



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services
NUTRITION SUBCOMMITTEE

February 7, 2023 | 1:00 PM

Virtual Meeting

Call in: (669) 900-9128
Meeting ID: 931 0213 2512
Passcode: 383698

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AGENDA

*Attachment

1. **Call to Order:** Susan Mallett, Chair
 - a. Welcome & Guest/Member Introductions
 - b. Confirmation of quorum (quorum = 4)
2. **Authorization of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)** (Action)
3. **Standard Business:**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of January 3, 2023 Meeting Minutes (Action)*
4. **Guest Speaker:** Kristine Stensberg, Jewish Family Service, Senior Director, Nutrition and Aging Care Services
5. **General Discussion:**
 - a. Nutrition Program Site Visits
6. **Next Meeting:** March 7, 2023
7. **Adjournment**

*This meeting is public, and the location is ADA accessible.
If you are planning to attend and need special accommodations,
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services

Nutrition Subcommittee

January 3, 2023 | 1:00PM

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MINUTES

Members		Absent Members	Guests
Attendance:	Susan Mallett, Chair Shirley King, Recording Secretary Bradlyn Mulvey Kristine Stensberg	Ethel Larkins, Excused Jaqueline Simon Chequita Falls	Margaret Burton, President, Senior Gleaners of San Diego County
Staff			
Charli Brand, RD, AIS Public Health Nutrition Manager			
Item	Outcome		
1. Call to Order	Susan Mallett, Chair, (1:03 PM) a. Welcome & Guest/Member Introductions b. Confirmation of quorum (four): (four present)		
2. Continuance of Teleconferencing Meeting Option Pursuant to Government Code 54953(e)	Approval of Teleconferencing Meeting (Action): [M/S - Mallett/Mulvey] Unanimous vote		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: Shirley King asked if members had any suggestions for Shirley to take to her annual meeting with District Supervisor Lawson Remer. Shirley suggested that she can mention about the important work of Senior Gleaners. Susan Mallett reminded about the Governor’s order to suspend the Teleconferencing meeting option after the March meeting. She asked members to think of a preferred time for the Nutrition Subcommittee meetings. Guest speakers can have the option of presenting by Zoom. b. Approval of Meeting Minutes (Action) [M/S –Mulvey/Mallett]: Unanimous vote. Shirley added a minor typo correction.		

4. Guest Speaker	<p>Margaret Burton, President of Senior Gleaners of San Diego County was invited by Susan Mallett after she had read about Seniors Gleaners in the November AIS Newsletter. Senior Gleaners has existed for 27 years as a volunteer nonprofit with 250 volunteer members and one half-time staff member. They own one van. Margaret reported that they glean about 185,000 pounds annually with about 55 points of distribution throughout San Diego County. The picked produce is delivered on the same day, and recipients are churches, front porch giveaways, community centers and a few Food Banks. Generally, Food Banks are not permitted to distribute backyard produce. There are five gleaning organizations in San Diego County: Backyard Produce in Poway, I Love to Glean in Chula Vista, North County Gleaners, Produce Good in the Northeast and Senior Gleaners. The members of Senior Gleaners must be 55 years and older, and they are given an orientation by following a working member on site. Their schedule is Tuesdays and Thursdays from 7:30 am to 9:30 am. Volunteers will pick up items from grocery stores such as Vons, and Specialty Produce. They work with PATH, an organization assisting the homeless, and they pick up from Food Banks and deliver to veterans who are housed. Margaret described one observation about the veteran recipients is that they do not prefer to receive vegetables - even canned vegetables. Senior Gleaners has full liability insurance and is protected as a Good Samaritan. There are about 300 donors for backyard produce. Mostly through word of mouth the donors sign up. The range of produce includes all citrus, grapes, apples pomegranates, avocados, pears, and persimmons. Produce not included are loquats, kumquats, and dates. The produce is stored in banana boxes with two to three volunteers distributing. Produce that is not edible by humans is picked up from Specialty Produce and given to farm animals. Senior Gleaners has an annual fundraiser, and their goal is to purchase a second van. Margaret agreed to forward to Susan their promotional flyer that enlists more opportunities of donated backyard produce.</p>
5. General Discussion	<p>a. Contract nutrition program site visits: Susan asked Charli Brand for suggested dates and sites for the subcommittee's first visit. Charlie recommended the Escondido Senior Center on a Tuesday in March with a start time to match the meal serving - about 11 to 11:30 am.</p> <p>Susan asked Kristine Stensberg, Nutrition Subcommittee member, if she would present at the February meeting about the food-related programs at Jewish Family Services. Kristine agreed.</p> <p>Shirley mentioned an online resource that partners with the San Diego Hunger Coalition called 'Food Research and Advocacy Center'. This organization tracks the nutrition-related research and partners with organizations such as AARP to track how many seniors are taking advantage of food benefits such as SNAP.</p>
6. Next Meeting	February 7, 2023
7, Adjournment	Meeting adjourned at 1:59.

Respectfully submitted by Shirley King