



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services

January 11, 2021 | 12:00 p.m.

Virtual Meeting

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

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Members of the public who wish to speak to an agenda item may call 858-495-5566 before the meeting and provide the last four digits of their phone number and the agenda item they wish to speak to.

AGENDA

* (attachment)

1. **Call to Order:** John Osborne, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 14)
2. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of December 14, 2020 Meeting Minutes (Action)*
3. **Guest Speakers**
 - a. Annual Brown Act Training, Katherine Hart, Senior Deputy County Counsel
4. **AIS Director's Items** (Possible action)
 - a. Board Letters (Action)*
 - i. Southern Caregiver Resource Center Contract Amendment
 - b. AIS Director's Update
 - c. Legislative Update
5. **Executive & Membership Subcommittee Report/Other Business**
 - a. Chair's Report: John Osborne, Chair
 - i. Subcommittee Appointments and Updates
 - a) Transportation
 - Appointment of Judi Bonilla to Chair (Action)
 - b. Membership Report: Stephen Huber, Secretary
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Vargas [Garbanzos/Monge] TBD (2021)
 - ii. District #2: Anderson [Arcadi/Kagan] TBD (2021)
 - iii. District #3: Lawson-Remer [Bahmani/Osborne] TBD (2021)
 - iv. District #4: Fletcher [Flynn] TBD (2021)
 - v. District #5: Desmond [Simon/Weber] TBD (2021)



6. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 12/17/20): Linda Prager, Chair
- b. Adult Services Connection (met 2/10/20): TBA, Chair
- c. Healthy Aging (met 1/7/21): Wanda Smith, Chair
- d. Housing (met 2/10/20): TBA, Chair
- e. Nutrition (met 1/11/21): Susan Mallett, Chair
- f. Transportation: TBA, Chair

7. Ad Hoc Subcommittee Oral Reports (Possible action)

8. Auxiliary Liaison Written Reports {See Addendum}*^{*}

9. Other Announcements

10. Adjournment & Next Meetings:

When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123

Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: February 8, 2021, 12 noon

Future Subcommittee Meetings:

➤ LTC Ombudsman/Facilities:	1/21/2021	10:30 a.m.	[3 rd Thursday]	Virtual
➤ Executive & Membership:	1/25/2021	10:30 a.m.	[4 th Monday]	Virtual
➤ Adult Services Connection:	TBD			Virtual
➤ Healthy Aging	2/4/2021	10:00 a.m.	[1 st Thursday]	Virtual
➤ Housing:	TBD			Virtual
➤ Nutrition:	2/8/2021	10:30 a.m.	[2 nd Monday]	Virtual
➤ Transportation:	TBD			Virtual

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council

Monday, December 14, 2020 | 12:00am – 2:00pm

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

MINUTES – DRAFT

Members			Absent Members	Guests
Attendance	Ellen Arcadi	Chris Maeoka	Monica Flynn	Jacqueline Jackson
	Rosemarie Bahmani	Susan Mallett	Bijou Lulla	Maile Karris
	Judi Bonilla	Jack Miller	Susan Valoff	Harold Randolph
	Morgan Cadmus	Paul Monarrez	Darlene Weber	
	Patricia De Leo	Luis Monge		
	Faye Detsky-Weil	John Osborne		
	La Rue Fields	Linda Prager		
	Joe Garbanzos	Paula Saracen		
	Stephen Huber	Jacqueline Simon		
	Ted Kagan	Wanda Smith		
	Paul Ling	Lorelei Taylor		
	Distinguished Merit Recipients		Staff	
	None		Kendall Bremner	Jana Jordan
			Wendy Contreras	Lourdes Ramirez
			Raymond Flores	Shelly Tregembo
			Kim Gallo	Sunita Upchurch
			Samantha Hasler	Brynn Viale
Item	Outcome			
1. Call to Order	John Osborne, Chair, 12:04 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: 19 present at this time			
2. Standard Business	a. Public Comments/Announcements: Members or non-members ○ There were no announcements b. Approval of November 9, 2020 meeting minutes (Action): [M/S – S. Mallett/C. Maeoka] (passed with 19 votes)			
3. Guest Speaker Presentation	a. Ombudsman Annual Report, Sunita Upchurch, Ombudsman Program Supervisor Highlights included: <ul style="list-style-type: none"> • Long-Term Care Ombudsman Mission Statement • Six Core Elements of LTC OMB program • Ensuring a Regular Presence in LTC Facilities • Addressing the Patterns of Poor Practice • Influencing Public Policy • Ombudsman presence in councils and collaborative meetings • Maximizing community awareness and involvement • Ensuring effective program administration • Visitation and Complaint Resolution • Facility Re-entry Process during COVID-19 • Protecting & Assisting Residents • Recognizing the Importance of Volunteer Ombudsman Staff b. <i>Live Well San Diego</i> Annual Report, Shelly Tregembo, Program Coordinator, Health and Human Services Agency, Office of Strategy and Innovation Highlights included: <ul style="list-style-type: none"> • <i>Live Well San Diego</i> YouTube content • Navigating <i>Live Well San Diego</i> website (livewellsd.org) • Overview of 2020 Impact Report and Infographics • Navigating Data & Results for San Diego County • Vision for the Future • Overview of COVID-19 Response Report 			

<p>4. AIS Director's Items (possible action)</p>	<p>a. Board Letter: None</p> <p>b. AIS Director's Update</p> <ul style="list-style-type: none"> • K. Gallo reported on the following: <ul style="list-style-type: none"> • 2020 has been one of the busiest years for IHSS and APS caseloads. • Home visits have continued during the pandemic, and flexibility was given from the State to be able to conduct phone assessments in some cases. • Majority of staff have been teleworking with no interruption in services provided. • AIS Call Center had highest volume of calls in the last 6 months but wait times have also decreased. • Meals data: <ul style="list-style-type: none"> ○ 280,000 home delivered or to-go meals were served in the month of November. ○ Over 330,000 meals to seniors and at-risk adults were served in November through the Great Plates Delivered and Great Plates 2.0 programs. • Three new Supervisors will be sworn in next month. Looking forward to learning about their goals and priorities, and introducing them to the Aging Roadmap and Age Well Action Plan. • Terms of several of our Supervisor-appointed members will be ending. Expressed appreciation and gratitude to those who are appointees providing service to the Council. <p>c. Legislative Update:</p> <ul style="list-style-type: none"> • <i>No Report</i>
<p>5. Executive & Membership Subcommittee (Met 11/30/20) Report/Other Business (possible action)</p>	<p>a. Chair's Report: John Osborne, Chair</p> <ul style="list-style-type: none"> ○ Participated in TACC meeting: <ul style="list-style-type: none"> • Discussed marketing campaign for COVID-19 vaccine for seniors • Vaccine-related scams • Preparing State Plan on Aging • Housing & creative solutions for seniors and homeless seniors • Presentation from ADRC (Aging & Disability Resource Center) i. Subcommittee Appointments and Updates <ul style="list-style-type: none"> a. LTC Ombudsman & Facilities: <ul style="list-style-type: none"> • Resignation of Jack Miller from Chair [M/S – F. Detsky-Weil/ T. Kagan] (passed with 20 votes) • Appointment of Linda Prager to Chair [M/S – J. Miller/ L. Monge] (passed with 21 votes) b. Nutrition: Appointment of Susan Mallet to Chair [M/S – W. Smith/ L. Monge] (no response: T. Kagan) (passed with 20 votes) ii. General Discussion – Subcommittee Activity <ul style="list-style-type: none"> • Council members are encouraged to participate in one or more of the subcommittees. • The Adult Services Connection and Housing subcommittees are still without a Chair. • Judi Bonilla has expressed interest in becoming the Chair of the Transportation subcommittee in 2021. That action will be brought to the Council for voting next month. <p>b. Membership Report: Stephen Huber, Secretary</p> <ul style="list-style-type: none"> i. Supervisor Appointed Seats <ul style="list-style-type: none"> • There are six Supervisor-appointed seats that are expiring on January 4th, 2021 from districts 1, 2 and 3. • In accordance with Board Policy A-74, those members may continue to serve and remain in those seats until they are either reappointed or replaced by a new appointee. Those members may apply for reappointment by the new Supervisor, or for a Council-appointed seat, if they have served less than two consecutive terms on the Council. • Encouraged members to attend Council meetings, as the turnover might result in a difficulty to make a quorum. • Seat #7, which is one of Supervisor Fletcher's appointed seats, is now vacant. <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <ul style="list-style-type: none"> i. District #1 Cox* [Garbanzos/Monge] 2021 TBD ii. District #2 Jacob* [Arcadi/Kagan] 2021 TBD

	<div>iii. District #3 Gaspar* [Bahmani/Osborne] 2021 TBD</div> <div>iv. District #4 Fletcher [Flynn] 2021 TBD</div> <div>v. District #5 Desmond [Simon/Weber] 2021 TBD</div> <div>*Names will be updated once the new Supervisors are sworn in.</div>
6. Ancillary Subcommittee Oral Reports (possible action)	<div>a. LTC Ombudsman/Facilities (met 11/19/20): Linda Prager, Chair</div> <div><div>Talked with Medical Advisor from County of San Diego Public Health Services to discuss COVID update and going over vaccine information.</div><div>Discussed procedures and statistics the State of CA uses to restrict or safely re-open facilities.</div><div>Speaker for next meeting will be a Social Worker discussing social isolation in residential facilities.</div></div> <div>b. Adult Services Connection (2/10/20): TBA, Chair</div> <div>c. Healthy Aging (8/31/20): Wanda Smith, Chair</div> <div><div>No updates</div></div> <div>d. Housing (2/10/20): TBA, Chair</div> <div>e. Nutrition (2/10/20): Susan Mallett, Chair</div> <div><div>Planning to meet in January</div></div> <div>f. Transportation (TBD)</div>
7. Ad Hoc Subcommittee Oral Reports	<div>a. Area Plan: Rosemarie Bahmani, Chair</div> <div><div>i. Reported that CDA has given final approval of the 2020-24 Area Plan.</div></div>
8. Auxiliary Subcommittees – Written Report (possible action)	<div><div>The Auxiliary Subcommittee report was included in the agenda packet.</div></div>
9. Other Announcements	<div><div>No announcements</div></div>
10. Adjournment & Next Meetings	<div>a. Meeting adjourned: 1:57 p.m.</div> <div>Council Meeting: January 11, 2021, 12 noon (When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting details will be included in agendas posted online 72 hours before meetings at www.aging.sandiegocounty.gov/AISAdvisoryCouncil.)</div> <div>Future Subcommittee Meetings:</div> <div><div><div>➤ LTC Ombudsman/Facilities:</div><div>12/17/20</div><div>10:30 a.m.</div><div>[3rd Thursdays]</div><div>Virtual</div></div><div><div>➤ Executive & Membership:</div><div>1/25/21</div><div>10:30 a.m.</div><div>[4th Mondays]</div><div>Virtual</div></div><div><div>➤ Adult Services Connection:</div><div>TBD</div><div></div><div></div><div>Virtual</div></div><div><div>➤ Healthy Aging</div><div>1/7/21</div><div></div><div></div><div>Virtual</div></div><div><div>➤ Housing:</div><div>TBD</div><div></div><div></div><div>Virtual</div></div><div><div>➤ Nutrition:</div><div>1/11/21</div><div>10:30 a.m.</div><div>[2nd Tuesdays]</div><div>Virtual</div></div><div><div>➤ Transportation :</div><div>TBD</div><div></div><div></div><div>Virtual</div></div></div>

Minutes respectfully submitted by Raymond Flores



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: February 9, 2021

XX

TO: Board of Supervisors

SUBJECT

**AUTHORIZATION TO AMEND CONTRACT WITH SOUTHERN CAREGIVER
RESOURCE CENTER (DISTRICTS: ALL)**

OVERVIEW

The County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS) provides a variety of programs serving seniors and persons with disabilities. These services support the goals and objectives established in the AIS Area Plan and Aging Roadmap.

On October 1, 2017, a contract was awarded to Southern Caregiver Resource Center through a competitive procurement to provide family caregiver support services to families throughout San Diego County. These services, including in-home respite care, have been vital during the COVID-19 pandemic, especially for family caregivers providing care and support to older adults with Alzheimer's disease and related dementias, which has seen a doubling in demand for services. Additional CARES Act funding has been made available from the California Department of Aging to address the new and increased needs resulting from the COVID-19 pandemic. If approved, today's action would authorize the Director of Purchasing and Contracting to enter into negotiations, on behalf of AIS, with Southern Caregiver Resource Center to amend the current contract and further expand the Family Caregiver Support Program, increasing the amount of respite care hours provided, to give caregivers temporary relief from their caregiving responsibilities.

Today's actions support the County's *Live Well San Diego* vision by continuing services that assist vulnerable older and disabled residents of San Diego County and their caregivers to access family caregiver support services, which promotes a healthy, safe, and thriving region.

RECOMMENDATION(S)

CHIEF ADMINISTRATIVE OFFICER

1. In accordance with Board Policy A-87, Competitive Procurement and Administrative Code Section 401, authorize the Director, Department of Purchasing and Contracting, to enter into negotiations with Southern Caregiver Resource Center and upon a determination of a fair and reasonable price, amend contract number 556999 to include additional respite care hours for family caregivers and increase the annual contract

**SUBJECT: AUTHORIZATION TO AMEND CONTRACT WITH SOUTHERN
CAREGIVER RESOURCE CENTER (DISTRICTS: ALL)**

maximum to an amount not to exceed \$1,800,000 for Fiscal Year 2020-21, subject to the availability of funds; and to amend the contract as required to reflect changes to services, and funding allocations.

FISCAL IMPACT

Funds for this request are included in the Fiscal Year 2020-22 Operational Plan in the Health and Human Services Agency. If approved, this request will result in increased costs and revenue of approximately \$550,000 in both Fiscal Year 2020-21 and Fiscal Year 2021-22. The funding sources are the Older Americans Act and CARES Act funding from the California Department of Aging. There will be no change in net General Fund cost and no additional staff years.

BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

The Aging & Independence Services Advisory Council reviewed this item at their regular meeting on January 11, 2021 and recommended [REDACTED].

BACKGROUND

Through contracts with numerous organizations, the County of San Diego Health and Human Services Agency, Aging & Independence Services (AIS) provides a wide array of services for seniors, caregivers, and persons with disabilities. These services are designed to carry out the goals and objectives established in the Area Plan, which is a planning document required by the California Department of Aging (CDA) to receive funding for services related to older adults. The Area Plan for the period 2020-2024 was presented and approved by the San Diego County Board of Supervisors (Board) on July 7, 2020 (7).

On September 24, 2019 (4), the Board recommended implementation of the Aging Roadmap. The Aging Roadmap takes into account the future needs of the growing older adult population locally and provides a guide that allows for innovation, flexibility, and coordination to best meet these needs. It represents the County of San Diego's comprehensive system of care, including person-centered and community-wide efforts. It is also comprised of ten focus areas: Health & Community Support, Housing, Social Participation, Transportation, Dementia-Friendly Environments, Caregiver Support, Safety, Preparedness & Response, Silver Economy, and Medical & Social Services System.

Together, the Area Plan and the Aging Roadmap serve as a foundation for serving the growing older adult population of San Diego County. Included in these plans is the provision of family caregiver support services.

Family Caregiver Support Program

The Family Caregiver Support Program is funded at the federal level in conjunction with the Reauthorization of the Older Americans Act of 2020, under Title III-E. The intent of the Family Caregiver Support Program is to recognize the needs of the caregiver and to provide caregivers

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CAREGIVER RESOURCE CENTER (DISTRICTS: ALL)**

with the resources that will enable them to continue at-home care and make it possible for care recipients to continue to remain in their familiar environment.

According to the CDA, one (1) in four (4) California families is currently involved in caring for a loved one with a disability, and family caregivers provide two thirds (2/3) of all of the home care services in the United States. Despite their tremendous role in providing care, family caregivers have limited training or support. With most community-based respite programs closed during the COVID-19 pandemic and the stay-at-home order in place for older adults and at-risk populations, the need for family caregivers has increased. These new and existing caregivers are struggling to balance changes to their work and family routines in addition to caring for loved ones; particularly those with Alzheimer's disease and related dementias (ADRD). This increased need has made it clear that additional hours of in-home respite are needed to provide temporary relief for families during this stressful time.

On October 1, 2017, a contract was awarded to Southern Caregiver Resource Center (SCRC) through a competitive procurement to provide family caregiver support services to families throughout San Diego County. Currently, SCRC provides a diverse range of direct services to support family caregivers, including direct services to support family caregivers who provide care to older adults with ADRD. Services include: a) information to caregivers about available services; b) assistance to caregivers in gaining access to supportive services; c) needs assessments for caregiver counseling, organization of support groups, care planning, case management, and assistance for caregivers in making decisions and solving problems relating to their caregiving roles; d) respite to enable caregivers to be temporarily relieved from their caregiving responsibilities; and e) supplemental services, on a limited basis, to enhance services provided by caregivers.

SCRC provides approximately 15,000 hours of respite care to 320 families annually. During the COVID-19 pandemic, demand for these services has increased by nearly 80%. The CDA recently made additional CARES Act funding available to address the new and increased needs resulting from the COVID-19 pandemic. Additionally, one-time-only funding from CDA is anticipated based on previous annual allocations. The current contract is approximately \$1,250,000. If approved, today's action would add up to \$550,000 to SCRC's contract for a total of \$1,800,000 in Fiscal Year 2020-21 to further expand the Family Caregiver Support Program, including potentially doubling the amount of respite care hours available to meet the increased demand for in-home respite services, enabling caregivers to be temporarily relieved from their caregiving responsibilities.

SUBJECT: AUTHORIZATION TO AMEND CONTRACT WITH SOUTHERN
CAREGIVER RESOURCE CENTER (DISTRICTS: ALL)

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

Today's proposed action supports the Building Better Health, Living Safely, and Thriving Initiatives in the County of San Diego's 2021-2026 Strategic Plan and the County's *Live Well San Diego* vision by ensuring vulnerable elderly and disabled populations have access to home care services.

Respectfully submitted,

USE "INSERT PICTURE"
FUNCTION TO INSERT
SIGNATURE

HELEN N. ROBBINS-MEYER
Chief Administrative Officer

ATTACHMENT(S)

N/A

SUBJECT: AUTHORIZATION TO AMEND CONTRACT WITH SOUTHERN
CAREGIVER RESOURCE CENTER (DISTRICTS: ALL)

AGENDA ITEM INFORMATION SHEET

REQUIRES FOUR VOTES: ☐ Yes ☒ No

WRITTEN DISCLOSURE PER COUNTY CHARTER SECTION 1000.1 REQUIRED

☐ Yes ☒ No

PREVIOUS RELEVANT BOARD ACTIONS:

July 7, 2020 (7), the Board approved the 2020-24 Aging & Independence Services Area Plan and authorized submittal to the California Department of Aging; February 19, 2020 (1), the Board ratified the Declaration of Local Health Emergency made by the Public Health Officer on February 14, 2020 and ratified the Proclamation of Local Emergency made by the Chief Administrative Officer on February 14, 2020; September 24, 2019 (4), the Board recommended implementation of the Aging Roadmap.

BOARD POLICIES APPLICABLE:

A-87, Competitive Procurement

BOARD POLICY STATEMENTS:

Pursuant to Administrative Code Article XXIII, Sec 401(b)(2) and 401(b)(4), Board of Supervisors approval is required to increase the annual contract price above \$1,250,000.

MANDATORY COMPLIANCE:

N/A

**ORACLE AWARD NUMBER(S) AND CONTRACT AND/OR REQUISITION
NUMBER(S):**

Contract Number 556999

ORIGINATING DEPARTMENT: Health and Human Services Agency

OTHER CONCURRENCE(S): Department of Purchasing and Contracting

CONTACT PERSON(S):

Kimberly Gallo

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Auxiliary Liaison Written Reports

CAREGIVER COALITION			
COUNCIL CONTACT	Susan Valoff	TIME PERIOD	December 2020
<p>The Caregiver Coalition did not have a regular meeting in December. Instead, members attended a holiday White Elephant gift exchange event. The next meeting will take place virtually on Thursday, January 28 at 10:00am. Contact Dalija Dragisic at Dalija.Dragisic@sdcounty.ca.gov for information on how to join the virtual meeting.</p>			
FALL PREVENTION (FP)			
COUNCIL CONTACT	Rosemarie Bahmani	TIME PERIOD	
HEALTH PROMOTION (HP)			
COUNCIL CONTACT	TBD	TIME PERIOD	
IHSS ADVISORY COMMITTEE			
COUNCIL CONTACT	Rosemarie Bahmani	TIME PERIOD	December 2020
<p>The Electronic Visit Verification (EVV) implementation is now 99.6% complete. Social Workers are transitioning to the new Live Well Center in Oceanside. The UDW is distributing PPE every Friday (619-814-3322). 100% of Public Authority staff are now teleworking. Next meeting will be held on 1/08/2021.</p>			
SVA / RSVP			
COUNCIL CONTACT	TBD	TIME PERIOD	
ECAN			
COUNCIL CONTACT	Lorelei Taylor	TIME PERIOD	
NORCAN			
COUNCIL CONTACT	Linda Prager	TIME PERIOD	
SANDi-CAN			
COUNCIL CONTACT	Monica Flynn	TIME PERIOD	
SoCAN			
COUNCIL CONTACT	Luis Monge	TIME PERIOD	
EAST COUNTY IG COMMUNITY COUNCIL			
COUNCIL CONTACT	TBD	TIME PERIOD	
NORTH COUNTY IG COMMUNITY COUNCIL			
COUNCIL CONTACT	TBD	TIME PERIOD	
AGE WELL SAN DIEGO – DEMENTIA FRIENDLY			
COUNCIL CONTACT	TBD	TIME PERIOD	

AGE WELL SAN DIEGO – HEALTH & COMMUNITY SUPPORT			
COUNCIL CONTACT	Joe Garbanzos	TIME PERIOD	
AGE WELL SAN DIEGO – HOUSING			
COUNCIL CONTACT	Lorelei Taylor	TIME PERIOD	
AGE WELL SAN DIEGO – SOCIAL PARTICIPATION			
COUNCIL CONTACT	Rosemarie Bahmani	TIME PERIOD	
AGE WELL SAN DIEGO – TRANSPORTATION			
COUNCIL CONTACT	TBD	TIME PERIOD	
ALZHEIMER’S CARE ROUNDTABLE			
COUNCIL CONTACT	Ellen Arcadi	TIME PERIOD	
CALIFORNIA SENIOR LEGISLATURE			
COUNCIL CONTACT	Susan Mallett, Chair-PSA23	TIME PERIOD	December 2020
All eleven San Diego County state assembly members and senators and one federal representative were contacted and provided with the CSL Legislative proposals for 2021. A number of virtual meetings with legislative staffers were held as well, establishing good contacts for future CSL efforts.			