

# Advisory Council for Aging & Independence Services April 11, 2022 | 12:00 p.m.

Virtual Meeting
Call in: 1 (669) 900-9128
Meeting ID (access code): 992 5390 3588

Passcode: 251412

Click here to Join Zoom Meeting

AGENDA \* (attachment)

- 1. Call to Order: John Osborne, Chair
  - a. Welcome & Pledge of Allegiance
  - b. Guest/Member Introductions
  - c. Confirmation of Quorum (quorum = 11)
- 2. Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e) (Action)
- 3. Standard Business
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of March 14, 2022 Meeting Minutes (Action)\*
- 4. Guest Speakers
  - a. UCSD Alzheimer's Disease Cooperative Study
     Howard Feldman MDCM, FRCP(C)
     Professor, Department of Neurosciences
     Director, Alzheimer's Disease Cooperative Study
     Dean, Alzheimer's Disease and Neurodegenerative Research
  - b. Aging Roadmap Annual Report
     Melissa Hernandez, MPH, Community Health Program Specialist
     Jana Schwartz, AICP, SITES AP, Transportation Equity & Livable Community Specialist
- 5 AIS Director's Items
  - a. Board Letter: FY 22/23 AIS Revenue (Action)\*
  - b. AIS Director's Update
  - c. Legislative Update
  - d. Area Plan Ad Hoc Subcommittee (met 3/16/22): Joe Garbanzos, Chair
    - i. Area Plan 2020-2024 Update FY 22/23\*
      - Presentation & Discussion: Brynn Viale, Chief, Agency Operations
      - Public Hearing Comment
      - o Consideration of Acceptance
      - Authorize Chair of Advisory Council to sign Letter of Transmittal (Action)



#### 6. Executive & Membership Subcommittee Report/Other Business

- a. Chair's Report: John Osborne, Chair
  - Ancillary Subcommittee Appointments
    - a) Nutrition: Appointment of Bradlyn Mulvey (Action)
  - ii. Ad Hoc Subcommittee Appointments
    - a) Convene Ad Hoc Nominating Subcommittee (Action)
      - ROLE: Prepare a slate of officer recommendations by June 2022 for the officer elections in July 2022 and officer swearing-in in September 2022.
      - TERM: April 2022 through June 2022
      - MEMBERSHIP: Lorelei Taylor (Chair), LaRue Fields, John Osborne
- b. Membership Report: Susan Mallett, Secretary
  - i. Appoint Pualani Vazquez to partial term (Action)
    - a) Seat #23, effective immediately, to expire 2/13/23
  - ii. Appoint Sylvia Martinez to partial term (Action)
    - a) Seat #27, effective immediately, to expire 9/9/23
  - iii. Appoint Susan Mallett for 1st full term (Action)
    - a) Seat #24, effective immediately, to expire 5/14/26
- c. Board of Supervisors Annual Visits (Dates posted as confirmed):

i.	District #1: Vargas	[Garbanzos/Larkins]	11/18/2021
ii.	District #2: Anderson	[Splitgerber/Nocon]	8/24/2021
iii.	District #3: Lawson-Remer	[King/Osborne]	1/24/2022
iv.	District #4: Fletcher	[Villafana/Flynn]	1/5/2022
٧.	District #5: Desmond	[Simon/Weber]	1/14/2021

#### 7. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 3/16/22): Joe Garbanzos, Chair
- b. Healthy Aging (met 4/7/22): Wanda Smith, Chair
- c. Housing (met 4/7/22): Paul Ling, Chair
- d. Nutrition (met 4/5/22): Susan Mallett, Chair

#### Auxiliary Liaison Written Reports {See Addendum}\*

#### 9. Other Announcements

#### 10. Adjournment & Next Meetings:

When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123 Virtual meeting details are included on agendas at <a href="https://www.aging.sandiegocounty.gov/AISAdvisoryCouncil">www.aging.sandiegocounty.gov/AISAdvisoryCouncil</a>

Council Meeting: May 9, 2022, 12 noon

#### **Future Subcommittee Meetings:**

LTC Ombudsman/Facilities:	4/21/22	10:30 a.m.	[3 <sup>rɑ</sup> Thursdays]	Virtual
Executive & Membership:	4/26/22	10:30 a.m.	[4 <sup>th</sup> Tuesdays]	Virtual
Nutrition:	5/3/22	1:00 p.m.	[1 <sup>st</sup> Tuesdays]	Virtual
Healthy Aging:	5/5/22	10:00 a.m.	[1 <sup>st</sup> Thursdays]	Virtual
Housing:	5/5/22	12:00 p.m.	[1 <sup>st</sup> Thursdays]	Virtual
	EXECUTIVE & Membership: Nutrition: Healthy Aging: Housing:	Executive & Membership: 4/26/22 Nutrition: 5/3/22 Healthy Aging: 5/5/22	Executive & Membership:       4/26/22       10:30 a.m.         Nutrition:       5/3/22       1:00 p.m.         Healthy Aging:       5/5/22       10:00 a.m.	Executive & Membership:       4/26/22       10:30 a.m.       [4 <sup>th</sup> Tuesdays]         Nutrition:       5/3/22       1:00 p.m.       [1 <sup>st</sup> Tuesdays]         Healthy Aging:       5/5/22       10:00 a.m.       [1 <sup>st</sup> Thursdays]

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting. Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

TEL: 858-495-5566 SD-CO-PUBLIC Wi-Fi EMAIL: Jana.Jordan@sdcounty.ca.gov

# Aging & Independence Services Advisory Council Monday, March 14, 2022 | 12:00pm - 2:00pm

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588 | Passcode: 251412

#### **MINUTES - DRAFT**

	Mem	bers	Absent Members	Guests		
Attendance	Judi Bonilla Faye Detsky-Weil La Rue Fields Monica Flynn Joe Garbanzos Stephen Huber Shirley King Ethel Larkins Paul Ling	Chris Maeoka Susan Mallett Bradlyn Mulvey Molly Nocon John Osborne Jacqueline Simon Wanda Smith Thomas Splitgerber Lorelei Taylor	Luz Villafana Darlene Weber	Delores Brandon Maya Faulk Connie German-Marquez Jacqueline Jackson Thomas Johnson (PA) Mina Kerr Silvia Martinez Dan McNamara Kristine Stensberg Maria Barnabe Pualani Vazquez Jamat Suryan		
	Distinguished M	lerit Recipients	S	taff		
			Kendall Bremner Wendy Contreras Kim Gallo Samantha Hasler	Jana Jordan Jennifer Sovay Brynn Viale		
Item			Outcome			
1. Call to Order	John Osborne, Chair a. Welcome & Pledg b. Guest/Member Int c. Confirmation of Q	e of Allegiance	this time.			
2. Guest Speakers	<ul> <li>Department of Homeless Solutions &amp; Equitable Communities         <ul> <li>Barbara Jimenez, MPH, Community Operations Officer, Department of Homeless Solutions &amp; Equitable Communities</li> <li>Jennifer Bransford-Koons, Director, Office of Equitable Communities</li> <li>Omar Passons, Director, Office of Homeless Solutions</li> </ul> </li> <li>Highlights included:         <ul> <li>Office of Homeless Solutions (OHS)</li> <li>Programs</li> <li>Key services</li> </ul> </li> <li>Office of Equitable Communities (OEqC)         <ul> <li>Programs</li> <li>Key Services</li> </ul> </li> <li>Office of Immigrant &amp; Refugee Affairs (OIRA)         <ul> <li>Programs</li> <li>Key Services</li> </ul> </li> <li>Racial Equity in Homelessness Prevention</li> </ul>					
3. Continuance of Teleconferencing Meeting Option: AB 361	<ul> <li>Executive Order 29-20, which allowed local or state bodies to participate in meetings remotely, ended on September 30, 2021. Effective October 1, 2021 Assembly Bill (AB) 361 amends government code 54593 to add sub-section e, which allows suspension of general teleconferencing rule if there is a proclaimed state of emergency and state or local officials have imposed or recommended measures to promote social distancing.</li> <li>On September 23, Dr. Wooten (Public Health Officer) released a health recommendation stating that utilizing teleconferencing options for public meetings is effective and a recommended social distancing measure to facilitate participation in public affairs.</li> <li>AB 361 requires renewal of resolution every 30 days.</li> <li>Action to approve renewal resolution to continue to allow Teleconferencing Meeting Option (Action)* [M/S - L. Fields/T. Splitgerber(Passed with 17 votes)]</li> </ul>					

4. Standard Bu	Conductivity Plan can receive vouchers for free broadband.  b. Approval of February 14 <sup>th</sup> , 2022 Meeting Minutes (Action)*  [M/S – E. Larkins/W. Smith (Passed with 16 votes, Abstention from F. Detsky-Weil and J.
5. Guest Speal	a. Dr. Rakesh Patel, Chief Executive Officer, Neighborhood Healthcare Highlights included:  • Mission • Neighborhood by the Numbers • Seniors by the Numbers • Sites • Services Provided to Seniors • Top Chronic Conditions • Chronic Care Interventions • Social Determinants of Health • PACE (Program of All-Inclusive Care for the Elderly) Overview – Neighborhood Healthcare and San Diego PACE • Neighborhood Senior Outreach Program • Interfaith's Senior Programs
6. AIS Director Items	<ul> <li>a. Board Letters: None</li> <li>b. AIS Director's Update:         <ul> <li>Mission Statement:</li> <li></li></ul></li></ul>
7. Executive & Membership Subcommitte Report/Othe Business	<ul> <li>a. Chair's Report: John Osborne, Chair <ul> <li>Looking for speaker recommendations for future committee meetings.</li> </ul> </li> <li>b. Membership Report: Susan Mallett, Secretary <ul> <li>The Executive &amp; Membership Committee will be reviewing applications submitted and move forward with interviews.</li> </ul> </li> <li>c. Board of Supervisors Annual Visits (Dates posted as confirmed): <ul> <li>i. District #1: Vargas [Garbanzos/Larkins] 11/18/2021</li> <li>ii. District #2: Anderson [Splitgerber/Nocon] 8/24/2021</li> <li>iii. District #3: Lawson-Remer [King/Osborne] 1/24/2022</li> <li>iv. District #4: Fletcher [Villafana/Flynn] 1/5/2022</li> <li>v. District #5: Desmond [Simon/Weber] 1/14/2021</li> </ul> </li> </ul>
8. Ancillary Subcommitte Reports	<ul> <li>b. Healthy Aging (met 2/3/2033): Wanda Smith, Chair <ul> <li>W. Smith reported that Dr. Ayers? from Behavioral Health Services will present at their next meeting.</li> <li>c. Housing (met 3/3/2022): Paul Ling, Chair</li> <li>P. Ling reported that the committee is working on homeless senior prevention.</li> <li>d. Nutrition (met 3/1/2022): Susan Mallett, Chair</li> <li>S. Mallett reported that Jennifer Sinnott from Serving Seniors spoke at their last meeting.</li> </ul> </li> </ul>
Auxiliary Lia     Written Repo     Other     Announcement	a. California Senior Legislature (CSL) Elections*

11. Adjournment & Next Meetings	a. Meeting adjourned: 1:48pm								
, and the second	(When in-person, meetings are held at the beincluded in agendas posted online 72 www.aging.sandiegocounty.gov/AISAdv	Council Meeting: April 11, 2022, 12 noon (When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting detail be included in agendas posted online 72 hours before meetings at <a href="https://www.aging.sandiegocounty.gov/AISAdvisoryCouncil">www.aging.sandiegocounty.gov/AISAdvisoryCouncil</a> .)							
	Future Subcommittee Meetings								
	LTC Ombudsman/Facilities	3/16/2022	10:30 am	3 <sup>rd</sup> Thursdays	Virtual				
	Executive & Membership	3/22/2022	10:30 am	4 <sup>th</sup> Tuesdays	Virtual				
	Healthy Aging	4/7/2022	10:00 am	1 <sup>st</sup> Thursdays	Virtual				
► <b>Housing</b> 4/7/2022 12:00 pm 1 <sup>st</sup> Thursdays									
	Nutrition	4/5/2022	1:00 pm	1 <sup>st</sup> Tuesdays	Virtual				

Minutes respectfully submitted by Kendall Bremner





### **COUNTY OF SAN DIEGO**

#### AGENDA ITEM

NORA VARGAS

First District

JOEL ANDERSON Second District

TERRA LAWSON-REMER Third District

NATHAN FLETCHER Fourth District

> JIM DESMOND Fifth District

DATE: May 10, 2022

**TO:** Board of Supervisors

#### **SUBJECT**

ADOPT RESOLUTION FOR, AND AUTHORIZE ACCEPTANCE OF, OLDER ADULT SERVICES REVENUE AGREEMENTS AND GRANTS FOR FISCAL YEAR 2022-2023, AND AUTHORIZATION TO PURSUE FUTURE FUNDING OPPORTUNITIES FOR PROGRAMS SERVING OLDER ADULTS AND PERSONS WITH DISABILITIES (DISTRICTS: ALL)

#### **OVERVIEW**

The San Diego County Board of Supervisors (Board) has demonstrated a long-term commitment to enhancing programs focused on the safety and well-being of older adults and persons with disabilities. The County of San Diego (County) Health and Human Services Agency, Aging & Independence Services serves as the region's federally designated Area Agency on Aging and administers these programs. On May 4, 2021 (13), the Board approved the Fiscal Year 2021-22 revenue agreements to fund various programs supporting older adults and persons with disabilities, allowing them to remain safely in their homes and access needed community resources. These services support the goals and objectives established in Aging & Independence Services' 2020-2024 Area Plan which was approved by the Board on July 7, 2020 (7). Additionally, these services align with the Aging Roadmap, the County's regional plan to ensure that the region has programs and communities that equitably support the needs and celebrate the contributions of all older adults in San Diego County. Per the requirement of the California Department of Aging (CDA), this item requests the Board adopt a resolution relating to the CDA revenue agreements and authorize acceptance of \$27,323,290 of federal, State, managed care health plan, and grant revenue for Fiscal Year 2022-23 to support these programs and services.

If approved, today's actions would authorize the acceptance of grant funding, authorize the Clerk of the Board to execute revenue agreements upon receipt, and authorize the Agency Director, Health and Human Services Agency to pursue future funding opportunities. These actions support the County's vision of a just, sustainable, and resilient future for all, specifically those communities and populations in San Diego County that are most vulnerable, as well as our ongoing commitment to the regional *Live Well San Diego* vision of healthy, safe and thriving communities. This will be accomplished by ensuring the County will continue to receive federal, State, and other funding to administer needed programs and services for older adults and persons with disabilities. Additionally, today's action supports the Board's strategic initiatives, by upholding practices that

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align with community priorities and improve transparency and trust while maintaining good fiscal management of County resources.

### RECOMMENDATION(S) CHIEF ADMINISTRATIVE OFFICER

- 1. Waive Board Policy B-29: Fees, Grants, Revenue Contracts Department Responsibility for Full Cost Recovery, which requires full cost recovery of grants and revenue contracts.
- 2. Approve and authorize the Clerk of the Board to execute, upon receipt, the following revenue agreements:
  - California Department of Aging Agreements
    - o Area Plan Agreement (AP-2122-23 & AP-2223-23)
    - o Health Insurance Counseling and Advocacy Program (HI-2223-23)
    - o Title V Senior Employment Program (TV-2223-23)
    - o CalFresh Healthy Living (SP-2223-23)
    - o CalFresh Expansion (CF-2223-23)
    - o Financial Alignment (FA-2223-23)
    - o Dignity at Home Fall Prevention (FP-2223-23)
    - o Medicare Improvements for Patients and Providers Act (MI-2223-23)
  - Multipurpose Senior Services Program (MS-2223-07)
  - San Diego Gas & Electric (Cool Zones program)
  - Fee for Service Contracts
  - Veterans Administration San Diego Healthcare System (Veteran Directed Home and Community Based Service Program)
  - San Diego State University Research Foundation/Geriatric Workforce Enhancement Program
  - University of California San Diego Dementia Aware (a CalAIM project to increase dementia screening and improve care)
- 3. Authorize acceptance of the grant from the Corporation for National & Community Service for the Retired Senior and Volunteer Program (RSVP).
- 4. Authorize the Clerk of the Board, subject to the approval of the Agency Director, Health and Human Services Agency or designee, to execute all required documents related to the revenue agreements in Recommendations 2 and 3, including any extensions, amendments or revisions thereto that do not materially impact either the program or the funding level.
- 5. Authorize the Agency Director, Health and Human Services Agency or designee, to pursue future funding opportunities for the purpose of obtaining financial assistance for programs serving older adults and persons with disabilities.

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6. Adopt a resolution entitled A RESOLUTION OF THE BOARD OF SUPERVISORS OF THE COUNTY OF SAN DIEGO RELATING TO THE CALIFORNIA DEPARTMENT OF AGING REVENUE AGREEMENTS.

#### **EQUITY IMPACT STATEMENT**

ALL)

Today's recommendations will allow the County to continue administering vital programs and services for older adults and persons with disabilities, improving the quality of life for equity-seeking groups of all ages to include, black, indigenous, and people of color (BIPOC), women, people with disabilities, immigrants, and the LGBTQ community.

#### FISCAL IMPACT

Funds for this request will be included in the Fiscal Year 2022-24 Operational Plan for the Health and Human Services Agency. If approved, this request will result in costs of \$28,022,737 and revenue of \$27,323,290 in Fiscal Year 2022-23. The funding sources are:

- State General Fund, Federal Medicaid Program;
- Titles III, V, and VII of the Older Americans Act;
- Federal and State HICAP funds;
- Federal SNAP-ED/CalFresh Healthy Living, U.S. Department of Health and Human Services;
- Health plans and other healthcare entities;
- San Diego Gas & Electric;
- Veterans Administration San Diego Healthcare System;
- San Diego State University Research Foundation; and
- Corporation for National & Community Service.

A waiver of Board Policy B-29 is requested because the funding does not offset all costs. B-29 costs are \$699,446 for Fiscal Year 2022-23 and will be funded with existing General Purpose Revenue allocated for these programs. The public benefit for providing these services, which allow older adults and those with disabilities to remain safely in their homes and access resources, far outweighs these costs. There will be no change in net General Fund cost and no additional staff years.

### **BUSINESS IMPACT STATEMENT**

#### ADVISORY BOARD STATEMENT

The Aging & Independence Services Advisory Council reviewed this item at their regular meeting on April 11, 2022 and recommended .

#### **BACKGROUND**

N/A

OLDER ADULT SERVICES REVENUE AGREEMENTS AND GRANTS FOR FISCAL YEAR 2022-2023, AND AUTHORIZATION TO PURSUE FUTURE FUNDING OPPORTUNITIES FOR PROGRAMS SERVING OLDER ADULTS AND PERSONS WITH DISABILITIES (DISTRICTS:

ALL)

According to the California Department of Finance's population projections, of the nearly 3.4 million people currently residing in San Diego County, an estimated 959,035 are adults aged 55 or older. By 2030, the number of adults 55 years and older in San Diego County is expected to increase to more than 1.1 million. Additionally, the fastest growing age group in San Diego County, those 85 years and older, is projected to increase from an estimated 70,234 in 2022 to over 97,000 in 2030. The San Diego County Board of Supervisors (Board) has maintained a commitment to programs that ensure the welfare of older adults and persons with disabilities in San Diego County. The County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS) administers these programs. Today's actions request authorization to continue to receive annual funding for various programs benefiting older adults and persons with disabilities throughout San Diego County. Additionally, today's actions request approval to adopt a resolution relating to the California Department of Aging revenue agreements and to also provide authorization to pursue future funding for new programs and for the pursuit and implementation of the Aging Roadmap to ensure communities support the health, safety, and wellness of residents of all ages.

#### California Department of Aging Revenue Agreements Requiring a Resolution:

#### AREA PLAN AGREEMENT (\$19,777,554)

The Area Plan agreement contains State and federal revenue (Titles III and VII of the Older Americans Act and Older Americans Act American Rescue Plan). This agreement will fund various Older Americans Act and Federal Administration on Aging services and programs for older adults including nutrition, social support, preventive health services, and the local Ombudsman and Family Caregiver programs. This agreement requires County matching funds of \$647,604. Funding from this source is utilized in a number of contracts. Fourteen older adult nutrition contractors provide more than 1.2 million home delivered meals and congregate meals at 36 sites to more than 6,000 clients annually. Close to 1,000 cases are investigated by the Long-Term Care Ombudsman to resolve complaints related to care or personal rights. Support services for older adults are provided such as adult day care, legal services, transportation, and visiting at long-term care facilities to provide companionship. Instructors for health promotion activities such as chronic disease self-management and Tai Chi programs serve more than 300 people annually. Programs provide support to family caregivers such as respite services, support groups, educational assistance, legal services, home modification, and other services. The allocation amount was determined by the State.

### HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM AGREEMENT (\$694,250)

The Health Insurance Counseling and Advocacy Program (HICAP) is a State and federally funded volunteer-supported program that assists individuals and families with Medicare and other health insurance concerns. AIS also oversees the HICAP program for Imperial County through a contracted service provider. This revenue funds the HICAP program to conduct over 70 community education forums about healthcare-related issues and provide counseling and advocacy

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ALL)

to assist over 5,300 individuals with health billing claims and insurance annually. The allocation amount was determined by the State.

#### TITLE V SENIOR EMPLOYMENT PROGRAM AGREEMENT (\$403,385)

The Senior Community Service Employment Program follows regulations established by the U.S. Department of Labor (Title V of the Older Americans Act) and is a job creation program targeted to low-income older Americans. This revenue funds the program locally to subsidize part-time community service jobs for low-income persons aged 55 years and older and who have poor employment prospects. This agreement requires **County matching funds of \$20,169**. AIS administers this program through a contractor and assists about 45 individuals with employment training opportunities, job placement, and on-the-job support every year. The allocation amount was determined by the State.

#### SNAP-ED/CALFRESH – HEALTHY LIVING AGREEMENT (\$182,756)

The CalFresh – Healthy Living federal funding provides nutrition education for CalFresh-eligible populations. This is the eighth year CalFresh funding is specifically focused on eligible older adults. In Fiscal Year 2021-22, approximately 100 older adults received direct nutrition education or physical activity programs. The Fiscal Year 2022-23 funding will allow AIS to provide nutrition education and physical activity programs for new cohorts and reach approximately 100 people through different virtual offerings and in-person at various older adult service sites when allowable. AIS will also provide training and technical assistance to community partners on implementing policy, system, and environmental changes to improve older adults' access to healthy food and physical activity. The allocation amount was determined by the State.

#### CALFRESH EXPANSION AGREEMENT (\$155,536)

As part of the Fiscal Year 2018-19 State Budget Omnibus Trailer Bill, Assembly Bill 1811 expanded CalFresh eligibility to include persons receiving or authorized to receive both Supplemental Security Income program and State Supplementary Payment program benefits, provided all other eligibility criteria are met. In Fiscal Year 2021-22, the County received \$20,897, to conduct outreach to older adults who may now be eligible to receive these benefits and provided information regarding eligibility to approximately 5,000 older adults each year. The increased Fiscal Year 2022-23 funding will allow AIS to provide both outreach and application assistance, as well as voter registration services and dissemination of Disaster CalFresh information. The allocation amount was determined by the State.

#### FINANCIAL ALIGNMENT AGREEMENT (\$36,743)

The Financial Alignment funding will help provide outreach, education, and counseling to individuals dually eligible for both Medicare and Medi-Cal on their options and choices under California's Cal MediConnect. Cal MediConnect is a federal demonstration project operated in San Diego County by four health plans (Blue Shield Promise, Community Health Group, Health Net, and Molina) through a contract with the State. The health plans provide and coordinate medical services funded by Medicare and Medi-Cal as well as long term services and supports including long-term institutional nursing home care and home- and community-based services

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ALL)

through a single, organized system. The current Fiscal Year 2021-22 funding provides for the capacity to serve approximately 150 clients. The allocation amount was determined by the State.

#### DIGNITY AT HOME FALL PREVENTION AGREEMENT (\$143,750)

The California Department of Aging has made available State General Funds to implement new fall prevention interventions for older adults through the Dignity at Home Fall Prevention Grant. With this funding, AIS will implement a program that consists of educating at least 200 older adults on how to lower their fall risk and providing fall prevention kits to approximately 200 high-need individuals to reduce their risk of falling in the home. This program will focus on low-income older adults at risk for falls. The estimated implementation period for year two of this program is from receipt of funds in summer 2022 until September 30, 2023. The allocation amount was determined by the State.

### MEDICARE IMPROVEMENTS FOR PATIENTS AND PROVIDERS ACT AGREEMENT (\$156,369)

The Medicare Improvement for Patients and Providers Act provides federal funding for outreach to Medicare beneficiaries who are likely to be eligible but are not currently receiving supplemental Medicare benefits. This revenue allows AIS, through contracts with community-based organizations, to provide outreach activities to enroll eligible Medicare beneficiaries countywide into the Low-Income Subsidy (LIS) and Medicare Savings Program (MSP), to enroll beneficiaries in rural areas in Medicare Part D benefits, to provide education on disease prevention, and to increase the awareness of Medicare beneficiaries about expanded Medicare wellness and benefits. The current Fiscal Year 2021-22 funding provides for 430 LIS and MSP applications for enrollment of new beneficiaries. The allocation amount was determined by the State.

#### MULTIPURPOSE SENIOR SERVICES PROGRAM AGREEMENT (\$3,679,572)

The Multipurpose Senior Services Program provides State and federal funding for case management for eligible older adults aged 65 and over who receive Medi-Cal and are at-risk for institutional care. The program allows these frail older adults to remain in their homes safely at a lower cost than nursing homes. The program maintains a client caseload of 687 older adults and serves these clients for as long as needed. Many clients stay in the program for the remainder of their lives. The allocation amount was determined by the State.

#### **Other Revenue Agreements:**

#### SAN DIEGO GAS & ELECTRIC (SDG&E) AGREEMENT (\$35,000)

The County's award-winning Cool Zones program provides relief from the heat for hundreds of persons throughout the region through funding from SDG&E. Working with local community establishments, the program focuses on older adults and persons with disabilities, particularly those living in inland communities where summer temperatures are highest. Funding is utilized to pay for temporary phone staff who help identify Cool Zones for the public and to cover the cost of mailing an electric fan to those who qualify. During the summer months of 2021, approximately

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ALL)

300 informational brochures and electric fans were distributed, and more than 400 calls were received by the Cool Zones phone staff. The allocation amount was determined by SDG&E.

#### FEE FOR SERVICE CONTRACTS (\$30,057)

AIS enters into revenue agreements with hospitals, health plans, and other healthcare entities to improve coordination of care and chronic disease self-management for vulnerable residents. Currently, AIS has a revenue agreement with Partners in Care Foundation to provide evidence-based fall prevention and chronic disease self-management education workshops for older adults and caregivers. Participants are often referred directly by Partners in Care Foundation or through collaboration with a network of other partners. Through these types of agreements, AIS could serve more than 100 clients per year. The allocation amount was determined based on a fixed rate per participant per class and the number of classes determined by AIS.

### VETERANS ADMINISTRATION SAN DIEGO HEALTHCARE SYSTEM AGREEMENT (\$1,862,740)

This funding allows AIS to continue to provide a Veteran Directed Home and Community Based Service program serving veterans of any age who are at risk of nursing home placement, and their family caregivers. Through federal funding, the program provides the opportunity for veterans to receive home and community-based services to avoid institutionalization and to continue to live in their homes and communities. An average of 30 veterans are served by the program on a monthly basis. The allocation amount was determined by the Veterans Directed Home and Community Based Service program.

### SAN DIEGO STATE UNIVERSITY/GERIATRIC WORKFORCE ENHANCEMENT PROGRAM (\$60,000)

These funds allow AIS staff to support the Geriatric Workforce Enhancement Program and efforts facilitated by a federal grant received by San Diego State University's (SDSU's) San Diego Imperial Geriatric Education Center (SDIGEC). A subgrant to AIS in the amount of \$60,000 is budgeted for AIS staff to host the SDIGEC Leadership Team and Partnership Council meetings, to provide opioid misuse training to community and staff, to provide dementia-friendly and related training to local service providers, and to create a dementia caregiver guide. In Fiscal Year 2022-23, AIS staff plans to train more than 100 professionals throughout various service sectors on dementia-related topics. The allocation amount was determined by SDSU based upon the Geriatric Workforce Enhancement Program award.

#### CORPORATION FOR NATIONAL & COMMUNITY SERVICE GRANT (\$105,578)

This federal grant funds the Retired and Senior Volunteer Program (RSVP), which encourages older adults aged 55 and older to participate in their communities through volunteer service opportunities. AIS administers the program, which currently has 1,174 volunteers who record over 165,000 volunteer hours annually. The grant commitment for Fiscal Year 2022-23 is 1,100 volunteers. This grant requires **County matching funds of \$31,673**. The allocation amount was determined by the Corporation for National & Community Service.

OLDER ADULT SERVICES REVENUE AGREEMENTS AND GRANTS FOR FISCAL YEAR 2022-2023, AND AUTHORIZATION TO PURSUE FUTURE FUNDING OPPORTUNITIES FOR PROGRAMS SERVING OLDER ADULTS AND PERSONS WITH DISABILITIES (DISTRICTS:

ALL)

#### LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

Today's proposed actions support the County of San Diego's 2022-2027 Strategic Plan Initiatives of Sustainability (Resiliency), Equity (Health), and Community (Quality of Life), and the *Live Well San Diego* vision by continuing services that assist vulnerable older adult, disabled residents, and military veterans of San Diego County.

Respectfully submitted,

USE "INSERT PICTURE" FUNCTION TO INSERT SIGNATURE

HELEN N. ROBBINS-MEYER Chief Administrative Officer

#### **ATTACHMENT(S)**

ATTACHMENT A - A RESOLUTION OF THE BOARD OF SUPERVISORS OF THE COUNTY OF SAN DIEGO RELATING TO THE CALIFORNIA DEPARTMENT OF AGING REVENUE AGREEMENTS

# **Aging & Independence Services**

### **AREA PLAN 2020-2024**

**PSA #23** 

Update FY 22/23







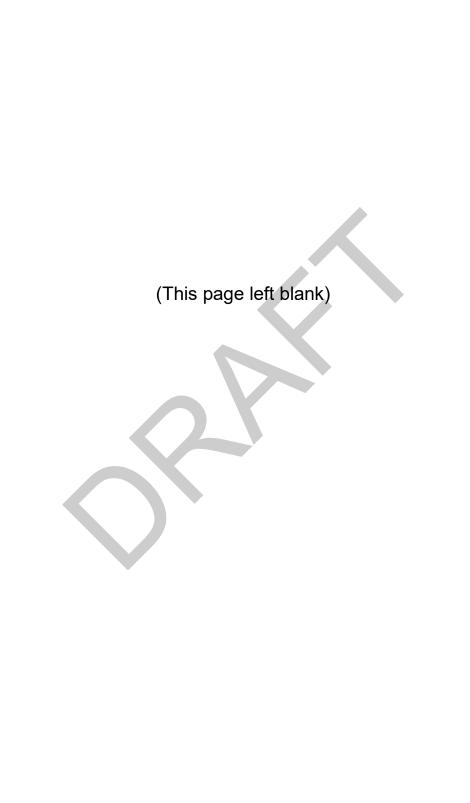












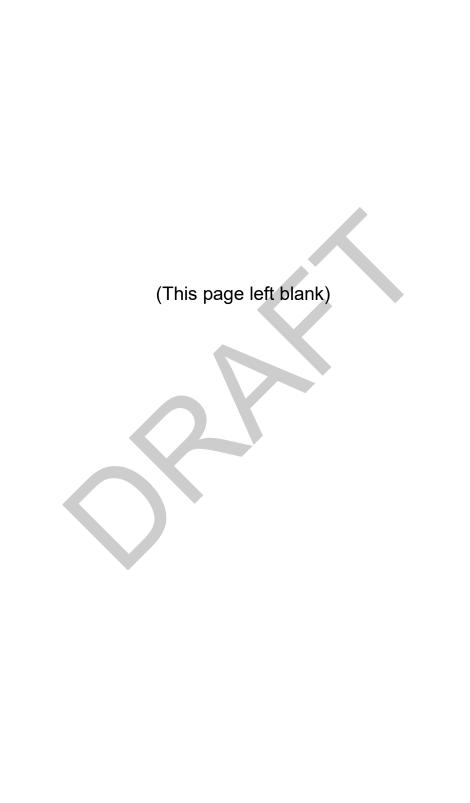
### AREA PLAN UPDATE (APU) CHECKLIST

PSA <u>23</u>

Check one: ☐ FY21-22 ☒ FY 22-23 ☐ FY 23-24

Use for APUs only

AP Guidance Section	APU Components (To be attached to the APU)	Chec Inclu							
	Update/Submit A) through I) ANNUALLY:								
n/a	A) Transmittal Letter- (requires <u>hard copy</u> with original ink signatures or official signature stamp- <b>no photocopies</b> )								
n/a	B) APU- (submit entire APU electronically only)		]						
2, 3, or 4	C) Estimate- of the number of lower income minority older individuals in the PSA for the coming year		]						
7	D) Public Hearings- that will be conducted	$\boxtimes$	]						
n/a	E) Annual Budget	$\boxtimes$	]						
10	F) Service Unit Plan (SUP) Objectives and LTC Ombudsman Program Outcomes	$\boxtimes$							
18	G) Legal Assistance	$\boxtimes$	]						
	Update/Submit the following only if there has been a CHANGE or the section was not included in the 2020-2024	Mark Changed Changed (C or N/0	d						
5	Minimum Percentage/Adequate Proportion		$\boxtimes$						
5	Needs Assessment		$\boxtimes$						
9	AP Narrative Objectives:	$\boxtimes$							
9	<ul> <li>System-Building and Administration</li> </ul>		$\boxtimes$						
9	Title IIIB-Funded Programs		$\boxtimes$						
9	Title IIIB-Transportation		$\boxtimes$						
9	<ul> <li>Title IIIB-Funded Program Development/Coordination (PD or C)</li> </ul>		$\boxtimes$						
9	Title IIIC-1		$\boxtimes$						
9	Title IIIC-2		$\boxtimes$						
9	Title IIID		$\boxtimes$						
20	<ul> <li>Title IIIE-Family Caregiver Support Program</li> </ul>	$\boxtimes$							
9	HICAP Program		$\boxtimes$						
12	Disaster Preparedness	$\boxtimes$							
14	Notice of Intent-to Provide Direct Services		$\boxtimes$						
15	Request for Approval-to Provide Direct Services		$\boxtimes$						
16	Governing Board	$\boxtimes$							
17	Advisory Council	$\boxtimes$							
21	Organizational Chart(s)	$\boxtimes$							



#### TRANSMITTAL LETTER

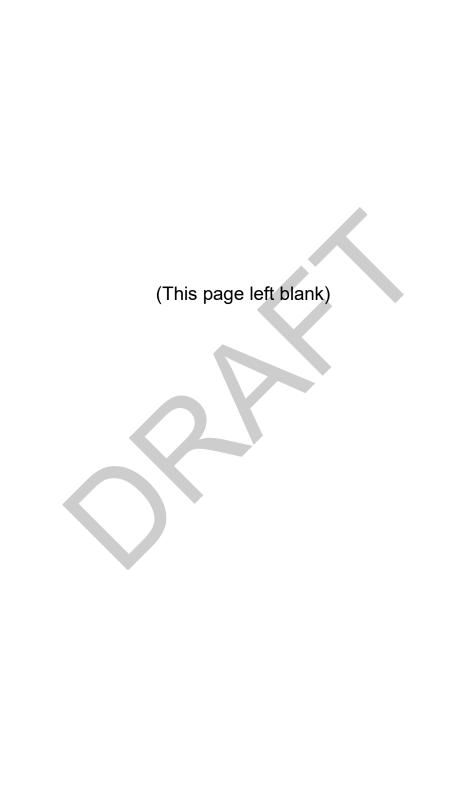
2020-2024 Four Year Area Plan/ Annual Update

Check one: ☐ FY 20-24 ☐ FY 21-22 ☐ FY 22-23 ☐ FY 23-24

AAA Name: Aging & Independence Services PSA 23

This Area Plan is hereby submitted to the California Department of Aging for approval. The Governing Board and the Advisory Council have each had the opportunity to participate in the planning process and to review and comment on the Area Plan. The Governing Board, Advisory Council, and Area Agency Director actively support the planning and development of community-based systems of care and will ensure compliance with the assurances set forth in this Area Plan. The undersigned recognize the responsibility within each community to establish systems in order to address the care needs of older individuals and their family caregivers in this planning and service area.

1.	Nick Macchione, Agency Director Health and Human Services Agency	Date	
2.	John Osborne, Chair Advisory Council	Date	
3.	Kimberly Gallo, Director Aging & Independence Services Area Agency on Aging	Date	



# 2022 California Department of Aging (CDA) Population Demographic Projections by County and PSA for Intrastate Funding Formula (IFF)

Prepared by Data Team 1/14/22

County Name	PSA #	Population 60+	Non- Minority 60+	Minority 60+	Low Income 60+	Medi-Cal Eligible 60+	Geo. Isolation 60+	SSI/SSP 65+	Population 75+	Lives Alone 60+	Non-English 60+
Source		DoF & A	DoF & B	DoF & C	ACL-1 + D	DHCS & A	Census-1	SSA & A	DoF & E	ACL-2 + F	ACL-3 + G
PSA 1											
Del Norte	1	7,257	4,634	2,623	1,255	1,736	2,523	415	2,278	1,645	20
Humboldt	1	38,207	28,653	9,554	4,810	6,932	9,202	1,450	11,503	9,110	250
Total		45,464	33,287	12,177	6,065	8,668	11,725	1,865	13,781	10,755	270
PSA 2											
Lassen	2	7,197	4,970	2,227	710	1,127	3,634	235	2,312	1,615	4
Modoc	2	3,041	2,333	708	455	586	2,075	123	1,080	775	30
Shasta	2	52,571	42,185	10,386	6,630	9,165	14,975	2,163	18,098	11,650	135
Siskiyou	2	15,093	11,548	3,545	2,450	3,033	8,733	770	5,415	3,975	95
Trinity	2	5,802	4,699	1,103	835	844	4,065	188	2,427	1,250	
Total		83,704	65,735	17,969	11,080	14,755	33,482	3,479	29,332	19,265	264
PSA 3											
Butte	3	64,003	46,248	17,755	8,880	10,648	10,927	2,475	23,306	13,890	585
Colusa	3	5,458	2,023	3,435	540	1,226	1,435	221	1,533	1,000	480
Glenn	3	6,936	3,632	3,304	1,230	1,578	2,329		1,782	1,165	220
Plumas	3	8,824	7,339	1,485	890	1,056	4,931	163	3,372	1,735	15
Tehama	3	18,024	12,306	5,718	2,775	3,672	8,364	753	6,400	3,930	
Total		103,245	71,548	31,697	14,315	18,180	27,986	3,995	36,393	21,720	1,550
PSA 4											
Nevada	4	38,421	32,437	5,984	4,315	3,582	11,707	526	14,762	7,295	120
Placer	4	112,243	83,345	28,898	10,430	9,168	12,428	2,199	40,626	21,330	980
Sacramento	4	348,333	160,780	187,553	44,715	75,117	6,251	25,954	105,913	67,330	12,190
Sierra	4	1,452	1,255	197	110	188	1,020	0	571	315	0
Sutter	4	22,035	10,442	11,593	2,785	5,915	2,905	1,716	7,452	4,200	1,735
Yolo	4	46,488	22,023	24,465	4,620	7,627	3,110	•	14,644	8,420	2,010
Yuba	4	14,788	8,315	6,473	2,140	3,982	4,215	1,005	4,329	3,225	445
Total		583,760	318,597	265,163	69,115	105,579	41,636	33,455	188,297	112,115	17,480
PSA 5											
Marin	5	92,507	65,289	27,218	6,145	6,953	5,180	1,405	33,603	20,870	435
PSA 6											
San Francisco	6	226,183	99,657	126,526	32,740	61,518	0	26,746	82,104	49,750	22,615
PSA 7											
Contra Costa	7	304,792	137,714	167,078	21,465	41,432	1,769	10,325	96,355	48,180	6,315
PSA 8											
San Mateo	8	212,553	85,994	126,559	15,260	24,938	3,580	5,555	73,599	32,095	5,950
PSA 9											
Alameda	9	399,436	133,411	266,025	39,575	81,532	1,320	24,789	123,736	65,225	17,805

County Name	PSA #	Population 60+	Non- Minority 60+	Minority 60+	Low Income 60+	Medi-Cal Eligible 60+	Geo. Isolation 60+	SSI/SSP 65+	Population 75+	Lives Alone 60+	Non-English 60+
Source		DoF & A	DoF & B	DoF & C	ACL-1 + D	DHCS & A	Census-1	SSA & A	DoF & E	ACL-2 + F	ACL-3 + G
PSA 10											
Santa Clara	10	453,456	151,295	302,161	41,640	83,523	4,347	27,325	148,076	60,760	18,025
PSA 11											
San Joaquin	11	156,535	51,927	104,608	19,420	35,335	11,455	10,493	48,382	24,660	6,790
PSA 12											
Alpine	12	436	308	128	75	54	276	0	126	80	0
Amador	12	15,089	11,724	3,365	1,295	1,295	7,670	179	5,454	2,850	25
Calaveras	12	18,318	14,932	3,386	1,695	1,856	11,030	258	7,337	3,535	30
Mariposa	12	6,966	5,678	1,288	805	899	5,411	132	2,705	1,590	4
Tuolumne	12	18,696	15,074	3,622	2,240	2,343	7,537	425	6,884	4,405	90
Total		59,505	47,716	11,789	6,110	6,447	31,924	994	22,506	12,460	149
PSA 13											
San Benito	13	14,078	5,184	8,894	1,065	2,001	2,576	367	4,068	1,445	655
Santa Cruz	13	71,798	40,442	31,356	6,745	10,478	7,012	2,061	21,282	13,880	1,950
Total		85,876	45,626	40,250	7,810	12,479	9,588	2,428	25,350	15,325	2,605
PSA 14											
Fresno	14	199,019	59,351	139,668	30,440	53,058	18,289	17,530	62,014	34,600	13,610
Madera	14	34,551	11,851	22,700	4,400	6,993	11,935	1,754	11,782	5,060	2,465
Total		233,570	71,202	162,368	34,840	60,051	30,224	19,284	73,796	39,660	16,075
PSA 15											
Kings	15	28,110	9,365	18,745	3,695	6,166	2,645	1,650	7,020	3,920	1,695
Tulare	15	86,372	25,626	60,746	15,010	25,818	12,008	7,025	27,304	13,080	6,455
Total		114,482	34,991	79,491	18,705	31,984	14,653	8,675	34,324	17,000	8,150
PSA 16											
Inyo	16	6,738	4,274	2,464	655	903	2,454	158	2,323	1,650	50
Mono	16	4,179	2,739	1,440	245	311	1,415	0	1,321	700	4
Total		10,917	7,013	3,904	900	1,214	3,869	158	3,644	2,350	54
PSA 17											
San Luis Obispo	17	83,281	57,438	25,843	7,070	7,626	10,669	1,327	27,881	15,780	590
Santa Barbara	17	101,182	44,744	56,438	9,885	15,929	5,447	3,316	35,093	19,935	3,580
Total		184,463	102,182	82,281	16,955	23,555	16,116	4,643	62,974	35,715	4,170
PSA 18											
Ventura	18	216,313	98,467	117,846	18,055	28,719	5,252	6,639	70,155	33,260	8,650
PSA 19											
Los Angeles Co.	19	1,461,336	375,447	1,092,607	194,325	408,333	10,719	131,596	469,409	207,085	109,400
PSA 20											
San Bernardino	20	423,290	130,051	293,239	55,435	100,149	21,182	25,800	116,943	59,620	17,535
PSA 21											
Riverside	21	561,511	209,220	352,291	68,505	100,963	21,442	24,895	194,326	85,640	23,555
PSA 22						_					
Orange	22	768,528	317,055	451,473	77,745	144,167	827	44,743	257,141	115,040	31,680

County Name	PSA #	Population 60+	Non- Minority 60+	Minority 60+	Low Income 60+	Medi-Cal Eligible 60+	Geo. Isolation 60+	SSI/SSP 65+	Population 75+	Lives Alone 60+	Non-English 60+
Source		DoF & A	DoF & B	DoF & A	ACL-1 + D	DHCS & A	Census-1	SSA & A	DoF & E	ACL-2 + F	ACL-3 + G
PSA 23											
San Diego	23	729,001	333,249	395,752	80,050	132,030	22,757	38,857	234,033	125,000	25,990
PSA 24											
Imperial	24	40,183	5,023	35,160	7,955	16,490	4,789	5,531	13,297	5,020	7,790
PSA 25											
Los Angeles City	25	863,781	230,112	626,951	144,575	241,329	723	77,785	284,540	157,945	70,900
PSA 26											
Lake	26	21,498	15,171	6,327	3,395	5,254	6,066	968	8,228	5,790	250
Mendocino	26	27,691	18,054	9,637	3,780	5,495	11,133	1,102	9,686	6,545	275
Total		49,189	33,225	15,964	7,175	10,749	17,199	2,070	17,914	12,335	525
PSA 27											
Sonoma	27	151,644	96,940	54,704	13,485	16,584	17,953	2,949	49,581	32,850	2,235
PSA 28											
Napa	28	39,362	20,683	18,679	3,255	5,092	5,223	815	14,104	8,065	885
Solano	28	113,277	43,929	69,348	9,355	16,595	3,719	3,886	33,956	17,645	2,400
Total		152,639	64,612	88,027	12,610	21,687	8,942	4,701	48,060	25,710	3,285
PSA 29					_						
El Dorado	29	63,507	49,027	14,480	5,290	5,386	16,600	842	20,284	9,930	485
PSA 30											
Stanislaus	30	117,534	50,714	66,820	15,935	27,288	8,100	7,450	35,996	19,110	5,150
PSA 31											
Merced	31	50,681	14,769	35,912	7,290	14,014	5,905	4,034	15,883	8,270	4,890
PSA 32											
Monterey	32	94,097	28,071	66,026	9,575	17,535	10,445	3,098	29,895	15,710	6,080
PSA 33											
Kern	33	165,900	59,135	106,765	24,810	42,583	17,295	10,887	46,924	27,555	9,835
California		9,259,582	3,618,301	5,641,281	1,104,955	1,946,149	438,984	577,491	3,000,633	1,527,985	456,687

#### **SOURCES**

ACL-1 Administration for Community Living, Aging Integrated Database (AGid), Web source retrieved on 12/24/21 Source File: California 2014-2018 American Community Survey (ACS) Special Tabulation on Aging, Ratio of Income in Previous Year to Poverty Level for the Population 60 Years and Over (S21043B) <a href="https://agid.acl.gov/DataFiles/ACS2018/Table.aspx?tableid=S21043B&stateabbr=CA">https://agid.acl.gov/DataFiles/ACS2018/Table.aspx?tableid=S21043B&stateabbr=CA</a>

ACL-2 Administration for Community Living, Aging Integrated Database (AGid). Web source retrieved on 12/24/21 Source File: California 2014-2018 American Community Survey (ACS) Special Tabulation on Aging, Sex by Household Type (Including Living Alone) by Relationship for the Population 60 Years and Over (S21010B) <a href="https://agid.acl.gov/DataFiles/ACS2018/Table.aspx?tableid=S21010B&stateabbr=CA">https://agid.acl.gov/DataFiles/ACS2018/Table.aspx?tableid=S21010B&stateabbr=CA</a>

ACL-3 U.S. Administration on Aging, Aging Integrated Database (AGid). Web source retrieved on 12/24/21 Source File: California 2014-2018 American Community Survey (ACS) Special Tabulation on Aging, Age by Ability to Speak English for the Population 60 Years and Older (S21014B) <a href="https://agid.acl.gov/DataFiles/ACS2018/Table.aspx?tableid=S21014B&stateabbr=CA">https://agid.acl.gov/DataFiles/ACS2018/Table.aspx?tableid=S21014B&stateabbr=CA</a>

#### Census-1 U.S. Census, American FactFinder

Source File: Census 2010, American Fact Finder, QT-P1, Age Groups and Sex, Geography Rural, 2010 Summary File 1 (New data will not be available until 2020 Decennial Census data becomes available. CDA used existing data from 2010 Decennial Census.)

#### Census-2 U.S. Census, American FactFinder

Source File: Summary File 1, 100% Data, Population, Housing Units and Area & Density, Geographic Area: CA-County & County (GCT-PH1) Subdivision & Place Tables

(New data will not be available until 2020 Decennial Census data becomes available. CDA used existing data from 2010 Decennial Census.)

**DHCS** State of California, Department of Health Care Services, Research and Analytic Studies Division. Source data emailed on 10/13/21 Source File: Medi-Cal Beneficiaries Age 60 and Over as of January 2020 Special Run Request

#### **DOF** Demographic Research

P-2: State and County Population Projections by Race/Ethnicity and Age (5-year groups): 2021 Special Run Request Sent by Walter Schwarm 1/12/22

SSA U.S. Social Security Administration, Office of Retirement and Disability Policy. Web source retrieved on 12/30/21 Source File: SSI Recipients by State and County, Dec 2020 https://www.ssa.gov/policy/docs/statcomps/ssi

A The 2022 Los Angeles County (PSA 19) and Los Angeles City (PSA 25) 60+ Population and the Medi-Cal Eligible 60+ split calculated on actual population split from 2010 Census. (PSA 19 = 62.85%; PSA 25 = 37.15%).

B The 2022 Los Angeles County (PSA 19) and Los Angeles City (PSA 25) Non-Minority 60+ Population split calculated on actual population split from 2010 Census. (PSA 19 = 62.00%; PSA 25 = 38.00%).

C The 2022 Los Angeles County (PSA 19) and Los Angeles City (PSA 25) Minority 60+ Population split calculated on actual population split from 2010 Census. (PSA 19 = 63.54%; PSA 25 = 36.46%).

**D** The 2014-2018 ACL Special Tabulation for Los Angeles County (PSA 19) and Los Angeles City (PSA 25) Low-Income 60+ Population (PSA 19 = 57.34%; PSA 25 = 42.66%).

E The 2022 Los Angeles County (PSA 19) and Los Angeles City (PSA 25) 75+ Population split calculated on actual population split from 2010 Census (PSA 19 = 62.26%; PSA 25 = 37.74%).

F The 2014-2018 ACL Special Tabulation for Los Angeles County (PSA 19) and Los Angeles City (PSA 25) Lives Alone 60+ Population (PSA 19 = 56.73% PSA 25 = 43.27%).

G The 2014-2018 ACL Special Tabulation for Los Angeles County (PSA 19) and Los Angeles City (PSA 25) Non-English Speaking 60+ Population (PSA 19 = 60.68%, PSA 25 = 39.32%)

# The San Diego Union-Tribune

#### PROOF OF PUBLICATION

#### STATE OF CALIFORNIA **County of San Diego**

The Undersigned, declares under penalty of perjury under the laws of the State of California: That he/she is the resident of the County of San Diego. That he/she is and at all times herein mentioned was a citizen of the United States, over the age of twenty-one years, and that he/she is not a party to, nor interested in the above entitled matter; that he/she is Chief Clerk for the publisher of

#### The San Diego Union-Tribune

a newspaper of general circulation, printed and published daily in the City of San Diego, County of San Diego, and which newspaper is published for the dissemination of local news and intelligence of a general character, and which newspaper at all the times herein mentioned had and still has a bona fide subscription list of paying subscribers, and which newspaper has been established, printed and published at regular intervals in the said City of San Diego, County of San Diego, for a period exceeding one year next preceding the date of publication of the notice hereinafter referred to, and which newspaper is not devoted to nor published for the interests, entertainment or instruction of a particular class, profession, trade, calling, race, or denomination, or any number of same; that the notice of which the annexed is a printed copy, has been published in said newspaper in accordance with the instruction of the person(s) requesting publication, and not in any supplement thereof on the following dates, to wit:

March 11, 2022

I certify under penalty of perjury under the laws of the State of California that the foregoing is true and correct.

> Dated in the City of San Diego, California on this 11th of March 2022

San Diego Union-Tribune Legal Advertising

Order ID: 7846358 CA11465003

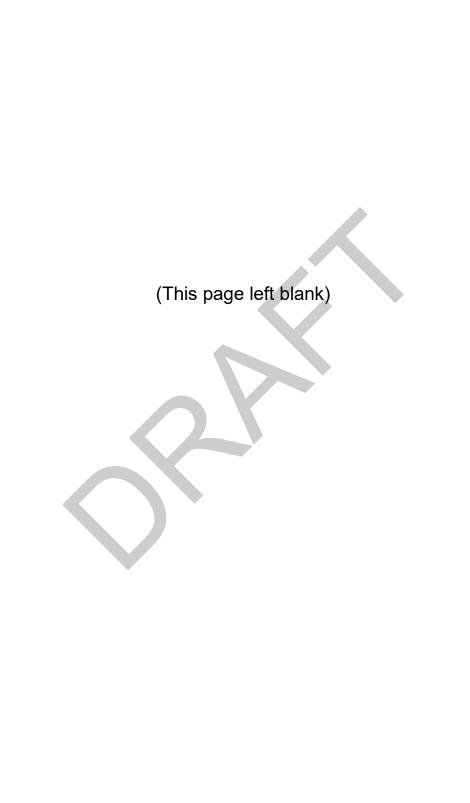
County of San Diego – Aging & Independence Svcs

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

Aging & Independence Services (AIS), of the Health and Human Services Agency, of the County of San Diego, and designated by the California Department of Aging (CDA) as the Area Agency on Aging (AAA) for Planning and Service Area (PSA) #23 [San Diego County], will hold a Public Hearing, Monday April 11, 2022, during the regularly scheduled Advisory Council meeting held at 12:00 PM (noon) as part of the process for the four-year Area Plan 2020-2024, Update FY 22/23 document. The Area Plan Incorporates annual objectives of the PSA's goals and a projection of services offered to the County's older adults and and a projection of services offered to the County's older adults and persons with disabilities.

The hearing will be held virtually via phone at (669) 900-9128 (Meeting ID: 992 5390 3588; Meeting password: 251412), or visit http://www.aging.sandiegocounty.gov/AISAdvisoryCouncil to join by video conference (Zoom). For information, please call (858) 495-5566.





### AIS FY 21/22 Budget & Contracts Summary

## Operating Budget: Number of Budget Unit Orgs:

Number of Budget Unit Orgs:	21	
Salaries & Benefits:		\$ 61,475,010
Operating Expenses (Ser & Sup + Other):		150,866,344
IHSS Public Authority Budget:	_	35,836,918
Total Operating Budget:	_	\$ 248,178,272

### **Funding Sources:**

Number of Funding Sources:	40+	
Federal \$:		41.81%
State \$ (Includes Realignment):		50.31%
County \$:		6.58%
Other Grant \$:		1.32%
Total Funding:		100.00%

### **Community Contracted Services:**

Number of Contracts:	100+	
IHSS MOE		\$ 76,729,704
Great Plates Delivered Program		\$ 45,000,000
Other Contracted Services		\$ 18,922,720
Total:		\$ 140,652,424
Contracted Services as Percentage of Budget		56.67%

### Number of AIS Staff: 492



### AIS FY 21/22 Funding

By Type:		
Fed	103,756,197	41.81%
State (Includes Realignment)	124,854,660	50.31%
Non-Fed/State	3,268,411	1.32%
County General Purpose Revenue	16,299,004	6.57%
Total Revenue	248,178,272	100.00%

Total Expenditures	248,178,272
--------------------	-------------

		/
By Program		
IHSS (Fed + State + Realignment)		109,022,542
APS (Includes Realignment)		15,997,651
Great Plates Delivered Program	FEMA	45,000,000
T-III-B Support	OAA	2,353,436
Ombudsman	OAA	1,183,996
T-III-C Nutrition	OAA	8,126,957
T-III-D Disease Prevention	OAA	211,716
T-III-E Caregiver	OAA	1,370,956
Area Plan Admin	OAA	947,702
T-V Sr. Employment	OAA	403,385
MSSP	Title XIX	2,945,910
HICAP	SHIP	631,477
SNAP Ed	CDSS	162,660
RSVP	CNCS	105,578
MIPPA	DHHS	103,023
MH Senior Team		335,058
Public Administrator/Guardian/Conservator		3,485,127
Misc Small Programs		3,655,176
Public Authority (State + Fed)		35,836,918
Total Non-County Revenue		231,879,268
County General Purpose Revenue		16,299,004
Total Revenue		248,178,272

# SECTION ONE MISSION STATEMENT

#### AIS

"Aging & Independence Services improves the quality of life, advances equity, and fosters dignity for older adults and persons with disabilities by providing information and essential services for health, safety, and independence."

Aging & Independence Services (AIS) is an Area Agency on Aging (AAA). Therefore, it is understood that AIS will, along with the California Department of Aging and the other AAA's in the aging network strive:

"To provide leadership in addressing issues that relate to older Californians; to develop community-based systems of care that provide services which support independence within California's interdependent society, and which protect the quality of life of older persons and persons with functional impairments; and to promote citizen involvement in the planning and delivery of services."

# SECTION SEVEN PUBLIC HEARINGS

At least one public hearing must be held each year of the four-year planning cycle. CCR Title 22, Article 3, Section 7302(a)(10) and Section 7308, Older Americans Act Reauthorization Act of 2016, Section 314(c)(1).

Fiscal Year	Date	Location	Number of Attendees	Presented in languages other than English? <sup>2</sup> Yes or No	Was hearing held at a Long- Term Care Facility? <sup>3</sup> Yes or No
2020-2021	June 22, 2020	Virtually via phone at (415) 655-0001, or via WebEx (https://sdcountyca.webex.com/sdcountyca/j.php?MTID=mefe8eee37a8008c0512b47db97b1fb9a; Meeting ID: 287448851; Meeting password: nP5VCeAgE64.)		No	No
2021-2022	April 12, 2021	Virtually via phone at (669) 900-9128, or via Zoom (https://zoom.us/j/99253903588?pwd=czJJbXZoWUd6RWhVNXJUZjJKSVpPUT09; Meeting ID: 992 5390 3588; Meeting password: 251412)	28	No	No
2022-2023	April 11, 2022	F			
2023-2024					

#### The following must be discussed at each Public Hearing conducted during the planning cycle:

- 1. Summarize the outreach efforts used in seeking input into the Area Plan from institutionalized, homebound, and/or disabled older individuals.
  - Notification (Legal Notice) of the Public Hearing appeared in the region's largest newspaper
  - AIS News Bulletin
  - 2. Were proposed expenditures for Program Development (PD) or Coordination (C) discussed?
    ☐ Yes. Go to question#3
    ☑ Not applicable, PD and/or C funds are not used. Go to question#4
  - 3. Summarize the comments received concerning proposed expenditures for PD and/or C.

4.	Attendees were provided the opportunity to testify regarding setting minimum percentages of Title III B program funds to meet the adequate proportion of funding for Priority Services.
	□ No, Explain:
5.	Summarize the comments received concerning minimum percentages of Title III B funds to meet the adequate proportion of funding for priority services.
6.	List any other issues discussed or raised at the public hearing.
7.	Note any changes to the Area Plan which were a result of input by attendees.

<sup>&</sup>lt;sup>2</sup>A translator is not required unless the AAA determines a significant number of attendees require translation services.

<sup>3</sup>AAAs are encouraged to include individuals in LTC facilities in the planning process, but hearings are not required to be held in LTC facilities.

# SECTION NINE AREA PLAN NARRATIVE GOALS AND OBJECTIVES

Goal Statements, Rationales, and Objectives (This page left blank)

#### Goal # 1 CAREGIVER SUPPORT

**Goal:** Caregivers have access to the supports and resources necessary to provide responsive and manageable care to older adults, while also tending to their own wellbeing.

**Rationale:** Family caregivers play a crucial role in providing care for those who are elderly, facing serious illness, or living with dementia. Some of these caregivers may be in the "sandwich generation," or raising children while also caring for older relatives. These unsung heroes help loved ones to live at home for as long as possible, improving their quality of life. Another important group of caregivers includes kinship caregivers, such as grandparents raising grandchildren. AIS strategies include expanding supports and resources across the spectrum of caregivers and elevating the business community's involvement in supporting employees who are family caregivers.

#	OBJECTIVES	Projected Start and End Dates	Title IIIB Funded PD or C <sup>4</sup>	Update Status⁵
1.01	Participate/present in 4 community outreach events targeting facilities, caregivers, family, and the community for the purpose of increasing public understanding of issues that are related to ombudsman practices and the needs of long- term care residents. The outcome is measured through the reporting functions within the Ombudsman computer application, Ombudsman Data Integration Network (ODIN).	July 1, 2022 to June 30, 2023		Continued
1.02.a	Through the Family Caregiver Support Program (FCSP), contractor will provide a minimum of 12,000 units of respite service (one hour equals one service unit). Contractor will provide a minimum of 1,600 occurrences of supplemental services to family caregivers through home adaptations and assistive devices to facilitate and fulfill caregiving responsibilities. In addition, the following support services will also be provided for family caregivers: assessment, counseling, support groups, and case management, reaching 8,000 hours annually. Contractor will conduct outreach to a minimum of 12,000 individuals annually with information on caregiver support services. Services will be conducted by persons trained and experienced in the skills required to provide the service. FCSP staff will track the number of hours of support provided and the evaluation of services. Of those clients completing evaluation surveys, an overall satisfaction level of at least 70% will be reported for the combined services offered of assessment, counseling,	July 1, 2022 to June 30, 2023		Revised

	support groups and case management services. Through FCSP Access Assistance Service, contractor will provide 800 units (contacts) of one-to-one guidance provided by an attorney (or the person under the supervision of an attorney) in the use of legal resources and services when assisting a caregiver with caregiving related legal issues.		
1.02.b	Through the Family Caregiver Support Program contracts, provide a minimum of 16,000 hours of respite care for Kinship Caregivers including both in-home and out-of-home supervision. AIS staff will track the number of hours of respite care provided and the level of overall satisfaction with those respite services. At least 70% of customers receiving respite services and completing the satisfaction survey will report an overall improvement in stress level, sense of relief from the burden of caregiving and overall satisfaction with the services received.	July 1, 2022 to June 30, 2023	Continued
1.02.c	Through the Family Caregiver Support Program, AIS staff, in collaboration with community partners, will conduct family caregiver workshops/events, with at least one of those workshop/events targeting Veteran and Military Caregiver Families. A minimum of 200 caregivers will attend these events annually. Attendees will be asked to complete satisfaction surveys following these events and of those completing the survey, at least 70% will report having increased knowledge of resources and support services available and better ability to manage their caregiver role. AIS staff will track both the number of caregiver support events held, number of individuals attending, and percent satisfied.	July 1, 2022 to June 30, 2023	Revised
1.02.d	Through the Family Caregiver Support Program, AIS staff will arrange a minimum of 10 "Lunch & Learn" webinars annually on topics related to caregiver issues. Maintain an annual goal of 10 webinars, which will make it possible for caregivers to receive resource information from remote locations and through archived methods at the Caregiver Coalition website, in order to lessen the burden of traveling to receive support information. At least one session will include information targeted at caregivers in Veteran and	July 1, 2022 to June 30, 2023	Revised

	Military families. Goal is to reach an average of 10		
	attendees per session.		
	In order to better inform grandparents raising their		
	grandchildren and other kinship caregivers about		
	community resources and services, the AIS		
	Intergenerational Coordinator will oversee the		
	distribution of the locally produced Handbook for		Continued
1.03	Grandparents and Other Relatives Raising	July 1, 2022	Continued
	Children. The goal is to provide at least 250	to June 30, 2023	
	kinship family caregivers and/or kinship family		
	service providers with this handbook annually.		
	In conjunction with community partners and HHSA		
	Regional teams, continue to support the		
	Grandparents Raising Grandchildren initiative		
	consisting of outreach activities, workshops, and		
	other activities to support these families.	Luly 4, 2022	
1.04	Attendees will be asked to complete satisfaction	July 1, 2022 to	Revised
	surveys following these events. Of those	June 30, 2023	
	completing the survey, at least 70% will report		
	having increased knowledge and resources and		
	support services available and better ability to		
	manage their caregiver role.		

<sup>&</sup>lt;sup>4</sup>Indicate if Program Development (PD) or Coordination (C) is the objective (cannot be both). If a PD objective is not completed in the timeline required and is continuing in the following year, any objective revision must state additional tasks.

<sup>&</sup>lt;sup>5</sup>Use for the Area Plan Updates only to indicate if the objective is New, Continued, Revised, Completed, or Deleted.

#### Goal # 2 SAFETY

Goal: Older adults and persons with disabilities are safe in their homes and community.

**Rationale:** Older adults and persons with disabilities ought to be safe in their homes and communities. Unfortunately, reports of elder and dependent adult abuse are increasing. AIS strategies to address this include expanding public awareness of elder abuse, strengthening legal supports to it, supporting older adults who are victims, and increasing prevention efforts. Working with the Sheriff's Department, District Attorney, and other regional law enforcement entities, we shape policies and practices to keep older adults safe.

#	OBJECTIVES	Projected Start and End Dates	Title IIIB Funded PD or C <sup>4</sup>	Update Status⁵
2.01	Outreach & Education staff will reach a minimum of 500 mandated reporters annually with in-person or virtual trainings regarding their responsibility to make Elder and Dependent Adult abuse reports.	July 1, 2022 to June 30, 2023		Revised
2.02	The County of San Diego Elder and Dependent Adult Death Review Team (EDADRT) Reviews the circumstances surrounding elder and dependent adult deaths and evaluates the services provided to both victims and perpetrators in an attempt to improve service delivery, close system gaps and decrease the incidence of elder abuse, neglect and suicides in San Diego County. As needed, suspicious elder or dependent adult deaths will be reviewed. The EDADRT will also coordinate joint case reviews with the County of San Diego's Domestic Violence Fatality Review Team (DVFRT) whenever possible when an elder death involves an intimate partner relationship. A minimum of one joint EDADRT/DVFRT meeting will be held in this fiscal year.	July 1, 2022 to June 30, 2023		Continued
2.03	Receive and investigate allegations of abuse, neglect, or exploitation of residents of long-term care facilities. The outcome is measured through the reporting functions within the Ombudsman computer application, Ombudsman Data Integration Network (ODIN).	July 1, 2022 to June 30, 2023		Continued

	In an effort to provide a sefety not for isolated		
2.04	In an effort to provide a safety net for isolated and vulnerable older adults, Project Care contracted agencies will conduct the following services: welfare check phone calls, information and referral, provision of "Vials of Life," home assessment, and short-term case management. Contracted providers will provide a minimum of 6,000 units of Access Assistance to clients annually.	July 1, 2022 to June 30, 2023	Continued
2.05	As a means to standardized training and provide new Adult Protective Services (APS) Specialists with the skills and tools needed to do their jobs, a 12-month Initial Training Program was created and is being utilized to train all new Adult Protective Services Specialists. This program provides coaching, training and support to new APS Investigators emphasizing the need to develop extensive knowledge of other County and non-governmental service programs, in order to develop person centered service plans. The curriculum includes presentations and ride-a-longs with organizations that offer services to vulnerable and at-risk adults in order to avoid future duplication of efforts as well as enhance services through active collaborations.	July 1, 2022 to June 30, 2023	Continued
2.06	Identify, assess and case manage 115 unduplicated at-risk adults with disabilities through the Linkages Program. Outcome will be measured by the tracking of the unduplicated client count in the Linkages database.	July 1, 2022 to June 30, 2023	Continued
2.07	Provide case management services to 215 unduplicated frail seniors, at risk of out-of-home placement. The outcome will be measured by tracking the unduplicated client count served by the Senior Options, Advocacy and Referrals (SOAR) Program in the automated database system.	July 1, 2022 to June 30, 2023	Continued
2.08.a	Operate Cool Zones for the Summer Season of 2022; maintain SharePoint log for record of calls and fan eligibility; initiate fan distribution; track fan inventory for count accuracy against mailing records; close down operations mid-Fall 2022; close-out report to SDG&E shut-down Call Center extended phone number.	July 1, 2022 to June 30, 2023	Continued
2.08.b	Open Cool Zones operations for the 2022 Summer season, including early 2022 Spring activities of site verification, plan coordination with SDG&E, new site recruitment, hiring temp worker, launching the extension of the Call Center with the Cool Zones helpline, and orienting callers to nearest Cool Zone site using County interactive map.	July 1, 2022 to June 30, 2023	Continued



## Goal # 3 PREPAREDNESS

**Goal:** Older adults and their caregivers are prepared to be safe during disasters.

Rationale: We live in a region that is impacted by wildfires. Other disasters such as earthquakesare also a threat. In addition to disasters, there are everyday emergencies in individual households where first responders are called to assist an older adult in need. Many of the persons served by AIS programs and services will require special assistance during an emergency or large-scale disaster because of their access or functional limitations. AIS partners with the County's Office of Emergency Services (OES) to address these needs.

#	OBJECTIVES	Projected Start and End Dates	Title IIIB Funded PD or C⁴	Update Status⁵
3.01	AIS staff will participate in disaster planning to develop and support long-term emergency plans including: OES' community Access and Functional Needs (AFN) planning committee, shelter committee, workgroup to update the Disaster Rapid Assessment Team (DRAT) plan, and related exercises to assist OES to meet the needs of people with access and functional needs in an emergency or disaster. AIS will coordinate staffing for the AFN Technical Advisory seat in the Operational Area's Emergency Operations Center (EOC) during emergencies or disasters.	July 1, 2022 to June 30, 2023		Continued
3.02	AIS will update Adult Protective Services' Vulnerable Adult Shelter Assessment Team (VASAT) plan to align with the updates to OES' DRAT plan. The VASAT plan provides protocols for APS staff to visit emergency shelters during a disaster to identify the needs of older adults and persons with disabilities and forward those needs to the EOC for resolution.	July 1, 2022 to June 30, 2023		Continued
3.03	AIS will support OES' Neighborhood Evacuation Teams (NET), a preparedness campaign in which Community Emergency Response Team members may help vulnerable residents create an evacuation plan and identify other resources to be better prepared during an emergency.	July 1, 2022 to June 30, 2023		Continued
3.04	AIS will, with OES, develop a simple resource guide for older adults to prepare for emergencies.	July 1, 2021 to June 30, 2022		Completed

3.05	AIS will, with OES, begin to develop public service announcements and disaster preparedness resources, including printed flyers, for older adults and persons with disabilities to prepare for power outages.	July 1, 2022 to June 30, 2023	Continued
3.06	AIS will, with OES, begin to develop training for first responders on how to meet the needs of older adults during emergencies and how to recognize and understand related conditions, caregiving issues, warning signs of dementia, and poor physical health.	July 1, 2022 to June 30, 2023	Continued



#### Goal # 4 SILVER ECONOMY

**Goal:** A skilled and diverse workforce with supporting technologies and products support healthy aging in our community. Older adults have opportunities to work and volunteer.

**Rationale:** The growing older adult population will increase the demand for skilled healthcare and social service workers. Increased capacity and training for those in fields such as home care, with a focus on diversity and the cultural dynamics of different groups within our communities is needed. Older adults continue to want to be engaged members of the community, and many wish to be involved through employment or volunteer work. AIS promotes work and volunteer opportunities for older adults and encourages local businesses to attract, retain, and protect older workers who want or need to stay in the workforce.

#	OBJECTIVES	Projected Start and End Dates	Title IIIB Funded PD or C⁴	Update Status⁵
4.01.a	Provide at least 18 hours of in-service training to volunteers regarding long-term care issues, eldercare, and ombudsman practice issues. The outcome is measured by sign-in sheets and the ombudsman computer application, Ombudsman Data Integration Network (ODIN).	July 1, 2022 to June 30, 2023		Continued
4.01.b	Conduct at least two 36-hour ombudsman volunteer certification trainings. Outcome is measured by sign-in sheets and reported at the end of the year by the Ombudsman Program Coordinator.	July 1, 2022 to June 30, 2023		Continued
4.01.c	Focus on the retention of the number of certified Long-Term Care (LTC) ombudsman volunteers at 80. The outcome will be measured through the reporting functions within the Voltrak computer software application.	July 1, 2022 to June 30, 2023		Continued
4.01.d	The LTC Ombudsman & Facilities Subcommittee is an ancillary subcommittee established by the AIS Advisory Council to perform some of its functions as the LTC Ombudsman Advisory Council. This Subcommittee will support the Ombudsman program by:  • Maintaining awareness of general regulations governing Skilled Nursing Facilities (SNFs) and Residential Care Facilities for the Elderly (RCFEs).	July 1, 2022 to June 30, 2023		Continued

	T	Г	1
	<ul> <li>Monitoring legislation proposals and changes related to SNFs and RCFEs.</li> </ul>		
	<ul> <li>Maintaining awareness of the functional integrity of LTC facilities.</li> </ul>		
	Interfacing with AIS staff regarding Ombudsman     Program standard of operations.		
	Interfacing with AIS staff regarding Ombudsman     Program goals and performance.		
	<ul> <li>Monitoring Choose Well, the County's online</li> </ul>		
	RCFE Rating System in San Diego County.		
	Reporting findings and recommendations to the		
	full Council for action by the Council.		
	Retired and Senior Volunteer Program (RSVP)		
	staff improve lives, strengthen communities,		
	and foster civic engagement through		
	promotion of service and volunteering in the AmeriCorps Seniors grant focus area of Healthy	July 1, 2022	
	Futures, which emphasizes healthy and	to	Revised
4.02	independent living. In the RSVP Program, a	June 30, 2023	. 101.004
	minimum of 1,000 volunteers will serve at		
	community partner sites throughout the County.		
	Note: The federal RSVP grant puts limits on the		
	categories that can be counted under their grant.		
	Senior Volunteers in Action (SVA) Program helps keep seniors engaged in their communities while		
	providing opportunities to share their knowledge,	July 1, 2022	
4.03	wisdom, and skills. A minimum of 350 SVA	to June 30, 2023	Continued
	volunteers will contribute their efforts in the	Julie 30, 2023	
	community annually.		
	Reduce isolation of seniors living in long-term care		
	facilities by linking volunteers, including minor		
	volunteers paired with adult volunteers for an		
	intergenerational component, with isolated seniors	July 1, 2022 to	
4.04	currently residing in such facilities, through a contract for the Guardian Angels program. The	June 30, 2023	Revised
4.04	outcome will be the number of volunteers and		
	isolated seniors served, as well as the number of		
	facility visits completed, which will be tracked via		
	monthly progress reports, and assessment of		
	the satisfaction of participants in the program.		

#### Goal # 5 MEDICAL & SOCIAL SERVICES

**Goal:** Care coordination among medical and social services provides proactive, seamless, prevention-focused, and responsive support.

Rationale: On the prevention side, AIS will increase the focus on the social determinants of health, and improve screening for risks such as food insecurity and social isolation. Within the healthcare arena, we will elevate the importance of dental health care for older adults as this impacts overall health. AIS also has hospital partners committed to providing appropriate patient-centered care to older adults. Recently, two hospitals in our region, Alvarado Hospital and UCSD, achieved various levels of Geriatric Emergency Department Accreditation (GEDA). This accreditation is awarded to Emergency Departments who ensure that older patients receive well-coordinated and appropriate care. The accreditation includes staffing protocols, training for staff, and the appropriate equipment and supplies on-site. Leading the charge nationwide on GEDA is the West Health Institute, headquartered in San Diego. AIS strives to partner with the West Health Institute to have all hospital emergency departments in our region GEDA certified. Both entities will provide funding and support to assist the region's hospital systems in achieving accreditation.

#	OBJECTIVES	Projected Start and End Dates	Title IIIB Funded PD or C <sup>4</sup>	Update Status⁵
5.01	Provide 15,500 hours annually of homemaker and personal care services through the Senior Options, Advocacy and Referrals (SOAR) program. Outcome will be measured by tracking the total number of hours logged in the automated database system.	July 1, 2022 to June 30, 2023		Revised
5.02	Choose Well, the online voluntary Residential Care Facility for the Elderly (RCFE) Rating System, is operated by contract and includes goals of 51% participation of all licensed RCFEs in San Diego County at any point in time. To increase value of the system for consumers and member facilities 2 advisory workgroup meetings, 2 CEU Lunch & Learns, 6 newsletters, 10 articles, and 150 Facebook posts will be provided annually. System enhancements will be considered and implemented if advisable, including developing a countywide benchmark score of all RCFE facilities and adding a customer experience component to the facility score.	July 1, 2022 to June 30, 2023		Revised

5.03	Attend to potential Medicare Improvement for Patients and Providers Act (MIPPA) mid-year funding announcements; prepare a subsequent Work Plan for the California Department of Aging (CDA); consider contracting and appropriate field work options, and conduct reporting according to the requirements and expectations as they relate to beneficiary application enrollments and other MIPPA objectives.	July 1, 2022 to June 30, 2023	Continued
5.04	Outreach & Education staff will coordinate multiple community events in partnership with community partners annually, where they arrange for behavioral health specialists to conduct Depression Screenings activities for at least 500 older adults and refer them to services if indicated. These activities are in an effort to educate the public about the incidence of depression in older adults as well as resources available to treat it. Staff will track the number of screenings conducted.	July 1, 2022 to June 30, 2023	Continued
5.05	Participate in the Older Adult Behavioral Health System of Care Council (OABHSOCC) to contribute in all phases of planning and implementation of the Mental Health Services Act, to ensure the needs of mentally ill seniors are reflected in program design and service delivery. The outcome will be measured by the inclusion of OABHSOCC recommendations in the Mental Health Services Act programs and by ongoing input into service delivery.	July 1, 2022 to June 30, 2023	Continued
5.06	In an effort to help decrease food insecurity and educate the community about potential eligibility to CalFresh benefits for older adults, AIS staff will provide outreach materials and application assistance to individuals.	July 1, 2021 to June 30, 2022	Completed
5.07	Conduct a general visit at least once per quarter in 75% of skilled nursing facilities and 70% of residential care facilities for the elderly. The outcome is measured through the reporting functions within the ombudsman computer application, Ombudsman Data Integration Network (ODIN).	July 1, 2022 to June 30, 2022	Continued

5.08	AIS will work closely with the County's Medi-Cal managed care health plans to support dual eligible and Medi-Cal-only beneficiaries who receive Managed Long-Term Services and Supports (LTSS) as Cal AIM is implemented. An AIS representative will attend monthly Healthy San Diego meetings, which includes: the seven current Medi-Cal health plans, County of San Diego representatives (Behavioral Health, Public Health, AIS), Community- Based Adult Services (CBAS), and consumer advocacy groups. AIS and the health plans will meet in quarterly "Healthy San Diego Health Plan – AIS Workgroup" meetings. Through these meetings, AIS will represent the needs of the older adult population with the aim of educating and assisting these partners (non-Older Americans Act) in better serving our constituency.		Revised
5.09	Complete 90% (13,860 of 15,400) of initial eligibility determinations for IHSS within the 45-day County-imposed program mandate so individuals can remain safely in their own home.	July 1, 2022 to June 30, 2023	Revised
5.10	Ensure 97% (33,077 of 34,100) of annual reassessments for IHSS are completed timely so older adults and persons with disabilities receive the appropriate level of care to remain safely in their own home, exceeding the State performance expectation of 80%.	July 1, 2022 to June 30, 2023	Revised

### Goal # 6 SOCIAL PARTICIPATION

**Goal:** A range of social and community engagement opportunities exist for older adults to promote active living and enriching experiences across all age groups and generations.

**Rationale:** AIS' Social Participation Theme Team has the mission of increasing the number of older adults who stay active and engaged. Strategies include: increasing intergenerational activities, providing programs that are inclusive of people with dementia, making a special effort to engage with people who are socially isolated, and promoting opportunities for meaningful

civic engagement.

#	OBJECTIVES	Projected Start and	Title IIIB Funded	Update Status⁵
		End Dates	PD or C <sup>4</sup>	Status
6.01	The Aging & Independence Services Intergenerational Coordinator will increase Awareness of and use of intergenerational intervention models. Staff person will provide technical assistance and support on topics such as recruitment of older adult participants, program curricula and evaluation, and sustainability strategies. Partner agencies are non-OAA funded entities. The goal is to provide at least 50 instances of technical support per year, with at least 10 unduplicated community partners served each year.	July 1, 2022 to June 30, 2023		Continued
6.02	In order to decrease social isolation for some of our community's most vulnerable and at-risk seniors, Retired and Senior Volunteer Program (RSVP) staff will work in partnership with police departments and the Sheriff's Department to conduct 5,000 annual "You Are Not Alone" (YANA) home visits and 35,000 phone calls to frail, isolated older adults living at home. RSVP staff will track the number of visits and phone calls through reports from Senior Volunteer Patrol groups. YANA volunteers will be provided additional materials such as behavioral health resources, Meals on Wheels, and 2-1-1 San Diego, to better enable them to support home-bound older adults.	July 1, 2022 to June 30, 2023		Revised
6.03	The Age Well Social Participation Theme Team will continue to work with partners to identify and engage socially isolated older adults. The Team will continue to distribute the "Get Connected" Guide, available in all 5 threshold languages (English, Arabic, Tagalog, Vietnamese, and Spanish), designed to address social isolation by providing accessible and low-barrier ideas for older adults to become more	July 1, 2022 to June 30, 2023		Revised

engaged in their community. The Guide	
includes resources for individuals who are	
mobile and those who are homebound.	



#### Goal # 7 DEMENTIA-FRIENDLY

**Goal:** Individuals with dementia live as independently as possible and are encouraged and welcomed by everyone to participate in community life.

Rationale: The Dementia-Friendly Theme Team envisions a community that is informed, safe, and inclusive of individuals living with dementia; a community where people do not shy away from someone who is disoriented or struggling, and have the communication tools needed to offer a helping hand. The Dementia-Friendly Theme Team is working to promote awareness of dementia, and the resources that exist to help those affected by the disease. The Theme Team is also coordinating with the Alzheimer's Project (a regional, cross-disciplinary effort) to incorporate dementia-friendly elements. Dementia-friendly concepts are infused in all 10 of our focus areas.

#	OBJECTIVES	Projected Start and End Dates	Title IIIB Funded PD or C <sup>4</sup>	Update Status⁵
	At the direction of the Board of Supervisors, AIS is working collaboratively on the Alzheimer's Project with community stakeholders/agencies to address Alzheimer's disease and develop improved and new resources to mitigate its multiple impacts. An Implementation Plan was developed and approved in March 2015 that is now guiding efforts to strengthen existing resources and			
7.01	usher in new supports in key areas: coordinating community responses to incidents of wandering, supporting caregivers, developing and training physicians on clinical standards for assessment, diagnosis and treatment, and raising the public's awareness of dementia issues. Accomplishments will be included in the Aging Roadmap Updates Report.	July 1, 2022 to June 30, 2023		Revised
7.02	As the regional lead for Dementia Friends California, the Age Well Dementia-Friendly Theme Team will conduct Dementia Friends sessions for community members and groups throughout the region. The sessions will provide education on communication tips, common misconceptions aboutdementia, and strategies for getting involved in making our communities more dementia-friendly. The AIS team will support the "Local Champions," who are certified to teach Dementia Friends sessions, by coordinating training requests and creating and updating trainings that are tailored to the San Diego region. Measures include session resources developed and number of new Dementia Friends trained.	July 1, 2022 to June 30, 2023		Continued

7.03	AIS staff and Age Well community partners will educate the community at large about brain health and issues related to Alzheimer's disease and related dementias (ADRD), reaching at least 500 individuals annually. (These are different topics than the material in the Dementia Friends sessions.)	July 1, 2022 to June 30, 2023	Continue
7.04	In collaboration with the Age Well Social Participation Theme Team, the Dementia-Friendly Theme Team developed a toolkit designed to provide family caregivers with activities they can do with a person living with dementia. The activities included in the toolkit will offer accessible activities (music art, physical activity, etc.) with modifications to meet individual needs. The Theme Team will explore ways to increase access to this toolkit through partnerships with community and clinical partners.	July 1, 2021 to June 30, 2022	Complete
7.05	AIS staff will work with HHSA – Public Health Services and coordinate a California Department of Public Health (CDPH) Healthy Brain Initiative (HBI) grant with major objectives that include: 1) develop an updated prevalence estimate for ADRD in our region; 2) integrate ADRD into local public health planning; 3) develop tools for clinicians to educate patients about brain health and cognitive impairment; 4) raise awareness of the risk of abuse for individuals with dementia; 5) educate caregivers on dementia resources, and 6) work with health systems to implement sustainable policies and procedures for best practices in clinical care. HBI accomplishments will be included in the Aging Roadmap Updates Report.	July 1, 2021 to June 30, 2022	Complete
7.06	AIS staff will work with HHSA – Public Health Services on national Healthy Brain Initiative (HBI) objectives to integrate ADRD into local public health planning, develop tools for clinicians to educate patients about brain health and cognitive impairment, educate caregivers on dementia resources, and work with health systems to implement sustainable policies and procedures for best practices in clinical care. HBI accomplishments will be included in the Aging Roadmap Updates Report.	July 1, 2022 to June 30, 2023	New

### Goal #8 HEALTH & COMMUNITY SUPPORT

**Goal:** When changes and challenges in health occur, older adults and their families know how to find relevant resources, support, and care planning in their community.

**Rationale:** AIS' Health and Community Support team envisions communities where older adults have access to health care and community support, even as their needs change through the life course. Strategies to achieve this goal include: increasing awareness of existing resources, increasing access to, and use of, technology to support aging in place, and promoting village-like communities, where neighbors support each other.

#	OBJECTIVES	Projected Start and End Dates	Title IIIB Funded PD or C <sup>4</sup>	Update Status⁵
8.01	Manage the Veteran Directed Care Program at full census (30) for Veterans who are at risk of nursing home placement Veterans enrolled in San Diego Veterans Independence Services at Any Age (SD-VISA) receive self-directed caregiving services and ongoing options counseling. The goal of SD-VISA is to allow Veterans to age in place with services that are coordinated between the VA Medical Center and other community-based services.	July 1, 2022 to June 30, 2023		Continued
8.02	Provide Information and Assistance (I&A) through the Aging & Independence Services (AIS) Call Center 800 number to an average of 800 callers per month (9,600 per year). The outcome will be measured by the AIS Call Center call management system.	July 1, 2022 to June 30, 2023		Continued
8.03	Conduct a biennial conference to educate community organizations and the public on important issues. A subject theme is developed for each event. Outcomes will be measured by attendance at the event.	July 1, 2022 to June 30, 2023		Revised
8.04	Continue to advance LGBTQ+ sensitivity efforts, in addition to other diversity awareness practices, through activities such as ensuring inclusive language on forms, hosting staff training activities, and/or having staff representation at the annual San Diego PRIDE event.	July 1, 2022 to June 30, 2023		Revised

8.05	Participate in the County's legislative process by reviewing opportunities to identify and submit proposals to advocate for legislation that is consistent with Board of Supervisors policy positions which support the goals of AIS programs. In addition, provide analyses on an ongoing basis on pending legislation that impacts AIS programs and recommend, when necessary, that the County support or oppose legislation. The Older Americans Act requires advocacy on behalf of older people and the process incorporates feedback on legislation reviewed by the AIS Advisory Council with recommendations developed through its protocols and in accordance with County policy. The outcome will be measured by proposals and analyses submitted to the Health and Human Services Agency Executive Office to be acted on by the County's Office of Strategy & Intergovernmental Affairs.	July 1, 2022 to June 30, 2023	Continued
8.06	AIS will foster a positive, strengths-based workforce through periodic leadership team meetings and an annual event for all staff.	July 1, 2022 to June 30, 2023	Continued
8.07	AIS will promote access to and awareness of technology training programs for older adults by publicizing technology training opportunities on a regular basis through our monthly newsletter. In addition, AIS will support community partners to reach at least 500 older adults with brief technology training seminars and/or information on where to go to obtain affordable computers and technology training. The outcome will be that over 5,000 newsletter recipients will have the opportunity to learn about ongoing technology training opportunities for seniors and at least 500 older adults will receive brief technology training seminars and/or information on how to obtain affordable computers and technology training.	July 1, 2022 to June 30, 2023	Continued
8.08	Health Promotion staff will educate 110 seniors through evidence-based programs such as Chronic Disease Self-Management Education Program, Tai Chi for Arthritis and Tai Chi: Moving For Better Balance. These programs are noted as evidence-based in the National Council on Aging evidence-based programs list. Published research has shown that participants have improved self-efficacy and improved health outcomes. AIS Health Promotion staff will track attendance and the number of participants.	July 1, 2022 to June 30, 2023	Revised

8.09	Health Promotion staff will lead two coalitions (Health Promotion Committee and Fall Prevention Task Force) focused on health issues to collaborate and leverage resources for the benefit of seniors. Staff will track programs and resources developed.	July 1, 2022 to June 30, 2023	Continued
8.10	In order to help reduce the risk of elder and dependent adult abuse in our community and increase knowledge of community supports and resources, AIS staff will conduct community presentations reaching at least 2,000 community members annually. Presentation topics will range from Elder Abuse and Aging & Independence Programs and Services to behavioral health and Advance Health Care planning. Staff will track the number of community members reached through these presentations.	July 1, 2022 to June 30, 2023	Continued
8.11	Health Promotion staff will promote, conduct, and maintain attendance at a minimum of 25 Feeling Fit exercise classes with at least 1,000 participants in one year. Health Promotion staff will track the number of classes offered and the number of participants in each session.	July 1, 2022 to June 30, 2023	Continued
8.12	The Age Well Health & Community Support Theme Team will work with partners to increase awareness of 2-1-1 San Diego and the AIS call center, with special focus on underserved populations and communities that would benefit from knowledge of resources. Measures include education and outreach efforts, materials developed, and number reached with those materials.	July 1, 2022 to June 30, 2023	Continued
8.13	Through the CalFresh Healthy Living program, educate at least 50 older adults on nutrition and the importance of physical activity.	July 1, 2022 to June 30, 2023	Continued
8.14	Through the CalFresh Healthy Living program, engage 2 cohorts of low-income seniors in a Policy, System, and Environment (PSE) community improvement project.	July 1, 2022 to June 30, 2023	Continued

### Goal # 9 HOUSING

**Goal:** Older adults live in safe and affordable housing that is located near goods, services, and activities, all of which allows them to age in their community.

Rationale: Housing is a concern for people of all ages in our region, including older adults. The Housing Theme Team envisions communities where older adults have affordable housing options that are within walking distance of shops and services. The Housing Theme Team's strategies include increasing mixed-use zoning, initiating programs to prevent homelessness, increasing the affordable housing stock, and educating the community on the opportunities to construct accessory dwelling units (also called granny flats).

#	OBJECTIVES	Projected Start and End Dates	Title IIIB Funded PD or C <sup>4</sup>	Update Status <sup>5</sup>
9.01	Continue working with partners to educate homeowners about the Accessory Dwelling Unit (ADU) building process, including permitting, planning, and fees. Measures include event attendance and number of residents who receive educational materials.	July 1, 2022 to June 30, 2023		Continued

## Goal # 10 TRANSPORTATION

**Goal:** Older adults have access to safe and affordable transportation options that are accessible for all ages and abilities.

**Rationale:** The Transportation Theme Team has a vision of communities in which older adults can get around even if they can no longer drive. Strategies to achieve this vision include promoting the development of complete streets (that address the needs of all users, including pedestrians, cyclists, and public transit users), promoting smart growth and increasing awareness of transportation options.

#	OBJECTIVES	Projected Start and End Dates	Title IIIB Funded PD or C <sup>4</sup>	Update Status⁵
10.01	Continue to provide 180 roundtrips for non- emergency medical and other essential transportation. The outcome will be measured by client records maintained by AIS staff through Senior Options, Advocacy and Referrals (SOAR).	July 1, 2022 to June 30, 2023		Continued
10.02	Address food insecurity by working with senior nutrition contractors to provide transportation for those clients not eligible for home delivered meals that also lack transportation toget to the nutrition center independently.	July 1, 2022 to June 30, 2023		Continued
10.03	Continue to update the "Ride Well to Age Well Guide," which catalogs transportation options for older adults by region in San Diego County. Work with community partners to distribute Guide in digital and paper versions and provide education regarding transportation options in San Diego County.	July 1, 2022 to June 30, 2023		Continued

# SERVICE UNIT PLAN (SUP) OBJECTIVES

SUP Projections funded by the Older Americans Act

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## TITLE III/VIIA SERVICE UNIT PLAN OBJECTIVES CCR Article 3, Section 7300(d)

The Service Unit Plan (SUP) uses the National Aging Program Information System (NAPIS) Categories and units of service. They are defined in the NAPIS State Program Report (SPR)

For services <u>not</u> defined in NAPIS, refer to the <u>Service Categories and Data Dictionary and the National Ombudsman Reporting System (NORS) Instructions.</u>

1. Report the units of service to be provided with <u>ALL funding sources</u>. Related funding is reported in the annual Area Plan Budget (CDA 122) for Titles IIIB, IIIC-1, IIIC-2, IIID, and VIIA. Only report services provided; others may be deleted.

## 1. Personal Care (In-Home)

## Unit of Service = 1 hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	3,225	5	5.01
2021-2022	2,400	5	5.01
2022-2023	2,400	5	5.01
2023-2024			

## 2. Homemaker (In-Home)

### Unit of Service = 1 hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	12,275	5	5.01
2021-2022	11,060	5	5.01
2022-2023	11,060	5	5.01
2023-2024			

### 3. Chore (In-Home)

## Unit of Service = 1 hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	0		Not a current program output
2021-2022	0		Not a current program output
2022-2023	0		Not a current program output
2023-2024			

## 4. Home-Delivered Meal

## Unit of Service = 1 meal

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	647,513	8	
2021-2022	647,513	8	
2022-2023	647,513	8	
2023-2024			

## 5. Adult Day/ Health Care (In-Home)

## Unit of Service = 1 hour

		, , , , , , , , , , , , , , , , , , ,	
Fiscal Year	<b>Proposed</b> Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	13,200	8	
2021-2022	13,200	8	
2022-2023	13,200	8	
2023-2024			

## 6. Case Management (Access)

## Unit of Service = 1 hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	6,000	5	
2021-2022	6,000	5	
2022-2023	6,000	5	
2023-2024			

## 7. Assisted Transportation (Access)

## Unit of Service = 1 one-way trip

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	360	10	10.01
2021-2022	360	10	10.01
2022-2023	360	10	10.01
2023-2024			

## 8. Congregate Meals

Unit of Service = 1 meal

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	550,522	8	
2021-2022	550,522	8	
2022-2023	550,522	8	
2023-2024			

9. Nutrition Counseling

Unit of Service = 1 session per participant

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Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	0		Not a current program output
2021-2022	0		Not a current program output
2022-2023	0		Not a current program output
2023-2024			

10. Transportation (Access)

Unit of Service = 1 one-way trip

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	55,596	10	
2021-2022	55,596	10	
2022-2023	55,596	10	
2023-2024			

11. Legal Assistance

**Unit of Service = 1 hour** 

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	2,950	8	
2021-2022	2,950	8	
2022-2023	2,950	8	
2023-2024			

## 12. Nutrition Education

Unit of Service = 1 session per participant

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	10,500	8	
2021-2022	10,500	8	
2022-2023	10,500	8	
2023-2024			

13. Information and Assistance (Access)

Unit of Service = 1 contact

<u></u>	arra / toolotarro	o (7.10000)	Sint of contract if contact
Fiscal Year	<b>Proposed</b> Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	15,000	8	8.02
2021-2022	9,600	8	8.02
2022-2023	9,600	8	8.02
2023-2024			

## 14. Outreach (Access)

## Unit of Service = 1 contact

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	0		Not a current program output
2021-2022	0		Not a current program output
2022-2023	0		Not a current program output
2023-2024			

NAPIS Service Category - "Other" Title III Services

- Each <u>Title IIIB</u> "Other" service must be an approved NAPIS Program service listed above on the "Schedule of Supportive Services (III B)" page of the Area Plan Budget (CDA 122) and the CDA Service Categories and Data Dictionary.
- Identify <u>Title IIIB</u> services to be funded that were <u>not</u> reported in NAPIS categories. (Identify the specific activity under the Other Supportive Service Category on the "Units of Service" line when applicable.)

## Title IIIB, Other Priority and Non-Priority Supportive Services

For all Title IIIB "Other" Supportive Services, use the appropriate Service Category name and Unit of Service (Unit Measure) listed in the CDA Service Categories and Data Dictionary.

- Other Priority Supportive Services include: Alzheimer's Day Care, Comprehensive Assessment, Health, Mental Health, Public Information, Residential Repairs/Modifications, Respite Care, Telephone Reassurance, and Visiting
- Other Non-Priority Supportive Services include: Cash/Material Aid, Community Education, Disaster Preparedness Materials, Emergency Preparedness, Employment, Housing, Interpretation/Translation, Mobility Management, Peer Counseling, Personal Affairs Assistance, Personal/Home Security, Registry, Senior Center Activities, and Senior Center Staffing

All "Other" services must be listed separately. Duplicate the table below as needed.

## Table 15-a

Other Service	Category: visitin	g	Unit of Service: 1 Hour
Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	50	4	
2021-2022	50	4	
2022-2023	135	4	
2023-2024			

#### <u>Table 15-b</u>

Other Service	Category. Disasi	iais Utili di Service. I Product	
Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	5,000	3	
2021-2022	5,000	3	

2022-2023	5,000	3	
2023-2024			



## 16. Title IIID/Health Promotion—Evidence Based

• Provide the specific name of each proposed evidence-based program.

## **Unit of Service = 1 contact**

Evidence-Based Program Name(s): Evidence-based health promotion programs (Chronic Disease Self- Management Education [CDSME] and Tai Chi)

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	CDSME: 640; Tai Chi: 3,240	8	8.08
2021-2022	CDSME: 326 Tai Chi: 1,652	8	8.08
2022-2023	CDSME: 326 Tai Chi: 1,652	8	8.08
2023-2024			

## TITLE IIIB and Title VIIA: LONG-TERM CARE (LTC) OMBUDSMAN PROGRAM OUTCOMES

## 2020-2024 Four-Year Planning Cycle

As mandated by the Older Americans Act Reauthorization Act of 2016, the mission of the LTC Ombudsman Program is to seek resolution of problems and advocate for the rights of residents of LTC facilities with the goal of ensuring their dignity, quality of life, and quality of care.

Each year during the four-year cycle, analysts from the Office of the State Long-Term Care Ombudsman (OSLTCO) will forward baseline numbers to the AAA from the prior fiscal year National Ombudsman Reporting System (NORS) data as entered into the Statewide Ombudsman Program database by the local LTC Ombudsman Program and reported by the OSTLCO in the State Annual Report to the Administration on Aging (AoA).

The AAA will establish targets each year in consultation with the local LTC Ombudsman Program Coordinator. Use the yearly baseline data as the benchmark for determining yearly targets. Refer to your local LTC Ombudsman Program's last three years of AoA data for historical trends. Targets should be reasonable and attainable based on current program resources.

Complete all Measures and Targets for Outcomes 1-3;

Outcome 1. The problems and concerns of long-term care residents are solved through complaint resolution and other services of the Ombudsman Program. Older Americans Act Reauthorization Act of 2016, Section 712(a)(3), (5)]

#### **Measures and Targets:**

**A. Complaint Resolution Rate (**NORS Element CD-08) (Complaint Disposition). The average California complaint resolution rate for FY 2017-2018 was 73%.

FY 2018-2019 Baseline Resolution Rate:  Number of complaints resolved 791 + number of partially resolved complaints 407  divided by the total number of complaints received 2,033 = Baseline Resolution Rate 58.9% FY 2020-2021 Target Resolution Rate 58.9%	
2. FY 2019-2020 Baseline Resolution Rate:  Number of complaints partially orfully resolved 706divided by the total number of complaints received 970 = Baseline Resolution Rate 73 % FY 2021-2022 Target Resolution Rate 60%	

3. FY 2020 - 2021 Baseline Resolution Rate: Number of complaints partially or fully resolved 622 divided by the total number of complaints received 861 = Baseline Resolution Rate 72 % FY 2022-2023 Target Resolution Rate 60%		
4. FY 2021-2022 Baseline Resolution Rate:  Number of complaints partially or fully resolveddivided by the total number of complaints received = Baseline Resolution Rate%  FY 2023-2024 Target Resolution Rate		
Program Goals and Objective Numbers:		
B. Work with Resident Councils (NORS Elements S-64 and S-65)		
FY 2018-2019 Baseline: Number of Resident Council meetings attended 333     FY 2020-2021 Target: 160		
FY 2019-2020 Baseline: Number of Resident Council meetings attended 157     FY 2021-2022 Target: 175		
3. FY 2020-2021 Baseline: Number of Resident Council meetings attended 29 FY 2022-2023 Target: 100		
FY 2021-2022 Baseline: Number of Resident Council meetings attended  FY 2023-2024 Target:		
Program Goals and Objective Numbers:		
C. Work with Family Councils (NORS Elements S-66 and S-67)		
FY 2018-2019 Baseline: Number of Family Council meetings attended 24     FY 2020-2021 Target: 10		
FY 2019-2020 Baseline: Number of Family Council meetings attended 6     FY 2021-2022 Target: 11		
3. FY 2020-2021 Baseline: Number of Family Council meetings attended <u>0</u> FY 2022-2023 Target: <u>5</u>		
FY 2021-2022 Baseline: Number of Family Council meetings attended  FY 2023-2024Target:   Output  Description:		
Program Goals and Objective Numbers:		
<b>D. Information and Assistance to Facility Staff</b> (NORS Elements S-53 and S-54) Count of instances of Ombudsman representatives' interactions with facility staff for the purpose of providing general information and assistance unrelated to a complaint. Information and Assistance may be accomplished by telephone, letter, email, fax, orin-person.		
FY 2018-2019 Baseline: Number of Instances 2,098     FY 2020-2021 Target: 1,000		
2. FY 2019-2020 Baseline: Number of Instances 1,681 FY 2021-2022 Target: 1,000		

3. FY 2020-2021 Baseline: Number of Instances 1,938 FY 2022-2023 Target: 1,000
4. FY 2021-2022 Baseline: Number of Instances FY 2023-2024 Target:
Program Goals and Objective Numbers:
E. Information and Assistance to Individuals (NORS Element S-55) Count of instances of Ombudsman representatives' interactions with residents, family members, friends, and other in the community for the purpose of providing general information and assistance unrelated a complaint. Information and Assistance may be accomplished by: telephone, letter, email, fax, or in person.
1. FY 2018-2019 Baseline: Number of Instances <u>15,778</u> FY 2020-2021 Target: <u>7,500</u>
2. FY 2019-2020 Baseline: Number of Instances <u>16,229</u> FY 2021-2022 Target: <u>10,000</u>
3. FY 2020-2021 Baseline: Number of Instances <u>21,117</u> FY 2022-2023 Target: <u>10,000</u>
4. FY 2021-2022 Baseline: Number of Instances FY 2023-2024 Target:
Program Goals and Objective Numbers:
F. Community Education (NORS Element S-68) LTC Ombudsman Program participation in public events planned to provide information or instruction to community members about the LTC Ombudsman Program or LTC issues. The number of sessions refers to the number of events, not the number of participants. This cannot include sessions that are counted as Public Education Sessions under the Elder Abuse Prevention Program.
<ol> <li>FY 2018-2019 Baseline: Number of Sessions <u>25</u></li> <li>FY 2020-2021 Target: <u>5</u></li> </ol>
FY 2019-2020 Baseline: Number of Sessions 9     FY 2021-2022 Target: 10
FY 2020-2021 Baseline: Number of Sessions 4     FY 2022-2023 Target: 5
4. FY 2021-2022 Baseline: Number of Sessions FY 2023-2024 Target:
Program Goals and Objective Numbers:

**G. Systems Advocacy** (NORS Elements S-07, S-07.1)

One or more new systems advocacy efforts must be provided for each fiscal year Area Plan Update. In the relevant box below for the current Area Plan year, in narrative format, please provide at least one new priority systems advocacy effort the local LTC Ombudsman Program will engage in during the fiscal year. The systems advocacy effort may be a multi-year initiative, but for each year, describe the results of the efforts made during the previous year and what

specific new steps the local LTC Ombudsman program will be taking during the upcoming year. Progress and goals must be separately entered each year of the four-year cycle in the appropriate box below.

Systems Advocacy can include efforts to improve conditions in one LTC facility or can be county-wide, state-wide, or even national in scope. (Examples: Work with LTC facilities to improve pain relief or increase access to oral health care, work with law enforcement entities to improve response and investigation of abuse complaints, collaboration with other agencies to improve LTC residents' quality of care and quality of life, participation in disaster preparedness planning, participation in legislative advocacy efforts related to LTC issues, etc.) Be specific about the actions planned by the local LTC Ombudsman Program. Enter information in the relevant box below.

#### FY 2020-2021

**FY 2020-2021 Systems Advocacy Effort(s):** (Provide one or more new systems advocacy efforts) Work with law enforcement entities to improve response and investigation of abuse complaints; continue attending committees and supportive decision-making work groups.

#### FY 2021-2022

Outcome of FY 2020-2021 Efforts: Despite COVID-19 in-person restrictions, successful continued coordination with law enforcement and other community partners occurred remotely. Program supervisors attend monthly Psychiatric Emergency Response Team (PERT) meetings that include various law enforcement associates. Quarterly meetings with the Department of Justice (DOJ), District Attorney (DA), and Community Care Licensing (CCL) occurred virtually. Meeting attendance with ElderLaw & Advocacy, Jewish Family Services (JFS) Patient Advocacy, Elder Protection Council, AIS Ombudsman Advisory Committee, and the Elder Death Review Team was continuous. Program supervisors also attend regular behavioral health/case management provider meetings.

FY 2021-2022 Systems Advocacy Effort(s): (Provide one or more new systems advocacy efforts) To help grow our volunteer-based program, the Long-Term Care Ombudsman Program (LTCOP) will network and collaborate with the newly contracted volunteer recruiter. The recruitment, training, and retention of volunteers is crucial. LTCOP will also join efforts with organizations such as AARP, educational institutions, and the AIS LTC Facilities Advisory Committee to promote volunteer opportunities. The hiring of additional paid staff to help supervise and mentor volunteers will be done.

#### FY 2022-2023

**Outcome of FY 2021-2022 Efforts:** Outcome of efforts were isolation prevention and intervention in long-term care facilities.

**FY 2022-2023 Systems Advocacy Effort(s):** (Provide one or more new systems advocacy efforts) To educate facility, staff, residents, and community stakeholders of the importance of visitation and the effects of isolation. Provide information and interpretation of All Facility Letters (AFL) and Provider Information Notices (PIN).

Outcome of 2022-2023 Efforts:
FY 2023-2024 Systems Advocacy Effort(s): (Provide one or more new systems advocacy efforts)
Outcome 2. Residents have regular access to an Ombudsman. [(Older Americans Act Reauthorization Act of 2016), Section 712(a)(3)(D), (5)(B)(ii)]
Measures and Targets:
A. Routine Access: Nursing Facilities (NORS Element S-58) Percentage of nursing facilities within the PSA that were visited by an Ombudsman representative at least once each quarter not in response to a complaint. The percentage is determined by dividing the number of nursing facilities in the PSA that were visited at least once each quarter not in response to a complaint by the total number of nursing facilities in the PSA. NOTE: This is not a count of visits but a count of facilities. In determining the number of facilities visited for this measure, no nursing facility can be counted more than once.
FY 2018-2019 Baseline: Number of Nursing Facilities visited at least once a quarter not in response to a complaint <u>87</u> FY 2020-2021 Target: <u>75%</u>
FY 2019-2020 Baseline: Number of Nursing Facilities visited at least once a quarter not in response to a complaint 87     FY 2021-2022 Target: 75%

FY 2023-2024

in response to a complaint 55 FY 2022-2023 Target: 75%

in response to a complaint

Program Goals and Objective Numbers: \_\_\_

FY 2023-2024 Target:\_\_

**B. Routine Access: Residential Care Communities** (NORS Element S-61) Number of RCFEs within the PSA that were visited by an Ombudsman representative at least once each quarter during the fiscal year **not** in response to a complaint. NOTE: This is not a count of *visits* but a count of *facilities*. In determining the number of facilities visited for this measure, no RCFE can be counted more than once.

3. FY 2020-2021 Baseline: Number of Nursing Facilities visited at least once a quarter not

4. FY 2021-2022 Baseline: Number of Nursing Facilities visited at least once a quarter not

1.	FY 2018-2019 Baseline: Number of RCFEs visited at least once a quarter not in response to a complaint <u>541</u> FY 2020-2021 Target: <u>70%</u>	
2.	FY 2019-2020 Baseline: Number of RCFEs visited at least once a quarter not in response to a complaint 608 FY 2021-2022 Target: 70%	
3.	FY 2020-2021 Baseline: Number of RCFEs visited at least once a quarter not in response to a complaint <u>74</u> FY 2022-2023 Target: <u>70%</u>	
4.	FY 2021-2022 Baseline: Number of RCFEs visited at least once a quarter not in response to a complaint FY 2023-2024 Target:	
Pro	ogram Goals and ObjectiveNumbers:	
that the C 20 h	r programs may not be included in this number. For example, in a local LTC Ombudsman Program considers full-time employment to be 40 hour per week, the FTE for a staff member who works in Ombudsman Program 20 hours a week should be 0.5, even if the staff member works an additional ours in another program.	
1.	FY 2018-2019 Baseline: <u>11.25</u> FTEs FY 2020-2021 Target: <u>11.25</u> FTEs	
2.	FY 2019-2020 Baseline: <u>11.25</u> FTEs FY 2021-2022 Target: <u>11.25</u> FTEs	
3.	FY 2020-2021 Baseline: <u>11</u> FTEs FY 2022-2023 Target: <u>11.25</u> _FTEs	
4.	FY 2021-2022 Baseline:FTEs FY 2023-2024 Target:FTEs	
Pr	rogram Goals and ObjectiveNumbers:	
D. Number of Certified LTC Ombudsman Volunteers (NORS Element S-24)		
1.	FY 2018-2019 Baseline: Number of certified LTC Ombudsman volunteers <u>94</u> FY 2020-2021 Projected Number of certified LTC Ombudsman volunteers <u>65</u>	
2.	FY 2019-2020 Baseline: Number of certified LTC Ombudsman volunteers 73 FY 2021-2022 Projected Number of certified LTC Ombudsman volunteers 80	

3.	FY 2020-2021 Baseline: Number of certified LTC Ombudsman volunteers <u>54</u> FY 2022-2023 Projected Number of certified LTC Ombudsman volunteers <u>75</u>			
4.	FY 2021-2022 Baseline: Number of certified LTC Ombudsman volunteers  FY 2023-2024 Projected Number of certified LTC Ombudsman volunteers			
Pr	Program Goals and Objective Numbers:			

Outcome 3. Ombudsman representatives accurately and consistently report data about their complaints and other program activities in a timely manner. [Older Americans Act Reauthorization Act of 2016, Section 712(c)]

## Measures and Targets:

In the box below, in narrative format, describe one or more specific efforts your program will undertake in the upcoming year to increase the accuracy, consistency, and timeliness of your National Ombudsman Reporting System (NORS) data reporting.

Some examples could include:

- Hiring additional staff to enter data
- Updating computer equipment to make data entry easier

## Our program will:

- Hire additional staff.
- Provide active volunteers with Surface Pros to improve communication between paid staff and volunteers, while improving timeliness and efficiency of case and activity reporting.

## TITLE VIIA ELDER ABUSE PREVENTION SERVICE UNIT PLAN OBJECTIVES

The program conducting the Title VIIA Elder Abuse Prevention work is:

X	Ombudsman Program
	Legal Services Provider
	Adult Protective Services
	Other (explain/list)

## TITLE VIIA ELDER ABUSE PREVENTION SERVICE UNIT PLAN OBJECTIVES

Units of Service: AAA must complete at least one category from the Units of Service below.

Units of Service categories include public education sessions, training sessions for professionals, training sessions for caregivers served by a Title IIIE Family Caregiver Support Program, educational materials distributed, and hours of activity spent developing a coordinated system which addresses elder abuse prevention, investigation, and prosecution.

When developing targets for each fiscal year, refer to data reported on the Elder Abuse Prevention Quarterly Activity Reports. Set realistic goals based upon the prior year's numbers and the resources available. Activities reported for the Title VII Elder Abuse Prevention Program must be distinct from activities reported for the LTC Ombudsman Program. No activity can be reported for both programs.

AAAs must provide one or more of the service categories below.

NOTE: The number of sessions refers to the number of presentations and not the number of attendees

- Public Education Sessions –Indicate the total number of projected education sessions for the general public on the identification, prevention, and treatment of elder abuse, neglect, and exploitation.
- Training Sessions for Professionals –Indicate the total number of projected training sessions for professionals (service providers, nurses, social workers) on the identification, prevention, and treatment of elder abuse, neglect, and exploitation.
- Training Sessions for Caregivers Served by Title IIIE –Indicate the total number of projected training sessions for unpaid family caregivers who are receiving services under Title IIIE of the Older Americans Act (OAA) on the identification, prevention, and treatment of elder abuse, neglect, and exploitation. Older Americans Act Reauthorization Act of 2016, Section 302(3) 'Family caregiver' means an adult family member, or another individual, who is an informal provider of inhome and community care to an older individual or to an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction.
- Hours Spent Developing a Coordinated System to Respond to Elder Abuse –Indicate the
  number of hours to be spent developing a coordinated system to respond to elder abuse. This
  category includes time spent coordinating services provided by the AAA or its contracted service
  provider with services provided by Adult Protective Services, local law enforcement agencies, legal
  services providers, and other agencies involved in the protection of elder and dependent adults
  from abuse, neglect, and exploitation.
- Educational Materials Distributed –Indicate the type and number of educational materials to be distributed to the general public, professionals, and caregivers (this may include materials that have been developed by others) to help in the identification, prevention, and treatment of elder abuse, neglect, and exploitation.
- Number of Individuals Served –Indicate the total number of individuals expected to be reached by any of the above activities of this program.

## TITLE VIIA ELDER ABUSE PREVENTION SERVICE UNIT PLAN OBJECTIVES

The agency receiving Title VIIA Elder Abuse Prevention funding is: <u>Aging & Independence Services</u>

Fiscal Year	Total # of Public Education Sessions
2020-2021	0
2021-2022	1
2022-2023	1
2023-2024	

Fiscal Year	Total # of Training Sessions for Professionals
2020-2021	4
2021-2022	4
2022-2023	4
2023-2024	

Fiscal Year	Total # of Training Sessions for Caregivers served by Title IIIE
2020-2021	0
2021-2022	0
2022-2023	0
2023-2024	

Fiscal Year	Total # of Hours Spent Developing a Coordinated System
2020-2021	15
2021-2022	15
2022-2023	15
2023-2024	

Fiscal Year	Total # of Copies of Educational Materials to be Distributed	Description of Educational Materials
2020-2021	100	Ombudsman, Live Well Thriving & Safety brochures, withthe role of the Ombudsman & Elder Abuse, Mandated Reporter
	100	Reporter & SOC341 information; Mandated Reporter flowchart
2021-2022	100	Ombudsman, Live Well Thriving & Safety brochures, with the role of the Ombudsman & Elder Abuse, Mandated Reporter
	100	Reporter & SOC341 information; Mandated Reporter flowchart
2022-2023	100	Ombudsman, Live Well Thriving & Safety brochures, with the role of the Ombudsman & Elder Abuse, Mandated Reporter

	100	Reporter & SOC341 information; Mandated Reporter flowchart
2023-2024		

Fiscal Year	Total Number of Individuals Served
2020-2021	100
2021-2022	100
2022-2023	100
2023-2024	

#### TITLE IIIE SERVICE UNIT PLAN OBJECTIVES

CCR Article 3, Section 7300(d)

#### 2020-2024 Four-Year Planning Period

This Service Unit Plan (SUP) uses the five broad federally mandated service categories. Refer to the CDA Service Categories and Data Dictionary Revisions Effective July 2018 for eligible activities and service unit measures. Specify proposed audience size or units of service for ALL budgeted funds.

#### **Direct and/or Contracted IIIE Services**

CATEGORIES	1	2	3
Family Caregiver Services	Proposed Units of Service	Required Goal #(s)	<i>Optional</i> Objective #(s)
Caregivers of Older Adults			
Information Services	# of activities and Total est. audience for above		
2020-2021	# of activities: 2,000 Total est. audience for above: 12,000	1	
2021-2022	# of activities: 2,000 Total est. audience for above: 12,000	1	
2022-2023	# of activities: 2,000 Total est. audience for above: 12,000	1	
2023-2024	# of activities: Total est. audience for above:		
Access Assistance	Total contacts		
2020-2021	800	1	
2021-2022	800	1	
2022-2023	800	1	1.02.a
2023-2024			

Support Services	Total hours		
2020-2021	10,000	1	
2021-2022	10,000	1	
2022-2023	8,000	1	1.02.a
2023-2024			
Respite Care	Total hours		
2020-2021	12,000	1	
2021-2022	12,000	1	
2022-2023	12,000	1	1.02.a
2023-2024			
Supplemental Services	Total occurrences		
2020-2021	2,000	1	
2021-2022	2,000	1	
2022-2023	1,600	1	1.02.a
2023-2024			

# **Direct and/or Contracted IIIE Services**

Older Elderly Relative	Proposed Units of Service	Required Goal #(s)	<i>Optional</i> Objective #(s)
Information Services	# of activities and Total est. audience for above		
2020-2021	# of activities: 6 Total est. audience for above: 400	1	
2021-2022	# of activities: 4 Total est. audience for above: 300	1	
2022-2023	# of activities: 4 Total est. audience for above: 200	1	
2023-2024	# of activities: Total est. audience for above:		

Older Elderly Relative	Proposed Units of Service	Required Goal #(s)	Optional Objective #(s)
Access Assistance	Total contacts		
2020-2021	400	1	
2021-2022	400	1	
2022-2023	200	1	
2023-2024			
Support Services	Total hours		
2020-2021	0		
2021-2022	0		
2022-2023	0		
2023-2024			
Respite Care	Total hours		
2020-2021	16,000	1	
2021-2022	16,000	1	
2022-2023	16,000	1	
2023-2024			
Supplemental Services	Total occurrences		
2020-2021	0		
2021-2022	0		
2022-2023	0		
2023-2024			

# HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP) SERVICE UNIT PLAN CCR Article 3, Section 7300(d)

**MULTIPLE PSA HICAPs**: If you are a part of a <u>multiple-PSA HICAP</u> where two or more AAAs enter into an agreement with one "Managing AAA," to deliver HICAP services on their behalf to eligible persons in their AAA, then each AAA is responsible for providing HICAP services in the covered PSAs in a way that is agreed upon and equitable among the participating parties.

**HICAP PAID LEGAL SERVICES**: Complete this section if your Master Contract contains a provision for using HICAP funds to provide HICAP Legal Services.

STATE & FEDERAL PERFORMANCE TARGETS: The Administration for Community Living (ACL) establishes targets for the State Health Insurance Assistance Program (SHIP)/HICAP performance measures (PMs). ACL introduced the current SHIP PMs in late 2016, and continues to manage the PMs in conjunction with the SHIP Annual Resource Report, used to inform Congress. The SHIP PMs are comprised of five (5) base elements, with one multi-layered category. The PMs are not used in performance-based funding scoring methodology, but instead are assessed to determine a Likert scale comparison model for setting National PM Targets that define the proportional penetration rates needed for statewide improvements.

Using ACL's approach, CDA HICAP calculates State and Federal Performance Measures with goal-oriented targets for each AAA's Planning and Service Area (PSA). The PMs are calculated at the county-level data, then displayed under each Planning Service Area. In general, the State and Federal Performance Measures include the following:

- PM 1.1 Clients Counseled ~ Number of finalized Intakes for clients/ beneficiaries that received HICAP services
- ➤ PM 1.2 Public and Media Events (PAM) ~ Number of completed PAM forms categorized as "interactive" events
- PM 2.1 Client Contacts ~ Percentage of one-on-one interactions with any Medicare beneficiaries
- ➤ PM 2.2 PAM Outreach Contacts ~ Percentage of persons reached through events categorized as "interactive"
- ➤ PM 2.3 Medicare Beneficiaries Under 65 ~ Percentage of one-on-one interactions with Medicare beneficiaries under the age of 65
- ➤ PM 2.4 Hard-to-Reach Contacts ~ Percentage of one-on-one interactions with "hard-to-reach" Medicare beneficiaries designated as:
  - o PM 2.4a Low-income (LIS)
  - o PM 2.4b Rural
  - PM 2.4c English Second Language (ESL)
- PM 2.5 Enrollment Contacts ~ Percentage of contacts with one or more qualifying enrollment topics discussed

AAA's should demonstrate progress toward meeting or improving on the Performance requirements established by CDA and ACL as is displayed annually on the HICAP State and Federal Performance Measures tool located online at:

https://www.aging.ca.gov/Providers and Partners/Area Agencies on Aging/#pp-planning. (Reference CDA PM 17-11 for further discussion, including current HICAP Performance Measures and Definitions).

For current and future planning, CDA requires each AAA ensure that HICAP service units and related federal Annual Resource Report data are documented and verified complete/ finalized in CDA's Statewide HICAP Automated Reporting Program (SHARP) system per the existing contractual reporting requirements. HICAP Service Units do not need to be input in the Area Plan (with the exception of HICAP Paid Legal Services, where applicable).

#### HICAP Legal Services Units of Service (if applicable) 6

Fiscal Year (FY)	3.1 Estimated Number of Clients Represented Per FY (Unit of Service)	Goal Numbers
2020-2021	100	5
2021-2022	100	5
2022-2023	100	5
2023-2024		

Fiscal Year (FY)	3.2 Estimated Number of Legal Representation Hours Per FY (Unit of Service)	Goal Numbers
2020-2021	1,770	5
2021-2022	1,770	5
2022-2023	1,770	5
2023-2024		

Fiscal Year (FY)	3.3 Estimated Number of Program Consultation Hours Per FY (Unit of Service)	Goal Numbers
2020-2021	125	5
2021-2022	125	5
2022-2023	125	5
2023-2024		

Requires a contract for using HICAP funds to pay for HICAP Legal Services

## **SECTION TWELVE DISASTER PREPAREDNESS**

Disaster Preparation Planning Conducted for the 2020-2024 Planning Cycle Older Americans Act Reauthorization Act of 2016, Section 306(a)(17); 310, CCR Title 22, Sections 7529 (a)(4) and 7547, W&I Code Division 8.5, Sections 9625 and 9716, CDA Standard Agreement, Exhibit E, Article 1, 22-25, Program Memo 10-29(P)

- 1. Describe how the AAA coordinates its disaster preparedness plans and activities with local emergency response agencies, relief organizations, state and local governments, and other organizations responsible for emergency preparedness and response as required in OAA, Title III. Section 310:
  - The AAA (AIS) coordinates its disaster preparedness plans and activities with local emergency response agencies, relief organizations, state and local governments, and other organizations responsible for emergency preparedness through the Office of Emergency Services (OES) of the County of San Diego which orchestrates periodic regional meetings for both internal and external responsible parties, as outlined in the AIS Disaster Plan - Continuity of Operations Planning (COOP) Annex.
- 2. Identify each of the local Office of Emergency Services (OES) contact person(s) within the PSA that the AAA will coordinate with in the event of a disaster (add additional information as needed for each OES within the PSA):

Name	Title	Telephone	Email
Brynn Viale	Chief, Agency	Office: 858-694-3624	Brynn.Viale@sdcounty.ca.gov
Long	Operations	Cell: 619-455-3913	

3. Identify the Disaster Response Coordinator within the AAA:

<u>Name</u>	Title	Telephone	Email
Frank Roxas	Principal Admin Analyst	Office: 858-495-5994 Cell: 619-455-7363	Franklin.Roxas@sdcounty.ca.gov

4. List critical services the AAA will continue to provide after a disaster and describe how these services will be delivered:

Critical Services	How Delivered?
AIS Emergency Response: < 1	DOC Responders
hour recovery	EOC Responders
	AIS COOP Coordinator
	California Department of Aging (CDA) Special
	Populations Coordinator
AIS Administration: < 1 hour recovery	Manage facilities issues
	Check on status of contractors

Take mandated abuse reports
Provide information and assistance
<ul> <li>Assist program staff to call to check on AIS</li> </ul>
clients in impacted areas as directed by HHSA
DOC
Contact vulnerable clients impacted by event (i.e.,
power outage, potential evacuees, etc.)
Investigate abuse reports
Provide emergency purchase of services
Continue cross reporting
Contact vulnerable clients to check on status
Deploy to shelters as part of VASAT team
Investigate complaints in care facilities
Conduct site visits
Conduct cross reporting
Accept community calls and abuse reports
Conduct client initial eligibility assessments
Mailing of Notice of Actions
Provide urgent purchased services
Provide resource referrals
Process - Disputes/Violations
Contact clients to assess for safety
Conduct home visits
Provide purchased services/complete service
authorizations
Care conference cases prior to approving
purchased services
Complete Level of Care certifications

- 5. List any agencies with which the AAA has formal emergency preparation or response agreements.
  - AIS has roles in the Operational Area Emergency Plan, Annex G, Care and Shelter Operations, Annex Q, Evacuation.
  - All service and supply contracts deemed essential in an emergency include disaster preparedness and response language.
- 6. Describe how the AAA will:
  - Identify vulnerable populations.
    - AIS, with OES, will GIS map vulnerable clients during disasters.
  - Follow-up with these vulnerable populations after a disaster event.
    - The AIS Call Center calls vulnerable populations potentially impacted by disasters.

# SECTION SIXTEEN GOVERNING BOARD

# **GOVERNING BOARD MEMBERSHIP** 2020-2024 Four-Year Area Plan Cycle

CCR Article 3, Section 7302(a)(11)

## Total Number of Board Members: 5

Name and Title of Officers:	Office Term Expires:
Nathan Fletcher, Chair – District 4	2023
Nora Vargas, Vice-Chair – District 1	2025

#### Names and Titles of All Members:

#### **Board Term Expires:**

Nora Vargas, Supervisor – District 1	2025
Joel Anderson, Supervisor – District 2	2025
Terra Lawson-Remer, Supervisor – District 3	2025
Nathan Fletcher, Supervisor – District 4	2023
Jim Desmond, Supervisor – District 5	2023

Explain any expiring terms – have they been replaced, renewed, or other?

Supervisors Fletcher and Desmond's terms expire on January 2, 2023. They have the option to run for reelection for a second, four-year term.

# SECTION SEVENTEEN ADVISORY COUNCIL

# ADVISORY COUNCIL MEMBERSHIP 2020-2024 Four-Year Planning Cycle

Older Americans Act Reauthorization Act of 2016 Section 306(a)(6)(D)
45 CFR, Section 1321.57
CCR Article 3, Section 7302(a)(12)

Total Council Membership(include vacancies): <u>30</u> (20 filled seats)

Number of Council Members over age 60: 15 (80% of filled seats)

% on % of PSA's Race/Ethnic Composition 60+Population\* Advisory Council White 46.0 65.0 Hispanic 34.2 10.0 NH Black 4.7 10.0 NH Asian/Pacific Islander 11.1 15.0 NH Native American/Alaskan Native 0.5 0 0 Other 3.5

#### Name and Title of Officers:

#### **Office Term Expires:**

Osborne, John Chair	Supervisorial District #3 – T. Lawson-Remer	(2 <sup>nd</sup> Term)	1/6/25
Maeoka, Chris		(1st Term)	7/12/23
1 <sup>st</sup> Vice Chair			
Huber, Stephen		(1 <sup>st</sup> Term)	5/12/23
2 <sup>nd</sup> Vice Chair			
Mallett, Susan Secretary	(	1 <sup>st</sup> Term - Partial)	5/14/22

NH = Non-Hispanic

<sup>\*</sup>Source: SANDAG Data Surfer, 2020 Current Population Estimates.

https://datasurfer.sandag.org/. Retrieved 2/1/2022.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health

Services, Community Health Statistics Unit, 2022.

#### Name and Title of other members:

### Office Term Expires:

Bonilla, Judi		(2 <sup>nd</sup> Term)	5/13/21
Detsky-Weil, Faye		(1st Term)	7/8/23
Fields, LaRue		(2nd Term)	9/11/24
Flynn, Monica	Supervisorial District #4 – N. Fletcher	(1 <sup>st</sup> Term)	1/2/23
Garbanzos, Joe	Supervisorial District #1 – N. Vargas	(2 <sup>nd</sup> Term)	1/6/25
King, Shirley	Supervisorial District #3 – T. Lawson-Remer	(1st Term)	1/6/25
Larkins, Ethel	Supervisorial District #1 – N. Vargas	(1st Term)	1/6/25
Ling, Paul		(1 <sup>st</sup> Term)	9/2/24
Mulvey, Bradlyn	(1st	Term - Partial)	7/8/23
Nocon, Molly	Supervisorial District #2 – J. Desmond	(1 <sup>st</sup> Term)	1/6/25
Simon, Jacqueline	Supervisorial District #5 – J. Anderson	(1st Term)	1/2/23
Smith, Wanda		(1 <sup>st</sup> Term)	9/9/23
Splitgerber, Thomas	Supervisorial District #2 – J. Desmond	(1 <sup>st</sup> Term)	1/6/25
Taylor, Lorelei		(2 <sup>nd</sup> Term)	10/11/22
Villafana, Luz	Supervisorial District #4 – N. Fletcher	(1 <sup>st</sup> Term)	1/2/23
Weber, Darlene	Supervisorial District #5 – J. Desmond	(2 <sup>nd</sup> Term)	1/2/23
(vacant)			

#### Indicate which member(s) represent each of the "Other Representation" categories listed below.

Yes	s No	0
$\boxtimes$		Low Income Representative
$\boxtimes$		Disabled Representative
$\boxtimes$		Supportive Services Provider Representative
$\boxtimes$		Health Care Provider Representative
$\boxtimes$		Family Caregiver Representative
	$\boxtimes$	Local Elected Officials
$\boxtimes$		Individuals with Leadership Experience in Private and Voluntary Sectors
		·

Explain any "No" answer(s): No current applicants.

#### Explain any expiring terms - have they been replaced, renewed, or other?

Currently, there are nine vacancies, with several potential candidates. The AIS Advisory Council Executive & Membership Subcommittee meets monthly to review vacancies and upcoming term expirations; to identify, recruit, and interview possible candidates; and to make recommendations to the Council and/or appointing County Supervisor as appropriate. Recruitment is ongoing for all expiring terms. For those eligible for a second term, the offer is made to remain on the Council when deemed advisable by the Executive & Membership Committee. The Advisory Council's bylaws state that a member whose term has expired may continue to discharge the duties as a member until a successor has been appointed.

#### Briefly describe the local governing board's process to appoint Advisory Council members:

Each member of the Board of Supervisors (Board) nominates and recommends to the Board two (2) individuals for appointment to the Advisory Council. Appointments of the ten (10) Council members appointed by the Board is made by majority vote at an open public meeting. Often, individuals who demonstrate interest by participating in the activities of the Council are recommended as qualified persons for appointment by the Board when there are openings.

Members appointed by Supervisors serve a term coinciding with the Supervisor they represent. No member of the Advisory Council may serve for more than two (2) consecutive terms, regardless of appointing authority.

For the other positions on the Council, interested persons submit applications obtained on the San Diego County Clerk of the Board website or at the Area Agency on Aging office. The Council Executive & Membership Subcommittee reviews applications and makes recommendations to the Council regarding seating applicants.

Officers are seated annually at the September Council meeting.

# SECTION EIGHTEEN LEGAL ASSISTANCE

#### 2020-2024 Four-Year Area Planning Cycle

This section must be completed and submitted annually. The Older Americans Act Reauthorization Act of 2020 designates legal assistance as a priority service under Title III B [42 USC §3026(a)(2)]<sup>12</sup>.

CDA developed California Statewide Guidelines for Legal Assistance (Guidelines), which are to be used as best practices by CDA, AAAs and LSPs in the contracting and monitoring processes for legal services, and located at:

https://aging.ca.gov/Providers and Partners/Legal Services/#pp-gg

- 1. Based on your local needs assessment, what percentage of Title IIIB funding is allocated to Legal Services? **Discuss:** 
  - **6%** is allocated to Legal Services.
- 2. Specific to Legal Services, has there been a change in your local needs in the past four years? If so, please identify the change (include whether the change affected the level of funding and the difference in funding levels in the past four years). Yes/No, Discuss:
  - Yes, provider has experienced an increase in the type and frequency of mortgage defaults and loan modification issues, financial elder abuse perpetrated by persons in a position of trust such as paid conservators, trustees, fiduciaries, financial planners and adult children, scam victimization and student loan defaults-collection issues. The level of funding has not changed.
- 3. Specific to Legal Services, does the AAA's contract/agreement with the Legal Services Provider(s) (LSPs) specify that the LSPs are expected to use the California Statewide Guidelines in the provision of OAA legal services? Yes/No, Discuss:
  - Yes, the contract's Statement of Work states that the Contractor shall provide legal services countywide and priority shall be given to legal issues that affect target populations in California that conform to the requirements of the OAA, as stated in the California Statewide Guidelines for Legal Assistance.
- **4.** Does the AAA collaborate with the Legal Services Provider(s) to jointly establish specific priorities issues for legal services? If so, what are the top four (4) priority legal issues in your PSA? **Yes/No, Discuss:** 
  - Yes, public benefits issues, housing issues, elder abuse and health care.
- **5.** Specific to Legal Services, does the AAA collaborate with the Legal Services Provider(s) to jointly identify the target population? **Yes/No, Discuss:** 
  - Yes. The target population is seniors sixty (60) years and older, with priority given to minority clients, and to cases involving public benefits, landlord/tenant disputes, elder abuse, health care problems, consumer fraud and legal protective services. Special priority is provided to homebound and isolated seniors and those with the greatest economic and social needs. Family Caregivers providing care for seniors, age sixty (60) years and older, are also a targeted population. Priority is given to those

with the greatest economic and social needs and those providing care for individuals with Alzheimer's disease. Please see #10 below for discussion of the mechanism for reaching the Legal Services' target population.

**6.** Specific to Legal Services, what is the targeted senior population and mechanism for reaching targeted groups in your PSA? **Discuss:** 

The targeted populations are seniors sixty (60) years and older, with priority given to minority clients, and to cases involving public benefits, landlord/tenant disputes, elder abuse, health care problems, consumer fraud and legal protective services. Priority is given to those with the greatest economic and social needs and those providing care for individuals with Alzheimer's disease.

7. How many legal assistance service providers are in your PSA? Complete table below.

Fiscal Year	# of Legal Assistance		
	Services Providers		
2020-2021	1 contracted provider in the PSA.  Unknown # of service providers overall in this area. Assessing this query is untenable. This is partially due to the illusive nature in defining "legal assistance provider" as it might be related to firms already in service to our population, or more generally, for firms that in theory that might be recruited into our service network; furthermore, given the full field of law firms and non-profit service organizations in our particular urban, suburban, rural PSA, that might be providing pro-bono, or core legal services to their population, and thus the raw number thereof, we are not aware of a mechanism to so ascertain.		
2021-2022	1 contracted provider in the PSA.  Unknown # of service providers overall in this area. Assessing this query is untenable. This is partially due to the illusive nature in defining "legal assistance provider" as it might be related to firms already in service to our population, or more generally, for firms that in theory that might be recruited into our service network; furthermore, given the full field of law firms and non-profit service organizations in our particular urban, suburban, rural PSA, that might be providing pro-bono, or core legal services to their population, and thus the raw number thereof, we are not aware of a mechanism to so ascertain.		
2022-2023	1 contracted provider in the PSA.  Unknown # of service providers overall in this area. Assessing this query is untenable. This is partially due to the illusive nature in defining "legal assistance provider" as it might be related to firms already in service to our population, or more generally, for firms that in theory that might be recruited into our service network; furthermore, given the full field of law firms and non-profit service organizations in our particular urban, suburban, rural PSA, that might be providing pro-bono, or core legal services to their population, and thus the raw number thereof, we are not aware of a mechanism to so ascertain.		

2023-2024	

#### 8. What methods of outreach are Legal Services providers using? **Discuss**:

The provider uses printed materials describing its range of services and delivery model. Printed materials are distributed in mailings and are also hand-delivered to places frequented by seniors. The provider offers face-to-face services at over 30 established community sites, and now offers services over the phone or through video conferencing. It is able to collaborate with the sites to distribute outreach materials on an ongoing basis in order to target priority populations such as those in greatest economic need and minorities.

Provider's staff attorneys participate in community education presentations throughout the geographic region, discussing substantive legal topics and describing services. Provider participates in community events such as health fairs in order to reach potential priority populations. Attendees can ask questions about provider's range of services, make appointments and receive substantive educational materials.

Provider also maintains a website and a blog which describe services and contain content designed to inform target populations of services and educate internet users in substantive legal areas. Provider utilizes no- or low-cost radio and television advertising and is featured in newspaper and newsletter articles whenever these opportunities are available.

Due to the COVID-19 pandemic, in-person outreach opportunities were limited. The provider, individually and in partnership with other organizations, focused their efforts on providing virtual community education opportunities.

**9.** What geographic regions are covered by each provider? **Complete table below.** 

Fiscal Year	Name of Provider	Geographic Region covered
2020-2021	a. Elder Law & Advocacy	a. All applicable within the PSA
	b.	b.
	C.	C.
2021-2022	a. Elder Law & Advocacy	a. All applicable within the PSA
	b.	b.
	C.	C.
2022-2023	a. TBD (current contract ends	a.
	6/30/22)	b.
	b.	C.
	C.	
2023-2024	a.	a.
	b.	b.
	C.	C.

**10.** Discuss how older adults access Legal Services in your PSA and whether they can receive assistance remotely (e.g., virtual legal clinics, phone, U.S. Mail, etc.). **Discuss:** 

Please refer to the discussion in #8 above.

**11.** Identify the major types of legal issues that are handled by the TIIIB legal provider(s) in your PSA (please include new legal problem trends in your area). **Discuss:** 

Major types of legal issues handled by the provider include public benefits issues such as: Social Security denial and overpayment; landlord/tenant disputes including subsidized housing evictions; elder abuse and fraud against elders; healthcare problems including denials of coverage, quality of care, and billing issues; consumer fraud; legal protective services which include collaboration with the State Ombudsman and Adult Protective Services programs; personal rights protection; powers of attorney-financial and healthcare; age discrimination.

Provider experienced an increase in the type and frequency of mortgage defaults and loan modification issues, financial elder abuse perpetrated by persons in a position of trust such as paid conservators, trustees, fiduciaries, financial planners and adult children, scam victimization and student loan defaults-collection issues.

During the COVID-19 pandemic, the provider experienced a significant increase in reported scams that capitalized on seniors being forced to use technology to communicate with financial institutions. The pandemic also resulted in many tenants not paying rent, a significantly more complicated legal landscape for landlords and tenants, and an influx of filed Unlawful Detainers.

**12.** What are the barriers to accessing legal assistance in your PSA? Include proposed strategies for overcoming such barriers. **Discuss:** 

Possible barriers are getting knowledge to those in need of services. The array of outreach utilized by the provider addresses overcoming those barriers by being visible within the community and collaborating with community partners.

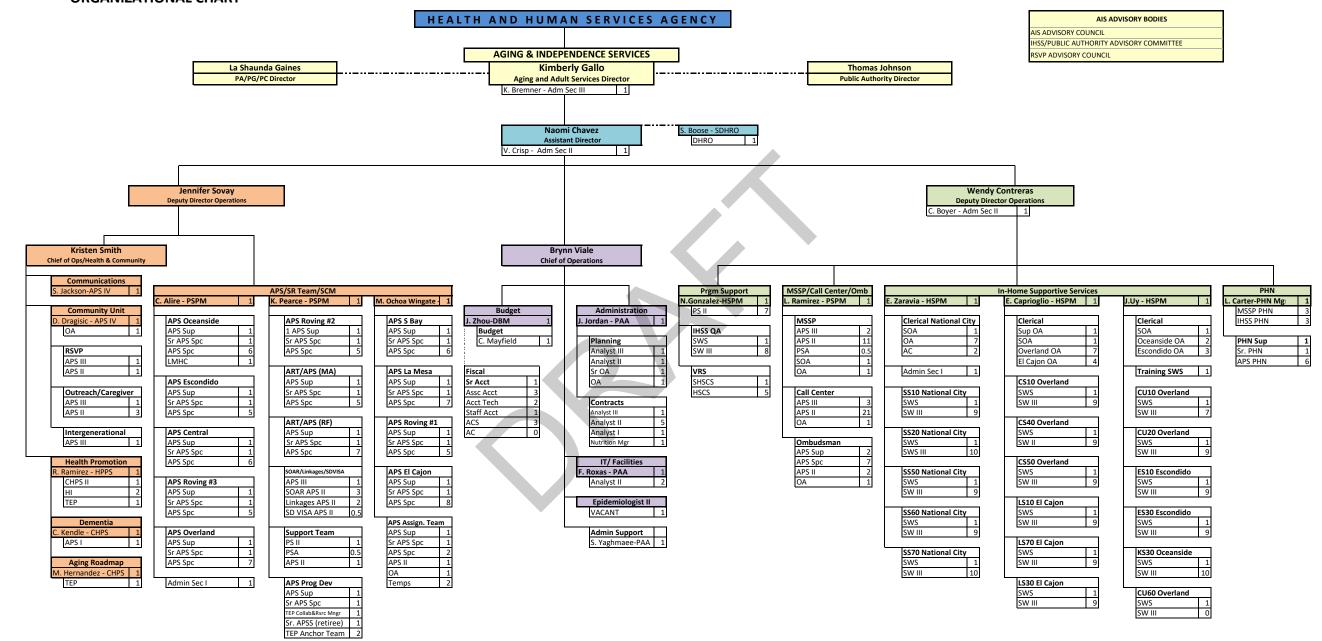
The COVID-19 pandemic and limitations on in-person gatherings initially resulted in fewer inquiries and requests for the provider's services. However, the provider was able to pivot and was soon able to address almost all legal issues by using technology to overcome their inability to meet with clients in person. The closure of courts delayed many matters that required adjudication.

**13.** What other organizations or groups does your legal service provider coordinate services with? **Discuss:** 

Provider and other legal programs in the geographic area regularly cross-refer and cooperate on cases. The provider coordinates services with law school-supported legal clinics, the local legal aid program, the district attorney's and city attorney's elder abuse divisions, state consumer licensing and enforcement agencies such as those overseeing automotive repairs and contractors, and with other specialty nonprofit legal services providers in the community.

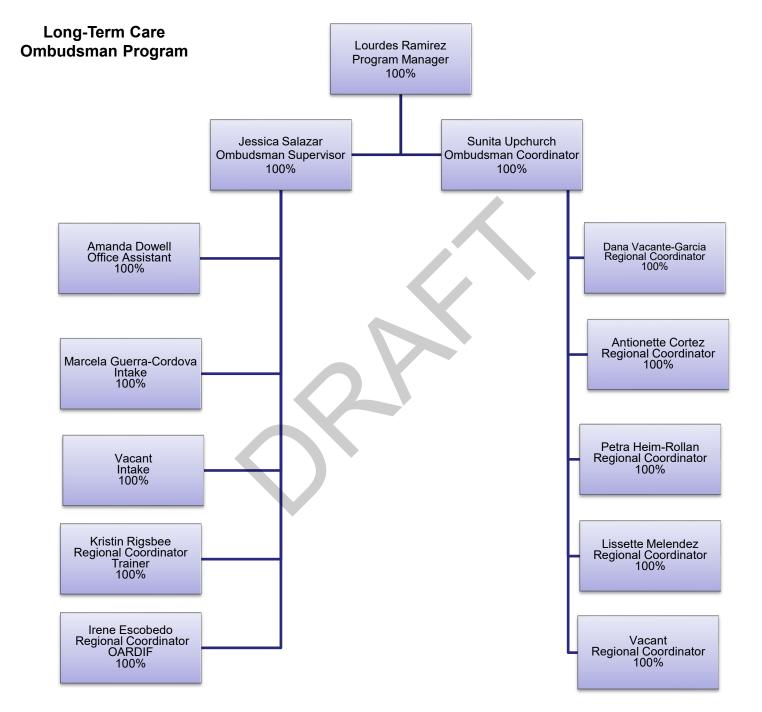
Provider also collaborates with community-based service providers which are part of the "safety-net" for older individuals residing within the geographic location such as nutrition programs, caregiver resource centers and senior housing groups. For example, in the discussion of their legalissues with a staff attorney, clients who indicate that they have little or no funds to purchase food are referred to a meal/nutrition provider for services.

# SECTION TWENTY-ONE ORGANIZATIONAL CHART



## Brynn Viale Long Chief of Operations (100%)

Budget		Administration	
Jing Zhou - Departemental Budget Manager (75%) 1	J	ana Jordan - Principal Admin Analyst (0%)	1
Cynthia Mayfield - Analyst III (75%)		T	
		Planning	
		Vacant - Analyst III (0%)	1
		Samantha Hasler - Analyst II (100%)	1
		Contracts	
		Drenicka Quiogue - Analyst III (100%)	1
		Ronald Bautista - Analyst II (80%), HICAP Analyst (20%)	1
		Christina Johnson - Analyst II (100%)	1
		Leilani Robertson - Analyst II (100%)	1
		Vacant - Analyst II (100%)	1
		Vacant - Analyst II (100%)	1
		Raymond Flores - Analyst I (100%)	1
		Charli Brand - Public Health Nutrition Manager (100%)	1
		IT/ Facilities	
	F	Frank Roxas - Principal Admin Analyst (0%)	1
		Deanna Jerauld - Analyst II (0%)	1
		Stephanie Peterman - Analyst II (0%)	1
		Epidemiologist II	
		Vacant - Epidemiologist II (0%)	1
	<u> </u>	Admin Support	
		Saman Yaghmaee - Principal Admin Analyst (100%)	1



#### **SECTION 22 - ASSURANCES**

Pursuant to the Older Americans Act Reauthorization Act of 2020, (OAA), the Area Agency on Aging assures that it will:

#### A. Assurances

#### 1. OAA 306(a)(2)

Provide an adequate proportion, as required under Older Americans Act Reauthorization Act of 2016 Section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services—

- (A) services associated with access to services (transportation, health services (including mental and behavioral health services) outreach, information and assistance, (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible) and case management services);
- (B) in-home services, including supportive services for families of older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and
- (C) legal assistance; and assurances that the area agency on aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded;

#### 2. OAA 306(a)(4)(A)(i)(I-II)

- (I) provide assurances that the area agency on aging will -
  - (aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement;
  - (bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and;
- (II) include proposed methods to achieve the objectives described in (aa) and (bb) of subclause (I);

#### 3. OAA 306(a)(4)(A)(ii)

- Include in each agreement made with a provider of any service under this title, a requirement that such provider will—
- (I) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;
- (II) to the maximum extent feasible, provide services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services: and
- (III) meet specific objectives established by the area agency on aging, for providing services to low-income minority individuals, older individuals with limited English

proficiency, and older individuals residing in rural areas within the planning and service area;

#### 4. OAA 306(a)(4)(A)(iii)

With respect to the fiscal year preceding the fiscal year for which such plan is prepared—

- (I) identify the number of low-income minority older individuals in the planning and service area:
- (II) describe the methods used to satisfy the service needs of such minority older individuals; and
- (III) provide information on the extent to which the area agency on aging met the objectives described in assurance number 2.

#### 5. OAA 306(a)(4)(B)

Use outreach efforts that —

- (i) identify individuals eligible for assistance under this Act, with special emphasis on—
  - (I) older individuals residing in rural areas;
  - (II) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);
  - (III) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas);
    - (IV) older individuals with severe disabilities;
    - (V) older individuals with limited English proficiency;
  - (VI) older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and
    - (VII) older individuals at risk for institutional placement, specifically including survivors of the Holocaust; and
- (ii) inform the older individuals referred to in sub-clauses (I) through (VII) of clause (i), and the caretakers of such individuals, of the availability of such assistance;

#### 6. OAA 306(a)(4)(C)

Contain an assurance that the Area Agency on Aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas;

#### 7. OAA 306(a)(5)

Provide assurances that the Area Agency on Aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement with agencies that develop or provide services for individuals with disabilities;

#### 8. OAA 306(a)(9)(A)-(B)

(A) Provide assurances that the Area Agency on Aging, in carrying out the State Long-Term

Care Ombudsman program under 307(a)(9), will expend not less than the total amount of funds appropriated under this Act and expended by the agency in fiscal year 2019 in carrying out such a program under this title;

(B) funds made available to the Area Agency on Aging pursuant to section 712 shall be used to supplement and not supplant other Federal, State, and local funds expended to support activities described in section 712;

#### 9. OAA 306(a)(11)

Provide information and assurances concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including—

- (A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the area agency on aging will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;
- (B) An assurance that the Area Agency on Aging will to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and
- (C) An assurance that the Area Agency on Aging will make services under the area plan available, to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans.

#### 10. OAA 306(a)(13)(A-E)

- (A) maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships;
  - (B) disclose to the Assistant Secretary and the State agency—
    - (i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and
      - (ii) the nature of such contract or such relationship;
- (C) demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such contract or such relationship;
- (D) demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such contract or such relationship; and
- (E) on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals;

#### 11. 306(a)(14)

Provide assurances that preference in receiving services under this Title will not be given by the Area Agency on Aging to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this title;

#### 12. 306(a)(15)

Provide assurances that funds received under this title will be used—

- (A) to provide benefits and services to older individuals, giving priority to older individuals identified in Section 306(a)(4)(A)(i); and
- (B) in compliance with the assurances specified in Section 306(a)(13) and the limitations specified in Section 212;

#### 13: OAA 305(c)(5)

In the case of a State specified in subsection (b)(5), the State agency shall provide assurance, determined adequate by the State agency, that the Area Agency on Aging will have the ability to develop an area plan and to carry out, directly or through contractual or other arrangements, a program in accordance with the plan within the planning and service area.

#### 14. OAA 307(a)(7)(B)

(B)

- (i) no individual (appointed or otherwise) involved in the designation of the State agency or an Area Agency on Aging, or in the designation of the head of any subdivision of the State agency or of an Area Agency on Aging, is subject to a conflict of interest prohibited under this Act:
- (ii) no officer, employee, or other representative of the State agency or an Area Agency on Aging is subject to a conflict of interest prohibited under this Act; and
- (iii) mechanisms are in place to identify and remove conflicts of interest prohibited under this Act.

#### 15. OAA 307(a)(11)(A)

- (i) enter into contracts with providers of legal assistance, which can demonstrate the experience or capacity to deliver legal assistance;
- (ii) include in any such contract provisions to assure that any recipient of funds under division (i) will be subject to specific restrictions and regulations promulgated under the Legal Services Corporation Act (other than restrictions and regulations governing eligibility for legal assistance under such Act and governing membership of local governing boards) as determined appropriate by the Assistant Secretary; and (iii) attempt to involve the private bar in legal assistance activities authorized under this title, including groups within the private bar furnishing services to older individuals on a probono and reduced fee basis.

#### 16. OAA 307(a)(11)(B)

That no legal assistance will be furnished unless the grantee administers a program designed to provide legal assistance to older individuals with social or economic need and has agreed, if the grantee is not a Legal Services Corporation project grantee, to coordinate its services with existing Legal Services Corporation projects in the planning and service area in order to concentrate the use of funds provided under this title on individuals with the greatest such need; and the Area Agency on Aging makes a finding, after assessment, pursuant to standards for service promulgated by the Assistant Secretary, that any grantee selected is the entity best able to provide the particular services.

#### 17. OAA 307(a)(11)(D)

To the extent practicable, that legal assistance furnished under the plan will be in addition to any legal assistance for older individuals being furnished with funds from sources other than this Act and that reasonable efforts will be made to maintain existing levels of legal

assistance for older individuals; and

#### 18. OAA 307(a)(11)(E)

Give priority to legal assistance related to income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination.

#### 19. OAA 307(a)(12)(A)

Any Area Agency on Aging, in carrying out such services will conduct a program consistent with relevant State law and coordinated with existing State adult protective service activities for -

- (i) public education to identify and prevent abuse of older individuals;
- (ii) receipt of reports of abuse of older individuals;
- (iii) active participation of older individuals participating in programs under this Act through outreach, conferences, and referral of such individuals to other social service agencies or sources of assistance where appropriate and consented to by the parties to be referred; and
- (iv) referral of complaints to law enforcement or public protective service agencies where appropriate.

#### 20. OAA 307(a)(15)

If a substantial number of the older individuals residing in any planning and service area in the State are of limited English-speaking ability, then the State will require the Area Agency on Aging for each such planning and service area -

- (A) To utilize in the delivery of outreach services under Section 306(a)(2)(A), the services of workers who are fluent in the language spoken by a predominant number of such older individuals who are of limited English-speaking ability.
- (B) To designate an individual employed by the Area Agency on Aging, or available to such Area Agency on Aging on a full-time basis, whose responsibilities will include:
- (i) taking such action as may be appropriate to assure that counseling assistance is made available to such older individuals who are of limited English-speaking ability in order to assist such older individuals in participating in programs and receiving assistance under this Act; and
- (ii) providing guidance to individuals engaged in the delivery of supportive services under the area plan involved to enable such individuals to be aware of cultural sensitivities and to take into account effective linguistic and cultural differences.

#### 21. OAA 307(a)(18)

Conduct efforts to facilitate the coordination of community-based, long-term care services, pursuant to Section 306(a)(7), for older individuals who -

- (A) reside at home and are at risk of institutionalization because of limitations on their ability to function independently;
- (B) are patients in hospitals and are at risk of prolonged institutionalization; or
- (C) are patients in long-term care facilities, but who can return to their homes if community-based services are provided to them.

#### 22. OAA 307(a)(26)

Area Agencies on Aging will provide, to the extent feasible, for the furnishing of services under this Act, consistent with self-directed care.

#### B. Code of Federal Regulations (CFR), Title 45 Requirements:

#### 23. CFR [1321.53(a)(b)]

- (a) The Older Americans Act intends that the area agency on aging shall be the leader relative to all aging issues on behalf of all older persons in the planning and service area. This means that the area agency shall proactively carry out, under the leadership and direction of the State agency, a wide range of functions related to advocacy, planning, coordination, inter-agency linkages, information sharing, brokering, monitoring and evaluation, designed to lead to the development or enhancement of comprehensive and coordinated community based systems in, or serving, each community in the Planning and Service Area. These systems shall be designed to assist older persons in leading independent, meaningful and dignified lives in their own homes and communities as long as possible.
- (b) A comprehensive and coordinated community-based system described in paragraph (a) of this section shall:
- (1) Have a visible focal point of contact where anyone can go or call for help, information or referral on any aging issue;
- (2) Provide a range of options:
- (3) Assure that these options are readily accessible to all older persons: The independent, semi-dependent and totally dependent, no matter what their income;
- (4) Include a commitment of public, private, voluntary and personal resources committed to supporting the system;
- (5) Involve collaborative decision-making among public, private, voluntary, religious and fraternal organizations and older people in the community;
- (6) Offer special help or targeted resources for the most vulnerable older persons, those in danger of losing their independence;
- (7) Provide effective referral from agency to agency to assure that information or assistance is received, no matter how or where contact is made in the community;
- (8) Evidence sufficient flexibility to respond with appropriate individualized assistance, especially for the vulnerable older person;
- (9) Have a unique character which is tailored to the specific nature of the community;
- (10) Be directed by leaders in the community who have the respect, capacity and authority necessary to convene all interested persons, assess needs, design solutions, track overall success, stimulate change and plan community responses for the present and for the future.

#### 24. CFR [1321.53(c)]

The resources made available to the Area Agency on Aging under the Older Americans Act are to be used to finance those activities necessary to achieve elements of a community based system set forth in paragraph (b) of this section.

### 25. CFR [1321.53(c)]

Work with elected community officials in the planning and service area to designate one or more focal points on aging in each community, as appropriate.

### 26. CFR [1321.53(c)]

Assure that services financed under the Older Americans Act in, or on behalf of, the community will be either based at, linked to or coordinated with the focal points designated.

### 27. CFR [1321.53(c)]

Assure access from designated focal points to services financed under the Older Americans Act.

#### CFR [1321.53(c)]

Work with, or work to assure that community leadership works with, other applicable agencies and institutions in the community to achieve maximum collocation at, coordination with or access to other services and opportunities for the elderly from the designated community focal points.

#### 28. CFR [1321.61(b)(4)]

Consult with and support the State's long-term care ombudsman program.

#### 29. CFR [1321.61(d)]

No requirement in this section shall be deemed to supersede a prohibition contained in the Federal appropriation on the use of Federal funds to lobby the Congress; or the lobbying provision applicable to private nonprofit agencies and organizations contained in OMB Circular A-122.

#### 30. CFR [1321.69(a)]

Persons age 60 and older who are frail, homebound by reason of illness or incapacitating disability, or otherwise isolated, shall be given priority in the delivery of services under this part.

# AIS Advisory Council (April 11, 2022)

# **Auxiliary Liaison Written Reports**

CAREGIVER COALITION  Meets monthly on the second Tuesday   1:00pm – 2:00pm				
COUNCIL CONTACT	_	TIME PERIOD		
	FALL PREVENT			
COUNCIL CONTACT	TBD	TIME PERIOD		
	HEALTH PROMO	TION (HP)		
COUNCIL CONTACT	TBD	TIME PERIOD		
	IHSS ADVISORY ( Meets monthly on the second Fric			
COUNCIL CONTACT		TIME PERIOD	March 2022	
the status of accomplishments Working with AIS Outreach an	at this meeting as most of the focus on successfully achieving success d Education to increase the aware at irregularities and complaints reg	s those goals. The two main g ness of the public of the IHSS	poals discussed were: (1) program and (2) Exploring	
	SVA/RS	VP		
COUNCIL CONTACT	TBD	Time Period		
	ECAN			
COUNCIL CONTACT	TBD	Time Period		
	NorCA	N		
COUNCIL CONTACT	TBD	Time Period		
	SANDI-C	AN		
COUNCIL CONTACT	Monica Flynn	TIME PERIOD		
	SoCAN	V		
COUNCIL CONTACT	TBD	TIME PERIOD		
	EAST COUNTY IG COM	MUNITY COUNCIL		
COUNCIL CONTACT	TBD	TIME PERIOD		
	NORTH COUNTY IG COM	MUNITY COUNCIL		
COUNCIL CONTACT	Susan Mallett	TIME PERIOD		
	AGE WELL SAN DIEGO – DEMENTIA FRIENDLY Meeting schedule TBD			
COUNCIL CONTACT	Wanda Smith	TIME PERIOD	March 2022	
Dementia friendly theme continued their work on the Age Well 2.0 clarification of their future vision and goals. Break-out groups discussed specific goals and all reconvened to share and update the goal statements. Next meeting April 19, 10:30 AM.				
AGE WELL SAN DIEGO – HEALTH & COMMUNITY SUPPORT  Meets on the fourth Friday   1:00pm – 2:30pm (Currently on hold)				
COUNCIL CONTACT	Joe Garbanzos	TIME PERIOD		
AGE WELL SAN DIEGO — HOUSING  Meets bimonthly on the first Thursday   1:00pm – 2:30pm				
COUNCIL CONTACT	Paul Ling	TIME PERIOD		

AGE WELL SAN DIEGO – SOCIAL PARTICIPATION  Meets quarterly on the second Wednesday   9:30am – 11:00am					
COUNCIL CONTACT Susan Mallett TIME PERIOD March 2022					
A goal-setting workshop held March 9th continued to discuss priorities and develop ideas for Age Well 2.0 goals.  Feedback from the group included increasing access to services regardless of income or zip code, transportation resources for existing programs, continued training and assistance in technology for older adults and engage trusted leaders to share resources with their communities thereby increasing access to all.					
AGE WELL SAN DIEGO – TRANSPORTATION  Meets quarterly on the fourth Wednesday   1:00pm – 2:30pm					
COUNCIL CONTACT   Judi Bonilla   TIME PERIOD					
ALZHEIMER'S CARE ROUNDTABLE					
COUNCIL CONTACT	TBD	TIME PERIOD			
CALIFORNIA SENIOR LEGISLATURE					
COUNCIL CONTACT	Susan Mallett	TIME PERIOD	March 2022		
On March 29th, CSL members attended a virtual training on the Legislative process and preparing legislative proposals. Presentations from CA Department of Aging staff, Leg. Counsel attorneys and CSL Executive Director provided a great					

overview as well as a wealth of resources to assist members in developing legislative proposal ideas.