



LIVE WELL  
SAN DIEGO

## Advisory Council for Aging & Independence Services

### NUTRITION SUBCOMMITTEE

November 30, 2021 | 1:00 PM

Virtual Meeting

Call in: (669) 900-9128

Meeting ID: 931 0213 2512

Passcode: 383698

[Click to join meeting](#)

*Members of the public who wish to speak to an agenda item may call 858-495-5566 before the meeting and provide the last four digits of their phone number and the agenda item they wish to speak to.*

## AGENDA

\*Attachment

1. **Call to Order:** Susan Mallett, Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of quorum (quorum = 3)
2. **Continuance of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)** (Action)\*
3. **Standard Business:**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of November 2, 2021 Meeting Minutes (Action)\*
4. **Subcommittee General Discussion:**
  - a. State of Hunger Virtual Event
  - b. San Diego Hunger Coalition resource tool: Hunger Free Communities Dashboard (District 2)
5. **Next Meeting:** January 4, 2022 1:00 pm
6. **Adjournment**

*This meeting is public, and the location is ADA accessible.  
If you are planning to attend and need special accommodations,  
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services

**NUTRITION SUBCOMMITTEE**

November 2, 2021 | 1:00 pm

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**MINUTES**

<b>Members</b>		<b>Absent Members</b>	<b>Guests</b>
Attendance:	Susan Mallett Jackie Simon LaRue Fields Shirley King Rosemarie Bahmani (community member)	Paul Monarrez	
<b>Staff</b>			
<b>Item</b>	<b>Outcome</b>		
1. Call to Order	<b>Susan Mallett, Chair, (1:00 pm)</b> a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3): (4 present)		
2. Authorization of Teleconferencing Meeting Option Pursuant to Government Code 54953 (e)	a. Approval of teleconference meeting (Action): <b>(M/S Fields/King) 4 ayes</b>		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: Rosemarie and Susan commented on the Hunger Coalition Report just released in advance of the State of Hunger virtual event November 16 <sup>th</sup> . Shirley and Susan will attend.  b. Approval of August 31 Meeting Minutes (Action) <b>[M/S-Fields/Simon] 4 ayes</b>		
4. General Discussion	a. Discussed the Hunger Coalition's report which contains new economic indicators and the rising cost of groceries. Shirley noted Medicare doesn't cover a visit with a nutritionist and the need for senior health assessment questions about nutrition insecurity and lack of good nutrition choices.  Group discussed the Farmers Market voucher program and LaRue noted some participants have attempted to purchase produce from a vendor who does not honor the vouchers. Agreed this would be good topic to pursue with Charli Brand, AIS Nutritionist when she attends our meeting. It was noted the AIS nutritionist should be invited to every committee meeting.  b. Shirley suggests we invite a UCSD professor from their School of Public Health to speak about senior nutrition. Susan mentioned a SDSU professor in Urban Studies who is studying food deserts. Committee's focus for future meetings will concentrate on one senior nutrition aspect as we plan for a position paper.		
5. Next Meeting	November 30, 2021, 1:00 pm		
6. Adjournment	Meeting adjourned 1:55 pm		

Respectfully submitted by Rosemarie Bahmani