AGENDA

1. **Call to Order**: John Osborne, Chair
   a. Welcome & Pledge of Allegiance
   b. Guest/Member Introductions
   c. Confirmation of Quorum (quorum = 12)

2. **Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)** (Action)

3. **Standard Business**
   a. Public Comment/Announcements: Members or non-members
   b. Approval of November 8, 2021 Meeting Minutes (Action)*

4. **Guest Speakers**
   b. Ombudsman Annual Report: Sunita Upchurch and Jessica Salazar, Ombudsman Program Supervisors

5. **AIS Director’s Items** (Possible action)
   a. Board Letters: N/A
   b. AIS Director’s Update
   c. Legislative Update

6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
   a. Chair’s Report: John Osborne, Chair
      i. Ancillary Subcommittee Appointments
         a) Healthy Aging Subcommittee: Appointment of Bradlyn Mulvey (Action)
      ii. Auxiliary Subcommittee Appointments
         a) North County Action Network (NorCAN): Appointment of Martha McCarthy (Action)
   b. Membership Report: Susan Mallett, Secretary
c. Board of Supervisors Annual Visits (Dates posted as confirmed):
   i. District #1: Vargas [Garbanzos/Larkins] 11/18/2021
   ii. District #2: Anderson [Splitgerber/Nocon] 8/24/2021
   v. District #5: Desmond [Simon/Weber] 1/14/2021

7. Ancillary Subcommittee Oral Reports (Possible action)
   a. LTC Ombudsman/Facilities (met 7/15/21): Joe Garbanzos, Chair
   b. Healthy Aging (met 12/2/21): Wanda Smith, Chair
   c. Housing (met 12/2/21): Paul Ling, Chair
   d. Nutrition (met 11/30/21): Susan Mallett, Chair

8. Auxiliary Liaison Written Reports {See Addendum}*

9. Other Announcements

10. Adjournment & Next Meetings:
    When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123
    Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

    Council Meeting: January 10, 2022, 12:00pm

    Future Subcommittee Meetings:
    ➢ LTC Ombudsman/Facilities: 12/16/2021 10:30 a.m. [3rd Thursdays] Virtual
    ➢ Executive & Membership: 12/20/2021 10:30 a.m. [4th Mondays] Virtual
    ➢ Nutrition: 1/4/2022 1:00 p.m. [1st Tuesdays] Virtual
    ➢ Healthy Aging: 1/6/2022 10:00 a.m. [1st Thursdays] Virtual
    ➢ Housing: 1/27/2022 12:00 p.m. [4th Thursdays] Virtual

*This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.
MINUTES – DRAFT

Item | Outcome
--- | ---
1. Call to Order | John Osborne, Chair, 12:00pm
   a. Welcome & Pledge of Allegiance
   b. Guest/Member Introductions
   c. Confirmation of Quorum: **15 present at this time.**

2. Continuance of Teleconferencing Meeting Option: AB 361
   a. Executive Order 29-20, which allowed local or state bodies to participate in meetings remotely, ended on September 30, 2021. Effective October 1, 2021 Assembly Bill (AB) 361 amends government code 54593 to add sub-section e, which allows suspension of general teleconferencing rule if there is a proclaimed state of emergency and state or local officials have imposed or recommended measures to promote social distancing.
   - On September 23, Dr. Wooten (Public Health Officer) released a health recommendation stating that utilizing teleconferencing options for public meetings is effective and a recommended social distancing measure to facilitate participation in public affairs.
   - AB 361 requires renewal of resolution every 30 days.
   b. Action to approve renewal resolution to continue to allow Teleconferencing Meeting Option (Action)*
      [M/S – L. Fields/P. Ling (Passed with 15 votes)]

3. Standard Business
   a. Public Comments/Announcements: Members or non-members
      - L. Fields suggested adding pronouns next to your name on the Zoom screen.
      - S. Mallett shared the San Diego Hunger Coalition hosting virtual event on 11/16 from 10am-12pm with panel about Solutions to Hunger – The Road Forward.
      - F. Detsky-Weil shared its Medicare open enrollment time.
      - J. Bonilla shared Circulate San Diego having meeting on SANDAG Reboot.
      - T. Johnson shared Public Authority is having their annual caregiver recognition event on 11/19 with special speaker Terra Lawson-Remer.
      - W. Smith shared the CA Department of Health issued an update on current data on the state on Dementia and Alzheimer’s.
   b. Approval of October 11, 2021 Meeting Minutes (Action)*
      [M/S – L. Fields/E. Larkins (Passed with 14 votes)]

4. Guest Speakers
   a. Roberto Velasquez, President and CEO of Southern Caregiver Resource Center (SCRC). Highlights included:
      - SCRC is the leading nonprofit organization in SD County providing free supportive services to family caregivers.
      - Qualified individuals include anyone caring for someone who has suffered a cognitive impairment after the age of 18 or a frail older adult who is 60 years or older.
      - SCRC supports clients with a family consultant, support groups, counseling, legal & financial consultation, education and training, and respite.
5. AIS Director’s Items (possible action)

a. Board Letters: None
b. AIS Directors Update:
   • Aging Roadmap
     o K. Gallo presented update on the Aging Roadmap at the 11/2/21 BOS Meeting and the Board was impressed and supportive. Thanked Council for their input and participation on these programs that further advance AIS work.
   • Vaccine/COVID Update
     o AIS Staff continues to lead the Older Adult & Disability Sector and send an e-blast every two weeks to the community on the latest information but are now adding in short presentations for community members who attend other committees that are coordinated by AIS.
     o AIS Staff continues to lead the homebound San Diegans Vaccine Program, which is now providing booster shots.
   • Events
     o First ever Age Friendly Film Festival at the Reading Cinemas in Clairemont Town Center on November 13th at 4:00pm.
     o Virtual Live Well Advance is happening on November 17th & 18th with the theme being Recover, Renew and Reconnect.
     o “Caregiving & Holidays – from Stress to Success” virtual event happening on 12/2 from 9:30 – 12:45.
     o All events can be found on aging.sandiegocounty.gov.
   • Other
     o Recognizing APS Employees for their participation as sponsors at the NAPSA (National Adult Protective Services Association) Conference. Chris Alire will receive an award for her outstanding contribution to APS throughout her career.

c. Legislative Update: None

6. Executive & Membership Subcommittee (met 11/01/2021)

a. Chair’s Report: John Osborne, Chair
   i. Standing Subcommittee Appointments
      a) Executive & Membership Subcommittee: Appointment of Susan Mallett to Secretary (Action)*
         [M/S – L. Fields/W. Smith (Passed with 18 votes)]
   ii. Ancillary Subcommittee Appointments:
      a) East County Action Network (ECAN): Accept Resignation of Lorelei Taylor (Action)*
         [M/S – E. Larkins/F. Detsky Weil (Passed with 18 votes)]

b. Membership Report: Secretary
   i. Accept Resignation of Jack Miller (Action)*
      [M/S – F. Detsky-Weil/P. Monarrez (Passed with 18 votes)]
   ii. Appoint Bradlyn Mulvey to Seat #22 (Action)*
      a) Seat #22, effective immediately, to expire 7/8/2023
      [M/S – L. Fields/C. Maeoka (Passed with 18 votes)]

b. Board of Supervisors Annual Visits (Dates posted as confirmed):
   i. District #1: Vargas [Garbanzos/Larkins] 11/18/2021
   ii. District #2: Anderson [Splitgerber/Nocon] 8/24/2021
   v. District #5: Desmond [Simon/Weber] 1/14/2021

7. Ancillary Subcommittee Oral Reports

a. LTC Ombudsman/Facilities (met 7/15/21)
   • Looking to recruit new members.

b. Healthy Aging (met 11/4/2021): Wanda Smith, Chair
   • Committee is moving forward on creating a fact sheet on seniors living alone as well as the mental health and dementia approach.

c. Housing (met 11/4/2021): Paul Ling, Chair
   • Had speaker Nicole Dejong from the AIS Call Center do an overview and cover what kind of calls they receive related to housing & senior housing, wait list for section 8.

   • Discussed ways to find data on senior food and nutrition security.

8. Auxiliary Liaison Written Reports

   i. See Addendum

9. Other Announcements

   a. CSL Caucus Report: Susan Mallett, Local Caucus Chair
10. Adjournment & Next Meetings

<table>
<thead>
<tr>
<th>a. Meeting adjourned: 1:35 pm</th>
</tr>
</thead>
</table>

**Council Meeting:** December 13, 2021, 12 noon  
(When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting details will be included in agendas posted online 72 hours before meetings at www.aging.sandiegocounty.gov/AISAdvisoryCouncil.)

**Future Subcommittee Meetings**
- LTC Ombudsman/Facilities: 11/18/2021, 10:30 am, 3rd Thursdays, Virtual
- Executive & Membership: 11/29/2021, 10:30 am, 4th Mondays, Virtual
- Healthy Aging: 11/30/2021, 10:00 am, 1st Thursdays, Virtual
- Housing: 12/2/2021, 12:00 pm, 4th Thursdays, Virtual
- Nutrition: 12/2/2021, 1:00 pm, 1st Tuesdays, Virtual

_Minutes respectfully submitted by Kendall Bremner_
## CAREGIVER COALITION

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ethel Larkins</td>
<td></td>
</tr>
</tbody>
</table>

## FALL PREVENTION (FP)

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Martha McCarthy</td>
<td></td>
<td>November 2021</td>
</tr>
</tbody>
</table>

Suzie Ryer and Ann Gallo of the Milwaukee Falls Prevention Coalition and Melissa Luxton of the Arizona Falls Prevention Coalition shared many successful strategies, including how their coalitions are adapting to the COVID-19 pandemic. The committee is dark in December; next meeting is January 18th at 11am.

## HEALTH PROMOTION (HP)

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBD</td>
<td></td>
</tr>
</tbody>
</table>

## IHSS ADVISORY COMMITTEE

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>LaRue Fields</td>
<td></td>
<td>November 2021</td>
</tr>
</tbody>
</table>

A presentation on 211/Community Information Exchange (CIE) San Diego was given by Adrian Carstens/Director of Client Services & Luis Monteagudo, Jr/ Vice-President of Community Relations. They explained that 211/CIE San Diego is about navigating the intersection of health and social services through information sharing and coordinated care. By focusing on the core components, a CIE enables communities to shift away from a reactive approach to providing care toward proactive, holistic, person-centered care.

## SVA / RSVP

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBD</td>
<td></td>
</tr>
</tbody>
</table>

## ECAN

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBD</td>
<td></td>
</tr>
</tbody>
</table>

## NORCAN

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBD</td>
<td></td>
</tr>
</tbody>
</table>

## SANDI-CAN

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monica Flynn</td>
<td></td>
</tr>
</tbody>
</table>

## SOCAN

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBD</td>
<td></td>
</tr>
</tbody>
</table>

## EAST COUNTY IG COMMUNITY COUNCIL

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBD</td>
<td></td>
</tr>
</tbody>
</table>

## NORTH COUNTY IG COMMUNITY COUNCIL

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Susan Mallett</td>
<td></td>
</tr>
</tbody>
</table>
### AGE WELL SAN DIEGO – DEMENTIA FRIENDLY

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Wanda Smith</th>
<th>TIME PERIOD</th>
<th>November 2021</th>
</tr>
</thead>
</table>

Meeting include a Covid among care partners update. Champion Training for Dementia Friends is available. The Age Friendly Film festival was a success with over 100 attendees. Presentation by Leslie Ray, MPH, MPPA, MA Chief Community Health Statistics, SDHHS Public Health Services on Senior Health and Well-Being San Diego County Data

### AGE WELL SAN DIEGO – HEALTH & COMMUNITY SUPPORT

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Joe Garbanzos</th>
<th>TIME PERIOD</th>
<th>November 2021</th>
</tr>
</thead>
</table>

HCS Theme Team met virtually with DigitUnity team (non-profit org offering refurbished computers to communities.). Exploring potential collaboration with Age Well HCS/Technology and Intergenerational Theme teams explore potential of the program in San Diego County. AARP will offer County Code Audit service to investigate code compliance by San Diego County to codes on Housing and Transportation. The Audit service is a non-partisan, non-profit driven program offered by AARP to Livable Community network members nationwide. This initiative is in the planning stage.

### AGE WELL SAN DIEGO – HOUSING

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Paul Ling</th>
<th>TIME PERIOD</th>
</tr>
</thead>
</table>

### AGE WELL SAN DIEGO – SOCIAL PARTICIPATION

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Susan Mallett</th>
<th>TIME PERIOD</th>
<th>November 2021</th>
</tr>
</thead>
</table>

The Age Well theme team was a partner in the Age-Friendly Film Festival – Occurred on 11/13. The team meets quarterly and is next scheduled to meet in January 2022.

### AGE WELL SAN DIEGO – TRANSPORTATION

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Judi Bonilla</th>
<th>TIME PERIOD</th>
<th>November 2021</th>
</tr>
</thead>
</table>

Ricky Williams of the County of San Diego Sustainability presented on the La Presa Community Transportation Needs Assessment project. The project reported on the existing infrastructure, needs, challenges and possible solutions for the committee. The existing goals of the team were discussed and will be revised to meet the current needs of the members. The next meeting is scheduled for Wednesday, February 23, 2022 at 1:30PM and will include Stacey Kurtz of The Healthy Chula Vista Initiative and Daniel Kramer of Circuit, a micro-transit service.

### ALZHEIMER’S CARE ROUNDTABLE

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>TBD</th>
<th>TIME PERIOD</th>
</tr>
</thead>
</table>

### CALIFORNIA SENIOR LEGISLATURE

<table>
<thead>
<tr>
<th>COUNCIL CONTACT</th>
<th>Susan Mallett</th>
<th>TIME PERIOD</th>
<th>November 2021</th>
</tr>
</thead>
</table>

The local CSL members are contacting local State Representatives to update them on CSL activities and the Top Ten Legislative Proposals for 2022.