



Advisory Council for Aging & Independence Services

November 8, 2021 | 12:00 p.m.

Virtual Meeting

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

Click here to [Join Zoom Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** John Osborne, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 12)
2. **Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)** (Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of October 11, 2021 Meeting Minutes (Action)*
4. **Guest Speaker**
 - a. Southern Caregiver Resource Center: Roberto Velasquez, President and CEO
5. **AIS Director's Items** (Possible action)
 - a. Board Letters: N/A
 - b. AIS Director's Update
 - c. Legislative Update
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: John Osborne, Chair
 - i. Standing Subcommittee Appointments
 - a) Executive & Membership Subcommittee: Appointment of Susan Mallett to Secretary (Action)
 - ii. Auxiliary Subcommittee Appointments
 - a) East County Action Network (ECAN): Accept resignation of Lorelei Taylor (Action)
 - b. Membership Report: Secretary
 - i. Accept Resignation of Jack Miller (Action)
 - ii. Appoint Bradlyn Mulvey to partial term (Action)
 - a) Seat #22, effective immediately, to expire 7/8/2023



- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Vargas [Garbanzos/Larkins] 11/18/2021
 - ii. District #2: Anderson [Splitgerber/Nocon] 8/24/2021
 - iii. District #3: Lawson-Remer [King/Osborne] 3/4/2021
 - iv. District #4: Fletcher [Villafana/Flynn] TBD (2021)
 - v. District #5: Desmond [Simon/Weber] 1/14/2021

7. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 7/15/21): Joe Garbanzos, Chair
- b. Healthy Aging (met 11/4/21): Wanda Smith, Chair
- c. Housing (met 11/4/21): Paul Ling, Chair
- d. Nutrition (met 11/2/21): Susan Mallett, Chair

8. **Auxiliary Liaison Written Reports** {See Addendum}*

9. **Other Announcements**

- a. CSL Caucus Report: Susan Mallett, Local Caucus Chair*

10. **Adjournment & Next Meetings:**

When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123
Virtual meeting details are included on agendas at [Advisory Council \(sandiegocounty.gov\)](http://sandiegocounty.gov)

Council Meeting: December 13, 2021, 12:00 p.m.

Future Subcommittee Meetings:

➤ LTC Ombudsman/Facilities:	11/18/2021	10:30 a.m.	[3 rd Thursdays]	Virtual
➤ Executive & Membership:	11/29/2021	10:30 a.m.	[4 th Mondays]	Virtual
➤ Nutrition:	11/30/2021	1:00 p.m.	[1 st Tuesdays]	Virtual
➤ Healthy Aging:	12/2/2021	10:00 a.m.	[1 st Thursdays]	Virtual
➤ Housing:	12/2/2021	12:00 p.m.	[4 th Thursdays]	Virtual

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, October 11, 2021 | 12:00pm – 2:00pm
Call in: 1 (669) 900-9128
Meeting ID (access code): 992 5390 3588 | Passcode: 251412

MINUTES – DRAFT

Members		Absent Members		Guests
Attendance	Judi Bonilla Morgan Cadmus Faye Detsky-Weil La Rue Fields Monica Flynn Joe Garbanzos Stephen Huber Shirley King Ethel Larkins Paul Ling	Susan Mallett Martha McCarthy Molly Nocon John Osborne Jacqueline Simon Wanda Smith Thomas Splitgerber Lorelei Taylor Darlene Weber	Chris Maeoka Jack Miller Paul Monarrez Luz Villafana	Jacqueline Jackson (California Commission on Disability Access) Thomas Johnson (PA) Bradlyn Mulvey (Tierrasanta Village of San Diego)
Distinguished Merit Recipients		Staff		
		Kim Gallo Jennifer Sovay Brynn Viale Kristen Smith	Jana Jordan Mary Grace Sadile Samantha Hasler Kendall Bremner	
Item	Outcome			
1. Call to Order	John Osborne, Chair, 12:00pm a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: 19 present at this time.			
2. Authorization of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)	a. Executive Order 29-20, which allowed local or state bodies to participate in meetings remotely, ended on September 30, 2021. Effective October 1, 2021 Assembly Bill (AB) 361 amends government code 54593 to add sub-section e, which allows suspension of general teleconferencing rule if there is a proclaimed state of emergency and state or local officials have imposed or recommended measures to promote social distancing. <ul style="list-style-type: none"> • On September 23, Dr. Wooten (Public Health Officer) released a health recommendation stating that utilizing teleconferencing options for public meetings is effective and a recommended social distancing measure to facilitate participation in public affairs. • AB 361 requires renewal of resolution every 30 days. b. Approval of Authorization of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e) (Action): [M/S – S. Mallett/S. Huber (Passed with 19 votes)]			
3. Standard Business	a. Public Comments/Announcements: Members or non-members <ul style="list-style-type: none"> • J. Osborne announced resignation of P. Saracen. J. Garbanzos to chair the LTC Ombudsman/Facilities subcommittee in her place. • J. Garbanzos shared the creation of LTC Insurance Task Force. • E. Larkins shared that she and J. Garbanzos met with Vice Chair, Nora Vargas, in September. b. Approval of September 13, 2021 Meeting Minutes (Action): [M/S – L. Fields/E. Larkins (Passed with 19 votes)]			
4. Guest Speakers	a. San Diego Oasis, Jolyn Parker, Vice President of External Relations. Highlights included: <ul style="list-style-type: none"> • Mission is to prevent isolation, loneliness, sedentary behaviors, and associated declines in older adults and seniors by offering opportunities to stay relevant, healthy, and involved. • Offers in-person and virtual comprehensive, interactive experiences and learning. • Oasis Innovation Center opening in January 2022. • Get Connected: Technology Fair for Adults 50+ will be on November 4th & 5th. b. Health and Community Engagement Team, Kristen Smith, Chief of Agency Operations. Highlights included: <ul style="list-style-type: none"> • Provided updates on: COVID-19 resources and vaccinations, the Great Plates program, the Aging Roadmap (including Personal Disaster Plan, Dementia initiatives, housing, caregiver support, and senior volunteer programs). • AIS website revamped during the summer of 2021. 			

	<ul style="list-style-type: none"> Virtual Aging + Equity Workshop on October 20, 2021. 																																			
5. AIS Director's Items (possible action)	<p>a. AIS Directors Update:</p> <ol style="list-style-type: none"> AIS is partnering with San Diego Oasis for their 9th annual Get Connected: Technology Fair on November 4th and 5th. AIS continues to work closely with Public Authority to respond to the Board's interest in advocating for changes in the IHSS program, particularly related to ensuring that there are enough Individual Providers available to support the growing aging population and ensure that more individuals can remain safely in their homes. The Ombudsman Program continues to respond to changing policies and regulations, including that volunteers provide proof of vaccination and weekly testing, as well as increased hours of training to maintain certification status. K. Gallo to speak at the County Welfare Directors Association of California (CWDA) 2021 Annual Conference. <p>b. Legislative Update</p> <ol style="list-style-type: none"> B. Viale provided update on Assembly Bill 636 that closes some gaps in Adult Protective Services and allows programs to work with city attorneys and code enforcement in other municipalities to enhance the protection of vulnerable older adults in the community. 																																			
6. Executive & Membership Subcommittee (met 8/23/2021) Report/Other Business (possible action)	<p>a. Chair's Report: John Osborne, Chair</p> <ol style="list-style-type: none"> Adopt Annual Council Goals (Action)* [M/S – S. Mallet/W. Smith (Passed with 18 votes)] Ancillary Subcommittee Appointments: LTC Ombudsman & Facilities: Appointment of Joe Garbanzos to Chair (Action)* [M/S – L. Fields/M. Cadmus (Passed with 19 votes)] Standing Subcommittee Appointments: By-laws state that Chair can nominate to fill an Officer-declared vacancy at the next regularly scheduled Executive and Membership meeting. The nomination will be brought to the full Council for approval in November. <p>b. Membership Report: Currently 7 vacancies.</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0"> <tr> <td>i. District #1: Vargas</td> <td>[Garbanzos/Larkins]</td> <td>9/20/2021</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Splitgerber/Nocon]</td> <td>8/24/2021</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>3/4/2021</td> </tr> <tr> <td>iv. District #4: Fletcher</td> <td>[Villafana/Flynn]</td> <td>TBD (2021)</td> </tr> <tr> <td>v. District #5: Desmond</td> <td>[Simon/Weber]</td> <td>1/14/2021</td> </tr> </table>	i. District #1: Vargas	[Garbanzos/Larkins]	9/20/2021	ii. District #2: Anderson	[Splitgerber/Nocon]	8/24/2021	iii. District #3: Lawson-Remer	[King/Osborne]	3/4/2021	iv. District #4: Fletcher	[Villafana/Flynn]	TBD (2021)	v. District #5: Desmond	[Simon/Weber]	1/14/2021																				
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7. Ancillary Subcommittee Oral Reports	<p>a. LTC Ombudsman/Facilities (met 7/15/21)</p> <p>b. Healthy Aging (met 10/7/21): Wanda Smith, Chair</p> <ul style="list-style-type: none"> Discussed next steps, including how hospitals are utilizing walking programs and mental health. Considering the development of a fact sheet on areas of seniors living alone with or without dementia. <p>c. Housing (met 9/23/21): Paul Ling, Chair</p> <ul style="list-style-type: none"> Beth Hallock (Senior Service Program Manager) presented on Interfaith Community Services. <p>d. Nutrition (met 8/31/21): Susan Mallett, Chair</p> <ul style="list-style-type: none"> Shelly Parks (Director of Programs) presented on services and resources provided by the Jacobs & Cushman San Diego Food Bank. 																																			
8. Auxiliary Liaison Written Reports	i. See Addendum																																			
9. Other Announcements	ii. No announcements.																																			
10. Adjournment & Next Meetings	<p>a. Meeting adjourned: 2:00 pm</p> <p>Council Meeting: November 8, 2021, 12 noon (When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting details will be included in agendas posted online 72 hours before meetings at www.aging.sandiegocounty.gov/AISAdvisoryCouncil.)</p> <p>Future Subcommittee Meetings</p> <table border="0"> <tr> <td>➤ LTC Ombudsman/Facilities</td> <td>10/21/2021</td> <td>10:30 am</td> <td>3rd Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Executive & Membership</td> <td>10/25/2021</td> <td>10:30 am</td> <td>4th Mondays</td> <td>Virtual</td> </tr> <tr> <td>➤ Adult Services Connection</td> <td>TBD</td> <td></td> <td></td> <td>Virtual</td> </tr> <tr> <td>➤ Healthy Aging</td> <td>11/4/2021</td> <td>10:00 am</td> <td>1st Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Housing</td> <td>10/28/2021</td> <td>12:00 pm</td> <td>4th Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Nutrition</td> <td>11/2/2021</td> <td>1:00 pm</td> <td>1st Tuesdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Transportation</td> <td>7/12/2021</td> <td>2:00 pm</td> <td>2nd Mondays</td> <td>Virtual</td> </tr> </table>	➤ LTC Ombudsman/Facilities	10/21/2021	10:30 am	3 rd Thursdays	Virtual	➤ Executive & Membership	10/25/2021	10:30 am	4 th Mondays	Virtual	➤ Adult Services Connection	TBD			Virtual	➤ Healthy Aging	11/4/2021	10:00 am	1 st Thursdays	Virtual	➤ Housing	10/28/2021	12:00 pm	4 th Thursdays	Virtual	➤ Nutrition	11/2/2021	1:00 pm	1 st Tuesdays	Virtual	➤ Transportation	7/12/2021	2:00 pm	2 nd Mondays	Virtual
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Auxiliary Liaison Written Reports

CAREGIVER COALITION			
COUNCIL CONTACT	Ethel Larkins	TIME PERIOD	
FALL PREVENTION (FP)			
COUNCIL CONTACT	Martha McCarthy	TIME PERIOD	October 2021
<p>The guest speaker was Venka Arasu from Palomar Health. She spoke about how they are addressing older adult falls. To access Fall Prevention Awareness Week workshop recordings and Six Easy Steps to Prevent Falls, visit the AIS website for Fall Prevention. Next meeting: November 16th at 11:00 a.m.</p>			
HEALTH PROMOTION (HP)			
COUNCIL CONTACT	TBD	TIME PERIOD	
IHSS ADVISORY COMMITTEE			
COUNCIL CONTACT	LaRue Fields	TIME PERIOD	October 2021
<p>A presentation was given by Carrie McClellan, a Director with ElderHelp of San Diego. ElderHelp is a San Diego non-profit agency that provides personalized services and information to help seniors live independently and with dignity in their own homes. Services offered include Care Coordination Services, Seniors A Go Go (transportation assistance), Housing Services, Family Caregiver Services & Support, Information & Referral Services and Volunteer Services. Services are offered at no set fees.</p>			
SVA / RSVP			
COUNCIL CONTACT	TBD	TIME PERIOD	
ECAN			
COUNCIL CONTACT	TBD	TIME PERIOD	
NORCAN			
COUNCIL CONTACT	TBD	TIME PERIOD	
SANDI-CAN			
COUNCIL CONTACT	Monica Flynn	TIME PERIOD	
SoCAN			
COUNCIL CONTACT	TBD	TIME PERIOD	
EAST COUNTY IG COMMUNITY COUNCIL			
COUNCIL CONTACT	TBD	TIME PERIOD	
NORTH COUNTY IG COMMUNITY COUNCIL			
COUNCIL CONTACT	Susan Mallett	TIME PERIOD	
AGE WELL SAN DIEGO – DEMENTIA FRIENDLY			
COUNCIL CONTACT	Wanda Smith	TIME PERIOD	October 2021
<p>The October meeting included discussion and planning for next steps for the Age Well Initiative, such as the development of an aging framework for the future with new goals and objectives and a focus on Equity and Inclusion.</p>			

AGE WELL SAN DIEGO – HEALTH & COMMUNITY SUPPORT			
COUNCIL CONTACT	Joe Garbanzos	TIME PERIOD	
AGE WELL SAN DIEGO – HOUSING			
COUNCIL CONTACT	Paul Ling	TIME PERIOD	
AGE WELL SAN DIEGO – SOCIAL PARTICIPATION			
COUNCIL CONTACT	Susan Mallett	TIME PERIOD	
AGE WELL SAN DIEGO – TRANSPORTATION			
COUNCIL CONTACT	Judi Bonilla	TIME PERIOD	October 2021
The final 2021 Regional Plan was released and is available at SDForward.com . The plan includes a free transit study, Commitment to Vision Zero, Regional habitat program investment, and funding strategy advancements including a per mile road usage tax.			
ALZHEIMER’S CARE ROUNDTABLE			
COUNCIL CONTACT	TBD	TIME PERIOD	
CALIFORNIA SENIOR LEGISLATURE			
COUNCIL CONTACT	Susan Mallett	TIME PERIOD	October 2021
CSL held a virtual annual session on October 26-28th and selected the 2021 top ten legislative proposals from the 27 submitted state proposals and 4 federal proposals. The keynote was speaker Assembly Member Adrin Nazarian, Chair of the Assembly’s Aging and Long-Term Care Committee.			



**STATE OF CALIFORNIA
CALIFORNIA SENIOR LEGISLATURE**

1020 N Street, Room 527, Sacramento, CA 95814

Phone (916) 552-8056

www.4csl.org

**FOR IMMEDIATE RELEASE
October 28, 2021**

The California Senior Legislature Announces Top Legislative Priorities for 2022

(Sacramento, CA) The California Senior Legislature (CSL) adjourned its 41st Annual Legislative Session and announced the Top Ten State Legislative Proposals and Top Federal proposal earlier this week. Members will advocate diligently during the 2022 legislative session to have state lawmakers support these priorities.

The following were listed as the top ten State Legislative proposals:

AP-5: Oral Healthcare in Skilled Nursing Facilities

(Senior Assembly Member Carolyn Fowler, Inglewood, CA)

This measure would require the State Department of Public Health to promulgate regulations to authorize registered dental hygienists in alternative practice to provide oral health in-service training to staff in skilled nursing facilities and provide oral health care services in skilled nursing facilities.

SP-14: Personal Needs Allowance

(Senior Senator David Wood, Three Rivers, CA)

This measure would increase the personal needs allowance from \$35 to \$50 per month.

SP-13: Skilled Nursing Facilities: End of Life Privacy

(Senior Senator Tony Rodella, Anaheim, CA)

This measure would require the administrators of skilled nursing facilities in the state to work with a resident who has been diagnosed as having less than 5 days to live, or with the resident's family, to provide sufficient privacy for the dying resident so that the family or clergy or both may be with the resident and help provide a dignified death and the giving of the Last Rites.

AP-14: Hospice Standards

(Senior Assembly Member Joan Yacovone, Augora Hills, CA)

This measure would require the State of California to make various reforms relating to hospice, including strengthening hospice standards by requiring inspections every 3 years and requiring the recertification for hospice enrolled patients to be conducted by at least one independent physician in conjunction with the hospice physician.

SP-4: Home Care Aides: Home Health Aides: Training Program Scholarships

(Senior Senator Karen Gorback, Thousand Oaks, CA)

This measure would enact legislation titled “The California Caregivers Training Scholarship Act” to incentivize enrollment in home care aide or home health aide training programs at a California Community College or Public Adult Day School, by awarding scholarships of \$1,500 each to up to 1,000 people per year through December 30, 2026, for tuition and other expenses, with requirements that scholarship recipients work in the field for at least one year.

AP-4: Default Hierarchy Surrogate Consent Laws

(Senior Assembly Member Gene Dorio, Santa Clarita, CA)

This measure would adopt default hierarchy surrogate consent laws similar to those existing in other states in which family members and the people closest to a patient by kinship become designated surrogate decisionmakers for the patient’s health care decisions under appropriate circumstances, including where the patient is incapacitated or otherwise unable to personally designate a surrogate.

AP-6: Public Transportation: Accessible Transportation Services: Seniors and Disabled Persons

(Senior Assembly Member Shirley Krohn, Walnut Creek, CA)

This measure would create the Accessible Transportation Account in the State Transportation Fund, establish a new vehicle registration fee or vehicle license fee to the fund the account, require moneys in the account to be used to fund accessible transportation services for seniors and disabled persons, and authorize consolidated transportation services agencies to oversee local expenditures of the moneys in the account.

AP-3: Skilled Nursing Facilities: Back-Up Electrical Supply

(Senior Assembly Member Mark Cox, Yucaipa, CA)

This measure would require a skilled nursing facility to have an alternative source of electricity, that complies with specified Federal requirements, to protect resident health and safety for no less than 96 hours during any type of electrical outage.

SP-3: Adult Residential Facilities: Notification of Closures

(Senior Senator Allegra Fortunati, San Francisco, CA)

This measure would require the licensee to notify additional specified local and county entities of a proposed closure under certain circumstances.

AP-12: Mental Health: Telephone Support Services

(Senior Assembly Member Anne Warren, San Francisco, CA)

This would use appropriate sources of behavioral health funds to fund grant programs in counties that would provide telephone support services for the senior and disabled populations, including providing paraprofessional volunteers through assertive outreach, who would be provided training to recognize when a professional referral should be made, contacting seniors and individuals with disabilities, and providing a “listening setting” to identify resources needed to reduce anxieties and other behavioral challenges, in order to combat social isolation and help rebuild social capital.

The following was identified as the Top Federal Legislative proposal:

SFP-2: Women Veterans

(Senior Senator Ted Kagan, El Cajon, CA)

This measure would recognize all women who have served in the Armed Forces of the United States.

-END-

MORE INFORMATION CONTACT:

For more information contact Janice Bailey, Executive Director, at (916) 552-8056 or jbailey@seniorleg.ca.gov.