



LIVE WELL  
SAN DIEGO

## *Advisory Council for Aging & Independence Services*

September 12, 2022 | 12:00 p.m.

Virtual Meeting

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

Click here to [Join Zoom Meeting](#)

### **AGENDA**

\* (attachment)

1. **Call to Order:** John Osborne, Chair
  - a. Welcome & Pledge of Allegiance
  - b. Guest/Member Introductions
  - c. Confirmation of Quorum (quorum = 13)
2. **Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)** (Action)
3. **Standard Business**
  - a. Public Comment/Announcements: Members or Non-members
  - b. Approval of July 11, 2022 Meeting Minutes (Action)\*
4. **Swearing in of 2022-2023 Officers:** Kim Gallo, Director, Aging & Independence Services
5. **AIS Director's Items** (Possible action)
  - a. Board Letters
    - i. Aging Roadmap Annual Update (Action)\*
  - b. AIS Director's Update
  - c. Legislative Update
6. **Guest Speaker**
  - a. Elder Justice Task Force: Scott Pirrello, San Diego County District Attorney
7. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
  - a. Chair's Report: Stephen Huber, Chair
    - i. Adopt Annual Calendar, Annual Subcommittees and Annual Report\* (Action)
    - ii. Council Goals: Review Draft\*
    - iii. Ancillary Subcommittee Appointments
      - a) Healthy Aging Subcommittee: Appoint Dan McNamara (Action)
      - b) LTC Ombudsman/Facilities Subcommittee: Appoint Dan McNamara (Action)
    - iv. Auxiliary Subcommittee Appointments



- b. Membership Report: Susan Mallett, Secretary
  - i. Appoint Elaine Lewis to 1<sup>st</sup> full term
    - Seat #16, effective immediately, to expire 5/13/25
  - ii. Appoint Kristine Stensberg to 1<sup>st</sup> full term
    - Seat #19, effective immediately, to expire 10/13/26
  - iii. Appoint Jamat Suryan to 1<sup>st</sup> full term
    - Seat #18, effective immediately, to expire 10/13/26
- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
  - i. District #1: Vargas [Garbanzos/Larkins] 11/18/2021
  - ii. District #2: Anderson [Splitgerber/Nocon] 8/24/2021
  - iii. District #3: Lawson-Remer [King/Osborne] 1/24/2022
  - iv. District #4: Fletcher [Villafana/Flynn] 1/5/2022
  - v. District #5: Desmond [Simon/Weber] 5/31/2022

**8. Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 7/21/22): Joe Garbanzos, Chair
- b. Healthy Aging (met 9/8/22): Wanda Smith, Chair
- c. Housing (met 7/7/22): TBD, Chair
- d. Nutrition (met 9/6/22): Susan Mallett, Chair

**9. Ad Hoc Subcommittee Oral Reports**

- a. Legislative Ad Hoc Subcommittee: Stephen Huber, Chair

**10. Other Announcements**

**11. Adjournment & Next Meetings:**

When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123

Virtual meeting details are included on agendas at [www.aging.sandiegocounty.gov/AISAdvisoryCouncil](http://www.aging.sandiegocounty.gov/AISAdvisoryCouncil)

**Council Meeting:** October 10, 2022, 12:00 PM

**Future Subcommittee Meetings:**

- |                             |          |            |                             |         |
|-----------------------------|----------|------------|-----------------------------|---------|
| ➤ LTC Ombudsman/Facilities: | 9/15/22  | 10:30 a.m. | [3 <sup>rd</sup> Thursdays] | Virtual |
| ➤ Executive & Membership:   | 9/27/22  | 10:30 a.m. | [4 <sup>th</sup> Tuesdays]  | Virtual |
| ➤ Nutrition:                | 10/11/22 | 1:00 p.m.  | [1 <sup>st</sup> Tuesdays]  | Virtual |
| ➤ Healthy Aging:            | 10/6/22  | 10:30 a.m. | [1 <sup>st</sup> Thursdays] | Virtual |
| ➤ Housing:                  | TBD      | TBD        | TBD                         | Virtual |

*This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

**Aging & Independence Services Advisory Council**  
**Monday, July 11, 2022 | 12:00pm – 2:00pm**  
**Call in: 1 (669) 900-9128**  
**Meeting ID (access code): 992 5390 3588 | Passcode: 251412**

**MINUTES – DRAFT**

<b>Members</b>		<b>Absent Members</b>	<b>Guests</b>
Attendance	Faye Detsky-Weil Chequita Falls La Rue Fields Joe Garbanzos Stephen Huber Shirley King Ethel Larkins Paul Ling Chris Maeoka Susan Mallett Silvia Martinez	Dan McNamara Bradlyn Mulvey Molly Nocon John Osborne Jacqueline Simon Wanda Smith Kristine Stensberg Jamal Suryan Lorelei Taylor Pualani Vazquez	Monica Flynn Mina Kerr Thomas Splitgerber Luz Villafana Darlene Weber
	<b>Distinguished Merit Recipients</b>		<b>Staff</b>
			Kendall Bremner Wendy Contreras Samantha Hasler Jana Jordan Brynn Viale
<b>Item</b>	<b>Outcome</b>		
1. Call to Order	<b>John Osborne, Chair, 12:00pm</b> a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <b><u>20 present at this time.</u></b>		
2. Continuance of Teleconferencing Meeting Option: AB 361	<ul style="list-style-type: none"> <li>Executive Order 29-20, which allowed local or state bodies to participate in meetings remotely, ended on September 30, 2021. Effective October 1, 2021 Assembly Bill (AB) 361 amends government code 54593 to add sub-section e, which allows suspension of general teleconferencing rule if there is a proclaimed state of emergency and state or local officials have imposed or recommended measures to promote social distancing.               <ul style="list-style-type: none"> <li>On September 23, Dr. Wooten (Public Health Officer) released a health recommendation stating that utilizing teleconferencing options for public meetings is effective and a recommended social distancing measure to facilitate participation in public affairs.</li> <li>AB 361 requires renewal of resolution every 30 days.</li> </ul> </li> <li>Action to approve renewal resolution to continue to allow Teleconferencing Meeting Option (Action)*  <b>[M/S – E. Larkins/F. Detsky-Weil (Passed with 19 votes)]</b> </li> </ul>		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: <ul style="list-style-type: none"> <li>S. Mallett shared that AIS received 1,500 farmers market vouchers for distribution to our community partners.</li> <li>T. Johnson welcomed Nadine Branch to the meeting as new chairperson on the IHSS/PA Advisory Committee</li> </ul> b. Approval of June 13 <sup>th</sup> , 2022 Meeting Minutes (Action)* <b>[M/S – S. Mallett/E. Larkins (Passed with 20 votes)]</b>		
4. Election of Council Year 2022-2023 Officers – Lorelei Taylor	a. Presentation of Nominees for FY 22/23 Officers <ul style="list-style-type: none"> <li>Chair – Stephen Huber</li> <li>1<sup>st</sup> Vice Chair – Wanda Smith</li> <li>2<sup>nd</sup> Vice Chair – Chris Maeoka</li> <li>Secretary – Susan Mallett</li> </ul> b. Nominations from the floor - None c. Election of FY 22/23 Officers (Action)* <b>[M/S – E. Larkins/S. King (Passed with 20 votes)]</b> d. Officer transition briefing: July 26, 2022 Executive & Membership Subcommittee e. Swearing in of FY 22/23 Officers: September 12, 2022 Regular Meeting		

5. Guest Speaker	<p>a. Kimberly Pearce, Program Manager, Adult Protective Services/Senior Team/Specialized Case Management Program</p> <p>Highlights included:</p> <ul style="list-style-type: none"><li>• Overview of Adult Protective Services</li><li>• San Diego County Home Safe Program<ul style="list-style-type: none"><li>○ Program Statistics</li><li>○ Program Design</li><li>○ Program Interventions</li><li>○ Clients served</li></ul></li><li>• APS Numbers in Brief</li><li>• APS 2021-2022</li></ul>															
6. AIS Directors Items	<p>Wendy Contreras, Deputy Director, provided the Director's Items on behalf of Kim Gallo who was in Austin, Texas at the US Aging Annual Conference to accept three Aging Achievement Awards AIS received:</p> <ul style="list-style-type: none"><li>○ Cal Fresh Healthy Living Program</li><li>○ Older Adult and Disability Sector Disaster Support</li><li>○ Home Safe Program</li></ul> <p>a. Board Letters:</p> <p>Wendy Contreras reported:</p> <p>i. <b>AIS FY 22-23 Additional Revenue:</b> (Action)*</p> <ul style="list-style-type: none"><li>• For the Council's consideration and recommended approval is a Board Letter set to be heard on August 16<sup>th</sup>, 2022. In June, the California Department of Aging (CDA) allocated an additional \$1.8 million to the County through the Older Adults Recovery and Resilience Fund to further support the Dignity at Home Fall Prevention program, the Family Caregiver Support program, and the Older Californians Nutrition Program and Intergenerational Activities Program. In addition, \$2.1 million was allocated to the County through the Home and Community Based Services Senior Nutrition Infrastructure Grant to enhance, expand and increase senior nutrition infrastructure in San Diego County. Per requirement of the CDA, this item requests the Board to adopt a resolution relating to these CDA revenue agreements and authorize acceptance of the additional funding.</li></ul> <p><b>[M/S – S. Mallett/E. Larkins (Passed with 20 votes)]</b></p> <p>b. AIS Directors Update</p> <ul style="list-style-type: none"><li>• In response to the Council's question from last meeting regarding surveying our customers and evaluating our operations, AIS shared a summary of the annual customer experience survey, HEART Survey.</li></ul> <p>c. Legislative Update</p> <ul style="list-style-type: none"><li>• No legislative update. However, the Legislative Ad Hoc Subcommittee that was convened recently will meet to provide input and feedback on the County's 2023 Legislative Program.</li></ul>															
7. Executive & Membership Subcommittee Report/Other Business	<p>a. Chair's Report: John Osborne, Chair</p> <p>i. Ancillary Subcommittee Appointments</p> <p>a) Nutrition Subcommittee: Appointment of Jamat Suryan (Action)*</p> <p><b>[M/S – S.Mallett/S. King(Passed with 18 votes)]</b></p> <p>b) Nutrition Subcommittee: Appointment of Ethel Larkins (Action)*</p> <p><b>[M/S – S. King/W. Smith (Passed with 18 votes)]</b></p> <p>c) Nutrition Subcommittee: Appointment of Kristine Stensberg (Action)*</p> <p><b>[M/S – S. King/S. Mallett (Passed with 18 votes)]</b></p> <p>d) LTC Ombudsman &amp; Facilities Subcommittee: Appointment of Mina Kerr (Action)*</p> <p><b>[M/S – E. Larkins/J. Garbanzos (Passed with 18 votes)]</b></p> <p>b. Membership Report: Susan Mallett, Secretary</p> <ul style="list-style-type: none"><li>• S. Mallett reported there are five vacancies in the Council and the Executive and Membership Subcommittee are working on filling these seats.</li></ul> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table><tr><td>i. District #1: Vargas</td><td>[Garbanzos/Larkins]</td><td>11/18/2021</td></tr><tr><td>ii. District #2: Anderson</td><td>[Splitgerber/Nocon]</td><td>8/24/2021</td></tr><tr><td>iii. District #3: Lawson-Remer</td><td>[King/Osborne]</td><td>1/24/2022</td></tr><tr><td>iv. District #4: Fletcher</td><td>[Villafana/Flynn]</td><td>1/5/2022</td></tr><tr><td>v. District #5: Desmond</td><td>[Simon/Weber]</td><td>5/31/2022</td></tr></table>	i. District #1: Vargas	[Garbanzos/Larkins]	11/18/2021	ii. District #2: Anderson	[Splitgerber/Nocon]	8/24/2021	iii. District #3: Lawson-Remer	[King/Osborne]	1/24/2022	iv. District #4: Fletcher	[Villafana/Flynn]	1/5/2022	v. District #5: Desmond	[Simon/Weber]	5/31/2022
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8. Ancillary Subcommittee Oral Reports	<div>a. LTC Ombudsman/Facilities (met 6/22/22): Joe Garbanzos, Chair<ul style="list-style-type: none"><li>J. Garbanzos reported that the subcommittee finalized their recommendations to the executive committee that is facilitating the strategic planning.</li><li>Continuing to recruit members for subcommittee.</li></ul></div> <div>b. Healthy Aging (met 7/7/2022): Wanda Smith, Chair<ul style="list-style-type: none"><li>W. Smith reported that they will be bringing back the white paper on “Seniors Who Live Alone.”</li><li>Interested in looking at what hospitals are doing to support Healthy Aging.</li></ul></div> <div>a. Housing (met 7/7/2022): Paul Ling, Chair<ul style="list-style-type: none"><li>P. Ling reported that they discussed the subcommittees goals for the next 4 years.</li><li>P. Ling is resigning as Chair for the subcommittee.</li></ul></div> <div>b. Nutrition (met 7/5/2022): Susan Mallett, Chair<ul style="list-style-type: none"><li>S. Mallett reported that the subcommittee will look more toward nutrition insecurity rather than food insecurity.</li></ul></div>																									
9. Auxiliary Liaison Written Reports	<ul style="list-style-type: none"><li>See Addendum</li></ul>																									
10. Other Announcements	<ul style="list-style-type: none"><li>None</li></ul>																									
11. Adjournment & Next Meetings	<div>a. <b>Meeting adjourned: 1:38pm</b></div> <div><b>Council Meeting:</b> September 12, 2022, 12 noon (When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting details will be included in agendas posted online 72 hours before meetings at <a href="http://www.aging.sandiegocounty.gov/AISAdvisoryCouncil">www.aging.sandiegocounty.gov/AISAdvisoryCouncil</a>.)</div> <div><b>Future Subcommittee Meetings</b></div> <table><tr><td>➤ LTC Ombudsman/Facilities</td><td>7/21/2022</td><td>10:30 am</td><td>3<sup>rd</sup> Thursdays</td><td>Virtual</td></tr><tr><td>➤ Executive &amp; Membership</td><td>7/26/2022</td><td>10:30 am</td><td>4<sup>th</sup> Tuesdays</td><td>Virtual</td></tr><tr><td>➤ Healthy Aging</td><td>9/1/2022</td><td>10:30 am</td><td>1<sup>st</sup> Thursdays</td><td>Virtual</td></tr><tr><td>➤ Housing</td><td>9/8/2022</td><td>12:00 pm</td><td>1<sup>st</sup> Thursdays</td><td>Virtual</td></tr><tr><td>➤ Nutrition</td><td>9/6/2022</td><td>1:00 pm</td><td>1<sup>st</sup> Tuesdays</td><td>Virtual</td></tr></table>	➤ LTC Ombudsman/Facilities	7/21/2022	10:30 am	3 <sup>rd</sup> Thursdays	Virtual	➤ Executive & Membership	7/26/2022	10:30 am	4 <sup>th</sup> Tuesdays	Virtual	➤ Healthy Aging	9/1/2022	10:30 am	1 <sup>st</sup> Thursdays	Virtual	➤ Housing	9/8/2022	12:00 pm	1 <sup>st</sup> Thursdays	Virtual	➤ Nutrition	9/6/2022	1:00 pm	1 <sup>st</sup> Tuesdays	Virtual
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*Minutes respectfully submitted by Kendall Bremner*



# COUNTY OF SAN DIEGO

## AGENDA ITEM

### BOARD OF SUPERVISORS

NORA VARGAS  
First District

JOEL ANDERSON  
Second District

TERRA LAWSON-REMER  
Third District

NATHAN FLETCHER  
Fourth District

JIM DESMOND  
Fifth District

**DATE:** September 27, 2022

**XX**

**TO:** Board of Supervisors

### **SUBJECT**

**RECEIVE UPDATE ON THE AGING ROADMAP (DISTRICTS: ALL)**

### **OVERVIEW**

There are approximately 959,000 San Diegans over the age of 55, and by 2030, that number is expected to grow to more than 1.1 million. San Diego County's over-85 population is projected to diversify and grow more than any other age group. Thus, it is crucial that we take the needs of our region's older adults into account as we plan for the future. Launched at the direction of the San Diego County Board of Supervisors (Board) on September 24, 2019 (04), the Aging Roadmap is the County of San Diego's (County) plan to ensure that the region has communities and programs that equitably support the needs and celebrate the contributions of the growing population of older adults in the San Diego region. The Aging Roadmap serves as the County's framework for aging and identifies goals and action steps in ten priority areas:

- Health & Community Support
- Housing
- Social Participation
- Transportation
- Dementia
- Caregiver Support
- Safety
- Preparedness & Response
- The Silver Economy
- Medical & Social Services

This annual report provides an update on Aging Roadmap progress and accomplishments. It also describes activities in the past fiscal year to engage older adults and older adult service providers in updating the Aging Roadmap goals to further advance equity in aging. For each of the ten priority areas, the report describes accomplishments and next steps towards reaching the vision for that area.

Today's action requests the Board receive the third annual report of the Aging Roadmap. This action supports the County's *Live Well San Diego* vision by supporting older adults and persons

**SUBJECT:** RECEIVE UPDATE ON THE AGING ROADMAP (DISTRICTS: ALL)

with disabilities to live healthy, safe, and thriving lives and helping to ensure a community that is livable for people of all ages. The Aging Roadmap aligns with and supports the Board's Framework for Our Future by actively working on assessing and improving equity across Aging Roadmap programs and services to ensure equity for people of all ages to include black, indigenous, and people of color, women, people with disabilities, immigrants, and the LGBTQ community.

## **RECOMMENDATION(S)**

### **CHIEF ADMINISTRATIVE OFFICER**

1. Receive update on the Aging Roadmap.

## **EQUITY IMPACT STATEMENT**

Principles of equity are incorporated across all ten Aging Roadmap priority areas. Recognizing the diversity of San Diego County's population, the Aging Roadmap represents a commitment to ensuring that all residents can age well while accessing needed services. Equity continues to be prioritized in all aspects of program planning, community engagement, and service accessibility. In the past year, discussions and events focused on equity and reaching diverse audiences. An "Aging + Equity" Virtual Workshop was hosted in partnership with County of San Diego Health and Human Services Agency, Aging & Independence Services (AIS), the Office of Equitable Communities, the Department of Human Resources, and the AIS Advisory Council, among others. The event offered simultaneous oral translation in English, Spanish, and Arabic so participants of various languages could engage in meaningful discussions in real time. This event is an example of how to advance equity and weave equity, diversity, and inclusion into all ten Aging Roadmap priority areas by providing a safe and inclusive space for people of all backgrounds to participate. Moving forward, community partners will continue to be closely involved in these conversations and an equity lens will be applied to planning specific programs across the Aging Roadmap priority areas. To ensure that AIS is sufficiently meeting the needs of the community, AIS will continue to seek community input and feedback to promote collaboration between the County, community organizations and members of the public. It is anticipated that these actions will have a positive impact on equity-seeking groups of all ages to include, black, indigenous, and people of color (BIPOC), women, people with disabilities, immigrants, and the LGBTQ+ community.

## **SUSTAINABILITY STATEMENT**

The Aging Roadmap represents the County of San Diego's comprehensive system of care, including person-centered and community-wide efforts. Improving and expanding programs and services that improve the safety and welfare of older adults and persons with disabilities will contribute to County of San Diego Sustainability Goals: engage the community; provide just and equitable access to County services; and promote health and wellbeing. *The Aging Roadmap considers the unique needs of older adults and how environmental factors, such as extreme heat and fires, can impact this population more severely because of challenges like limited mobility and increased frailty. The Aging Roadmap will continue to elevate the needs and consideration of older adults in the region's discussions and plans for sustainability, to ensure residents can thrive in a safe, healthy, and inclusive environment.*

**SUBJECT:** RECEIVE UPDATE ON THE AGING ROADMAP (DISTRICTS: ALL)

**FISCAL IMPACT**

There is no fiscal impact associated with the proposed action. There will be no change in net General Fund costs and no additional staff years.

**BUSINESS IMPACT STATEMENT**

N/A

**ADVISORY BOARD STATEMENT**

The Aging & Independence Services Advisory Council reviewed this item at their regular meeting on September 12, 2022, and recommended \_\_\_\_\_.

**BACKGROUND**

The Aging Roadmap serves as a guide for the future of aging in the San Diego region. It was developed through input and information gathered from hundreds of older adults during community assessments and stakeholder interviews. It builds upon excellent work already underway and allows for innovation, flexibility, and coordination to meet current and future regional needs. The Aging Roadmap was launched on September 24, 2019 (4), when the San Diego County Board of Supervisors (Board) directed County of San Diego (County) staff to implement the Aging Roadmap in partnership with community-based organizations, hospital partners, and the County departments of Aging & Independence Services, Planning & Development Services, Public Health Services, Housing and Community Development Services, Public Works, the Sheriff's Department, the District Attorney, and the Office of Emergency Services.

The Aging Roadmap identifies specific goals and action steps in ten priority areas:

- Health & Community Support
- Housing
- Social Participation
- Transportation
- Dementia
- Caregiver Support
- Safety
- Preparedness & Response
- The Silver Economy
- Medical & Social Services

The Aging Roadmap is the product of multiple phases of community input and collaboration. In 2016, the community provided input and selected the first five priority areas listed above to comprise Age Well San Diego, the County's AARP® age-friendly initiative, approved by the Board on May 15, 2018 (6). Teams of community members, experts, and County staff were created to develop and implement goals in each of the five priority areas; these five teams, led by community members, continue to meet and achieve goals. In 2019, the Aging Roadmap was conceptualized as a broader framework to encompass all County programs for older adults and individuals with disabilities. Additional community input was garnered, and the remaining five priority areas were identified, completing the Aging Roadmap's ten priority areas.



**SUBJECT:     RECEIVE UPDATE ON THE AGING ROADMAP (DISTRICTS: ALL)**

In 2020, the Aging Roadmap was adopted as the organizational framework for San Diego County's 2020-2024 Area Plan. The Area Plan, a California Department of Aging (CDA) requirement, is the primary document by which Area Agencies on Aging provide a four-year plan of services and program execution of the critical responsibilities addressing present and future aging and long-term care issues within California. As part of the development of the Area Plan, County staff solicited community input through countywide public feedback forums; this feedback was integrated into the Area Plan and now informs various County programs and the direction of the Aging Roadmap.

In Spring of 2022, several opportunities were presented to capture the voices of community stakeholders, older adults, and caregivers, including:

- Collaborative threading meetings across County departments to ensure continuous collaboration, information sharing, and alignment of efforts.
- Input sessions with the Caregiver Coalition of San Diego to further understand current, new, and emerging issues affecting caregivers throughout the region.
- Community listening sessions with monolingual older adults participating in the Elder Multicultural Access and Support Services program. Languages included Spanish, Arabic, and Tagalog.

Using information gained from the input above, Aging Roadmap partners participated in Action Planning workshops to identify goals and strategies for the future to reflect new, emerging priorities that include greater emphasis on equity and aging. Since the launch of the Aging Roadmap, community input and impactful partnerships have advanced current programming and supported the development of new programs, projects, and services to address current and anticipated long-term needs of older adults. Opportunities for more community input on Aging Roadmap efforts will be facilitated through the 2024-2028 Area Plan Public Feedback Forums that are planned for 2023.

*The Aging Roadmap & COVID-19*

The Aging Roadmap is designed to be flexible to address emerging needs with appropriate adaptations to policy and service delivery goals. This flexibility has been necessary during the COVID-19 pandemic, when older adults and individuals with disabilities confronted new and evolving needs across all ten Aging Roadmap priority areas. In addition to the adaptations due to COVID-19, there is much to celebrate as goals were achieved across all priority areas. The 2022 Aging Roadmap Annual Update Report details the successes to date and demonstrates how collaborations across multiple sectors can result in significant progress. Special thanks are given to the community partners, many dedicated County staff, and diverse organizations who have contributed time and expertise to this effort. With the continued support of the Board, the Aging Roadmap can become a model for age-friendly communities and aging services across the country.

*Next Steps*

Building age-friendly communities requires sustained efforts, and the Aging Roadmap provides the blueprint for the work ahead. Goals and priorities will continue to be adaptable and responsive to community needs, including challenges associated with COVID-19 and issues of equity, social isolation, access to technology, food security, affordable housing, and safe transportation. Progress will continue by strengthening cross-departmental relationships to help older adults age in place

**SUBJECT:** RECEIVE UPDATE ON THE AGING ROADMAP (DISTRICTS: ALL)

and identifying emerging opportunities to expand inclusive programming for all ages, abilities, and zip codes. Within the Aging Roadmap, community involvement will continue through work conducted in partnership with community teams and development of the 2024-2028 Area Plan, ensuring that the community's voice is well-represented and included.

**LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN**

Today's proposed action supports the County of San Diego's 2022-27 Strategic Plan Initiatives of Sustainability (Resiliency), Equity (Health), and Community (Quality of Life), and the regional *Live Well San Diego* vision by strengthening the system of care for older adults and ensuring a community that is livable for residents of all ages.

Respectfully submitted,

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SIGNATURE

HELEN N. ROBBINS-MEYER  
Chief Administrative Officer

**ATTACHMENT(S)**

Attachment A – Aging Roadmap San Diego County Regional Plan: 2022 Annual Update

# AIS Advisory Council

## ANNUAL CALENDAR - COUNCIL FY 2022-23

MONTH	GUESTS/ACTIVITIES*	AIS TOPICS*	COUNCIL BUSINESS	
			Date Sensitive	Authority*
<b>SEPTEMBER</b> (9/12/22) <i>Fall Prevention</i> <i>World Alzheimer's</i>  <b>ANNUAL MEETING</b> BL 6(E)(4)	ELDER JUSTICE TASK FORCE		❖ SWEAR-IN OFFICERS	IIla 82.5(b) BL 4(A)(3)
			=> ADOPT ANNUAL CALENDAR	BL 5(C)(1)(a)(v)
			=> ADOPT ANNUAL REPORT	IIla 82.16
			=> ADOPT ANNUAL SUBCOMMITTEES	BL 5(C)(2)(a)
			=> COUNCIL GOALS: Review Draft	A-74(E)(4)
			=> SUBCOMMITTEE CHAIR ANNUAL TRAINING	BL 5(C)(2)(a)
<b>OCTOBER</b> (10/10/22)		AGING ROADMAP ANNUAL REPORT	=> ADOPT COUNCIL GOALS	A-74(E)(4)
<b>NOVEMBER</b> (11/14/22) <i>National Family Caregiver</i>			• CSL CAUCUS REPORT: Sacramento	WIC 9302
<b>DECEMBER</b> (12/12/22)	LIVE WELL SAN DIEGO ANNUAL RPT/INDICATORS	OMBUDSMAN ANNUAL REPORT		CDA PM 13-04, III (C)
<b>JANUARY</b> (1/9/23)		BROWN ACT TRAINING CA Gov Code 54953-54963	➤ APPOINT AREA PLAN SUBCOMMITTEE (Annual Update)	BL 5(C)(3)
<b>FEBRUARY</b> (2/13/23)		IN-HOME SUPPORTIVE SERVICES	✓ APPOINT BUDGET SUBCOMM.	
<b>MARCH</b> (3/13/23)	OFF-SITE MEETING (TBD)	CONTRACTS		
<b>APRIL</b> (4/10/23)		HEALTH & COMMUNITY ENGAGEMENT TEAM	❖ APPOINT NOMINATING SUBCOMM	BL4(A)(2)
			➤ AREA PLAN: ADOPT ANNUAL UPDATE	IIla 82.1(a) A-74(C)(8) BL 5(C)(3)
<b>MAY</b> (5/8/23) <i>Older Americans</i>	HHSA BUDGET PRESENTATION per A-74(c)(8)	MSSP	⊕ APPOINT LEGISLATIVE SUBCOMM.	A-74(C)(12) BL 5(C)(3)
			• CSL VACANCY ELECTION <i>Next CSL Full Term Election: 2026</i>	WIC 9302
<b>JUNE</b> (6/12/23) <i>World Elder Abuse Awareness</i> <i>Alzheimer's &amp; Brain Awareness</i> <i>June 30th -- County FY ends</i>	None - reserved for Council strategic planning		❖ DECLARE OFFICER NOMINATIONS	BL 4(A)(2)(b)
			=> COUNCIL GOALS: Report Status	A-74(E)(4)
			=> COUNCIL STRATEGIC PLANNING	N/A
			=> SUBCOMMITTEE GOALS 21-22	
			Discuss/develop in subcommittee mtgs <i>Last submittal for mileage</i>	IIla 82.12 BL 3(C)(2)
<b>JULY</b> (7/10/23) <i>July 1st -- County FY begins</i>		APS, SENIOR TEAM, & SPECIALIZED CASE MGT	⊕ COUNCIL: Leg. Policy Guidelines—conclude review, forward proposals	BL 5(C)(3)
			❖ ELECT OFFICERS	IIla 82.5(a) BL 4(A)(3)
			=> EXEC/MEMBERSHIP SUBCOMM.	BL 5(C)(1)(a)
			Officer Transition & Brown Act Training	N/A
			Draft Annual Calendar	BL 5(C)(1)(a)(v)
			Draft Annual Report	IIla 82.16 BL1(B)(6)
			Draft Annual Goals	A-74(E)(4)
			Propose Subcommittees	BL 5(C)(2)(a)
<b>AUGUST</b> (no mtg.)				

\* Bold=confirmed; Italicized=annual  
September 12, 2022

\* IIla=SD County Admin Ord; A-74=Board Policy; BL=Council By-laws;  
CDA PM=CA Dept Aging Prg Memo; OAA=Older Americans Act; WIC=Welf Inst Code

# County of San Diego

## HEALTH AND HUMAN SERVICES AGENCY

### Aging & Independence Services Advisory Council 2022 Annual Report

John Osborne, Council Chair

September 12, 2022



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SAN DIEGO**

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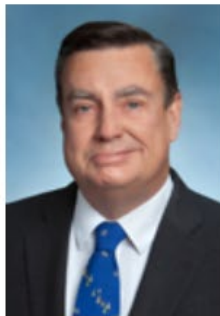


## San Diego County Board of Supervisors

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**Nora Vargas**  
District 1



**Joel Anderson**  
District 2



**Terra Lawson-Remer**  
District 3



**Nathan Fletcher**  
District 4



**Jim Desmond**  
District 5



**Helen Robbins-Meyer**  
Chief Administrative  
Officer



**Nick Macchione**  
Agency Director  
Health and Human Services



**Kimberly Gallo**  
Director  
Aging and Adult Services

# A Message from the Director

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[PLACEHOLDER]

DRAFT

# The Aging & Independence Services Advisory Council

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## The Council's Role

The Advisory Council (Council) for the County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS) operates in accordance with the duties and responsibilities defined in the provisions of Title III of the Older Americans Act of 1965, the Mello-Granlund Older Californians Act Section 9402, and the San Diego County Code of Administrative Ordinances Article IIIa. The Council's primary responsibility is to:

*"...advise continuously the area agency on aging on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan;"*

## The Council's Operational Activities

The Council holds regular public meetings on the second Monday of each month from 12 p.m. to 2 p.m. In Fiscal Year 2021-22, all meetings were held virtually in accordance with the continuance of teleconferencing meeting option pursuant to Government Code section 54953(e), which allows local agencies to continue to meet via teleconference as long as they verify every 30 days that the exemption from traditional teleconference requirements is still necessary. The Council has 30 seats, ten of which are appointed by members of the San Diego County Board of Supervisors. As of the regular council meeting on July 11, 2022, 25 seats were filled. Council members and AIS staff have continued outreach efforts to fill vacant seats.

In Fiscal Year 2021-22, members reviewed and evaluated needs to ensure a strong and vital aging system. Monthly Council meetings featured several AIS program staff members who provided operational updates and in-depth overviews of AIS programs. The Council also heard from representatives from several other County departments including County Counsel, Agency Budget Office, and the Department of Homeless Solutions & Equitable Communities who provided relevant updates and information pertaining to AIS operations and support of older adults in the county. While off-site meetings and tours were not possible due to COVID-19, the Council and subcommittees continued to be engaged with local organizations and heard from several speakers including the Office of the State of Long-Term Care Ombudsman, Southern Caregiver Resource Center, San Diego Oasis, Alzheimer's San Diego, and Neighborhood Healthcare who provided insight into issues impacting the region and programs and services available to older adults. These speakers helped Council members remain



informed of current needs, resources, and trends as they provided guidance on items related to the local aging system prior to these items going before the San Diego County Board of Supervisors.

Launched at the direction of the Board of Supervisors on September 24, 2019, the Aging Roadmap is the County's plan to ensure that the region has communities and programs that support the needs and celebrate the contributions of the growing population of older adults in the San Diego region. In 2020, the Aging Roadmap was adopted as the organizational framework for AIS' Area Plan 2020-2024, which identifies the priorities and direction for County activities on behalf of older adults. The Aging Roadmap includes community teams working toward an age-friendly region. The Roadmap's priority areas include health and community support, housing, social participation, transportation, dementia, caregiver support, safety, preparedness and response, the silver economy, and the medical and social services system. Council members continued to provide support to the Aging Roadmap initiatives and had representation on all five Age Well San Diego theme teams. Council members also participated on seven community-based workgroups in order to provide auxiliary representation in support of stated initiatives and objectives. In May 2022, the Council held elections to appoint representatives from the region to the California Senior Legislature, a nonpartisan volunteer body whose primary mission is to gather ideas for legislation at the state and federal levels, develop and prioritize formal proposals to present to members of the Legislature or the Congress, and to advocate for laws implementing the ideas.

# Fiscal Year 2021-22 Accomplishments

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In Fiscal Year 2021-22, efforts continued toward strengthening the aging network in our region. The Council conducts a considerable amount of work through committees, and the committees were engaged and impactful in supporting the work of the Council.

## Standing Subcommittee

### Executive & Membership

The Executive & Membership Subcommittee continued to perform internal organizational functions including recruiting and recommending new members and reviewing and maintaining Council records. The subcommittee also set Council meeting agendas, strengthened the focus on strategic planning and goals, encouraged subcommittee development of position papers, and secured speakers for Council meetings to support Council goals.

## Ancillary Subcommittees

### Healthy Aging

The Healthy Aging Subcommittee aims to expand current programs, develop new, evidence-based communitywide programs, and promote preventative measures to eliminate or reduce the impact of disease and chronic disabilities. In 2022, the subcommittee reviewed San Diego County demographic data and constructed a white paper titled, “Seniors Who Live Alone in San Diego County.” Expertise from subcommittee members, Tierrasanta Villages, and Ph.D. Professors from UCSD Department of Psychiatry contributed to the white paper.

### Housing

The Housing Subcommittee continued to research and monitor issues and trends related to the adaptability and accessibility aspects of aging in place within age-friendly communities. These topics included affordable housing for older adults and strategies for safe options for older adults facing housing insecurity. The subcommittee met with community housing agencies and learned about current housing programs and issues impacting residents countywide.

### Long Term Care Ombudsman & Facilities

The Long-Term Care Ombudsman & Facilities Subcommittee monitored legislative proposals and changes related to skilled nursing facilities and residential care facilities for the elderly, and proposed AIS program improvements, including effective outreach, education, and training and better outcomes for residents and providers. The

subcommittee met with the State Long-Term Care Ombudsman Director and their senior staff and learned about priorities of the new leadership. The subcommittee also established closer communication with Choose Well administrators, focused on opportunities to leverage & coordinate with Choose Well's social media footprint, outreach programs, and resources to engage long-term care facilities' providers and residents.

## **Nutrition**

The Nutrition Subcommittee ensured that the Council was informed in delivery of AIS nutrition services contracts, site responsiveness to AIS performance standards and community participation. The AIS Public Health Nutrition Manager became a regular participant in the Nutrition Subcommittee and the subcommittee learned about the importance of specific nutrient requirements for older adults and those living with chronic conditions. Presentations from community agencies and medical and academic experts from UCSD Department of Public Health and SDSU School of Exercise and Nutrition provided the subcommittee with a better understanding of nutrient-dense foods essential for health and bone density as we age. The subcommittee prepared a position paper on the importance of nutrition for older adults and acknowledged the variety of AIS programs and services focused on nutrition and health promotion.

## **Ad Hoc Subcommittees**

### **Area Plan**

The ad hoc Area Plan Subcommittee advised on the development and annual update of the 2020-24 Area Plan, a California Department of Aging (CDA) requirement which provides a four-year plan of services and execution of the critical responsibilities addressing present and future aging and long-term care issues within San Diego County.

### **Budget**

The ad hoc Budget Subcommittee reviewed the Fiscal Year 2022-23 proposed budget and made recommendations to staff regarding content and format and provided input into the presentation of the proposed budget to the Council.

### **Legislative**

The ad hoc Legislative Subcommittee advised on the County of San Diego's 2022 Legislative Program.

### **Nominating**

The ad hoc Nominating Subcommittee recommended a slate of officers for the Fiscal Year 2022-23 officer elections.

# The Year Ahead:

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## Fiscal Year 2022-23 Council Priorities

At its annual strategic planning meeting, the Council discussed progress on existing goals and streamlined priorities to establish goals with measurable outcomes for the upcoming Fiscal Year that align with the Aging Roadmap's priority areas. The Council's priorities include:

- Alzheimer's Disease and Related Dementias
- Behavioral Health
- Caregiver Support
- Continuum of Care
- Financial Security
- Food Security
- Healthcare
- Housing
- Legislation
- Long-Term Care
- Nutrition
- Social Engagement
- Senior Fitness
- Technology
- Transportation

The complete list of goals is included in Attachment A – AIS Advisory Council Goals 2021-2022.

Moving forward, the Council will continue its work in advancing services and supports for local older adults. In alignment with the Aging Roadmap, the 2022-23 year will present new challenges and exciting opportunities to support the needs and celebrate the contributions of older adults in the region.

For questions about the Aging & Independence Services Advisory Council, please contact Jana Jordan at [jana.jordan@sdcounty.ca.gov](mailto:jana.jordan@sdcounty.ca.gov) or call 858-495-5858.

All meetings are open to the public, and interested parties are encouraged to attend and participate in the public comment period. Past meeting materials and other information may be found at <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais/Community-Partners-and-Volunteering/Advisory-Council.html>.

## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025

**COUNCIL FOCUS:** Use or gain expertise to identify, project, and anticipate needs and trends, and advise on legislative and AIS operational actions to address the needs of older adults and persons with disabilities.

**AGING ROADMAP:** San Diego County's [regional plan](#) that is implemented and organized by 10 focus areas that collectively represent the county's comprehensive system of care. Roadmap focus areas are as follows and identified throughout the Council's Goals:



Caregiver  
Support



Safety



Preparedness



Silver  
Economy



Medical &  
Social Services



Social  
Participation



Dementia-  
Friendly



Health &  
Community Support





Housing









Transportation

### GOALS 2022 – 2025

#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>PSA 23 AREA PLAN</b>						
<b>A3a</b>	Advise on updates for FY 2022-2023. 	Mar – May 2022	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Meeting date(s)</li> <li>Discussion</li> <li>Vote and authorization of Council Chair to sign letter of transmittal</li> </ul>	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee met on 3/16/22.</li> <li>Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 4/11/22.</li> <li>Discussion included: Updates of Area Plan 2020-2024 Update FY 22-23; process and content of Area Plan fair and equitable; and the Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from Advisory Council. Authorization passed with 15 votes on 4/11/22.</li> </ul>	Completed
<b>A3b</b>	Advise on updates for FY 2023-2024. 	Mar – May 2023	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Meeting date(s)</li> <li>Discussion</li> <li>Vote and authorization of Council Chair to sign letter of transmittal</li> </ul>	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee met on:</li> <li>Discussion included:</li> <li>Authorization passed:</li> </ul>	Not yet started
<b>A3c</b>	Monitor and plan for the expansion of needed services for older adults to meet the needs of the growing population.	Ongoing	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee</li> <li>Advisory Council</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	In progress


#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>HEALTHCARE AND BEHAVIORAL HEALTH</b>						

## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025



<b>HB1</b>	Research and prepare a position paper for <b>priority areas of healthcare. Advocate for program development with emphasis on equity and inclusion.</b> <del>a healthcare priority area.</del> 	July 2022	<ul style="list-style-type: none"> <li>• Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Finding(s)</li> <li>• Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>• Topics may include but are not limited to where the older adult population meets, nutrition, socialization, geography/communities, disabilities, mental health, dementia, Alzheimer's disease, ways to increase awareness and education in hospitals re: geriatric issues.</li> </ul>	In progress
<b>HB1a</b>	<b>Position Paper: "The Power of Walking".</b>	July 2022	<ul style="list-style-type: none"> <li>• Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Finding(s)</li> <li>• Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>• "The Power of Walking" position paper finalized and presented to <b>AIS Executives and Health and Community Engagement Team in May 2022.</b></li> </ul>	Completed
<b>HB1b</b>	<b>Position Paper: "Seniors Who Live Alone".</b>	Ongoing	<ul style="list-style-type: none"> <li>• Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Finding(s)</li> <li>• Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>• Position paper finalized on [date] and presented to [audience].</li> </ul>	In progress
<b>HB2</b>	Explore and participate in appropriate Auxiliary subcommittees, including but not limited to, the Age Well San Diego Health & Community Support Theme Team. 	Ongoing	<ul style="list-style-type: none"> <li>• Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Name and dates of Auxiliary subcommittee meetings attended</li> </ul>	<ul style="list-style-type: none"> <li>• Age Well San Diego Health &amp; Community Support meetings <b>attended by Advisory Council and Subcommittee members.</b></li> </ul>	In progress
<b>HB3</b>	Develop recommendation(s) to ensure older adults who have the greatest economic or social need are aware of and utilize senior dining and other meals resources.  	<del>July 2022</del> Ongoing	<ul style="list-style-type: none"> <li>• Nutrition Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>• [Recommendations] shared with [audience/modality] on [date].</li> </ul>	In progress
<b>HB4</b>	Develop recommendations to decrease hunger, food insecurity, and adverse health conditions resulting from poor nutritional health.  	<del>July</del> <b>October</b> 2022	<ul style="list-style-type: none"> <li>• Nutrition Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>• Topics may include but is not limited to enhancing nutritional quality through increased fruit and vegetable consumption.</li> <li>• [Recommendations] shared with [audience/modality] on [date].</li> </ul>	In progress

#	Goal	Timeline	Lead	Measure	Outcome	Status
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## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025






<b>HB5</b>	Identify risk reduction strategies and educational opportunities for diseases and disorders affecting older adults.	Ongoing	<ul style="list-style-type: none"> <li>• Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>• [Recommendations] shared with [audience/modality] on [date].</li> </ul>	In progress
<b>HB6</b>	Recommend enhanced partnership and collaboration between COSD and local hospitals.	Ongoing	<ul style="list-style-type: none"> <li>• Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>• Enhanced partnership may include a hospital summit or collaboration to share best practices between local hospitals and healthcare providers to address geriatric physical and mental health and wellbeing</li> </ul>	In progress
<b>HB7</b>	Monitor and advise on AIS programs: 					
<b>HB7a</b>	Congregate Meals (Title III C1)	Ongoing	<ul style="list-style-type: none"> <li>• Nutrition Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>• [Discussion]</li> </ul>	In progress
<b>HB7b</b>	Home-Delivered Meals (Title III C2)	Ongoing	<ul style="list-style-type: none"> <li>• Nutrition Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>• [Discussion]</li> </ul>	In progress
<b>HB7c</b>	SNAP-Ed (Cal Fresh)	Ongoing	<ul style="list-style-type: none"> <li>• Nutrition Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>• [Discussion]</li> </ul>	In progress
<b>HB7d</b>	Transportation to Dining Sites (Title III B)	Ongoing	<ul style="list-style-type: none"> <li>• Nutrition Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>• [Discussion]</li> </ul>	In progress
<b>HB7e</b>	Senior <del>Fitness</del> <b>Health Promotion</b> (Feeling Fit, Fall Prevention, etc.)	Ongoing	<ul style="list-style-type: none"> <li>• Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>• [Discussion]</li> </ul>	In progress

## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025

#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>HOUSING</b>						
H1	Research and prepare a position paper on housing for older adults, such as home sharing and other models. 	<del>July</del> January 2023	<ul style="list-style-type: none"> <li>Housing Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> <li>Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>[Topic/title] position paper finalized on [date] and presented to [audience].</li> </ul>	In progress
H2	Explore and participate in appropriate Auxiliary subcommittees, including but not limited, to the Age Well San Diego Housing Theme Team and County housing and homelessness initiatives. 	Ongoing	<ul style="list-style-type: none"> <li>Housing Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Name and dates of Auxiliary subcommittee meetings attended</li> </ul>	<ul style="list-style-type: none"> <li>Age Well San Diego Housing: [date], [date], [date].</li> </ul>	In progress
H3	Monitor and advise on the <a href="#">Thriving component</a> of the <i>Live Well San Diego</i> vision, particularly related to: <ol style="list-style-type: none"> <li>Supporting availability and affordability of housing for all community members.</li> <li>Creating more accessible housing for older adults and people with disabilities to live independently.</li> <li>Expanding crime-free multi-family projects linked to economic opportunities for residents.</li> </ol>	Ongoing	<ul style="list-style-type: none"> <li>Housing Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>[Discussion]</li> </ul>	In progress



## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025






#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>LEGISLATION</b>						
L1	Monitor pending legislation in all goal areas and participate with respective committees and AIS staff in analysis of legislation. 	Ongoing	<ul style="list-style-type: none"> <li>Advisory Council</li> <li>Ad Hoc Legislative Subcommittee</li> </ul>	Legislation monitored	<ul style="list-style-type: none"> <li>[Discussion]</li> <li>[Recommendations]</li> </ul>	In progress
<b>LONG TERM CARE/RESPITE/IN-HOME CARE</b>						
LT1	Monitor and make recommendations for enhancements or change to Choose Well. 	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Date(s) of Choose Well meeting(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>[Recommendations for improvement, including assessment of effectiveness or additional resources needed].</li> </ul>	Not yet started In progress
LT2	Promote awareness of respite/adult day care programs, in-home supportive services, and/or affordable facility care as alternatives to nursing home care. 	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Promotion methods</li> </ul>	<ul style="list-style-type: none"> <li>[Result]</li> </ul>	In progress
LT3	Participate and represent the Advisory Council in appropriate Auxiliary subcommittee(s). 	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Name and dates of Auxiliary subcommittee meetings attended</li> </ul>	<ul style="list-style-type: none"> <li>Age Well San Diego: [date], [date], [date].</li> </ul>	In progress
LT4	Monitor and advise (including but not limited to areas of concern, seeking input from stakeholders or subject matter experts, input on action plans, and participation in recommendation of policy: 	Ongoing				
#	Goal	Timeline	Lead	Measure	Outcome	Status

## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025

LT4a	Call Center	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT4b	Care Coordination programs	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT4c	Case Management programs	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT4d	Person-centered care management	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT4e	Ombudsman Volunteer Recruitment	Ongoing	• Long Term Care & Ombudsman Facilities	• Promotion methods	• [Recommendations to increase volunteer recruitment including outreach methods]	In progress
LT4f	<del>Aging and Disability Resource Center (ADRC)</del> designated status Implementation	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT5	Monitor and advise AIS on legislation proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly. +	Ongoing	• Long Term Care & Ombudsman Facilities	• Legislation monitored	• [Discussion]	In progress
LT6	Monitor and advise AIS on the Ombudsman program standard of operations, goals, and performance. +	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress

#	Goal	Timeline	Lead	Measure	Outcome	Status
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## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025

LT7	Develop recommendations ensure high quality of care delivered in San Diego County's Long Term Care Facilities. 	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Number of recommendations</li> </ul>	<ul style="list-style-type: none"> <li>[Discussion]</li> </ul>	In progress
LT8	Review data and reports on long term care, respite, and in-home care AIS programs and AIS-funded programs to assess effectiveness and identify gaps in service(s). 	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Data and reports reviewed</li> </ul>	<ul style="list-style-type: none"> <li>[Findings/gaps in service]</li> </ul>	In progress
LT9	Research and prepare a position paper. 	July 2022-2023	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> <li>Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>[Topic/title] position paper finalized on [date] and presented to [audience]. <b>Potential topics include Education and Training for RCF providers, and leveraging technology for Ombudsman volunteers and staff.</b></li> </ul>	In progress
<b>TECHNOLOGY</b>						
T1	Identify technology that can assist older adults <b>with reducing isolation</b> and recommend application to AIS program(s). 	Ongoing	<ul style="list-style-type: none"> <li>Advisory Council</li> <li>ALL Subcommittees</li> </ul>	<ul style="list-style-type: none"> <li>Findings</li> </ul>	<ul style="list-style-type: none"> <li>[Recommendations]</li> </ul>	In progress
T2	Develop <b>recommendations to increase awareness of a media campaign that informs older adults about existing technology programs and promote</b> access to and utilization of technology. 	July-2022 Ongoing	<ul style="list-style-type: none"> <li>Advisory Council</li> <li>ALL Subcommittees</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> <li>Number and topic of media campaign</li> </ul>	<ul style="list-style-type: none"> <li><b>[Recommendations may include a media campaign to promote existing programs or identify opportunities for new programs]</b> <del>Details of media campaign</del></li> </ul>	Not yet started

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#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>TRANSPORTATION</b>						
<b>TR1</b>	Explore and participate in appropriate Auxiliary subcommittees, including but not limited to the Age Well San Diego Transportation Theme Team.	Ongoing	<ul style="list-style-type: none"> <li>Advisory Council Transportation Liaison</li> </ul>	<ul style="list-style-type: none"> <li>Name and dates of Auxiliary subcommittee meetings attended</li> </ul>	<ul style="list-style-type: none"> <li>Age Well San Diego Transportation: [date], [date], [date].</li> <li>Topics of interest may include, but not be limited to, recommendations to make local roads, highways, and streets safer and friendlier for bicyclists, walkers, including older adults &amp; people with disabilities, and public transit riders.</li> </ul>	In progress
<del>TR2</del>	<del>Monitor and advise on AIS access to services at AIS dining sites and within Senior Options, Advocacy, and Referrals (SOAR).</del>	<del>Ongoing</del>	<del>Advisory Council</del>	<del>Meeting(s) and date(s) attended</del>	<del>[Discussion]</del>	<del>In progress</del>