



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services
NUTRITION SUBCOMMITTEE

August 31, 2021 | 1:00 PM

Virtual Meeting

Call in: (669) 900-9128

Meeting ID: 931 0213 2512

Passcode: 383698

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AGENDA

*Attachment

1. **Call to Order:** Susan Mallett, Chair
 - a. Welcome & Guest/Member Introductions
 - b. Confirmation of quorum (quorum = 3)

2. **Standard Business:**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of June 1, 2021 Meeting Minutes (Action)*
 - c. Approval of July 6, 2021 Meeting Minutes (Action)*

3. **Guest Speaker:** Shelly Parks, LCSW, Director of Programs, San Diego Food Bank

4. **Subcommittee General Discussion:**
 - a. Future Guest Speakers

5. **Next Meeting:** TBD

6. **Adjournment**

*This meeting is public, and the location is ADA accessible.
If you are planning to attend and need special accommodations,
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services

NUTRITION SUBCOMMITTEE

June 1, 2021 | 1:00 pm

Call in: 1 (669) 900-9128

Meeting ID: 931 0213 2512

Passcode: 383698

MINUTES

Members		Absent Members	Guests
Attendance:	Susan Mallett LaRue Fields Jackie Simon Paul Monarrez Rosemarie Bahmani (community member)	none	
Staff			
Item	Outcome		
1. Call to Order	Susan Mallett, Chair, (1:01 pm) a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3): (5 present)		
2. Standard Business	a. Public Comments/Announcements: Members or non-members: none b. Approval of April 6, 2021 Meeting Minutes (Action) [M/S –Fields/Monarrez] (3 Ayes, 1 abstain)		
3.	a. Review of AIS Advisory Council Goals 2019-2022 pertaining to nutrition. Committee agreed the focus should be on HB3, research AIS nutrition programs, pre, during and post COVID, resulting in a possible position paper. Recommend timeline change to July 2022. Goal HB7, monitor and advise on AIS programs (nutrition) to continue through guest speakers. HB7c should be updated to read CalFresh (SNAP-Ed). b. Future Speakers: San Diego Hunger Coalition, UCSD medical interns representative, Mama's Kitchen, Charli Brand AIS Nutritionist		
4. Next Meeting	July 6, 2021, 1:00 pm		
5. Adjournment	Meeting adjourned 1:53 pm		

Respectfully submitted by Rosemarie Bahmani

Advisory Council for Aging & Independence Services

NUTRITION SUBCOMMITTEE

July 6, 2021 | 1:00 pm

Call in: 1 (669) 900-9128

Meeting ID: 931 0213 2512

Passcode: 383698

MINUTES

Members		Absent Members	Guests
Attendance:	Susan Mallett Jackie Simon Rosemarie Bahmani (community member)	LaRue Fields Paul Monarrez	
Staff			
Item	Outcome		
1. Call to Order	Susan Mallett, Chair, (1:15 pm) a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3): (3 present)		
2. Standard Business	a. Public Comments/Announcements: Members or non-members: none b. Did not approve June 1, 2021 Meeting Minutes as only 2 voting members were present		
3. Guest Speakers Nancy Saavedra, Community Engagement Manager, San Diego Hunger Coalition Amanda Schultz Brochu, COO, San Diego Hunger Coalition	a. The San Diego Hunger Coalition, a non-profit founded in 1974, has a mission to lead coordinated action to end hunger in San Diego County supported by research, education, and advocacy. Their efforts are focused on four areas/initiatives each with programs and collaborative task forces/boards. These areas are, A. Hunger Free w/CalFresh (30 agencies) + quarterly/regional CalFresh Task Force B. Hunger Free Kids (43 school district nutritionists) + Task Force C. Hunger Advocacy & Public Policy + monthly Hunger Advocacy Network D. Hunger Free San Diego + b-monthly Advisory Board (several County depts. are represented including AIS) b. The COVID pandemic stay at home order led to a 25% increase in food insecurity. Nutrition insecurity increased as well as household incomes decreased along with higher food costs i.e. lower income families were unable to provide three nutritional meals per day. 30% of seniors surveyed reported nutrition insecurity. Of those eligible for CalFresh federal food assistance, only 50-60% currently are enrolled. Ms. Schultz Brochu added, federal dollars are not allowed for advertising however the County as the program administrator can promote the program as do local agencies who assist seniors with the enrollment. c. In April, the County Board of Supvs. formed an Enrollment Task Force to review the County's enrollment policies and procedures to provide recommendations for addressing the barriers to enrollment such as stigma associated with public assistance, lack of awareness, lack of technology to enroll etc.		
4. Next Meeting	August 31, 2021, 1:00 pm		
5. Adjournment	Meeting adjourned 2:20 pm		

Respectfully submitted by Rosemarie Bahmani