



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services

HEALTHY AGING SUBCOMMITTEE

December 2, 2021 | 10:00 A.M.

Virtual Meeting

Call in: (669) 900-9128

Meeting ID: 953 5104 0565

Passcode: 069340

[Join Zoom Meeting](#)

Members of the public who wish to speak to an agenda item may call 858-495-5566 before the meeting and provide the last four digits of their phone number and the agenda item they wish to speak to.

AGENDA

*Attachment

1. **Call to Order:** Wanda Smith, Chair
 - a. Welcome & Guest/Member Introductions
 - b. Confirmation of quorum (quorum = 3)
2. **Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)** (Action)
3. **Standard Business:**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of November 4, 2021 Meeting Minutes (Action)*
4. **Discussion:**
 - a. Meeting Schedule for 2022*
 - b. San Diego County Seniors Living Alone*
5. **Next Meeting:** January 6, 2022 10:00 AM
6. **Adjournment**

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services

HEALTHY AGING SUBCOMMITTEE

November 4, 2021 | 10:00 AM

Call in: (669) 900-9128

Meeting ID: 941 8291 9528

Passcode: 196936

[Click to join meeting](#)

MINUTES

Members		Absent Members	Guests
Attendance:	Wanda Smith LaRue Fields Paul Ling Susan Mallett John Osborne	Lorelei Taylor Community members- Khalisa Bolling Eugenia Welch	Bradlyn Mulvey
Staff			
Item	Outcome		
1. Call to Order	Susan Mallett for Wanda Smith, Chair, 10:04 AM a. Welcome & Guest/Member Introductions b. Confirmation of quorum: (3 required for quorum): 4 present (W. Smith joined meeting at 10:10 and was not present for voting actions)		
2. Authorization of Teleconferencing Meeting Option Pursuant to Government Code 54953(e)	a. Approval of teleconference meeting (Action) (M/S: Osborne/Fields) 4 ayes		
2. Standard Business	a. Public Comments/Announcements: Members or non-members: none b. Approval of October 7, 2021, Meeting Minutes (Action) (M/S Fields/Mallett) passed 3 ayes, 1 abstain (J.Osborne)		
3. Discussion: San Diego Seniors Living Alone Fact Sheet Meeting Schedule for 2022	Wanda reported the data on Seniors living alone from Eugenia Welch is not available yet. Group discussed how this topic was an issue raised by senior service providers during COVID. Suggestion to also review data on Age Well and Aging Roadmap websites for statistics on seniors living alone. Development of a fact sheet will be moved to a future meeting once data is available. Wanda will put out a 2022 calendar for committee meetings, keeping the first Thursday at 10:00 as long as we are able to meet virtually. Bradlyn Mulvey was introduced by John Osborne and will be recommended for AIS Council membership at November 8 th meeting. She shared some of her background and interest in the Village concept as she lives in the Tierra Santa Village. She is interested in joining Healthy Aging committee as well.		
4. Next Meeting	December 2, 2021 10:00 AM Virtual		
Adjournment	Meeting adjourned 10:29 AM		

Respectfully submitted by Susan Mallett

Advisory Council for Aging & Independence Services
HEALTHY AGING SUBCOMMITTEE
2022 Meeting Schedule

January 6, 2022-10:00 AM

February 3, 2022 - 10:00 AM

March 3, 2022- 10:00 AM

April 7, 2022- 10:00 AM

May 5, 2022 – 10:00 AM

June 2, 2022- 10:00 AM

July 7, 2022- 10:00 AM

August 4, 2022- 10:00 AM

September 8, 2022- 10:00 AM (2nd Thursday of the Month)

October 6, 2022- 10:00 AM

November 3, 2022 -10:00 AM

December 1, 2022- 10:00 AM

Compile data regarding people with dementia who live alone (i.e. where they live, demographics, etc.). You can search online, call the county, etc.

The source is the California Alzheimer's Disease And Related Dementias Data Report 2021 the statistics are from 2019.

https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CDCB/CDPH%20Document%20Library/Alzheimers'%20Disease%20Program/151764_Alzheimers_Disease_Facts_and_Figures_Reportv3_ADA.pdf

- In California 168,613 people with dementia live alone

Demographics

- Ages of people living with dementia in California
 - Age group 55-74 280,140
 - Ages 75+ 711,123
- Sex
 - Men 400,074
 - Women 589,930
- Race 55+
 - White/Caucasian American, non Latino/a/x ~590,000
 - Latino/a/x American 200,000
 - Black/African American ~180,000
 - Asian American/Pacific Islander ~70,000
 - Native American ~ less than 10,000
- Women 55+ by race
 - White/Caucasian American, non Latino/a/x ~590,000
 - Latino/a/x American ~90,000
 - Black/African American ~20,000
 - Asian American/Pacific Islander ~60,000
 - Native American less than 5,000
- Lesbian, Gay, or Bisexual 55+ 24,732

San Diego County

- People 55+ living with Alzheimer's in San Diego 58,616
- People 55+ with Alzheimer's disease by Race in San Diego
 - White/Caucasian American, non Latino/a/x 38,862
 - Latino/a/x American 10,042
 - Black/African American 1,928
 - Asian American/Pacific Islander 6,973
 - Native American ~ less than 221
 - Multirace 590
- People 65+ with Alzheimer's in San Diego 55,280
- People 65+ with Alzheimer's in San Diego
 - White/Caucasian American, non Latino/a/x 36,967
 - Latino/a/x American 9,217
 - Black/African American 1,766
 - Asian American/Pacific Islander 6,591
 - Native American ~ less than 205

Where do they live? The information is attached in Excel files from the San Diego County retrieved from

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_health_statistics/regional-community-data.html under [Alzheimer's Disease and Related Dementias Dashboard](#) and [Alzheimer's Disease and Related Dementias \(ADRD\)](#)

When I called the Aging and Independence Services 1800 339 4661 they referred me to the call center 1 858-495-5885 and they referred me to the websites

<https://www.sdalzheimersproject.org/>

<https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais.html>

<https://www.livewellsd.org/>