



## Advisory Council for Aging & Independence Services

January 9, 2023 | 12:00 p.m.

Virtual Meeting

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

Click here to [Join Zoom Meeting](#)

### AGENDA

\* (attachment)

1. **Call to Order:** Stephen Huber, Chair
  - a. Welcome & Pledge of Allegiance
  - b. Guest/Member Introductions
  - c. Confirmation of Quorum (quorum = 13)
2. **Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)** (Action)
3. **Standard Business**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of December 12, 2022 Meeting Minutes (Action)\*
4. **AIS Director's Items**
  - a. AIS Director's Update
  - b. Legislative Update
5. **Guest Speakers**
  - a. Annual Brown Act Training – Katherine Hart, Senior Deputy County Counsel
  - b. Serving Seniors – Paul Downey, President and Chief Executive Officer
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
  - a. Chair's Report: Stephen Huber, Chair
    - i. Subcommittee Appointments and Updates
      - a) Convene the Area Plan Ad Hoc Subcommittee (Action)
        - Role: Review and provide input into the FY 23/24 Area Plan Update
        - Term: January 9, 2023 through approval of the FY 23/24 Area Plan Update
        - Membership: Stephen Huber, Mina Kerr, Elaine Lewis, Susan Mallett and Kristine Stensberg
  - b. Membership Report: Susan Mallett, Secretary
    - i. Appoint Jackie Simon to 2<sup>nd</sup> Full Term (Action)
      - Seat #18, effective immediately, to expire 10/13/26



- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
  - i. District #1: Vargas [Garbanzos/Larkins] 10/4/2022
  - ii. District #2: Anderson [Splitgerber/Nocon]
  - iii. District #3: Lawson-Remer [King/Osborne] 1/12/2023
  - iv. District #4: Fletcher [Villafana/Flynn] 1/5/2022
  - v. District #5: Desmond [Simon/Weber] 5/31/2022

7. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 12/20/22): Joe Garbanzos, Chair
- b. Healthy Aging (met 11/3/22): Wanda Smith, Chair
- c. Housing (met 7/7/22): TBD, Chair
- d. Nutrition (met 1/3/2023): Susan Mallett, Chair

8. **Auxiliary Liaison Written Reports** {See Addendum}\*

9. **Other Announcements**

10. **Adjournment & Next Meetings:**

When in-person, meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123  
Virtual meeting details are included on agendas at [www.aging.sandiegocounty.gov/AISAdvisoryCouncil](http://www.aging.sandiegocounty.gov/AISAdvisoryCouncil)

**Council Meeting:** February 13, 2023, 12 noon

**Future Subcommittee Meetings:**

➤ LTC Ombudsman/Facilities:	TBD	10:30 a.m.	[3 <sup>rd</sup> Thursdays]	Virtual
➤ Executive & Membership:	1/24/23	10:30 a.m.	[4 <sup>th</sup> Tuesdays]	Virtual
➤ Nutrition:	2/7/23	1:00 p.m.	[1 <sup>st</sup> Tuesdays]	Virtual
➤ Healthy Aging:	1/13/23	9:00 a.m.	[1 <sup>st</sup> Thursdays]	Virtual
➤ Housing:	TBD	12:00 p.m.	[1 <sup>st</sup> Thursdays]	Virtual

*This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

**Aging & Independence Services Advisory Council**  
**Monday, December 12, 2022 | 12:00pm – 2:00pm**  
**Call in: 1 (669) 900-9128**  
**Meeting ID (access code): 992 5390 3588 | Passcode: 251412**

**MINUTES – DRAFT**

<b>Members</b>		<b>Absent Members</b>		<b>Guests</b>
Attendance	Chequita Falls Stephen Huber Mina Kerr Shirley King Elaine Lewis Chris Maeoka Susan Mallett	Silvia Martinez Bradlyn Mulvey Molly Nocon Jacqueline Simon Wanda Smith Kristine Stensberg	Faye Detsky-Weil Monica Flynn Joe Garbanzos Ethel Larkins Dan McNamara John Osborne Thomas Splitgerber Jamal Suryan Emily Tran Pualani Vazquez Luz Villafana Darlene Weber	Elisa Barnett Paige Colburn-Hargis Jacqueline Jackson Thomas Johnson Laura Lorber Casey Myers
<b>Distinguished Merit Recipients</b>		<b>Staff</b>		
		Ian Baxter Kendall Bremner Wendy Contreras Kimberly Gallo	Jana Jordan Samantha Hasler Julia Homitano Dayna Zarate	
<b>Smith</b>	<b>Outcome</b>			
1. Call to Order	<b>Stephen Huber, Chair, 12:00pm</b> a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <b><u>13 present at this time.</u></b>			
2. Guest Speakers	a. Live Well San Diego Annual Report: Gabe Gutierrez, Program Coordinator, Office of Strategy and Innovation, Live Well San Diego Support Team Highlights included: <ul style="list-style-type: none"> <li>• Live Well San Diego Overview</li> <li>• 3-4-50</li> <li>• Live Well San Diego Vision</li> <li>• Health, Safe, and Thriving</li> <li>• Demographics</li> <li>• Collective Impact</li> <li>• Four Strategic Approaches</li> <li>• Culture Within</li> <li>• Framework</li> <li>• Review and Next Steps</li> <li>• How Can You Get Involved?</li> </ul> b. Ombudsman Annual Report: Jessica Salazar, Ombudsman Program Supervisor Highlights included: <ul style="list-style-type: none"> <li>• Long-Term Care Ombudsman Program</li> <li>• Older Americans Act</li> <li>• Mission</li> <li>• Goals and Results Achieved (Outreach, Training, Recruiting and Retention of Volunteers, Facility Visits, Complaint Resolution)</li> <li>• Summary</li> </ul>			

<p>3. Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)</p>	<ul style="list-style-type: none"> <li>• Executive Order 29-20, which allowed local or state bodies to participate in meetings remotely, ended on September 30, 2021. Effective October 1, 2021 Assembly Bill (AB) 361 amends government code 54593 to add sub-section e, which allows suspension of general teleconferencing rule if there is a proclaimed state of emergency and state or local officials have imposed or recommended measures to promote social distancing. <ul style="list-style-type: none"> <li>• On September 23, Dr. Wooten (Public Health Officer) released a health recommendation stating that utilizing teleconferencing options for public meetings is effective and a recommended social distancing measure to facilitate participation in public affairs.</li> <li>• AB 361 requires renewal of resolution every 30 days.</li> </ul> </li> <li>• Action to approve renewal resolution to continue to allow Teleconferencing Meeting Option (Action)*  <b>[M/S – S. Mallett/B. Mulvey (Passed with 13 votes)]</b></li> </ul>															
<p>4. Standard Business</p>	<p>a. Public Comment/Announcements</p> <ul style="list-style-type: none"> <li>• T. Johnson reported that there was a UVW provider appreciation event on November 17, 2022. Additionally, there was a Public Authority UVW recognition event on November 29, 2022, which was joint with the Union. They also put out a Public Authority newsletter which goes out to 32,000 San Diego County caregivers. Lastly, Public Authority will be in labor negotiations with the Union starting on December 15, 2022.</li> </ul> <p>b. Approval of November 14<sup>th</sup>, 2022, Meeting Minutes (Action)*  <b>[M/S – W. Smith/ B. Mulvey (Passed with 13 votes)]</b></p>															
<p>5. AIS Directors Items</p>	<p>a. AIS Directors Update</p> <ul style="list-style-type: none"> <li>• Last month, AIS executed a contract with the San Diego County Medical Society Foundation, also known as Champions for Health, for continued work on the Alzheimer’s Project Clinical Roundtable. Through this contract, Champions for Health will continue providing assistance with the management of the Clinical Roundtable, including distribution of educational materials and maintenance of the website and mobile app. The overall goal of this contract is to improve preventative efforts and care for persons with AD/DRD and their caregivers. We were also recently notified that the California Department of Public Health is allocating additional funding to the County through the Healthy Brain Initiative Grant. This grant will further expand the contract with Champions for Health and will allow the County to continue to educate and empower the public regarding brain health and cognitive aging and engage local stakeholders in effective community-based interventions and best practices.</li> <li>• For your awareness, authorization to accept this grant funding was added to the Board letter that the Council recommended approval of at last month’s meeting and is scheduled to be heard at tomorrow’s Board of Supervisors meeting.</li> </ul> <p>b. Legislative Update: None</p>															
<p>6. Executive &amp; Membership Subcommittee Report/Other Business</p>	<p>a. Chair’s Report: Stephen Huber, Chair</p> <ol style="list-style-type: none"> <li>i. Ancillary Subcommittee Appointments <ol style="list-style-type: none"> <li>a) Healthy Aging Subcommittee: Appointment of Silvia Martinez (Action)*  <b>[M/S – W. Smith/B. Mulvey (Passed with 13 votes)]</b></li> <li>b) LTC Ombudsman &amp; Facilities Subcommittee: Appointment of Emily Tran (Action)*  <b>[M/S – E. Lewis/B. Mulvey (Passed with 13 votes)]</b></li> <li>c) LTC Ombudsman &amp; Facilities Subcommittee: Appointment of Elaine Lewis (Action)*  <b>[M/S – S. Mallett/C. Maeoka (Passed with 13 votes)]</b></li> </ol> </li> </ol> <p>b. Membership Report: Susan Mallett, Secretary</p> <ol style="list-style-type: none"> <li>i. Waive Declaration of Vacancy Requirement – Jamat Suryan (Action)*  <b>[M/S – S. Huber/S. Mallett (all members voted No, item did not pass)]</b></li> <li>ii. Appoint Mina Kerr to 1st full term <ul style="list-style-type: none"> <li>– Seat #20, effective immediately, to expire 12/8/2026 (Action)*  <b>[M/S – B. Mulvey/S. King (Passed with 13 votes)]</b></li> </ul> </li> </ol> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 60%;">i. District #1: Vargas</td> <td style="width: 20%;">[Garbanzos/Larkins]</td> <td style="width: 20%;">10/4/2022</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Splitgerber/Nocon]</td> <td>TBD</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>1/24/2022</td> </tr> <tr> <td>iv. District #4: Fletcher</td> <td>[Villafana/Flynn]</td> <td>1/5/2022</td> </tr> <tr> <td>v. District #5: Desmond</td> <td>[Simon/Weber]</td> <td>5/31/2022</td> </tr> </table>	i. District #1: Vargas	[Garbanzos/Larkins]	10/4/2022	ii. District #2: Anderson	[Splitgerber/Nocon]	TBD	iii. District #3: Lawson-Remer	[King/Osborne]	1/24/2022	iv. District #4: Fletcher	[Villafana/Flynn]	1/5/2022	v. District #5: Desmond	[Simon/Weber]	5/31/2022
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7. Ancillary Subcommittee Oral Reports	<p>a. LTC Ombudsman/Facilities (met 11/17/2022): Joe Garbanzos, Chair</p> <ul style="list-style-type: none"> <li>• J. Garbanzos was not present and will report at a future meeting.</li> </ul> <p>b. Healthy Aging (met 11/3/2022): Wanda Smith, Chair</p> <ul style="list-style-type: none"> <li>• W. Smith reported that next meeting will be held in January and did not have a December meeting.</li> </ul> <p>c. Housing (met 7/7/2022): TBD, Chair</p> <ul style="list-style-type: none"> <li>• Housing subcommittee with be inactive until a new Chair has been appointed.</li> </ul> <p>d. Nutrition (met 12/6/2022): Susan Mallett, Chair</p> <ul style="list-style-type: none"> <li>• S. Mallett reported that presentation from Robert Ramirez, AIS Health Promotion Manager, discussed details such as CalFresh Program consisting of nutrition.</li> </ul>																									
8. Other Announcements	<p>a. AB 2449: Teleconferencing Procedures Under the Brown Act</p> <ul style="list-style-type: none"> <li>• J. Jordan provided an overview of AB2449.</li> <li>• Effective January 1, 2023 to December 31, 2025</li> <li>• A quorum must participate in person at a singular location.</li> <li>• Public must be able to hear, visually observe and address Council either remotely or in person.</li> <li>• The Advisory Council will plan to implement AB 2449 March 2023.</li> </ul>																									
9. Adjournment & Next Meetings	<p>a. <b>Meeting adjourned: 1:29pm</b></p> <p><b>Council Meeting:</b> January 9, 2023, 12 noon  (When in-person, meetings are held at 5560 Overland Ave., San Diego, 92123. Virtual meeting details will be included in agendas posted online 72 hours before meetings at <a href="http://www.aging.sandiegocounty.gov/AISAdvisoryCouncil">www.aging.sandiegocounty.gov/AISAdvisoryCouncil</a>.)</p> <p><b>Future Subcommittee Meetings</b></p> <table border="0"> <tr> <td>➤ LTC Ombudsman/Facilities</td> <td>1/19/2023</td> <td>10:30 am</td> <td>3<sup>rd</sup> Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Executive &amp; Membership</td> <td>12/20/2022</td> <td>10:30 am</td> <td>4<sup>th</sup> Tuesdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Healthy Aging</td> <td>1/5/2023</td> <td>10:30 am</td> <td>1<sup>st</sup> Thursdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Nutrition</td> <td>1/3/2023</td> <td>1:00 pm</td> <td>1<sup>st</sup> Tuesdays</td> <td>Virtual</td> </tr> <tr> <td>➤ Housing</td> <td>TBD</td> <td>12:00 pm</td> <td>1<sup>st</sup> Thursdays</td> <td>Virtual</td> </tr> </table>	➤ LTC Ombudsman/Facilities	1/19/2023	10:30 am	3 <sup>rd</sup> Thursdays	Virtual	➤ Executive & Membership	12/20/2022	10:30 am	4 <sup>th</sup> Tuesdays	Virtual	➤ Healthy Aging	1/5/2023	10:30 am	1 <sup>st</sup> Thursdays	Virtual	➤ Nutrition	1/3/2023	1:00 pm	1 <sup>st</sup> Tuesdays	Virtual	➤ Housing	TBD	12:00 pm	1 <sup>st</sup> Thursdays	Virtual
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*Minutes respectfully submitted by Julia Homitano*

**Auxiliary Liaison Written Reports**

<b>CAREGIVER COALITION</b>			
Meets monthly on the second Tuesday   1:00pm – 2:00pm			
COUNCIL CONTACT	Ethel Larkins	TIME PERIOD	
<b>FALL PREVENTION (FP)</b>			
COUNCIL CONTACT	TBD	TIME PERIOD	
<b>HEALTH PROMOTION (HP)</b>			
COUNCIL CONTACT	TBD	TIME PERIOD	
<b>IHSS/PUBLIC AUTHORITY ADVISORY COMMITTEE</b>			
Meets monthly on the second Friday   12:45pm – 3:00pm			
COUNCIL CONTACT	Ethel Larkins	TIME PERIOD	
<b>SVA / RSVP</b>			
COUNCIL CONTACT	TBD	TIME PERIOD	
<b>ECAN</b>			
COUNCIL CONTACT	TBD	TIME PERIOD	
<b>NORCAN</b>			
COUNCIL CONTACT	TBD	TIME PERIOD	
<b>SANDI-CAN</b>			
COUNCIL CONTACT	Monica Flynn	TIME PERIOD	
<b>SoCAN</b>			
COUNCIL CONTACT	TBD	TIME PERIOD	
<b>AGE WELL SAN DIEGO – DEMENTIA FRIENDLY</b>			
Meeting schedule TBD			
COUNCIL CONTACT	Wanda Smith	TIME PERIOD	
<b>AGE WELL SAN DIEGO – HEALTH &amp; COMMUNITY SUPPORT</b>			
Meets on the fourth Friday   1:00pm – 2:30pm (Currently on hold)			
COUNCIL CONTACT	Joe Garbanzos	TIME PERIOD	
<b>AGE WELL SAN DIEGO – HOUSING</b>			
Meets bimonthly on the first Thursday   1:00pm – 2:30pm			
COUNCIL CONTACT	Paul Ling	TIME PERIOD	
<b>AGE WELL SAN DIEGO – SOCIAL PARTICIPATION</b>			
Meets quarterly on the second Wednesday   9:30am – 11:00am			
COUNCIL CONTACT	Susan Mallett	TIME PERIOD	December 2022
Next meeting will occur on January 12 <sup>th</sup> with presentation from member Corina Pangelinan, Jewish Family Services, on their Friendly Match Program.			
<b>AGE WELL SAN DIEGO – TRANSPORTATION</b>			
Meets quarterly on the fourth Wednesday   1:00pm – 2:30pm			
COUNCIL CONTACT	Judi Bonilla	TIME PERIOD	
<b>ALZHEIMER’S CARE ROUNDTABLE</b>			
COUNCIL CONTACT	TBD	TIME PERIOD	
<b>CALIFORNIA SENIOR LEGISLATURE</b>			
COUNCIL CONTACT	Susan Mallett	TIME PERIOD	December 2022
Five CSL legislative proposals have been tentatively picked up by legislators for introduction in 2023. New Bills can be introduced from January 4 <sup>th</sup> through February 17 <sup>th</sup> in the State Assembly and Senate. An updated CSL Top Ten list with bill numbers and authors will be released following the February deadline.			