



LIVE WELL  
SAN DIEGO

Advisory Council for Aging & Independence Services  
**NUTRITION SUBCOMMITTEE**

December 6, 2022 | 1:00 PM

Virtual Meeting

Call in: (669) 900-9128  
Meeting ID: 931 0213 2512  
Passcode: 383698

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*Members of the public who wish to speak to an agenda item may call 858-495-5566 before the meeting and provide the last four digits of their phone number and the agenda item they wish to speak to.*

**AGENDA**

\*Attachment

1. **Call to Order:** Susan Mallett, Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of quorum (quorum = 4)
2. **Authorization of Teleconferencing Meeting Option Pursuant to Government Code Section 54953(e)** (Action)
3. **Standard Business:**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of November 1, 2022 Meeting Minutes (Action)\*
4. **Guest Speaker:** Roberto Ramirez, Health Promotion Manager, AIS
5. **General Discussion:**
  - a. Discuss future speakers and contract nutrition program site visits
6. **Next Meeting:** January 3, 2023
7. **Adjournment**

*This meeting is public, and the location is ADA accessible.  
If you are planning to attend and need special accommodations,  
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services  
**Nutrition Subcommittee**  
**November 1, 2022 | 1:00 PM**

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**MINUTES**

<b>Members</b>		<b>Absent Members</b>	<b>Guests</b>
Attendance:	Susan Mallett, Chair Shirley King, Recording Secretary Bradlyn Mulvey Jaqueline Simon Kristine Stensberg	Ethel Larkins	Chequita Falls
<b>Staff</b>			
Charli Brand, AIS Public Health Nutrition Manager			
<b>Item</b>	<b>Outcome</b>		
1. Call to Order	<b>(Susan Mallett), Chair, (1:03 PM)</b> a. Welcome & Guest/Member Introductions b. Confirmation of quorum (four): (five present)		
2. Continuance of Teleconferencing Meeting Option Pursuant to Government Code 54953 (e)	Approval of Teleconferencing Meeting (Action): [M/S - Mallett/King] Unanimous vote		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: (None) b. Approval of (October 11, 2022) Meeting Minutes (Action) [M/S – Mallett/Simon: Unanimous vote] <b>Correction</b> - last paragraph in General Discussion substitute Commodity For Program for Commodity Supplemental Food Program.		

4. General Discussion	<p>a. Review and finalize draft of position paper: Susan Mallett shared her screen of the draft position paper entitled 'Improving Access to Nutrition Resources and Education for Older Adults'. Members received a copy with the agenda. Charli Brand had added her comments directly to Susan, which were incorporated in the draft. Charli suggested a change to the last sentence of paragraph two below the bullets. It now states "According to the analysis of internal data, Older Californian Nutrition Program (OCNP) providers help inform vulnerable food insecure older adults about food assistance resources available outside of AIS which presents an opportunity and level of outreach that would benefit expansion."</p> <p>Action: Shirley King moved to approve the submission of this position paper to the Advisory Council at its November 14, 2022, meeting. Jaqueline Simon seconded. Unanimous vote.</p> <p>The discussion continued about the process for submission to Stephen Huber and Jana Jordan for its inclusion on the agenda of the Advisory Council's meeting on November 14, 2022. Charli affirmed that it is realistic to achieve at least one of the recommendations. Susan agreed this the paper is a positive prevention for moving forward. She described that the Council now has new members who each has a hospital affiliation and who may bring the possibility of more resource-sharing.</p> <p>b. Discuss future speakers and contract nutrition program site visits: Charli suggested that between January and March 2023 visits could be set up with sites in National City and Escondido. She also asked Kristine Stensberg about the JFS sites and the possibility of visiting Ed Brown and Bayside when those centers has restored their programming. The committee members are eager to visit all. Susan asked if Kristine Stensberg would give a future presentation of the JFS programs and Chequita Falls for Meals On Wheels. Both agreed. Susan will submit Chequita's name for a membership position on the Nutrition Committee. Shirley King recommended that a staff member from AIS Health Promotions be invited to talk about how they design health messaging strategies. Susan will seek a Health Promotions presenter for the December meeting. Charli was encouraged to bring updates on programs. Susan noted that the San Diego Hunger Coalition annual meeting is November 18, 2022. She has enrolled.</p>
5. Next Meeting	December 6, 2022 at 1:00 PM
6. Adjournment	Meeting adjourned at 1:50 PM

Respectfully submitted by Shirley King