



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services

July 12, 2021 | 12:00 p.m.

Virtual Meeting

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

Click here to [Join Zoom Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** John Osborne, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 13)
2. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of June 14, 2021 Meeting Minutes (Action)*
3. **Election of Council Year 2021-2022 Officers** – Lorelei Taylor, Nominating Committee Chair
 - a. Presentation of Nominees for Council Year 21/22 Officers
 - o Chair – John Osborne
 - o 1st Vice Chair – Chris Maeoka
 - o 2nd Vice Chair – Stephen Huber
 - o Secretary – Paula Saracen
 - b. Nominations from the Floor
 - c. Election of Council Year 21/22 Officers (Action)
 - d. Officer transition briefing: July 26, 2021 Executive & Membership Committee
 - e. Swearing in of Council Year 21/22 Officers: September 13, 2021
4. **Guest Speakers**
 - a. Behavioral Health Services – Older Adult Services: Piedad Garcia Ed. D., LCSW, Deputy Director and Connie German-Marquez, Behavioral Health Program Coordinator
 - b. Adult Protective Services/Senior Team/Specialized Case Management Program Updates: Kimberly Pearce, Program Manager
5. **AIS Director's Items** (Possible action)
 - a. Board Letters
 - i. IHSS Public Authority Adopted Budget (Informational Item Only)*
 - ii. Aging Roadmap Annual Update (Action)*
 - b. AIS Director's Update
 - c. Legislative Update



6. Executive & Membership Subcommittee Report/Other Business (Possible action)

- a. Chair’s Report: John Osborne, Chair
- b. Membership Report: Stephen Huber, Secretary
- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Vargas [Garbanzos/Larkins] 8/12/2021
 - ii. District #2: Anderson [Splitgerber/Nocon] TBD (2021)
 - iii. District #3: Lawson-Remer [King/Osborne] 3/4/2021
 - iv. District #4: Fletcher [Villafana/Flynn] TBD (2021)
 - v. District #5: Desmond [Simon/Weber] 1/14/2021

7. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 5/20/21): Linda Prager, Chair
- b. Adult Services Connection (met 2/10/20): TBA, Chair
- c. Healthy Aging (met 7/8/21): Wanda Smith, Chair
- d. Housing (met 7/1/21): Paul Ling, Chair
- e. Nutrition (met 7/6/21): Susan Mallett, Chair
- f. Transportation (6/14/2021): Judi Bonilla, Chair

8. Auxiliary Liaison Written Reports {See Addendum}*

9. Other Announcements

10. Adjournment & Next Meetings:

When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123
Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: September 13, 2021, 12 noon

Future Subcommittee Meetings:

| | | | | |
|------------------------------|-----------|------------|-----------------------------|---------|
| ➤ LTC Ombudsman/Facilities: | 7/15/2021 | 10:30 a.m. | [3 rd Thursdays] | Virtual |
| ➤ Executive & Membership: | 7/26/2021 | 10:30 a.m. | [4 th Mondays] | Virtual |
| ➤ Adult Services Connection: | TBD | | | Virtual |
| ➤ Healthy Aging | 9/9/2021 | 10:00 a.m. | [1 st Thursdays] | Virtual |
| ➤ Housing: | 7/22/2021 | 12:00 p.m. | [4 th Thursdays] | Virtual |
| ➤ Nutrition: | 8/31/2021 | 1:00 p.m. | [1 st Tuesdays] | Virtual |
| ➤ Transportation: | 7/12/2021 | 2:00 p.m. | [2 nd Mondays] | Virtual |

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, June 14, 2021 | 12:00pm – 2:00pm
Call in: 1 (669) 900-9128
Meeting ID (access code): 992 5390 3588 | Passcode: 251412

MINUTES – DRAFT

| Members | | Absent Members | | Guests | |
|--|--|---|--|---|--|
| Attendance | Judi Bonilla Morgan Cadmus Faye Detsky-Weil La Rue Fields Joe Garbanzos Stephen Huber Shirley King Ethel Larkins Paul Ling Chris Maeoka | Susan Mallett Martha McCarthy Jack Miller Molly Nocon John Osborne Paula Saracen Jacqueline Simon Wanda Smith Lorelei Taylor Darlene Weber | Patricia DeLeo Monica Flynn Paul Monarrez Linda Prager Thomas Splitgerber Luz Villafana | Jacqueline Johnson Thomas Johnson Marie Vaundry | |
| | Distinguished Merit Recipients | | Staff | | |
| | | | Kendall Bremner Wendy Contreras Samantha Hasler Jana Jordan | Mary Grace Sadile Kristen Smith Jennifer Sovay | |
| Item | Outcome | | | | |
| 1. Call to Order | John Osborne, Chair, 12:01pm a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: 20 present at this time. | | | | |
| 2. Standard Business | a. Public Comments/Announcements: Members or non-members <ul style="list-style-type: none"> • L. Taylor announced recent passing of Floyd Willis' (past Council Staff Liaison) wife, Angelita Willis. Executive and Membership Subcommittee to add agenda item for next meeting. • E. Larkins announced Cooper Family Foundation Juneteenth Celebration – Healing Our Communities event from 11:00 am – 4:00 pm, June 19 at Memorial Park (2985 Ocean View Blvd., San Diego, CA 92113). b. Approval of May 10, 2021 Meeting Minutes (Action): <ul style="list-style-type: none"> • Send an email to Jana to request mailed copies of Council documents. • Correction to name in Item 5. [M/S – J. Miller/F. Detsky-Weil (Passed with 20 votes)] | | | | |
| 3. AIS Director's Items (possible action) | a. AIS Director's Update <ul style="list-style-type: none"> i. J. Sovay reported on the following: <ul style="list-style-type: none"> • Meals Data: <ul style="list-style-type: none"> • The Great Plates Delivered program has served older adults throughout the County to ensure proper nutrition was available to them while keeping safe. Nearly 4 million meals have been served. • Last week, AIS was notified that FEMA will no longer be providing federal reimbursement for Great Plates Program eligible costs beyond July 9, 2021. With that, the County will be ending the Great Plates program on July 9, 2021. All participants will receive a flyer with a list of resources to help transition eligible individuals to other community programs. • At the Board of Supervisors meeting last Tuesday, the Board voted on the framework for American Rescue Plan Act funding, which included an allocation for nutrition and food resources. Many congregate meal sites will be reopening on or soon after June 15th. The reopening will be a phased approach as many providers will slowly transition recipients back to congregate dining. • In partnership with San Diego Oasis, Vital Aging will be on June 24. The keynote speaker will be Emmy award winner, Henry Winkler. Event details and registration: https://san-diego.oasisnet.org/2021-vital-aging-conference/. | | | | |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|----------------------------|---------------------------|----------|---------------------------|---------------------|--------------------------|-------------------------------|----------------|-------------------------|--------------------------|-----------------------------|----------|------------------------|---------------|-----------|-----------------|----------|--|---------------------------|---------|-----------|-----------|----------|---------------------------|---------|-------------|----------|---------|--------------------------|---------|------------------|-----------|---------|-------------------------|---------|
| 4. Council Strategic Planning Exercise | <p>a. Review progress of previously established Council goals and determine continuation for next year, as well as discuss any additional goals. Feedback and topics for consideration included:</p> <ol style="list-style-type: none"> i. LTC Ombudsman/Facilities: Feedback to be provided after next Subcommittee meeting. ii. Healthy Aging: The power of walking, mental health, technology, emergency/disaster preparedness, media campaign(s), and disabilities and dementia. iii. Housing: Redevelopment project, home share, homeless prevention. iv. Nutrition: Impacts of COVID-19, congregate meals. v. Transportation: Development of a strategic plan, ride share programs. vi. Other/new goals: assessment and possible added participation in auxiliary subcommittees, outreach/bridging gaps, development of measures/outcomes and next steps. Separate housing and transportation categories in the goals document. <p>b. Strategic Plan Next Steps and Timeline:</p> <ol style="list-style-type: none"> i. July: Executive and Membership Subcommittee to review and draft Annual Goals. ii. August: Dark/no meeting. iii. September (start of new Council year): Present and adopt Annual Goals. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5. Executive & Membership Subcommittee (met 5/24/2021) Report/Other Business (possible action) | <p>a. Chair's Report: John Osborne, Chair</p> <ol style="list-style-type: none"> i. Ancillary Subcommittee Appointments <ul style="list-style-type: none"> • Housing: Appointment of Molly Nocon (Action): [M/S – P. Ling/W. Smith] (passed with 20 votes) • LTC Ombudsman & Facilities: Appointment of Rosemarie Bahmani as a Non-Voting Community Member (Action): [M/S – E. Larkins/M. McCarthy] (passed with 20 votes) • Transportation: Appointment of Ted Kagan as a Non-Voting Community Member (Action): [M/S – W. Smith/J. Bonilla] (passed with 20 votes) <p>b. Membership Report: S. Huber</p> <ul style="list-style-type: none"> • A reminder to please complete Ethics training and/or schedule meeting with Board of Supervisors, as needed. • Discussed recruitment efforts to people with disabilities. <p>c. Ad Hoc Subcommittee Oral Reports: J. Osborne, Chair</p> <ul style="list-style-type: none"> • The Nominating Committee announced the slate of Officer candidates for FY 21/22. Candidates will be elected at the July meeting. Those elected will be invited to attend the July Executive & Membership Committee meeting to assist with the transition. • L. Taylor presented the following nominees and opportunity to accept nominations from the floor. <ul style="list-style-type: none"> • Chair: John Osborne • 1st Vice Chair: Chris Maeoka • 2nd Vice Chair: Stephen Huber • Secretary: Paula Saracen <p>d. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0"> <tr> <td>i. District #1 Vargas</td> <td>[Garbanzos/Larkins]</td> <td>2021 TBD</td> </tr> <tr> <td>ii. District #2 Anderson</td> <td>[Splitgerber/Nocon]</td> <td>2021 TBD</td> </tr> <tr> <td>iii. District #3 Lawson-Remer</td> <td>[King/Osborne]</td> <td>3/4/2021</td> </tr> <tr> <td>iv. District #4 Fletcher</td> <td>[Villafana/Flynn]</td> <td>2021 TBD</td> </tr> <tr> <td>v. District #5 Desmond</td> <td>[Simon/Weber]</td> <td>1/14/2021</td> </tr> </table> | i. District #1 Vargas | [Garbanzos/Larkins] | 2021 TBD | ii. District #2 Anderson | [Splitgerber/Nocon] | 2021 TBD | iii. District #3 Lawson-Remer | [King/Osborne] | 3/4/2021 | iv. District #4 Fletcher | [Villafana/Flynn] | 2021 TBD | v. District #5 Desmond | [Simon/Weber] | 1/14/2021 | | | | | | | | | | | | | | | | | | | | |
| i. District #1 Vargas | [Garbanzos/Larkins] | 2021 TBD | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ii. District #2 Anderson | [Splitgerber/Nocon] | 2021 TBD | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| iii. District #3 Lawson-Remer | [King/Osborne] | 3/4/2021 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| iv. District #4 Fletcher | [Villafana/Flynn] | 2021 TBD | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| v. District #5 Desmond | [Simon/Weber] | 1/14/2021 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6. Other Announcements | <ul style="list-style-type: none"> • LTC Ombudsman & Facilities will not be meeting in June. Meetings to resume in July. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7. Adjournment & Next Meetings | <p>a. Meeting adjourned: 2:00 pm</p> <p>Council Meeting: July 12, 2021, 12 noon (When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting details will be included in agendas posted online 72 hours before meetings at www.aging.sandiegocounty.gov/AISAdvisoryCouncil.)</p> <p>Future Subcommittee Meetings</p> <table border="0"> <tr> <td>➤ LTC Ombudsman/Facilities</td> <td>6/17/2021</td> <td>10:30 am</td> <td>3rd Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Executive & Membership</td> <td>6/28/2021</td> <td>10:30 am</td> <td>4th Mondays</td> <td>Virtual</td> </tr> <tr> <td>➤ Adult Services Connection</td> <td>TBD</td> <td></td> <td></td> <td>Virtual</td> </tr> <tr> <td>➤ Healthy Aging</td> <td>7/1/2021</td> <td></td> <td>1st Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Housing</td> <td>6/24/2021</td> <td>12:00 pm</td> <td>4th Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Nutrition</td> <td>7/6/2021</td> <td>1:00 pm</td> <td>1st Tuesdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Transportation</td> <td>6/14/2021</td> <td>2:00 pm</td> <td>2nd Mondays</td> <td>Virtual</td> </tr> </table> | ➤ LTC Ombudsman/Facilities | 6/17/2021 | 10:30 am | 3 rd Thursdays | Virtual | ➤ Executive & Membership | 6/28/2021 | 10:30 am | 4 th Mondays | Virtual | ➤ Adult Services Connection | TBD | | | Virtual | ➤ Healthy Aging | 7/1/2021 | | 1 st Thursdays | Virtual | ➤ Housing | 6/24/2021 | 12:00 pm | 4 th Thursdays | Virtual | ➤ Nutrition | 7/6/2021 | 1:00 pm | 1 st Tuesdays | Virtual | ➤ Transportation | 6/14/2021 | 2:00 pm | 2 nd Mondays | Virtual |
| ➤ LTC Ombudsman/Facilities | 6/17/2021 | 10:30 am | 3 rd Thursdays | Virtual | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ➤ Executive & Membership | 6/28/2021 | 10:30 am | 4 th Mondays | Virtual | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ➤ Adult Services Connection | TBD | | | Virtual | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ➤ Healthy Aging | 7/1/2021 | | 1 st Thursdays | Virtual | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ➤ Housing | 6/24/2021 | 12:00 pm | 4 th Thursdays | Virtual | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ➤ Nutrition | 7/6/2021 | 1:00 pm | 1 st Tuesdays | Virtual | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ➤ Transportation | 6/14/2021 | 2:00 pm | 2 nd Mondays | Virtual | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |



In-Home Supportive Services Public Authority AGENDA ITEM

GOVERNING BODY

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: June 29, 2021

IA01

TO: Public Authority Governing Body

SUBJECT

ADOPTION OF FINAL FISCAL YEAR 2021-22 ADMINISTRATIVE BUDGET FOR THE IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY (DISTRICTS: ALL)

OVERVIEW

On May 26, 2021 (IA01), the Public Authority Governing Body received the recommended County of San Diego (County) In-Home Supportive Services (IHSS) Public Authority's administrative budget of \$37,547,621 for Fiscal Year 2021-22 and set June 14, 2021 as the start date of the public hearings for the budget. Today's action requests adoption of the Fiscal Year 2021-22 final administrative budget for the Public Authority by resolution, which is required by State statute.

The County-operated IHSS program provides in-home assistance to approximately 33,456 low-income, aged, blind, and disabled individuals enabling many to remain safely in their homes thereby reducing the need for more costly placements in nursing homes or other care facilities. Additionally, the IHSS Public Authority provides a number of services to the approximately 29,000 IHSS individual providers including payroll services, funding for health and dental benefits, and provider enrollment including criminal background checks. The IHSS Public Authority also provides registry services to IHSS recipients in need of an Individual Provider. In Fiscal Year 2020-21, the IHSS individual providers performed just under 44 million hours of service for IHSS recipients in San Diego County. In Fiscal Year 2021-22 it is estimated that it could grow to over 49 million hours.

Today's action supports the County's *Live Well San Diego* vision by providing support to low-income, aged, blind, and disabled individuals enabling many to remain safely in their homes.

RECOMMENDATION(S)

EXECUTIVE DIRECTOR/CHIEF ADMINISTRATIVE OFFICER

1. Adopt the resolution entitled: ADOPTION OF FINAL BUDGET FOR THE COUNTY OF SAN DIEGO IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY FOR THE FISCAL YEAR COMMENCING JULY 1, 2021.

SUBJECT: ADOPTION OF FINAL FISCAL YEAR 2021-22 ADMINISTRATIVE BUDGET FOR THE IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY (DISTRICTS: ALL)

EQUITY IMPACT STATEMENT

The In-Home Supportive Services (IHSS) Public Authority provides in-home assistance to eligible aged, blind, and disabled individuals as an alternative to out-of-home care and enables recipients to remain safely in their own homes. They also conduct the California Department of Social Services state-mandated IHSS Provider Orientation which is required for potential IHSS caregivers. The IHSS Public Authority recognizes the systemic impacts that inequitable policies may create for residents of San Diego County. Impacts have historically included outcomes related to racial justice and issues of belonging that are reflected in the programs, services, and resources allocated to communities. To more proportionally serve the community, the IHSS Public Authority will utilize available data from community feedback, including but not limited to customer service satisfaction surveys and training surveys, to propose a framework for developing equitable and transparent strategic action plans and policies. In addition to that, they will also gather input from members of the IHSS Public Authority Advisory Committee in which no less than fifty-one percent (51%) of the membership includes individuals who are current or past users of personal assistance services paid for through public or private funds or as recipients of IHSS. It is anticipated that these actions will have a positive impact on all equity-seeking groups to include, Black, Indigenous, People of color (BIPOC), women, people with disabilities, immigrants, elderly, youth, and the LGBTQ community by identifying and removing barriers for engagement and participation.

FISCAL IMPACT

The recommended action provides spending authority of \$37,547,621 for the In- Home Supportive Services Public Authority for Fiscal Year 2021-22.

BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

The recommended action will be presented as an informational item to the In-Home Supportive Services/Public Authority Advisory Committee at its meeting on July 9, 2021 and to the Aging & Independence Services Advisory Council at its meeting on July 12, 2021.

BACKGROUND

The In-Home Supportive Services (IHSS) Public Authority was established per State mandate to act as Employer of Record for IHSS individual providers and operate a Registry of Providers. The IHSS Public Authority works in partnership with the IHSS program operated by the County of San Diego (County) serving both providers and consumers. The County-operated IHSS program provides in-home assistance to approximately 33,456 low-income, aged, blind, and disabled individuals enabling many to remain safely in their homes and reducing the need for more costly placements in nursing homes or other care facilities. Additionally, the IHSS Public Authority provides a number of services to the approximately 29,000 IHSS individual providers including payroll services, funding for health and dental benefits, and provider enrollment, including criminal background checks. The IHSS Public Authority also provides registry services to IHSS recipients in need of an individual provider.

SUBJECT: ADOPTION OF FINAL FISCAL YEAR 2021-22 ADMINISTRATIVE BUDGET FOR THE IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY (DISTRICTS: ALL)

Today's item submits the IHSS Public Authority's Fiscal Year 2021-22 recommended administrative budget.

| Administrative Budget Component | Fiscal Year 2021-22 Recommended Budget | Comments |
|---|---|---|
| Salaries & Benefits | \$4,676,168 | Increase of \$213,692 due to an increase to salary ranges and payroll taxes, and two additional staff |
| Services & Supplies | \$3,257,906 | Net decrease of \$213,690 to Services & Supplies; \$186,400 decrease due to completion of the IHSS Electronic Visit Verification (EVV) system and \$27,290 savings identified in Services & Supplies. |
| Health & Dental Benefits for Individual Providers | \$29,613,547 | \$2,915,676 increased appropriations to reflect additional program costs related to the increase in health insurance benefit contributions for IHSS individual providers resulting from program growth. |
| Total | \$37,547,621 | |

The recommended IHSS Public Authority administrative budget of \$37,547,621 for Fiscal Year 2021-22 represents an increase of 8.4% from the Fiscal Year 2020-21 Adopted Budget of \$34,631,945. This increase is mainly due to increased health benefit contributions for eligible IHSS individual providers. Per the Memorandum of Understanding (MOU) with United Domestic Workers of America (UDWA), of which the Public Authority Governing Body authorized signature on October 10, 2017 (1), the Public Authority's contribution for health benefits is calculated on the number of paid IHSS hours, at \$0.60 per paid hour. The Fiscal Year 2020-21 Adopted Budget for health benefits anticipated 44,496,451 paid IHSS hours. In Fiscal Year 2021-22 providers are projected to deliver 49,355,912 hours of service based on continued program growth.

Pursuant to California Government Code Section 29088, this request recommends the approval of a Resolution to adopt the budget for the County of San Diego In-Home Supportive Services Public Authority for Fiscal Year 2021-22.

SUBJECT: ADOPTION OF FINAL FISCAL YEAR 2021-22 ADMINISTRATIVE BUDGET FOR THE IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY (DISTRICTS: ALL)

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

Today's proposed actions support the Building Better Health, Living Safely, and Thriving Initiatives in the County of San Diego's 2021-2026 Strategic Plan and the *Live Well San Diego* vision by providing support to approximately 33,456 low-income, aged, blind, and disabled individuals enabling many to remain safely in their homes.

Respectfully submitted,

USE "INSERT PICTURE"
FUNCTION TO INSERT
SIGNATURE

HELEN N. ROBBINS-MEYER
Chief Administrative Officer

ATTACHMENT(S)

Attachment A - Resolution for Adoption of Final Budget for the County of San Diego In-Home Supportive Services Public Authority for the Fiscal Year Commencing July 1, 2021

SUBJECT: ADOPTION OF FINAL FISCAL YEAR 2021-22 ADMINISTRATIVE BUDGET FOR THE IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY (DISTRICTS: ALL)

AGENDA ITEM INFORMATION SHEET

REQUIRES FOUR VOTES: Yes No

WRITTEN DISCLOSURE PER COUNTY CHARTER SECTION 1000.1 REQUIRED

 Yes No

PREVIOUS RELEVANT BOARD ACTIONS:

June 14 and June 16, 2021 (01), Noticed Public Hearing: Budget Hearings: Chief Administrative Officer's Recommended Operational Plan for Fiscal Years 2021-22 & 2022-23; May 26 and May 27, 2021 (IA01), Chief Administrative Officer Recommended Operational Plan for Fiscal Years 2021-22 & 2022-23 for the County Family of Funds, Enterprise Funds and Internal Service Funds, the County Service Areas, Lighting and Maintenance Districts, Permanent Road Divisions, San Diego County Sanitation District, San Diego County Flood Control District, In-Home Supportive Services Public Authority, San Diego County Fire Protection District and County Successor Agency.

CONTACT PERSON(S):

Thomas Johnson
Name
(619) 731-3706
Phone
thomas.johnson@sdcounty.ca.gov
E-mail

Name

Phone

E-mail

Resolution No:
Meeting Date: June 29, 2021

ADOPTION OF FINAL BUDGET FOR
THE COUNTY OF SAN DIEGO
IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY
FOR THE FISCAL YEAR COMMENCING JULY 1, 2021

WHEREAS, estimates were prepared and filed and the proposed budget was approved and printed as required by Chapter 1 of Division 3, Title 3 of the Government Code (Section 29000 and following), for the In-Home Supportive Services Public Authority, for which this is the Governing Body; and

WHEREAS, the proposed budget document, attached herein as Exhibit A and incorporated by reference, was printed in pamphlet form in quantities sufficient to supply one copy to each taxpayer requesting same, copies were placed in the Office of the Clerk of the Board and there was published in the Union Tribune, a newspaper of general circulation throughout the County of San Diego, notice of their availability and notice of public hearing on the proposed budget of the hereinabove designated Public Authority for the Fiscal Year commencing July 1, 2021, pursuant to Section 29080 of the Government Code; and

WHEREAS, the public hearing on said proposed budget was held as required by law and all taxpayers and other persons who appeared having been heard and there being no requests or applications on file with the Governing Body for further hearing, said hearing was concluded; and

WHEREAS, during and subsequent to said public hearings this Governing Body has made such revisions of, deductions from and increases or additions to said proposed budget as it deemed advisable, all such increases or additions having been proposed in writing and filed with this Governing Body prior to the conclusion of said hearing.

NOW THEREFORE IT IS FOUND AND DECLARED that the foregoing statement is true and that all proceedings required by law have been taken in connection with the adoption by this Governing Body of the final budget for the Public Authority named above for the Fiscal Year commencing July 1, 2021.

ACCORDINGLY, IT IS RESOLVED AND ORDERED as provided in Sections 29088 and 29089 of the Government Code that the final budget, including appropriations, means of financing and provisions for reserves, for the County of San Diego In-Home Supportive Services Public Authority for the Fiscal Year commencing July 1, 2021 and hereinafter set forth, be and the same is hereby adopted.

APPROVED AS TO FORM AND LEGALITY
COUNTY COUNSEL
BY RAQUEL YOUNG, SENIOR DEPUTY

COUNTY OF SAN DIEGO
IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY
FINAL BUDGET
FISCAL YEAR 2021-2022

DEPARTMENTAL APPROPRIATIONS

| BUDGET UNIT | AMOUNT | DEPARTMENT TOTAL |
|--|-----------------------------|-----------------------------|
| Special Local Agency: In-Home Supportive Services Public Authority 1000 Salaries 2000 Services and Supplies | \$4,676,168 \$32,871,453 | \$4,676,168 \$32,871,453 |
| Total In Home Supportive Services Public Authority | \$37,547,621 | \$37,547,621 |

MEANS OF FINANCING

| FUND | ESTIMATED REVENUE OTHER THAN TAXATION | ESTIMATED FUND BALANCE AVAILABLE | RESERVES/ DESIGNATIONS DECREASES | SECURED TAXES | UNSECURED TAXES | TOTAL MEANS OF FINANCING |
|---|---------------------------------------|----------------------------------|----------------------------------|---------------|-----------------|--------------------------|
| Special Local Agency: In-Home Supportive Services Public Authority | \$37,547,621 | \$0 | \$0 | \$0 | \$0 | \$37,547,621 |
| Total Funds | \$37,547,621 | \$0 | \$0 | \$0 | \$0 | \$34,547,621 |

DETAIL OF PROVISIONS FOR RESERVES

| DESCRIPTION | RESERVES/ DESIGNATIONS BALANCE AS OF 6/30/20 | AMOUNT MADE AVAILABLE BY CANCELLATION | INCREASE OR NEW RESERVE TO BE PROVIDED IN BUDGET YEAR | TOTAL RESERVES/ DESIGNATIONS FOR BUDGET YEAR |
|--|--|---------------------------------------|---|--|
| Special Local Agency: In-Home Supportive Services Public Authority 1000 Salaries 2000 Services and Supplies | \$0 | \$0 | \$0 | \$0 |
| Total Funds | \$0 | \$0 | \$0 | \$0 |



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: September 14, 2021

XX

TO: Board of Supervisors

SUBJECT

RECEIVE UPDATE ON THE AGING ROADMAP AND THE COUNTY'S AGING INITIATIVES (DISTRICTS: ALL)

OVERVIEW

In 2010, there were nearly 688,000 San Diegans over the age of 55, and by 2025, that number will be more than one million. San Diego County's over-60 population is projected to diversify and grow faster than any other age group. Given this projected growth and diversification, it is crucial that we take the needs of our region's older adults into account as we plan for the future. The Aging Roadmap is the County of San Diego's (County) regional plan to ensure that the region has programs and communities that equitably support the needs and celebrate the contributions of all older adults in the San Diego region. Launched at the direction of the San Diego County Board of Supervisors (Board) on September 24, 2019 (04), the Aging Roadmap identifies specific goals and action steps in ten priority areas:

- Health and Community Support
- Housing
- Social Participation
- Transportation
- Dementia-Friendly
- Caregiver Support
- Safety
- Preparedness and Response
- The Silver Economy
- Medical and Social Services

The Aging Roadmap is designed to be flexible to address emerging needs with appropriate adaptations to policy and service delivery goals. This flexibility has been necessary during the COVID-19 pandemic, when older adults faced heightened risks of becoming infected and having severe illness from COVID-19. Aging Roadmap teams and infrastructure adapted to the COVID-19 pandemic. Food insecurity and public health outreach and education became primary issues.

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New collaborations and partnerships were formed, and emergency response processes were developed. Going forward, partnerships and lessons learned will be key in addressing the issues brought to the forefront by the COVID-19 pandemic, including inequities leading to health disparities, social isolation, and access to technology. The Aging Roadmap offers a guiding framework to reimagine services and supports and ensure that older adults of all racial and ethnic backgrounds are acknowledged and included as co-creators of safe and thriving communities.

Today's action requests the Board receive the second annual report of the Aging Roadmap. This action supports the County's *Live Well San Diego* vision by supporting older adults and persons with disabilities to live healthy, safe, and thriving lives and helping to ensure a community that is livable for persons of all ages.

**RECOMMENDATION(S)
CHIEF ADMINISTRATIVE OFFICER**

Receive update on the Aging Roadmap and the County of San Diego's aging initiatives.

EQUITY IMPACT STATEMENT

Recognizing the diversity of San Diego County's population, including the strong cultural traditions and the need to address systemic inequities faced by communities of color, principles of equity are included across all ten Aging Roadmap priority areas. Aging & Independence Services continually reviews its programs and services through an equity lens and takes steps to ensure services are equitable and accessible. In summer of 2021, the Age Well San Diego teams began developing a Strategic Plan to Advance Equity in Aging. The plan will include strategies for integrating equity into all aspects of Age Well San Diego, the County of San Diego's AARP® age-friendly initiative, from team membership to program development and resource dissemination. Each of the five Age Well San Diego community teams have begun discussions to obtain data from community feedback on how to apply principles of equity and inclusion into new and existing Age Well San Diego goals. Next steps include providing training opportunities for team members and developing tools to help teams apply an equity lens to programs and resources. It is anticipated that these actions will have a positive impact on equity-seeking groups of all ages to include, Black, Indigenous, People of color (BIPOC), women, people with disabilities, immigrants, and the LGBTQ community by identifying and removing barriers for engagement and participation.

FISCAL IMPACT

There is no fiscal impact associated with the proposed action. There will be no change in net General Fund costs and no additional staff years.

BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

The Aging & Independence Services Advisory Council reviewed this item at their regular meeting on July 12, 2021 and recommended [REDACTED].

SUBJECT: RECEIVE UPDATE ON THE AGING ROADMAP AND THE COUNTY'S AGING INITIATIVES (DISTRICTS: ALL)

BACKGROUND

The Aging Roadmap serves as a guide for the future of aging in the San Diego region. It was developed through input and information gathered from hundreds of older adults during community assessments and stakeholder interviews. It builds upon excellent work already underway and allows for innovation, flexibility, and coordination to meet current and future regional needs. The Aging Roadmap was launched on September 24, 2019 (04), when the San Diego County Board of Supervisors (Board) directed County of San Diego (County) staff to implement the Aging Roadmap in partnership with community-based organizations, hospital partners, and the County departments of Aging & Independence Services (AIS), Planning & Development Services, Public Health Services, Housing and Community Development Services, Public Works, the Sheriff's Department, the District Attorney, and the Office of Emergency Services.

The Aging Roadmap identifies specific goals and action steps in ten priority areas:

- Health and Community Support
- Housing
- Social Participation
- Transportation
- Dementia-Friendly
- Caregiver Support
- Safety
- Preparedness and Response
- The Silver Economy
- Medical and Social Services

The Aging Roadmap is the product of multiple phases of community input and collaboration. In 2016, the community provided input and selected the first five priority areas listed above to comprise Age Well San Diego, the County's AARP® age-friendly initiative, approved by the Board on May 15, 2018 (6). Teams of community members, experts, and County staff were created to develop and implement goals in each of the five priority areas; these five teams, led by community members, continue to meet and achieve goals. In 2019, the Aging Roadmap was conceptualized as a broader framework to encompass all County programs for older adults and individuals with disabilities. Additional community input was garnered, and the remaining five priority areas were identified completing the Aging Roadmap's ten priority areas. In 2020, the Aging Roadmap was adopted as the organizational framework for AIS' Area Plan for Fiscal Years 2020-2024 (Area Plan), approved by the Board on July 7, 2020 (07). The Area Plan identifies the priorities and direction for County activities on behalf of older adults. As part of the development of the Area Plan, County staff solicited community input; this feedback was integrated into the Area Plan and now informs AIS programs and services. With the rise of COVID-19, another round of outreach was conducted, including calls to over 20,000 older adults. This outreach informed the development of new programs and the adaptation of current programs, which were implemented to address current and anticipated long-term impacts of the COVID-19 pandemic on seniors.

SUBJECT: RECEIVE UPDATE ON THE AGING ROADMAP AND THE COUNTY'S AGING INITIATIVES (DISTRICTS: ALL)

The Aging Roadmap & COVID-19

The Aging Roadmap is designed to be flexible to address emerging needs with appropriate adaptations to policy and service delivery goals. This flexibility has been necessary during the COVID-19 pandemic, when older adults and individuals with disabilities confronted new and pressing needs across all ten Aging Roadmap priority areas. Older adults face heightened risks of becoming infected and having severe illness from COVID-19. For individuals who are disabled or homebound, collaboration with community partners was key to vaccinating vulnerable populations. Creating culturally competent resources and messaging was a priority to facilitate equitable access to vaccines. Many older adults needed access to food, requiring swift collaborative efforts to deliver prepared meals and food boxes. Social isolation, access to internet and technology, and safe transportation became priority issues. The existing Aging Roadmap teams and infrastructure were critical in the timely response to these needs. Aging Roadmap goals were adapted, new collaborations and partnerships were formed, and emergency response processes were developed. These efforts facilitated a timely response to older adults' needs and strengthen operational capacity moving forward.

Even with adaptations due to COVID-19, there is much to celebrate as goals were achieved across all priority areas. Attachment A details the successes to date and demonstrates how collaborations across multiple sectors can result in significant progress. Special thanks are given to the community volunteers on each of the existing Age Well teams, many dedicated County staff, and diverse partner organizations. With the continued support of the Board, the Aging Roadmap can become a model for age-friendly communities and aging services across the country.

Next Steps

Building age-friendly communities requires sustained efforts, and the Aging Roadmap provides the blueprint for the work ahead. Goals and priorities will continue to be adapted in response to COVID-19, which has brought to the forefront issues of equity, social isolation, access to technology, food security and safe transportation. Progress will continue for existing age-friendly projects promoting affordable housing, villages, and supports to help older adults age in place. Opportunities will be identified to expand intergenerational programming, and programming that is inclusive of people living with dementia. The Board's ongoing interest and support of the County's collective age-friendly journey is greatly valued.

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

Today's proposed action supports the Building Better Health, Living Safely, and Thriving Initiatives in the County of San Diego's 2021-26 Strategic Plan and the County's *Live Well San Diego* vision by strengthening the system of care for older adults and ensuring a community that is livable for residents of all ages.

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Respectfully submitted,

USE "INSERT PICTURE"
FUNCTION TO INSERT
SIGNATURE

HELEN N. ROBBINS-MEYER
Chief Administrative Officer

ATTACHMENT(S)

Attachment A – Update on the Aging Roadmap and the County's Aging Initiatives

DRAFT

SUBJECT: RECEIVE UPDATE ON THE AGING ROADMAP AND THE COUNTY'S AGING INITIATIVES (DISTRICTS: ALL)

AGENDA ITEM INFORMATION SHEET

REQUIRES FOUR VOTES: Yes No

WRITTEN DISCLOSURE PER COUNTY CHARTER SECTION 1000.1 REQUIRED

Yes No

PREVIOUS RELEVANT BOARD ACTIONS:

March 2, 2021 (13), launch In-Home Supportive Services education campaign; February 9, 2021 (6), approve expansion of respite care hours for family caregivers; July 7, 2020 (07), approve AIS Area Plan 2020 – 2024; October 29, 2019 (02), launch Neighborhood Evacuation Team (NET) Program; September 24, 2019 (4), launch a Roadmap for Aging in San Diego County; May 21, 2019 (20), develop an enhanced employment program, Jay's Program, for individuals with disabilities; January 9, 2019 (8), waiver of development impact and permit fees of accessory dwelling units; May 15, 2018 (6), receive and approve submittal of Age Well San Diego Action Plan; April 24, 2018 (02), launch Respite Voucher Program for family caregivers of persons with ADRD; March 1, 2016 (3), direct CAO to submit a membership application to join the AARP® Network of Age-Friendly Communities; May 6, 2014 (5), launch the Alzheimer's Project

BOARD POLICIES APPLICABLE:

N/A

BOARD POLICY STATEMENTS:

N/A

MANDATORY COMPLIANCE:

N/A

ORACLE AWARD NUMBER(S) AND CONTRACT AND/OR REQUISITION NUMBER(S):

N/A

ORIGINATING DEPARTMENT: Health and Human Services Agency

OTHER CONCURRENCE(S): N/A

CONTACT PERSON(S):

Kimberly Gallo
Name
858-505-6329
Phone
Kimberly.Gallo@sdcounty.ca.gov
E-mail

Naomi Chavez
Name
858-495-5251
Phone
Naomi.Chavez@sdcounty.ca.gov
E-mail



UPDATE ON THE AGING ROADMAP AND THE COUNTY'S AGING INITIATIVES

September 14, 2021

Launched at the direction of the San Diego County Board of Supervisors (Board) on September 24, 2019 (04), the Aging Roadmap is the County of San Diego's (County) plan to ensure that the region has communities and programs that support the needs and celebrate the contributions of the growing population of older adults in the San Diego region. The Aging Roadmap identifies goals and action steps in ten priority areas:

- Health and Community Support
- Housing
- Social Participation
- Transportation
- Dementia-Friendly
- Caregiver Support
- Safety
- Preparedness and Response
- The Silver Economy
- Medical and Social Services

The Aging Roadmap is the product of multiple phases of community input and collaboration. On March 3, 2016, the Board directed the Chief Administrative Officer to apply to AARP® California to join the AARP® Network of Age-Friendly Communities. This initiated a two-year community input process which resulted in identification of the first five priority areas listed above. These five priority areas comprise Age Well San Diego, the County's AARP® age-friendly initiative. The Age Well Action Plan was approved by the Board on May 15, 2018 (6). Teams of community members, experts, and County staff were created to develop and implement goals in each of the five priority areas. In 2019, the Aging Roadmap was conceptualized as a broader framework to encompass all County programs for older adults and individuals with disabilities. Additional community input was garnered, and the remaining five priority areas were identified, completing the Aging Roadmap's ten priority areas.

In 2020, the Aging Roadmap was adopted as the organizational framework for the Health and Human Services Agency, Aging & Independence Services' (AIS) Area Plan 2020-2024, approved by the Board on July 7, 2020 (07), which identifies the priorities and direction for County activities on behalf of older adults. As part of the development of the Area Plan, County staff solicited community input through nine public feedback forums; this feedback was integrated into the Area Plan and now informs AIS programs and services. With the rise of COVID-19, another round of outreach was conducted in 2020, including a questionnaire with senior food service providers, interviews with disability service providers, and calls to over 20,000 older adults and residents with disabilities in the In-Home Supportive Services (IHSS) program. This outreach informed the development of new programs and the adaptation of current programs to address current and anticipated long-term impacts of the COVID-19 pandemic on older adults.



In June 2021, The National Association of Counties granted the County of San Diego a 2021 Achievement Award for the Aging Roadmap in the category of Community and Economic Development. In July 2021, the National Association of Area Agencies on Aging awarded the County an Aging Innovation Award in the category of Community Planning & Livable Communities. These awards honor innovative, effective programs that strengthen services for residents, and recognize the Aging Roadmap as a model for other jurisdictions across the nation.

Equity in Aging

Recognizing the diversity of the county's population, including the strong cultural traditions and the need to address systemic inequities faced by communities of color, principles of equity are incorporated across all ten Aging Roadmap priority areas. AIS continually reviews its programs and services through an equity lens and takes steps to ensure services are equitable and accessible. For example, the Age Well San Diego teams began development of a Strategic Plan to Advance Equity in Aging. The Plan will include strategies for integrating equity into all aspects of Age Well San Diego, the County's AARP® age-friendly initiative, from team membership to program development and resource dissemination. In summer of 2021, each of the five Age Well San Diego community teams began discussions to obtain community feedback on how to apply principles of equity and inclusion into new and existing Age Well goals. Next steps include providing training opportunities for team members and developing tools to help teams apply an equity lens to programs and resources. The Aging Roadmap offers a guiding framework to help reimagine services and supports and ensure that older adults are acknowledged and equitably included as co-creators of safe and thriving communities.

PROGRESS IN PRIORITY AREAS

Health and Community Support

The Age Well Health and Community Support Team envisions communities that offer accessible health and community services, technology to support aging in place, and village-like support systems.

- *Technology to Support Aging in Place:*
A key goal of the Age Well Health and Community Support Team is to increase access to technology that supports aging in place. In partnership with San Diego Oasis, a nonprofit focusing on continued learning, the Age Well Health and Community Support Team held a Virtual Get Connected Technology Fair in October 2020 aimed at increasing older adults' access to and understanding of technology. With over 2,500 participants, the Technology Fair was a success. The Age Well Health and Community Support Team will partner again with San Diego Oasis to hold a virtual Technology Fair in fall 2021.
- *Tech for Seniors Pilot Program:*
To address social isolation among older adults, the South County Action Network, a community group coordinated by County staff, received a grant from the Community Congregational Development Corporation for a pilot project to provide iPads and technology training to 60 older adults living in low-income senior housing communities in



Chula Vista. The Tech for Seniors Pilot provides participants with an iPad, which they can keep upon completion of the six-month program. The project is a bilingual effort, with older adults having the option to receive instruction and materials in either English or Spanish. The first cohort started in spring 2021 and will complete the program in October 2021. Program outcomes will be analyzed and evaluated for potential program expansion as resources allow.

- *Villages:*

There is increasing support at the state and national level to promote local villages that help meet the needs of community dwelling older adults. A “village” is a social support network aimed at helping older adults age in place by offering a range of practical support services such as rides to medical appointments, assisting with household chores, and coordinating social activities. Building off the momentum of two “Village Symposiums” held by the Health and Community Support Team in 2019, research was conducted in 2020 to better understand San Diego’s six existing villages, including their resources and challenges. Based on feedback from interviews with village leaders and village member survey responses, the Health and Community Support Team hosted a Village Summit in March 2021 to provide village leaders and members with an opportunity to network and share best practices. Over 60 participants attended. Next steps include creating a Village Advisory Council and a repository of village resources.

Housing

The Age Well Housing Team envisions communities that offer a variety of affordable housing options within walking distance to shops and services.

- *Affordable Housing Presentation:*

An age-friendly community is one where people of all ages have access to affordable and safe housing. The Age Well Housing Team engaged housing experts, community members, and local partners in designing a presentation to educate community members about the need for affordable housing and solutions to the housing supply and affordability crisis in San Diego County. The presentation uses value-based messages of equity and fairness, and highlights how affordable housing benefits community stability. The presentation, along with other educational materials on affordable housing strategies, was presented at the American Society on Aging Conference in April 2021 and will be offered to community groups throughout the county. This work supports the County’s 2011 General Plan goal to promote the production and acceptance of affordable housing through educational outreach to developers, non-profit housing groups, the public, community groups, other jurisdictions, and County staff.

- *Home Safe Grant:*

The Home Safe grant provides \$500,000 in State funding over two years to support AIS’ Adult Protective Services (APS) efforts in identifying clients at risk of homelessness and connecting them with housing navigation services. Additionally, the Home Safe grant provides funding for rapid re-housing of older adults involved in Adult Protective Services.



The program began July 1, 2019 and as of November 30, 2020, Home Safe served 117 clients from the APS program who were at risk of homelessness.

Social Participation

The Age Well Social Participation Team envisions a livable community for all ages that values respect and social inclusion. Focus areas include intergenerational programs; leadership and civic engagement opportunities; and programs for people who are isolated, have dementia, or do not speak English. State and County Public Health Officer Orders that required social distancing and sheltering-in-place during the COVID-19 pandemic made social isolation a priority issue and the Age Well Social Participation Team responded with new resources and programs.

- *Reaching Isolated Seniors:*

The Age Well Social Participation Team developed a “Get Connected” toolkit with resources to engage and support isolated older adults. The toolkit, available in Spanish and English, provides older adults with information about recreational, educational, and volunteer opportunities that are safe and accessible during the COVID-19 pandemic. The toolkit was released in November 2020 and has been widely disseminated on County websites and to community partners, such as Meals on Wheels San Diego County.

- *Intergenerational Programs:*

To address social isolation during the COVID-19 pandemic, a virtual Intergenerational Book Discussion Group was launched in partnership with the San Diego County Library, Poway Branch. Community older adults were invited to participate, along with students from San Diego State University. The Book Group had nine participants and three virtual meetings were held in fall of 2020 to discuss racial justice issues raised in the book, *They Called Us Enemy*, by George Takei. Two other intergenerational pilot programs, launched in spring 2020, also continued. The Intergenerational Virtual Chat Groups connect elders with college and high school students through weekly chats over five weeks. Four cohorts with a total 65 participants engaged in the virtual chat program, with several participants opting to join more than one cohort. The Letter Campaign (TLC) Project engages college and high school students to write letters to older adults living in low-income and memory care communities.

Transportation

The Age Well Transportation Team envisions communities where older adults can get around even if they can no longer drive.

- *Increasing Transportation Access for Arabic Speakers in El Cajon*

El Cajon is home to a large Iraqi refugee population. Many older adults in this community suffer from Post-Traumatic Stress Disorder and social isolation, and fear leaving their communities due to cultural and language barriers. Despite living less than 20 miles from the coastline, some Iraqi older adults have never ventured outside El Cajon to see the beach or the City of San Diego. The Age Well Transportation Team collaborated with Circulate San Diego; San Ysidro Health, Program of All-inclusive Care for the Elderly; Union of Pan Asian Communities, Elder Multicultural Access and Support Services; Metropolitan Transit Services (MTS); and the City of El Cajon to develop an AARP® Community Challenge



Grant proposal to familiarize Iraqi older adults with the local public transit system and increase confidence to use the system independently. The grant funded the creation of an online resource library, launched in November 2020. The transit resources, all translated into Arabic, include a public transit “How-To” video, five flyers on topics such as trip planning and Compass Cards, and a transit map that highlights El Cajon amenities and services. The Age Well Transportation Team will continue to identify transportation-challenged communities and work to increase access.

- *Ride Well to Age Well Guide, COVID-19 Edition:*
In response to the need for up-to-date information about transportation services during the pandemic, the Age Well Transportation Team partnered with Facilitating Access to Coordinated Transportation (FACT), MTS, North County Transit District, and the Council on Access and Mobility to create a COVID-19 transportation guide for older adults. The Guide catalogues transportation options by region with information on costs, area of service, contact information, and changes in service due to COVID-19. The Guide also explains how to use popular ride share services and mobile phone applications like Uber and Lyft. The Guide was widely disseminated on County websites, FACT’s website, and by other community partners. The Age Well Transportation Team will continue to make and distribute regular updates to the Guide.
- *Video on Safe Use of Public Transportation:*
Many older adults and individuals with disabilities rely on public transit as their only source of transit but are fearful of using transit due to COVID-19-related concerns. To educate older adults on best practices for using public transit, the Age Well Transportation Team developed a video based on Centers for Disease Control and Prevention (CDC) recommendations for safe use of public transit. The Age Well Transportation Team partnered with the San Diego Center for the Blind to make the video inclusive of individuals with vision loss, who face additional challenges using public transit. The video was released in February 2021 and shared on County websites, telebriefings, and through community partners.

Dementia-Friendly

While there is currently no cure for Alzheimer’s Disease and Related Dementias (ADRD), communities can improve the quality of life for people living with dementia and their caregivers. The Age Well Dementia-Friendly Team envisions a community that is informed, safe, and inclusive of individuals living with dementia. To advance its dementia-friendly vision, the Age Well Dementia-Friendly Team includes representatives from dementia service organizations in the San Diego region such as Jewish Family Service, Alzheimer’s San Diego, and Alzheimer’s Association San Diego Imperial Chapter.

- *San Diego Healthy Brain Initiative:*
In January 2020, the Health and Human Services Agency (HHS) applied for and received a \$750,000 grant from the California Department of Public Health to work on local implementation of the national Healthy Brain Initiative goals. The grant objectives build



upon The Alzheimer's Project and support Aging Roadmap goals. Healthy Brain Initiative goals are to:

1. Develop an updated prevalence estimate for ADRD in the San Diego region;
2. Integrate ADRD into local public health planning;
3. Develop tools for clinicians to educate patients about brain health and cognitive impairment;
4. Raise awareness of the risk of abuse for individuals with dementia;
5. Educate caregivers on dementia resources;
6. Work with health systems to implement sustainable policies and procedures for best practices in clinical care.

The two-year grant term began July 2020. Progress on deliverables is led by Alzheimer's Project teams and initial accomplishments are outlined below.

- *Alzheimer's Project:*

On May 6, 2014 (05), the Board established the Alzheimer's Project, an initiative designed to advance research for a cure, support caregivers, improve clinical care, and increase public awareness about Alzheimer's throughout the San Diego region. Since September 2020, some of the major accomplishments include:

- *Collaboration4Cure:*

Collaboration4Cure, the Alzheimer's Project committee focused on research, has selected and supported 14 research projects aimed at identifying a potential cure since inception in 2015. The results of the most promising of these local research projects have been successfully leveraged to secure four larger research grant awards, totaling \$6.6 million, from the National Institutes of Health. Collaboration4Cure is currently assisting three active projects that are developing translational research grant proposals to be submitted to the National Institute of Health. Next steps include recruiting new team members and soliciting new projects and funding sources.

- *Clinical Roundtable:*

Physicians representing the county's major health systems collaborated to develop the *Physician Guidelines for Screening, Evaluation, and Management of ADRD* in 2016 to assist primary care physicians in supporting those impacted by dementia. In the fall of 2020, the Clinical Roundtable developed subcommittees to address caregiver support, update the Physicians' Guidelines, and expand their mission to include promoting brain health throughout the lifespan. The group developed new tools for local clinicians including:

- a patient handout on healthy brain activities such as exercise, nutrition, and social engagement, to be given to patients with risk factors for cognitive impairment, such as hypertension;
- patient information on local Alzheimer's and caregiver resources, to be given to patients upon check-out;
- exam room poster to encourage patients to talk with their doctor about cognitive changes and get screened.



Developed with input from community members, the tools will be translated into threshold languages.

- *Care Roundtable:*

- Dementia-Friendly Activities Toolkit:*

- Families and caregivers play a critical role in helping people with dementia stay physically and mentally active. However, finding appropriate activities can be a challenge. To address this need, the Age Well Dementia-Friendly Team created a toolkit to provide caregivers with accessible ideas for engaging their person living with dementia. The guide introduces dementia-friendly practices to help caregivers with communication strategies and offers activity adaptations for different levels of dementia progression. Activities meet a variety of interests including art, music, physical activity, cooking, gardening, and more. The Toolkit has been translated into Spanish, and both the English and Spanish version are available online for download by service providers and the community at large.

- Dementia Communication Tip Card:*

- The Age Well Dementia-Friendly Team developed a dementia communication tip card, which was designed to help caregivers facilitate positive and compassionate interactions between the person with dementia and members of the community. This card, which is designed to fit in your wallet or pocket, has been translated into all the threshold languages including Arabic, Spanish, Tagalog, and Vietnamese. This resource is available online for download by service providers and the community at large, in all threshold languages.

- *Public Awareness & Education:*

- Resources for the Alzheimer's Project can be found at www.sdalzheimersproject.org. The Alzheimer's Project website was updated with additional resources for caregivers (Dementia Friendly Activities Toolkit and Dementia Communication Tip Card in multiple languages) and the 2021 Alzheimer's Project Report. In April 2021, Outreach and Education staff coordinated a virtual presentation on dementia for community members. The Age Well Dementia-Friendly Team also continued to promote Dementia Friends, a global initiative developed by the Alzheimer's Society with the goal of helping community members understand dementia and how to have a positive impact on the lives of people living with the disease. County staff transitioned the Dementia Friends Session into a virtual workshop. The first virtual Dementia Friends Session was hosted for the Fall Prevention Task Force in spring 2021 and Dementia Friends Sessions are continuing to be promoted and held for groups across the county.

Caregiver Support

The COVID-19 pandemic created new and varied challenges for caregivers. Most adult day care centers closed, and home care companies had challenges with finding home care aides who were available and willing to provide hands-on care. Therefore, many family caregivers assumed additional responsibilities. Other family caregivers were unable to see loved ones in long-term care facilities. Activities within the Age Well Caregiver Support priority work toward providing



caregivers access to the support and resources necessary to provide responsive care to older adults, while also tending to their own well-being.

- *Ongoing Caregiver Support:*
AIS works with trusted community partners to deliver the federally funded Family Caregiver Support Program (FCSP). The FCSP offers services including counseling, skills training, respite care, minor home modification, legal services, and supports for grandparents raising grandchildren. Respite care services have been especially important during the COVID-19 pandemic due to the increased burden on family caregivers. Southern Caregiver Resource Center, the largest FCSP provider which provides approximately 15,000 hours of respite care to 320 families annually, found that demand for these services increased by nearly 80%. To respond to this increasing demand, on February 9, 2021 (06), the Board approved the use of CARES Act funding from the California Department of Aging to expand respite care hours for family caregivers. From July 2020 to April 2021, over 14,500 hours of respite care were provided to 710 families.
- *Respite Voucher Programs for Caregivers of People Living with Dementia:*
On April 24, 2018 (02), the Board directed the Chief Administrative Officer to explore expanding the County's efforts with respite care for caregivers of people living with Alzheimer's Disease and related dementias. In 2019, AIS launched a \$1.0 million Respite Care Voucher program to provide relief to family caregivers of persons with ADRD. Through this program, the family pays for 50% of the cost of care and the County covers the remaining cost. To date, more than 3,000 clients have been served.
- *Caregiver Coalition:*
The Caregiver Coalition is facilitated by County staff and aims to make caregiving less stressful through support and education. To respond to new challenges faced by caregivers during COVID-19, the Caregiver Coalition hosted virtual webinars on topics such as scams, mental health, and nutrition. In September 2020, the Caregiver Coalition hosted a two-day conference on self-care during the pandemic; 85 participants attended. In December 2020, the Caregiver Coalition, in partnership with the National Alliance on Mental Illness San Diego, hosted a virtual conference, "Improving Mental Health During COVID-19 and the Holidays." Participants learned about resilience and mental health resources. In April 2021, a two-day conference on "Caregiving for a Person with Alzheimer's Disease or Related Dementia" was held in partnership with Alzheimer's Association San Diego Imperial Chapter, Alzheimer's San Diego, Parkinson's Association of San Diego, and Southern Caregiver Resource Center.
- *Grandparents Raising Grandchildren:*
The Aging Roadmap recognizes and aims to support a wide spectrum of caregivers, including the critical caregiving role filled by grandparents raising grandchildren. Quarterly virtual meetings of the Grandparents Raising Grandchildren Workgroup, a task force comprised of County and community partners, continue to be held to discuss the unique challenges facing kinship families during the pandemic and resources to support these families. In fall 2020, HHSA partnered with the County's Department of Parks and



Recreation to host a drive-by event to distribute school supplies and provide other helpful items to support kinship families. Approximately 70 caregivers attended.

Safety

The vision for this priority area is that older adults and persons with disabilities are safe in their own homes and community.

- *Ombudsman:*
Long-Term Care Ombudsman volunteers advocate to improve the safety and quality of life for seniors and individuals with disabilities who reside in nursing homes and residential care facilities in San Diego County. The program is mandated by the federal government under the Older Americans Act and serves the residents living in the 1,300 facilities across San Diego County. A team of 64 certified volunteers and 10 staff identify, investigate, and resolve complaints made by, or on behalf of, the residents. Volunteers engage in tasks such as visiting facilities to monitor and address issues; meeting with residents to offer assistance; investigating issues of poor care, neglect, or abuse; advocating for resolution of complaints; and providing education on resident rights. Despite the restrictions on in-person visits during the COVID-19 pandemic, from July 2020 to July 2021, Ombudsman completed 1,464 facility visits and Ombudsman volunteers donated 1,365 hours.
- *Alzheimer's Response Team (ART):*
ART is the result of a public-private partnership between the County, local health systems, local law enforcement, and community-based organizations. When people with Alzheimer's disease and related dementias are experiencing crisis, ART provides assistance through education, care coordination, and securing ongoing support for persons with dementia and their families, with the goal of preventing unnecessary admissions to jail or hospital emergency departments. In an effort to reach more people in San Diego, the ART Program has expanded through partnerships with La Mesa and Escondido Police Departments and the continued support of the County Sheriff's Department, including areas served by the Rancho San Diego station, such as Imperial Beach and Lemon Grove. All three law enforcement agencies and fire department personnel have been trained on ART procedures. Since 2015, the ART program has served 86 families and has proven to be an important and necessary safety net for people living with dementia and their loved ones.

Preparedness and Response

This priority area works to ensure older adults and their caregivers are prepared to be safe during disasters.

- *Personal Disaster Plan for People Who May Need Assistance:*
The County Office of Emergency Services (OES) understands that older adults, people with disabilities, and people with other access and functional needs are disproportionately affected during times of disaster. AIS partnered with OES to develop the Personal Disaster Plan for People Who May Need Assistance. The Personal Disaster Plan was released in November 2020 and is now available in 12 languages and an audio version on the ReadySanDiego.org website. It addresses best practices to prepare for emergencies



including fires, pandemics/influenza, earthquakes, flooding, power outages, and extreme heat advisories. A press event was held in July 2021 to promote the Personal Disaster Plan.

- *Neighborhood Evacuation Team (NET) Program:*
On October 29, 2019 (02), the Board authorized OES to launch the NET program in partnership with Community Emergency Response Teams (CERT) to address the need to help older adults, people with disabilities, and people with other access and functional needs to prepare for safe and quick evacuation in emergencies. People who seek assistance will be guided by a CERT volunteer to make their own personalized plan using the Personal Disaster Plan for People Who May Need Assistance. AIS will continue to partner with OES to provide information and resources on the needs of this vulnerable population and assist in outreach and education to bring community members into the NET Program.

Silver Economy

This priority area envisions a skilled and diverse workforce and ample opportunities for older adults to work and volunteer.

- *Volunteer Opportunities for Older Adults:*
In order to help older adults connect virtually during the COVID-19 pandemic, adaptations were made to existing volunteer engagement programs, such as Senior Volunteers in Action (SVA) and the Retired and Senior Volunteer Program (RSVP). Some volunteers met virtually with families to provide support, while others made welfare check telephone calls to isolated seniors in partnership with local law enforcement sites. County staff reached out to volunteer sites to offer support and provide suggested adaptations due to COVID-19. To honor our extraordinary senior volunteers, three drive-thru volunteer recognition events were held in September 2020. Over 230 volunteers from SVA and RSVP attended and received a catered lunch and goody bag. Each event was followed by a virtual ceremony to recognize the volunteers' contributions to the community.

Medical and Social Services System

The vision for this priority area is care coordination among medical and social services providing proactive, seamless, prevention-focused, and responsive support.

- *COVID-19 Support and Resources:*
As part of the County's COVID-19 Response – Education and Outreach Branch, AIS staff served as the lead for the Older Adult and Disability Provider Sector. This Sector provides timely public health guidance and resources to older adults and individuals with disabilities, and their family members, caregivers, and service providers regarding COVID-19 prevention, testing, treatment, vaccines, and caregiving. Telebriefings were conducted bi-weekly for the first three months of the pandemic (March-June 2020), and monthly thereafter. Specially crafted emails with resources relevant to older adults are disseminated weekly to over 6,000 community stakeholders. The Older Adult and Disability Service Provider Sector page on coronavirus-sd.com and the AIS website (aging.sandiegocounty.gov) are updated regularly with relevant COVID-19 resources. To facilitate vaccinations for individuals who are disabled or homebound, AIS staff identified needs and coordinated with community partners to host



vaccine clinics. AIS staff received and processed over 2,000 referrals for homebound vaccines from 2-1-1 San Diego and the California Department of Public Health's My Turn program, connecting the referred individuals with vaccination providers.

- *In-Home Supportive Services (IHSS):*
There are approximately 30,000 IHSS recipients, including disabled children and adults of all ages, who receive personal care assistance to help them remain in their homes. In response to the COVID-19 pandemic, IHSS staff completed 20,449 welfare check calls in spring 2020, starting with the most at-risk clients. Clients in need were referred to resources for food and medications. On March 2, 2021 (13), the Board approved an education campaign to share via County communications, including an accessible County website, to highlight the IHSS program and clearly outline for the public the eligibility requirements and how to obtain services. Public Authority, which oversees the caregiver aspects of IHSS including recruitment, training, and payment, has increased recruitment efforts for caregivers in communities where they are most needed.
- *Food Resources:*
To meet increasing food needs, AIS increased meal recipients via contracts with Jewish Family Service and other providers, from approximately 4,000 clients pre-COVID to approximately 7,000 clients, and tripled the number of meals served from approximately 100,000 per month pre-COVID, to over 300,000. AIS also staff implemented and coordinates the Great Plates Delivered: Home Meals for Seniors program, which serves over 5,300 seniors, three meals a day, in collaboration with 41 contracted local restaurants. On August 4, 2020 (3), this Board approved allocation of CARES Act funding to establish the Great Plates Delivered 2.0: Dinner Delivered program. This program, in effect from August 2020-January 2021, provided one home delivered meal each day for 1,248 residents with disabilities and older adults who did not qualify for the original Great Plates Delivered program. In addition, to meet needs for home delivered food boxes among residents with disabilities and older adults, AIS partnered with 2-1-1 San Diego, FACT, American Red Cross, The Jacobs & Cushman San Diego Food Bank, and Feeding San Diego to create Operation FACT Food. Through Operation FACT Food, partners provided in-kind support to deliver food boxes to more than 2,600 households since April 10, 2020. This program is now coordinated by the Rock Church.
- *Seniors Come First at Geriatric Emergency Departments:*
Going to the emergency department (ED) can be a stressful experience for older adults who are frail or living with dementia. The San Diego Senior Emergency Care Initiative (Initiative) aims to improve older adults' experience and outcomes in EDs by supporting Geriatric Emergency Department Accreditation for EDs across the San Diego region. These EDs will provide care that is tailored to the unique needs of the over-60 population by modifying the physical environment, adding senior-specific protocols, and providing staff with special training. The Initiative is a public-private partnership involving the County, the West Health Institute, and the region's major health systems. The Initiative, funded with grants and support from the County and the West Health Institute, makes San Diego County poised to be the first county in the nation to offer accredited senior-friendly emergency care for older adults across the region. A



contract was executed with the Hospital Association of San Diego and Imperial Counties (HASD&IC) to coordinate the project. To date, 16 of the 18 participating San Diego Emergency Departments have applied for accreditation, with the other two (Navy Medical Center San Diego and Navy Hospital Camp Pendleton) on hold due to the pandemic. Nine Emergency Departments have received accreditation and the remainder are pending review. The review process involves an online application, evaluation by a team of physician reviewers, and a site visit.

Additional Accomplishments

- *Age-Friendly Regional Collaborations:*
The County was the first jurisdiction in the San Diego region to launch an age-friendly action plan and has since collaborated with local municipalities to provide technical support and promote age-friendly efforts across the region, including the cities of Chula Vista, La Mesa, and San Diego. Age Well San Diego leaders have presented at local, state, and national conferences to share Age Well San Diego practices and successes.
- *Emerging Filmmaker Fellowship:*
The sustainability and success of regional age-friendly efforts depends on continued community member engagement and support from community leaders. In January 2021, Age Well San Diego team leaders applied for and received a \$50,000 grant from the San Diego Foundation to develop and implement the Emerging Filmmaker Fellowship to raise awareness about local age-friendly projects. The mission of the Fellowship is to promote age-friendly initiatives across the region by engaging college student filmmakers to create short films highlighting the importance of age-friendly community work, including positive impacts for low-income and underserved older adults. Ten students were selected to receive a stipend of \$2,000, training on age-friendly initiatives, filmmaking mentorship, and access to equipment. The students' films will be debuted at an Age Friendly Film Festival in November 2021. The Fellowship is led by Media Arts Center San Diego, in partnership with AIS, The San Diego Foundation, AARP®.

Partners

The accomplishments of the Aging Roadmap are the product of valued partnerships, including collaborations across multiple County departments: AIS, Planning & Development Services, Public Health Services, Housing and Community Development Services, Public Works, the Sheriff's Department, the District Attorney, County Libraries, and the Office of Emergency Services. In addition, some of the many community partners who have joined Aging Roadmap efforts include 2-1-1 San Diego, AARP®, Aging 2.0, Alliant University, Alvarado Hospital, Alzheimer's Association San Diego Imperial Chapter, Alzheimer's San Diego, Circulate San Diego, City of San Diego Public Library, Dementia Friends California, ElderHelp of San Diego, Facilitating Access to Coordinated Transportation, George G. Glenner Alzheimer's Family Centers, Inc., Jewish Family Service, Meals on Wheels San Diego County, Metropolitan Transit System, North County Transit District, San Diego Oasis, San Diego Seniors Community Foundation, Retired Employees of San Diego County, San Diego Association of Governments, San Diego Housing Federation, San Diego State University, Southern Caregiver Resource Center,



University of California San Diego, Union of Pan Asian Communities, Village Core, Village Movement California, and the West Health Institute.

DRAFT

Auxiliary Liaison Written Reports

| CAREGIVER COALITION | | | |
|--|-----------------|-------------|--|
| COUNCIL CONTACT | Ethel Larkins | TIME PERIOD | |
| FALL PREVENTION (FP) | | | |
| COUNCIL CONTACT | Martha McCarthy | TIME PERIOD | |
| HEALTH PROMOTION (HP) | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | |
| IHSS ADVISORY COMMITTEE | | | |
| COUNCIL CONTACT | LaRue Fields | TIME PERIOD | |
| SVA / RSVP | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | |
| ECAN | | | |
| COUNCIL CONTACT | Lorelei Taylor | TIME PERIOD | |
| NORCAN | | | |
| COUNCIL CONTACT | Linda Prager | TIME PERIOD | |
| SANDI-CAN | | | |
| COUNCIL CONTACT | Monica Flynn | TIME PERIOD | |
| SoCAN | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | |
| EAST COUNTY IG COMMUNITY COUNCIL | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | |
| NORTH COUNTY IG COMMUNITY COUNCIL | | | |
| COUNCIL CONTACT | Susan Mallett | TIME PERIOD | |
| AGE WELL SAN DIEGO – DEMENTIA FRIENDLY | | | |
| COUNCIL CONTACT | Wanda Smith | TIME PERIOD | |
| AGE WELL SAN DIEGO – HEALTH & COMMUNITY SUPPORT | | | |
| COUNCIL CONTACT | Joe Garbanzos | TIME PERIOD | |

| AGE WELL SAN DIEGO – HOUSING | | | |
|--|---------------|-------------|-----------|
| COUNCIL CONTACT | Paul Ling | TIME PERIOD | June 2021 |
| County Behavioral Health Services serves over 6,000 senior cases each year (60-69: 74%, 70-79: 18%, 80+: 8%), and also operate approximately 50 housing units for their clients. Section 8 housing has an 11 year wait list; Veterans and those experiencing homelessness are prioritized. | | | |
| AGE WELL SAN DIEGO – SOCIAL PARTICIPATION | | | |
| COUNCIL CONTACT | Susan Mallett | TIME PERIOD | |
| | | | |
| AGE WELL SAN DIEGO – TRANSPORTATION | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | |
| | | | |
| ALZHEIMER’S CARE ROUNDTABLE | | | |
| COUNCIL CONTACT | TBD | TIME PERIOD | |
| | | | |
| CALIFORNIA SENIOR LEGISLATURE | | | |
| COUNCIL CONTACT | Susan Mallett | TIME PERIOD | |
| | | | |