



Advisory Council for Aging & Independence Services

May 9, 2022 | 12:00 p.m.

Virtual Meeting

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

Click here to [Join Zoom Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** John Osborne, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 12)
2. **Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)** (Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of April 11, 2022 Meeting Minutes (Action)*
4. **California Senior Legislature (CSL) 2022 Elections***
 - a. Senior Senator – Two (2) Seats Available
 - Ted Kagan
 - Luis Monge
 - b. Senior Assemblymember – Six (6) Seats Available
 - Antoinette Alioto
 - Susan Mallet
 - Helen McBrady
 - Pat Mosteller
 - Wanda Smith
5. **Guest Speakers**
 - a. Fiscal Year 2022-23 CAO Recommended Budget: Maryneeza Moraleja, Revenue & Budget Manager, Agency Budget Office
 - b. MSSP Program Update: Heidi Klein and Veronica Lacuesta, Aging Program Specialist III
 - c. AIS Call Center Operations: Michelle Taylor, Aging Program Specialist III
6. **AIS Director's Items** (Possible action)
 - a. AIS Director's Update
 - b. Legislative Update
7. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: John Osborne, Chair



- i. Ancillary Subcommittee Appointments
 - a) Healthy Aging: Appointment of Pualani Vazquez (Action)
 - ii. Convene Legislative Ad Hoc Subcommittee (Action)
 - ROLE: Advise on the County of San Diego’s Legislative Program
 - TERM: May 9, 2022 through the end of August
 - MEMBERSHIP: Stephen Huber (Chair), Paul Ling, Thomas Splitgerber, Pualani Vazquez, Jacqueline Simon, Faye Detsky-Weil
 - b. Membership Report: Susan Mallett, Secretary
 - i. Appoint Jamat Suryan to partial term (Action)
 - Seat #18, effective immediately, to expire 10/13/22
 - ii. Appoint Kristine Stensberg to partial term (Action)
 - Seat #19, effective immediately, to expire 10/13/22
 - iii. Appoint Mina Kerr to partial term (Action)
 - Seat #20, effective immediately, to expire 12/18/22
 - iv. Appoint Dan McNamara for partial term (Action)
 - Seat #14, effective immediately, to expire 3/11/23
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Vargas [Garbanzos/Larkins] 11/18/2021
 - ii. District #2: Anderson [Splitgerber/Nocon] 8/24/2021
 - iii. District #3: Lawson-Remer [King/Osborne] 1/24/2022
 - iv. District #4: Fletcher [Villafana/Flynn] 1/5/2022
 - v. District #5: Desmond [Simon/Weber] 1/14/2021
8. **Ancillary Subcommittee Oral Reports** (Possible action)
- a. LTC Ombudsman/Facilities (met 4/22/22): Joe Garbanzos, Chair
 - b. Healthy Aging (met 5/5/22): Wanda Smith, Chair
 - c. Housing (met 5/5/22): Paul Ling, Chair
 - d. Nutrition (met 5/3/22): Susan Mallett, Chair

- 9. **Ad Hoc Subcommittee Oral Reports** (Possible action)
- 10. **Auxiliary Liaison Written Reports** {See Addendum}*

11. **Adjournment & Next Meetings:**
 When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123
 Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: June 13, 2022, 12 noon

Future Subcommittee Meetings:

➤ LTC Ombudsman/Facilities:	5/19/22	10:30 a.m.	[3 rd Thursdays]	Virtual
➤ Executive & Membership:	5/24/22	10:30 a.m.	[4 th Tuesdays]	Virtual
➤ Nutrition:	6/7/22	1:00 p.m.	[1 st Tuesdays]	Virtual
➤ Healthy Aging:	6/2/22	10:30 a.m.	[1 st Thursdays]	Virtual
➤ Housing:	6/2/22	12:00 p.m.	[1 st Thursdays]	Virtual

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, April 11, 2022 | 12:00pm – 2:00pm
Call in: 1 (669) 900-9128
Meeting ID (access code): 992 5390 3588 | Passcode: 251412

MINUTES – DRAFT

Members		Absent Members		Guests	
Attendance	Judi Bonilla Faye Detsky-Weil La Rue Fields Monica Flynn Joe Garbanzos Stephen Huber Shirley King Ethel Larkins Paul Ling Chris Maeoka	Susan Mallett Bradlyn Mulvey Molly Nocon John Osborne Jacqueline Simon Wanda Smith Thomas Splitgerber Lorelei Taylor Darlene Weber	Luz Villafana	Maria Barnabe Delores Brandon Chequita Falls Howard Feldman Jacqueline Jackson Thomas Johnson (PA) Mina Kerr Howard Lee Betty Lemos Silvia Martinez Dan McNamara Jaina Pallasigui Dave Patton Jamal Suryan Kristine Stensberg Pualani Vazquez	
Distinguished Merit Recipients		Staff			
		Kendall Bremner Samantha Hasler Melissa Hernandez	Jana Jordan Jana Schwartz Brynn Viale		
Item	Outcome				
1. Call to Order	John Osborne, Chair, 12:00pm a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <i>17 present at this time.</i>				
2. Continuance of Teleconferencing Meeting Option: AB 361	<ul style="list-style-type: none"> • Executive Order 29-20, which allowed local or state bodies to participate in meetings remotely, ended on September 30, 2021. Effective October 1, 2021 Assembly Bill (AB) 361 amends government code 54593 to add sub-section e, which allows suspension of general teleconferencing rule if there is a proclaimed state of emergency and state or local officials have imposed or recommended measures to promote social distancing. <ul style="list-style-type: none"> • On September 23, Dr. Wooten (Public Health Officer) released a health recommendation stating that utilizing teleconferencing options for public meetings is effective and a recommended social distancing measure to facilitate participation in public affairs. • AB 361 requires renewal of resolution every 30 days. • Action to approve renewal resolution to continue to allow Teleconferencing Meeting Option (Action)* [M/S – W. Smith/E. Larkins(Passed with 17 votes)] 				
3. Standard Business	a. Public Comments/Announcements: Members or non-members: <ul style="list-style-type: none"> • L. Fields announced her new position with ROV. She also highly recommends S. Martinez to the committee. • S. Mallett shared on May 3rd from 10am-2pm there will be a virtual Senior Rally Day. • T. Johnson requests that the committee identifies a councilmember to replace L. Fields as a liaison for the Public Authority Advisory Committee. b. Approval of March 14 th , 2022 Meeting Minutes (Action)* [M/S – S. Huber/B. Mulvey (Passed with 18 votes)]				
4. Guest Speakers	a. UCSD – <i>Alzheimer’s Disease Cooperative Study</i> Howard Feldman MDCM, FRCP (C) Director, Alzheimer’s Disease Cooperative Study Dean, Alzheimer’s Disease and Neurogenerative Research Highlights included:				

	<ul style="list-style-type: none"> • Objectives • Aducanumad (Aduhelm) Phase 3 Trials, Results, Biomarker Results • Medicare Decision: Limited Coverage of Aducanumad • Donanemab: Phase 2 Results • Clinical Trials Overview at UCSD • Reducing Dementia Risk Factors & Delaying or Preventing Dementia • Life-course Model of Potentially Modifiable Risk Factors • Effect of Intensive vs Standard Blood Pressure Control on Probably Dementia: A Randomized Clinical Trial • HALT-AD <p>b. <i>Aging Roadmap Annual Report</i> Melissa Hernandez, MPH, Community Health Program Specialist Jana Schwartz, AICP, SITES AP, Transportation Equity & Livable Community Specialist</p> <p>Highlights included:</p> <ul style="list-style-type: none"> • Aging Roadmap • Healthy Brain Initiative (HBI) • Dignity at Home Program • Tech 4 Seniors Program • Connections, Health, Aging and Technology (CHAT) Program • Vital Aging 2021 • Age Friendly Film Festival • Aging & Equity Workshop • Age Well Action Plan • Age Well 2.0 • Monthly Input Sessions • Priorities
<p>5. AIS Director's Items</p>	<p>a. Board Letters: FY 22/23 AIS Revenue (Action)* B. Viale shared that a Board letter is set to be heard on May 10th and Board action is required to approve revenue agreements to fund various programs supporting older adults and persons with disabilities. Per the requirement of the CDA, this item requests the Board adopt a resolution relating to the CDA revenue agreements and authorize acceptance of \$27,323,290 of federal, State, managed care health plan, and grant revenue for Fiscal Year 2022-23 to support these programs and services. If approved, the Board action would authorize the acceptance of grant funding, authorize the Clerk of the Board to execute revenue agreements, and authorize the Agency Director, HHSA, to pursue future funding opportunities. This is an annual Board Letter; authorization is required each fiscal year.</p> <p>[M/S – E. Larkins/B. Mulvey(Passed with 14 votes)]</p> <p>b. AIS Directors Updates</p> <ul style="list-style-type: none"> ○ B. Viale shared an update on the additional ARPA funding received from CDA. The allocation includes funding for all Title III programs including supportive services, senior nutrition, family caregiver support, disease prevention and health promotion programs. AIS has begun surveying current contractors to collect feedback on how this funding can be utilized. To gather additional stakeholder input, AIS will be sending a survey to all Advisory Council members after today's meeting. <p>c. Legislative Update: None</p> <p>d. Area Plan Ad Hoc Subcommittee (met 3/16/22) Joe Garbanzos, Chair</p> <ul style="list-style-type: none"> i. Area Plan 2020-2024 – Update FY 22/23 <ul style="list-style-type: none"> ○ Presentation & Discussion, Brynn Viale, Chief, Agency Operations Highlights included: <ul style="list-style-type: none"> • Area Agencies on Aging (AAA) • Area Plan Updates FY 22/23 ○ Public Hearing Comment ○ Consideration of Acceptance ○ Authorize Chair of Advisory Council to sign Letter of Transmittal (Action)* <p>[M/S – S. Mallett/J. Garbanzos(Passed with 15 votes)]</p>

6. Executive & Membership Subcommittee Report/Other Business	<p>a. Chair's Report: John Osborne, Chair</p> <p>i. Ancillary Subcommittee Appointments</p> <p>a) Nutrition: Appointment of Bradlyn Mulvey (Action)* [M/S – S. Mallett/S. King(Passed with 16 votes)]</p> <p>ii. Ad Hoc Subcommittee Appointments</p> <p>a) Convene Ad Hoc Nominating Subcommittee (Action)*</p> <ul style="list-style-type: none"> o ROLE: Prepare a slate of officer recommendations by June 2022 for the officer elections in July 2022 and officer swearing-in in September 2022. o TERM: April 2022 through June 2022 o MEMBERSHIP: Lorelei Taylor (Chair), LaRue Fields, John Osborne <p>[M/S – F. Detsky-Weil/W. Smith(Passed with 15 votes)]</p> <p>b. Membership Report: Susan Mallett, Secretary</p> <p>i. Appoint Pualani Vazquez to partial term (Action)*</p> <p>a) Seat #23, effective immediately, to expire 2/13/23 [M/S – E. Larkins/M. Flynn(Passed with 15 votes)]</p> <p>ii. Appoint Sylvia Martinez to partial term (Action)*</p> <p>a) Seat # 27, effective immediately, to expire 9/9/23 [M/S – F. Detsky Weil/S. King(Passed with 16 votes)]</p> <p>iii. Appoint Susan Mallett for 1st full term (Action)*</p> <p>a) Seat #24, effective immediately, to expire 5/14/26 [M/S – F. Detsky Weil/C. Maeoka(Passed with 16 votes)]</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0"> <tr> <td>i. District #1: Vargas</td> <td>[Garbanzos/Larkins]</td> <td>11/18/2021</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Splitgerber/Nocon]</td> <td>8/24/2021</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>1/24/2022</td> </tr> <tr> <td>iv. District #4: Fletcher</td> <td>[Villafana/Flynn]</td> <td>1/5/2022</td> </tr> <tr> <td>v. District #5: Desmond</td> <td>[Simon/Weber]</td> <td>1/14/2021</td> </tr> </table>	i. District #1: Vargas	[Garbanzos/Larkins]	11/18/2021	ii. District #2: Anderson	[Splitgerber/Nocon]	8/24/2021	iii. District #3: Lawson-Remer	[King/Osborne]	1/24/2022	iv. District #4: Fletcher	[Villafana/Flynn]	1/5/2022	v. District #5: Desmond	[Simon/Weber]	1/14/2021										
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7. Ancillary Subcommittee Oral Reports	<p>b. LTC Ombudsman/Facilities (met 3/16/2022): Joe Garbanzos, Chair</p> <ul style="list-style-type: none"> • J. Garbanzos welcomes new members to the council • Open to new members joining the Ombudsman committee <p>c. Healthy Aging (met 4/7/2022): Wanda Smith, Chair</p> <ul style="list-style-type: none"> • W. Smith reported that Dr. Katherine Ayers presented at their last meeting on a new project on isolation and loneliness on dementia patients <p>d. Housing (met 4/7/2022): Paul Ling, Chair</p> <ul style="list-style-type: none"> • P. Ling reported the committee's new topic is middle class senior housing roadmap <p>e. Nutrition (met 3/1/2022): Susan Mallett, Chair</p> <ul style="list-style-type: none"> • S. Mallett reported Dr. Shirin Hooshmand from UCSD presented at their last meeting on bone density and precautions for seniors • Senior Farmers Market Voucher program is coming 																									
8. Auxilliary Liaison Written Reports	See addendum.																									
9. Other Announcements	<ul style="list-style-type: none"> • J. Jordan shared that the California Senior Legislator Elections will happen at the May 9th Advisory Council Meeting 																									
10. Adjournment & Next Meetings	<p>a. Meeting adjourned: 1:43pm</p> <p>Council Meeting: May 9, 2022, 12 noon (When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting details will be included in agendas posted online 72 hours before meetings at www.aging.sandiegocounty.gov/AISAdvisoryCouncil.)</p> <p>Future Subcommittee Meetings</p> <table border="0"> <tr> <td>➤ LTC Ombudsman/Facilities</td> <td>4/21/2022</td> <td>10:30 am</td> <td>3rd Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Executive & Membership</td> <td>4/26/2022</td> <td>10:30 am</td> <td>4th Tuesdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Healthy Aging</td> <td>5/5/2022</td> <td>10:30 am</td> <td>1st Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Housing</td> <td>5/5/2022</td> <td>12:00 pm</td> <td>1st Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Nutrition</td> <td>5/3/2022</td> <td>1:00 pm</td> <td>1st Tuesdays</td> <td>Virtual</td> </tr> </table>	➤ LTC Ombudsman/Facilities	4/21/2022	10:30 am	3 rd Thursdays	Virtual	➤ Executive & Membership	4/26/2022	10:30 am	4 th Tuesdays	Virtual	➤ Healthy Aging	5/5/2022	10:30 am	1 st Thursdays	Virtual	➤ Housing	5/5/2022	12:00 pm	1 st Thursdays	Virtual	➤ Nutrition	5/3/2022	1:00 pm	1 st Tuesdays	Virtual
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Minutes respectfully submitted by Kendall Bremner



2022 CSL Elections

Certificate of Eligibility

PSA 23

The following candidates for Senior Senator and Senior Assemblymember have been determined to be eligible for the CSL Election conducted by the San Diego Aging & Independence Services (AIS) Advisory Council on May 9, 2022.

Senior Senator

- Ted Kagan
- Luis Monge

Senior Assemblymember

- Antoinette Alioto
- Susan Mallet
- Helen McBrady
- Pat Mosteller
- Wanda Smith

Information regarding election date and time can be obtained by contacting the local Area Agency on Aging Office.

John Pointer

Senior Senator John Pointer
Chair, Joint Rules Committee
California Senior Legislature

Issued on April 26, 2022

Auxiliary Liaison Written Reports

CAREGIVER COALITION			
Meets monthly on the second Tuesday 1:00pm – 2:00pm			
COUNCIL CONTACT	Ethel Larkins	TIME PERIOD	
FALL PREVENTION (FP)			
COUNCIL CONTACT	TBD	TIME PERIOD	
HEALTH PROMOTION (HP)			
COUNCIL CONTACT	TBD	TIME PERIOD	
IHSS ADVISORY COMMITTEE			
Meets monthly on the second Friday 12:45pm – 3:00pm			
COUNCIL CONTACT	LaRue Fields	TIME PERIOD	
SVA / RSVP			
COUNCIL CONTACT	TBD	TIME PERIOD	
ECAN			
COUNCIL CONTACT	TBD	TIME PERIOD	
NORCAN			
COUNCIL CONTACT	TBD	TIME PERIOD	
SANDI-CAN			
COUNCIL CONTACT	Monica Flynn	TIME PERIOD	
SoCAN			
COUNCIL CONTACT	TBD	TIME PERIOD	
AGE WELL SAN DIEGO – DEMENTIA FRIENDLY			
Meeting schedule TBD			
COUNCIL CONTACT	Wanda Smith	TIME PERIOD	
AGE WELL SAN DIEGO – HEALTH & COMMUNITY SUPPORT			
Meets on the fourth Friday 1:00pm – 2:30pm (Currently on hold)			
COUNCIL CONTACT	Joe Garbanzos	TIME PERIOD	
AGE WELL SAN DIEGO – HOUSING			
Meets bimonthly on the first Thursday 1:00pm – 2:30pm			
COUNCIL CONTACT	Paul Ling	TIME PERIOD	
AGE WELL SAN DIEGO – SOCIAL PARTICIPATION			
Meets quarterly on the second Wednesday 9:30am – 11:00am			
COUNCIL CONTACT	Susan Mallett	TIME PERIOD	April 2022
The group proposed ideas and action plans to implement goals to increase access to technology, to increase awareness of negative impacts of social isolation, and to support the equitable distribution of engagement opportunities and resources throughout the county. Next meeting is May 11th.			
AGE WELL SAN DIEGO – TRANSPORTATION			
Meets quarterly on the fourth Wednesday 1:00pm – 2:30pm			
COUNCIL CONTACT	Judi Bonilla	TIME PERIOD	
ALZHEIMER’S CARE ROUNDTABLE			
COUNCIL CONTACT	TBD	TIME PERIOD	
CALIFORNIA SENIOR LEGISLATURE			
COUNCIL CONTACT	Susan Mallett	TIME PERIOD	May 2022
A successful virtual Senior Rally Day was held on May 3rd. The event included reports on the Master Plan for Aging(MPA) and the state budget. Two advocacy sessions hosted legislators and staff speaking about current bills aligned with MPA goal 1- housing for all stages and ages and goal 2-health reimaged.			