending the Council meeting and will be provided meeting contact information. Committee members agreed older adults' mental health information should also be shared with the AIS Council perhaps through an auxiliary committee report.
4. Next Meeting	July 1, 2021 10:00 AM Virtual
Adjournment	Meeting adjourned 11:06 AM

Respectfully submitted by Susan Mallett

Advisory Council for Aging & Independence Services

**HEALTHY AGING SUBCOMMITTEE**

June 11, 2021 | 9:00 AM

Call in: (669) 900-9128

Meeting ID: 941 8291 9528

Passcode: 196936

[Click to join meeting](#)

**MINUTES**

Members		Absent Members	Guests
Attendance:	Wanda Smith LaRue Fields Paul Ling Susan Mallett	Community members- Khalisa Bolling Eugenia Welch Lorelei Taylor	
<b>Staff</b>			
Item	Outcome		
1. Call to Order	<b>Wanda Smith, Chair, 9:04 AM</b> a. Welcome & Guest/Member Introductions b. Confirmation of quorum: (3 required for quorum): 4 present		
2. Standard Business	a. Public Comments/Announcements: Members or non-members: (list announcements) Age Well Vital Aging Conference June 24.		
3. Discussion:	<p>AIS Council Goals: Long-Term and Short Term                      H1- To Continue Priority Areas: The Power of Walking and Mental Health                      H2-H3-H4 Discussion and Updated.                      Technology- Identify Ways that advanced Technology can assist Older Adults. Technology for walking program, Zoom during Covid pandemic and in media campaigns to promote health, well-being and mental health issues.                      Unanticipated Goals and Accomplishments:                      1.Covid and the impact on Senior well-being. 2.Advocate for preparedness for public health emergencies in the health and well-being of older adults.                      New Goals:                      Encourage a SD County sponsored Hospital Summit focused on geriatric mental health and well-being to partner and collaborate (preventative and otherwise)                      Encourage a review of pertinent federal, state, and local legislation and issues.</p>		
4. Next Meeting	No meeting for August. September 9, 2021 10:00 AM Virtual		
Adjournment	Meeting adjourned 10:01 AM		

Respectfully submitted by Wanda Smith